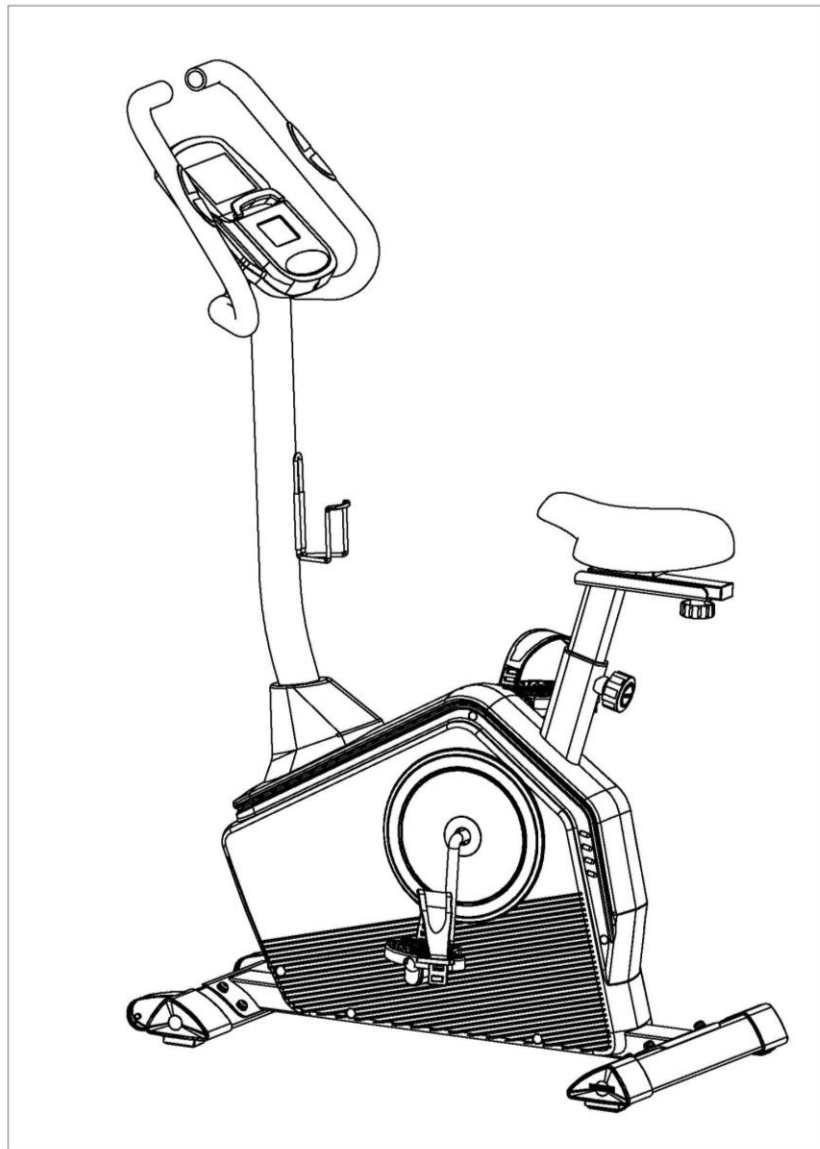




# PROGRAMMABLE UPRIGHT BIKE

## SF-B2883

## USER MANUAL



**IMPORTANT!** Please retain owner's manual for maintenance and adjustment instructions. Your satisfaction is very important to us, **PLEASE DO NOT RETURN UNTIL YOU HAVE CONTACTED US:** [support@sunnyhealthfitness.com](mailto:support@sunnyhealthfitness.com) or 1-877-90SUNNY (877-907-8669).



