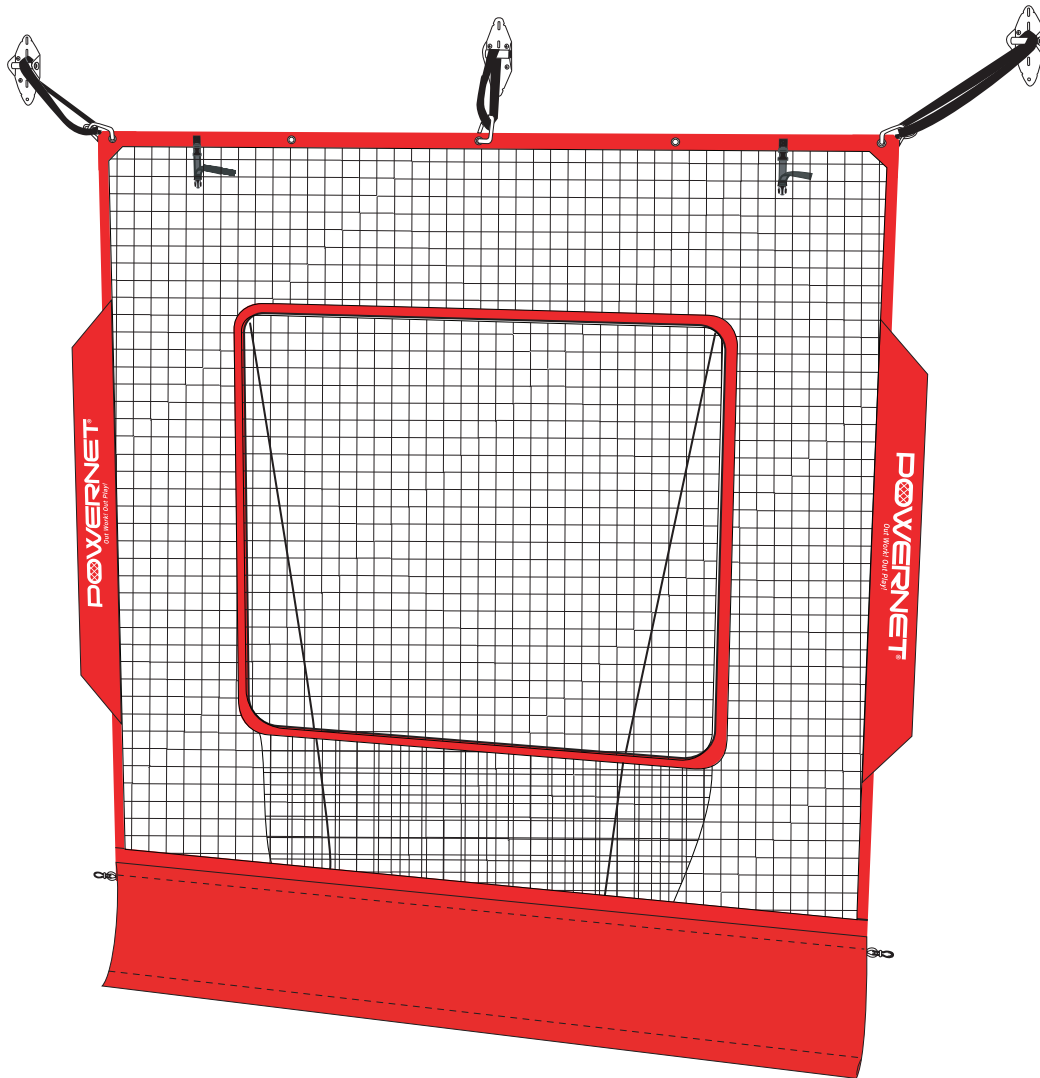


# POWERNET®

*Out Work! Out Play!*

## DUAL NET



**Model 1219**

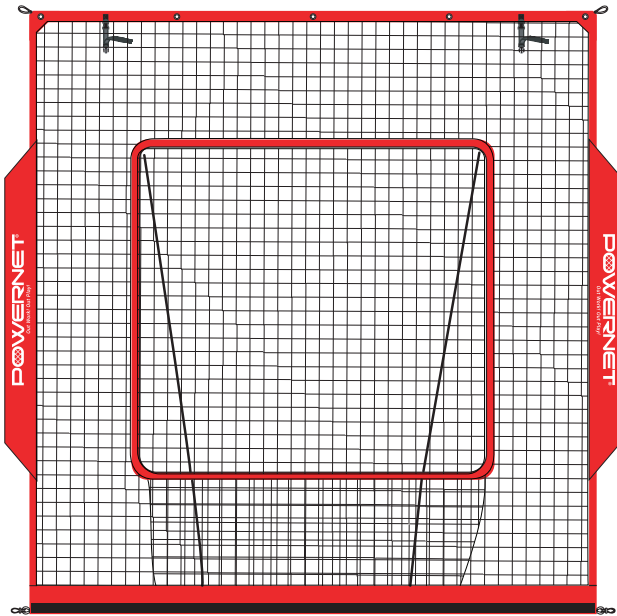
### **WARNING**

- Read all instructions before using.
- Use caution during assembly and disassembly.  
Failure to do so may result in injury.
- Use caution around sliding / moving parts to avoid pinching.
- Store equipment after use. Do not leave outdoors.

