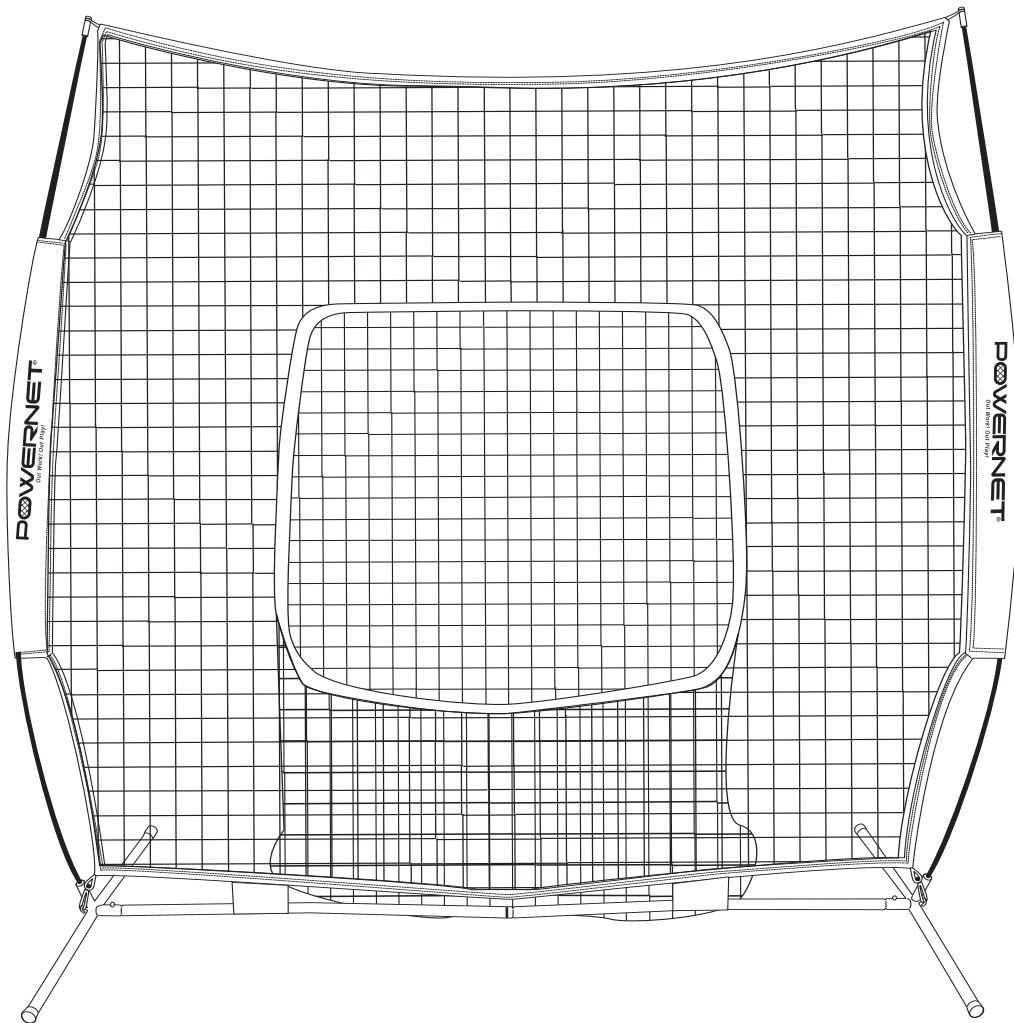


# POWERNET®

*Out Work! Out Play!*

## **8x8 PRACTICE NET**



**Model 1152**

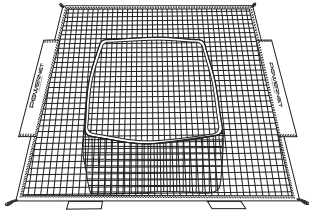
### **⚠ WARNING**

- Read all instructions before use.
- Poles are under tension. Use caution during assembly and disassembly. Failure to do so may result in injury.
- Use caution around sliding / moving parts to avoid pinching.
- Store equipment after use. Do not leave outdoors.