FOR VIDEO INSTRUCTIONS VISIT:  **POWERNET**  **TrainingNets.com**

## PARTS LIST

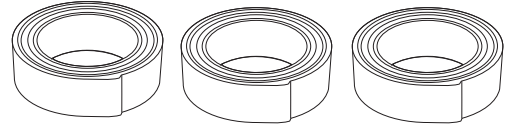
(1) NET



(3) CARABINER



(3) STRAP



(1) BOTTOM SKIRT



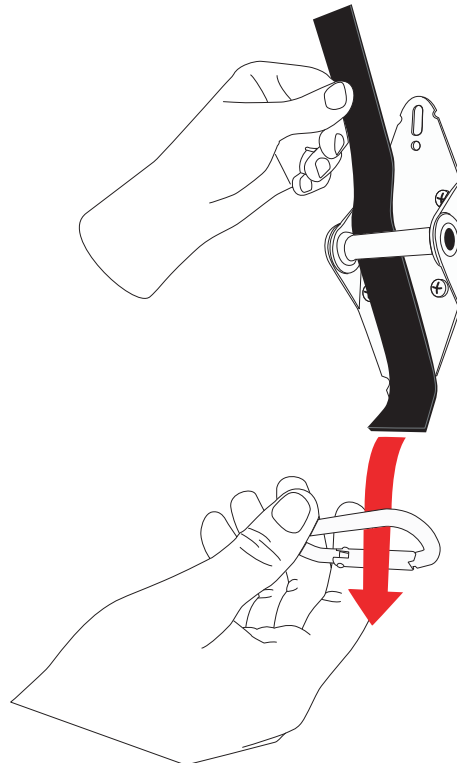
(1) SHOCK-CORDED POLE



1a

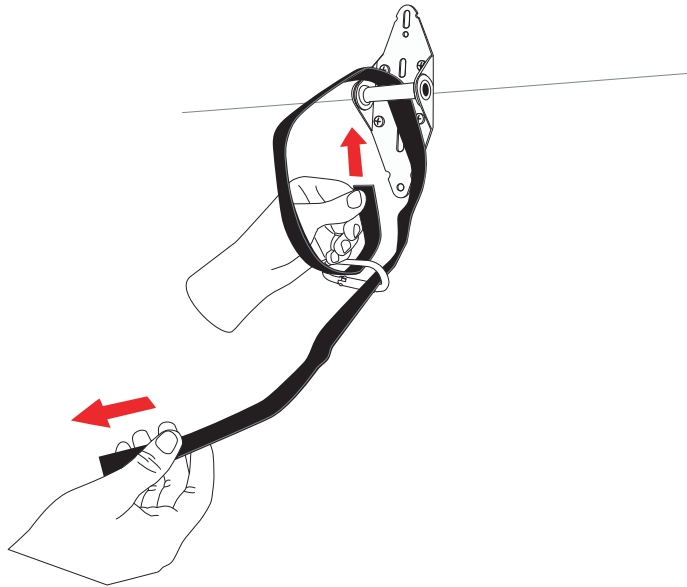
With the garage door fully opened start on a corner hinge. Begin by looping a **Strap** through a garage door corner hinge and pull the bottom strap through a **Carabiner**.