FOR VIDEO INSTRUCTIONS VISIT: [▶ POWERNET](https://www.youtube.com/POWERNET) [www.TrainingNets.com](https://www.TrainingNets.com)

## PARTS LIST

(1) NET



(1) CENTER POLE (M/M)



(1) CENTER POLE (M/F)



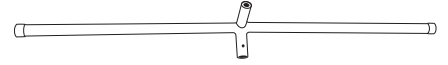
(2) UPPER POLE



(4) LOWER POLE



(2) SIDE LEG

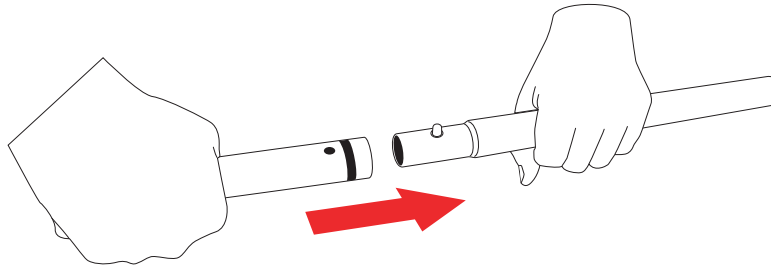


(1) CARRY BAG



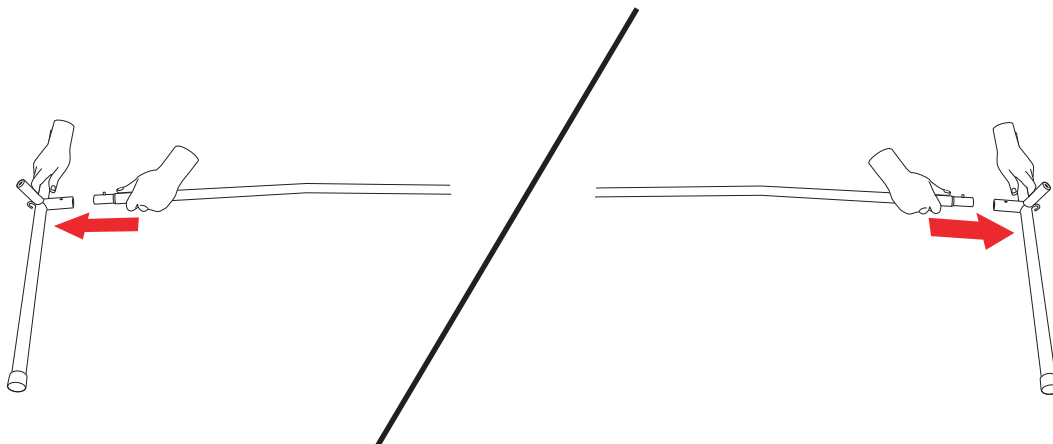
1

Connect **Center Pole (M/M)** and **Center Pole (M/F)** together.



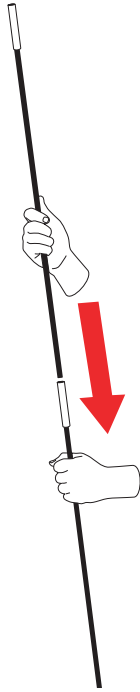
2

Connect **Center Pole assembly** to each **Side Leg**.



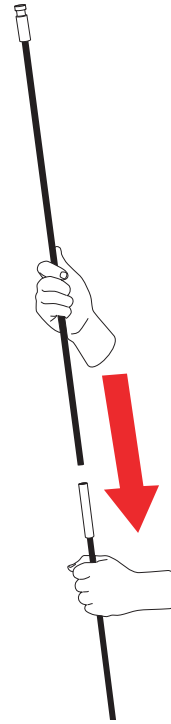
**3a**

Connect two **Lower Poles** together.



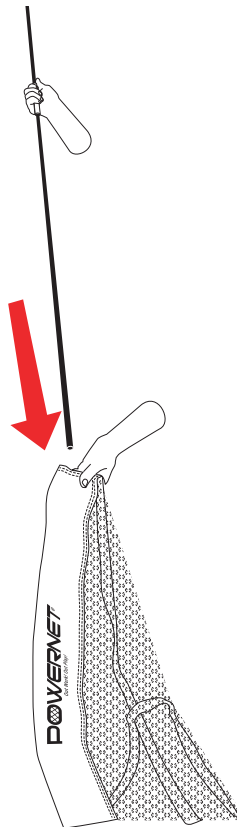
**3b**

Connect an **Upper Pole** to the top of the **Lower Pole**.