**NOTE:** You may need to use a step stool or ladder to reach the hinges.  
**USE CAUTION.**

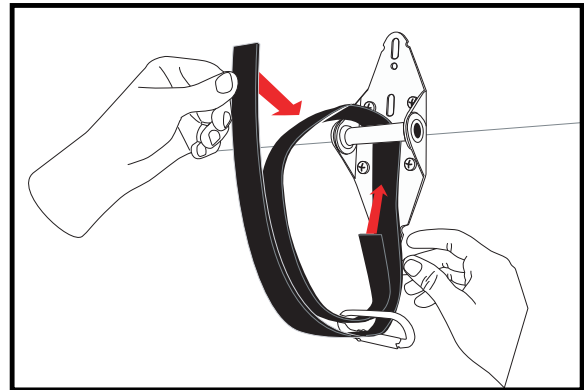


**1b**

Loop the top of the **Strap** through the **Carabiner** while pulling up on it. Fasten both ends of the **Strap**.



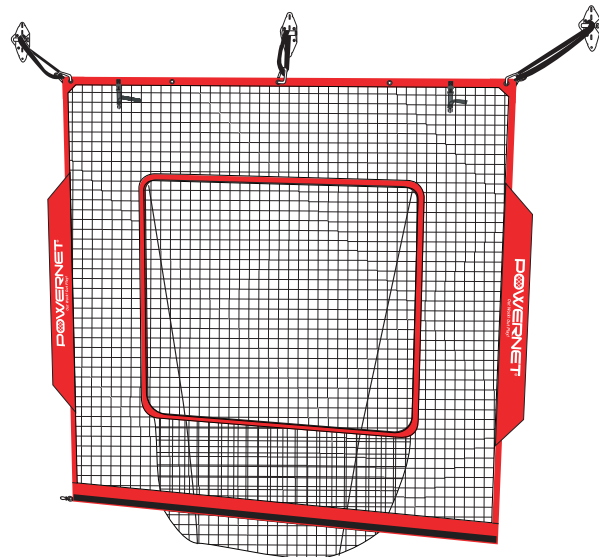
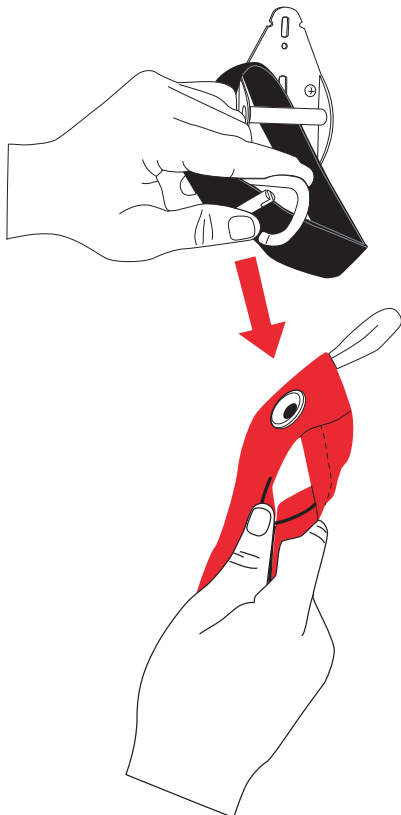
**NOTE:** Fasten **Straps** as shown here.



**NOTE:** Later you may cut any excess **Strap**. For now, fasten the full length in order to make height adjustments in a later step.

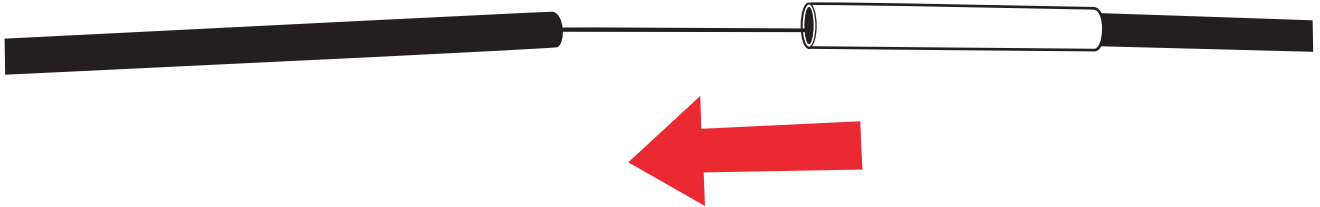
**1c**

Grab one corner of the **Net**, and hook the **Carabiner** through the loop hole. (The 2 white loops are for portable net conversion.) Repeat steps 1a-1c for the other two hinges.