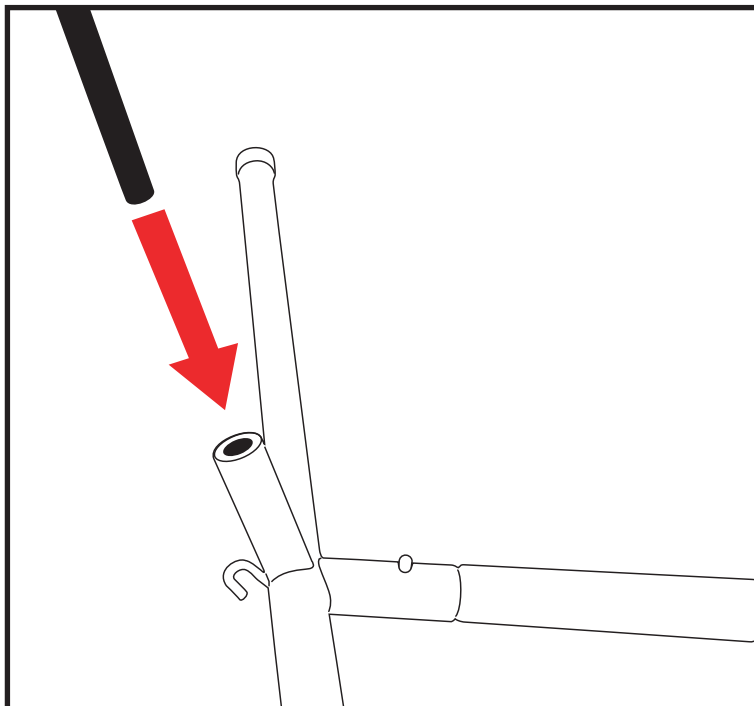
**3c**

Slide all three connected **Poles** through a **Net** sleeve.

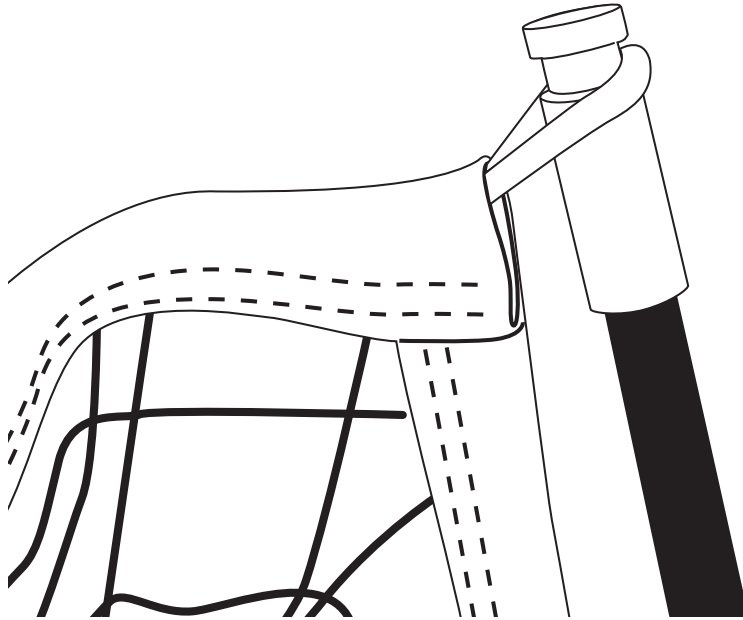


3d

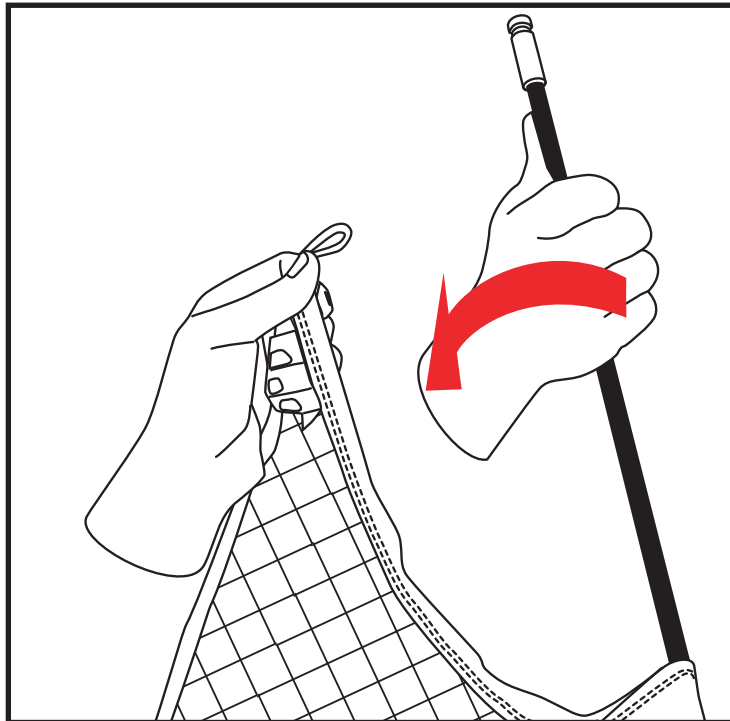
Insert connected **Poles** into the pole holder on **Side Leg**. Repeat Steps 3a-3d on opposite side.