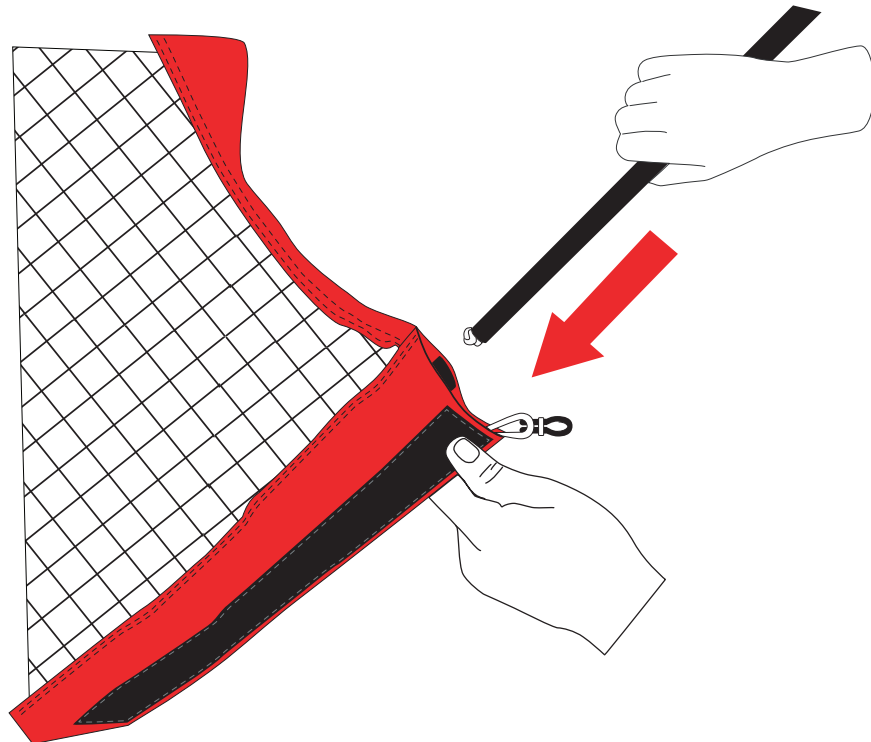


**NOTE:** This is how the **Net** should look after completing all three hinges.

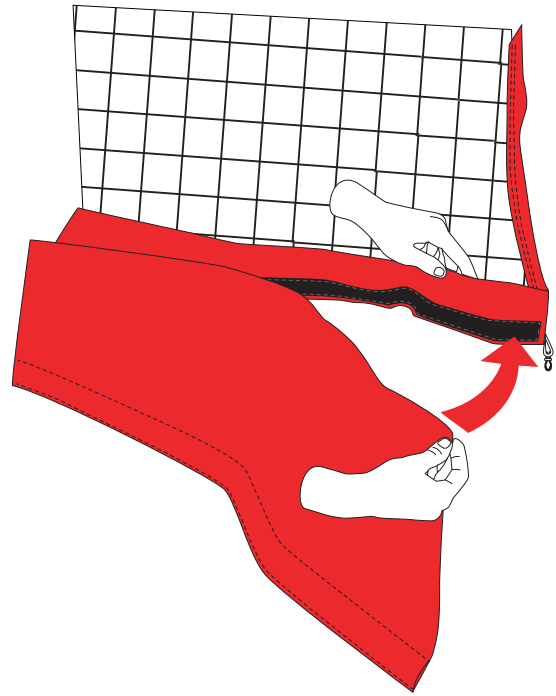
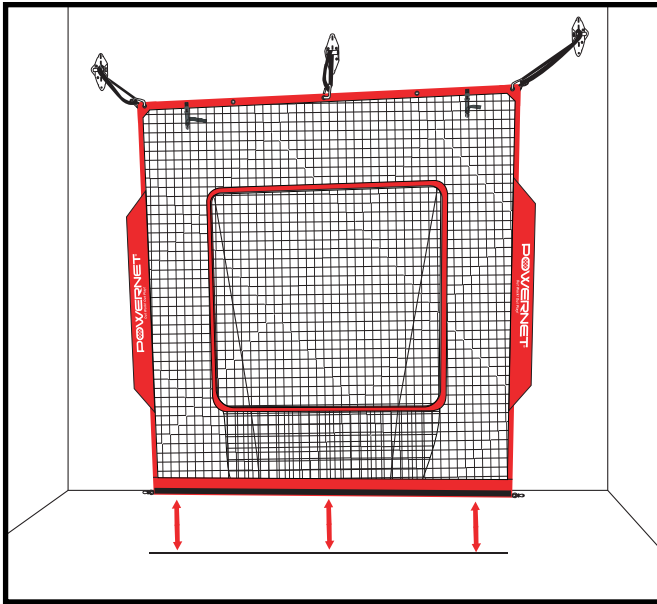
**2** Connect the **Shock-Corded Pole** together.