- 4** Attach white loop at top of **Net** to silver notch located on **Upper Pole**. Repeat on opposite side.

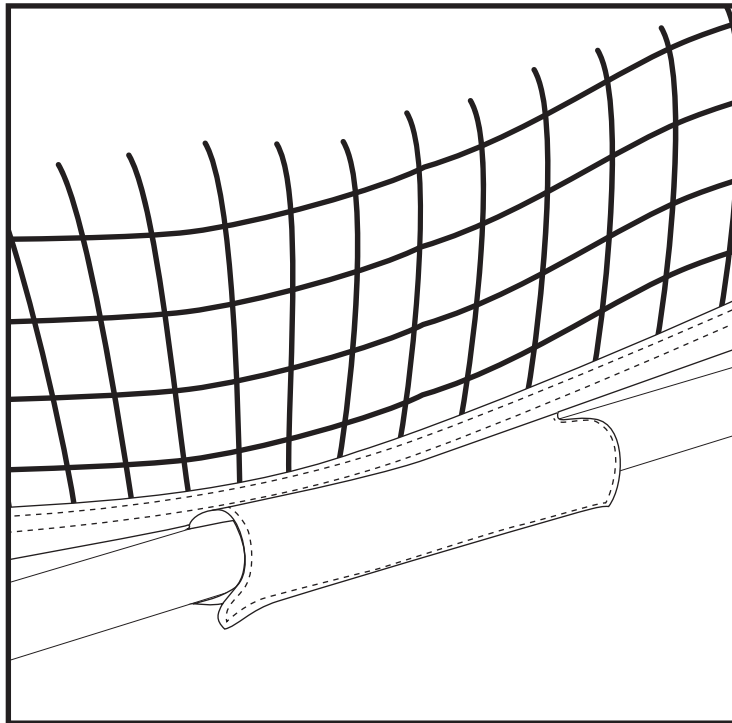
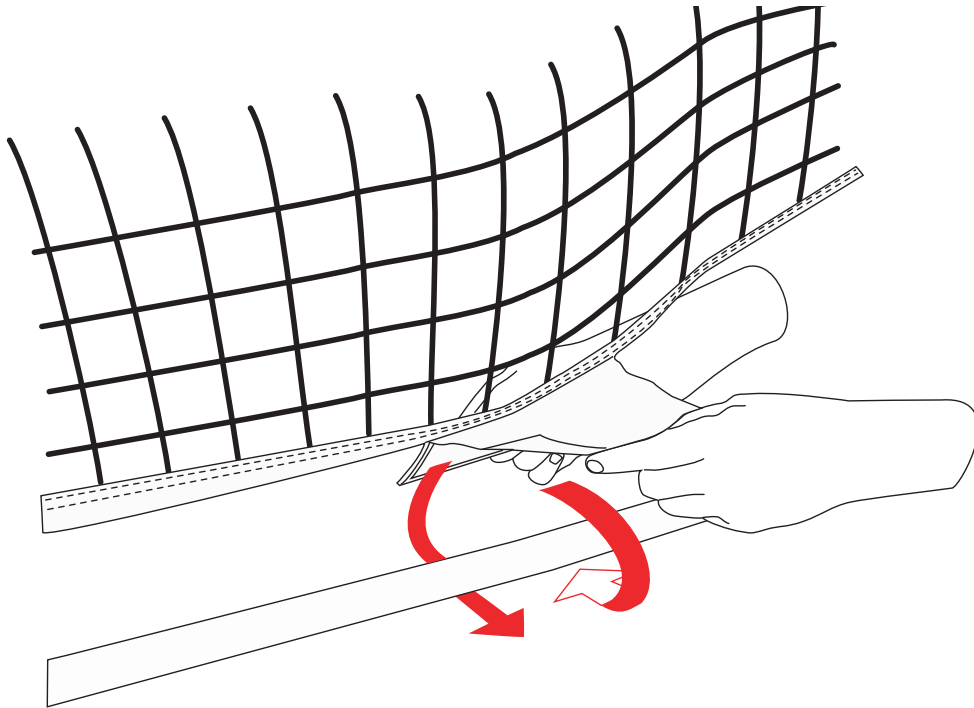