**3** Slide the **Shock-Corded Pole** through the insert at the bottom of the **Net**.



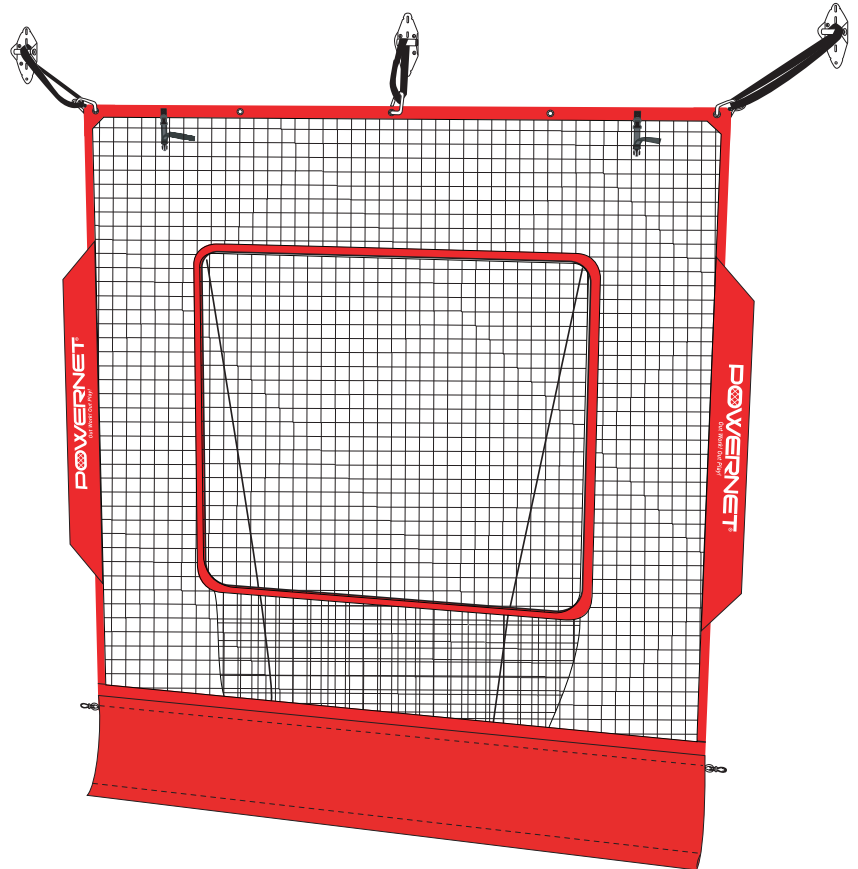
**NOTE:** This step is only necessary if there is a gap between the bottom of the **Dual Net** and the floor.



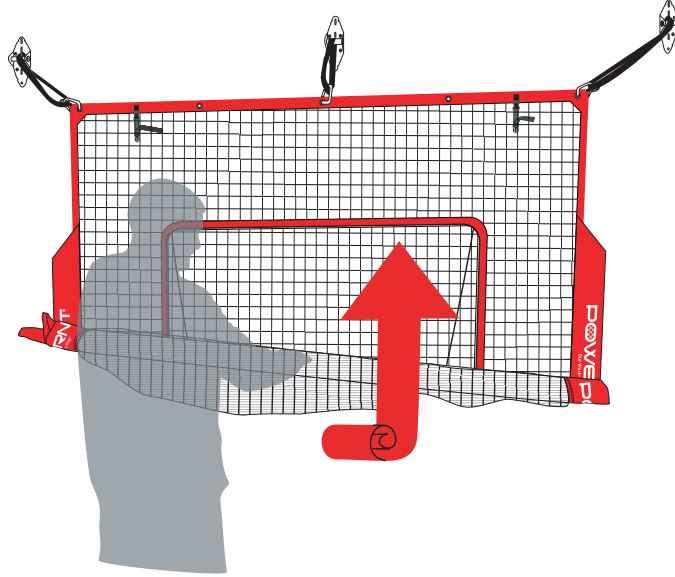
**4** Attach the **Bottom Skirt** to the bottom of the **Net**.

**NOTE:** You can also adjust each **Strap** to lower or raise the height of the **Net**.

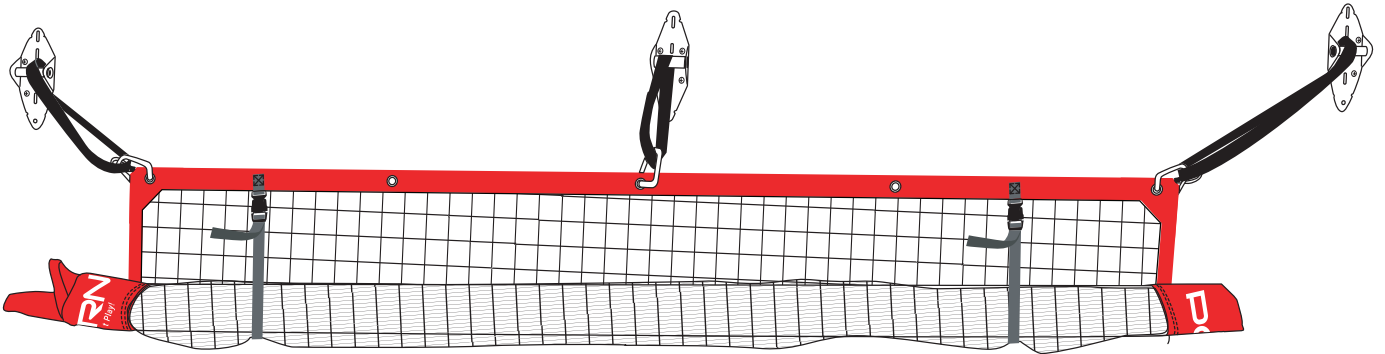
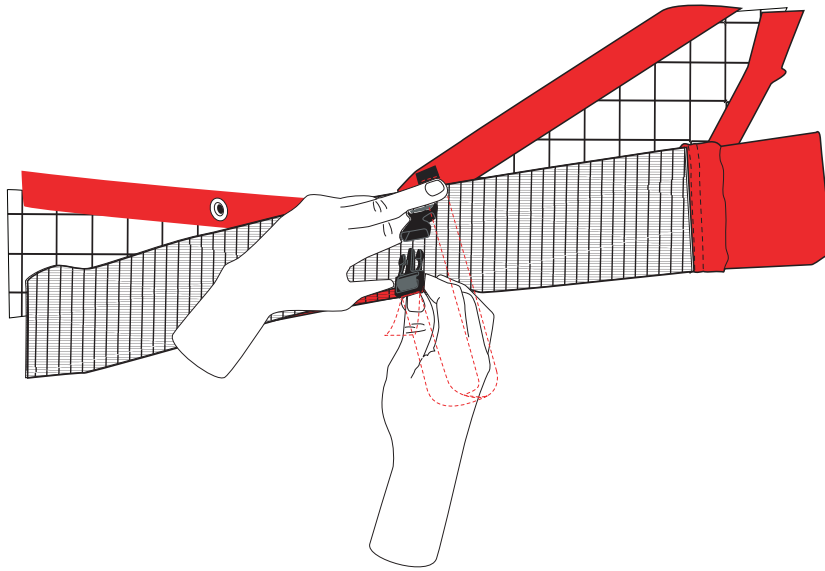
The bottom of the **Net** should drape on the floor.



**5a** To tuck the **Net** away, roll the **Net** upward starting from the bottom.



**5b** Now locate the buckle on both sides of the **Net** and connect them to secure the **Net**.



# POWERNET®

*Out Work! Out Play!*

## OUR VISION

Building confidence through sports is a far-reaching achievement that takes time and repetition.

Winners aren't built overnight. Individuals who challenge themselves to excel in sports walk away with something even greater than the game; pride, confidence and self-respect. This places them in a position to experience sustained success in all areas. Our driving force is to get PowerNet gear in the hands of the player. We trust in the process of training and hard work as we know it leads to success on and off the field. Our hope is to play a role in building winners in sports and in life.

**PLAY LIKE  
THE PROS.**

**GERMAN  
MARQUEZ**

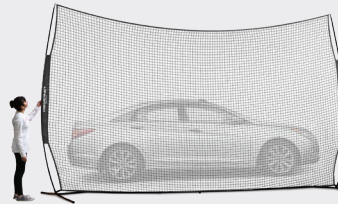
**CARLI  
LLOYD**

**JARED  
WALSH**

**CHECK OUT MORE  
POWERNET GEAR**  
*[TrainingNets.com](http://TrainingNets.com)*



A-FRAME NET



16x10 FT BARRIER



BATTING TEE

FOR VIDEO INSTRUCTIONS VISIT:



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