NOTE: You may bend the **Upper Pole** inward to make this step easier.



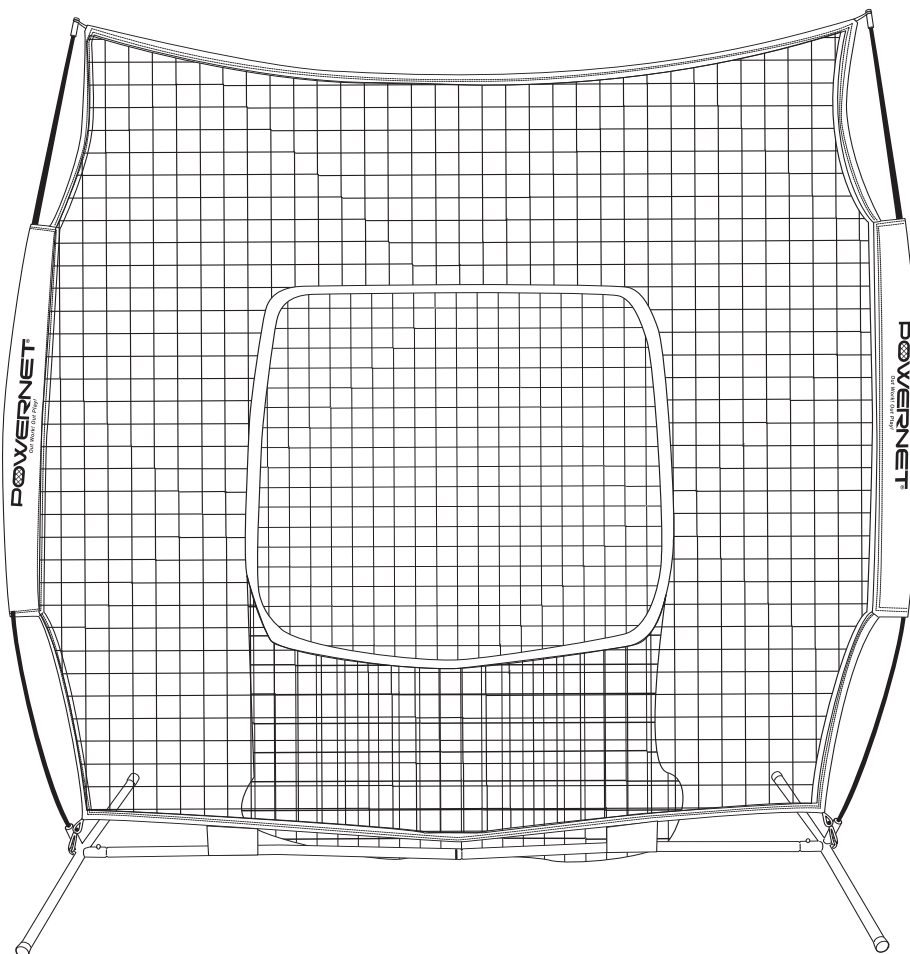
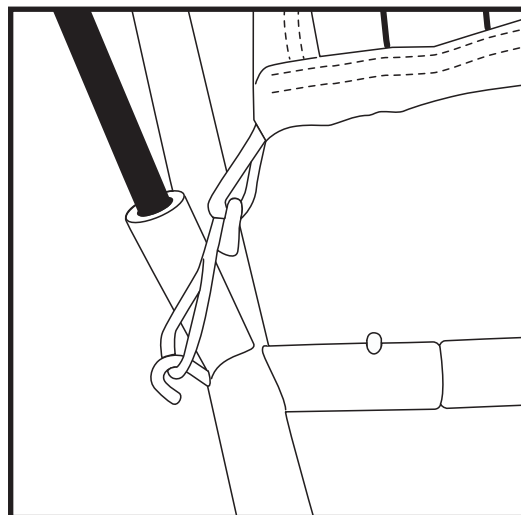
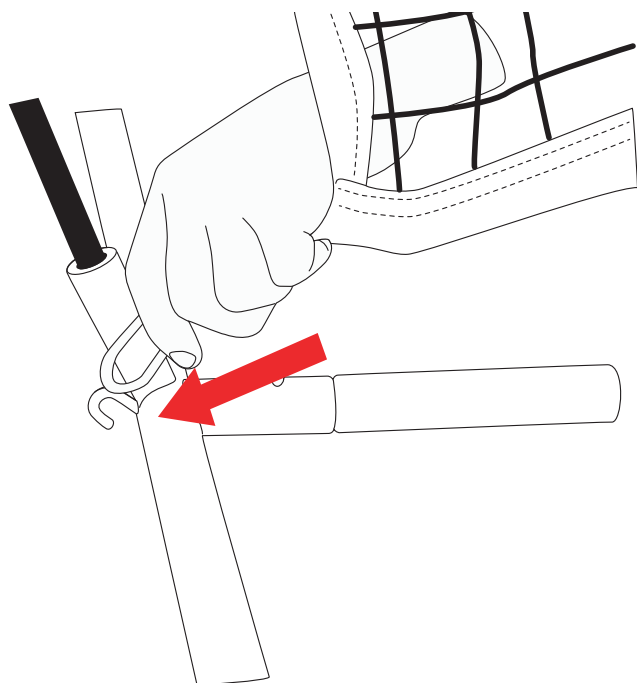
5

Attach both red securing flaps on bottom of the **Net** around the **Center Pole**.



6

Attach loop at bottom of **Net** to hook on **Side Leg**. Repeat on opposite side.



# POWERNET®

*Out Work! Out Play!*

## OUR VISION

Building confidence through sports is a far-reaching achievement that takes time and repetition.

Winners aren't built overnight. Individuals who challenge themselves to excel in sports walk away with something even greater than the game; pride, confidence and self-respect. This places them in a position to experience sustained success in all areas. Our driving force is to get PowerNet gear in the hands of the player. We trust in the process of training and hard work as we know it leads to success on and off the field. Our hope is to play a role in building winners in sports and in life.

**PLAY LIKE  
THE PROS.**

**GERMAN  
MARQUEZ**

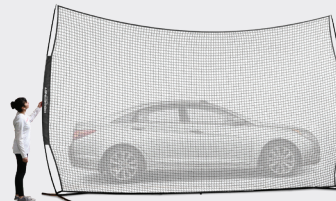
**CARLI  
LLOYD**

**JARED  
WALSH**

**CHECK OUT MORE  
POWERNET GEAR**  
*TrainingNets.com*



7x7 PRACTICE NET



16x10 BARRIER NET



TRIPLE THREAT NET

FOR VIDEO INSTRUCTIONS VISIT:



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