WWW.SUNNYHEALTHFITNESS.COM

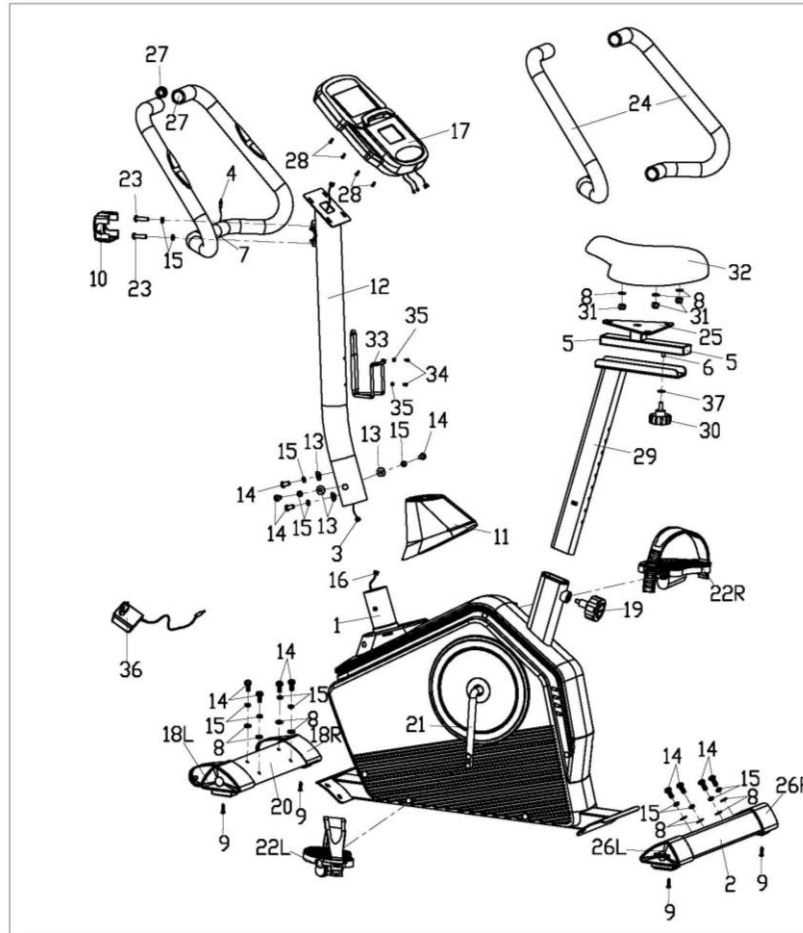


# **IMPORTANT SAFETY INFORMATION**

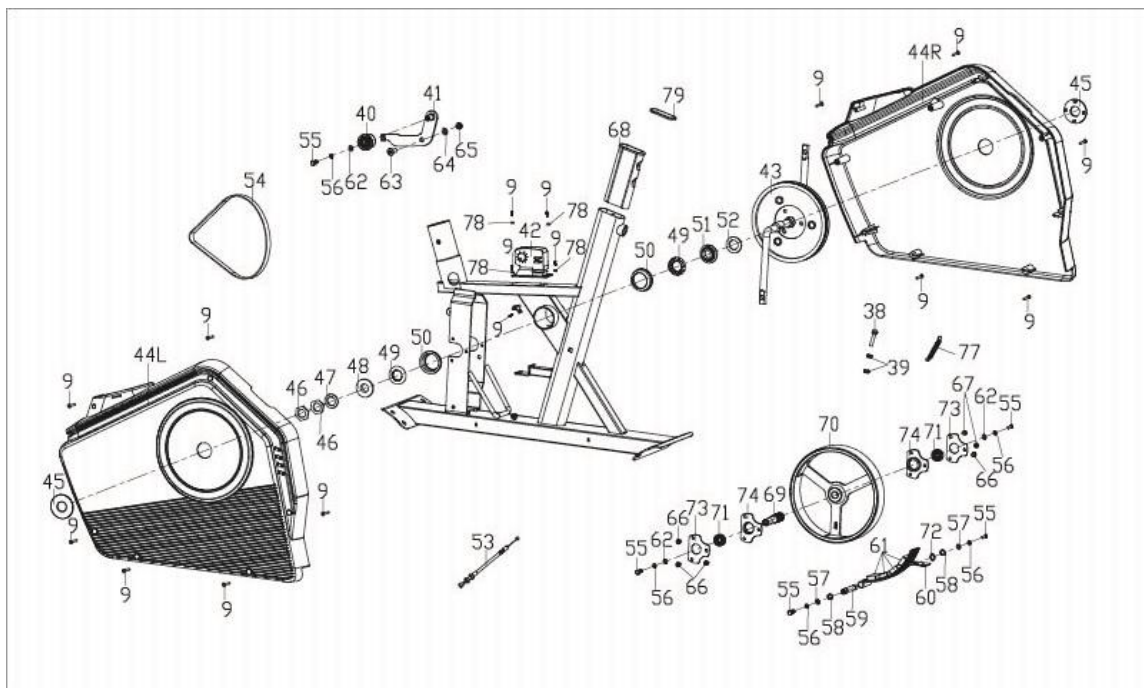
We thank you for choosing our product. To ensure your safety and health, please use this equipment correctly. It is important to read this entire manual before assembling and using the equipment. Safe and effective use can only be achieved if the equipment is assembled, maintained and used properly. It is your responsibility to ensure that all users of the equipment are informed of all warnings and precautions.

1. Before starting any exercise program, you should consult your physician to determine if you have any medical or physical conditions that could put your health and safety at risk, or prevent you from using the equipment properly. Your physician's advice is essential if you are taking medication that affects your heart rate, blood pressure or cholesterol level.
2. Be aware of your body's signals. Incorrect or excessive exercise can damage your health. Stop exercising if you experience any of the following symptoms: pain, tightness in your chest, irregular heartbeat, shortness of breath, lightheadedness, dizziness or feelings of nausea. If you do experience any of these conditions, you should consult your physician before continuing with your exercise program.
3. Keep children and pets away from the equipment. The equipment is designed for adult use only.
4. Use the equipment on a solid, flat level surface with a protective cover for your floor or carpet. To ensure safety, the equipment should have at least 2 feet (60 CM) of free space all around it.
5. Ensure that all nuts and bolts are securely tightened before using the equipment. The safety of the equipment can only be maintained if it is regularly examined for damage and/or wear and tear.
6. Always use the equipment as indicated. If you find any defective components while assembling or checking the equipment, or if you hear any unusual noises coming from the equipment during exercise, discontinue use of the equipment immediately and do not use until the problem has been rectified.
7. Wear suitable clothing while using the equipment. Avoid wearing loose clothing that may become entangled in the equipment.
8. Do not place fingers or objects into the moving parts of the equipment.
9. The maximum weight capacity of this unit is 240 pounds (110 KG).
10. The equipment is not suitable for therapeutic use.
11. To avoid bodily injury and/or damage to the product or property, proper lifting and moving is required.
12. Your product is intended for use in cool, dry conditions. You should avoid storage in extreme cold, hot or damp areas as this may lead to corrosion and other related problems.
13. This equipment is designed for indoor and home use only, it is not intended for commercial use!

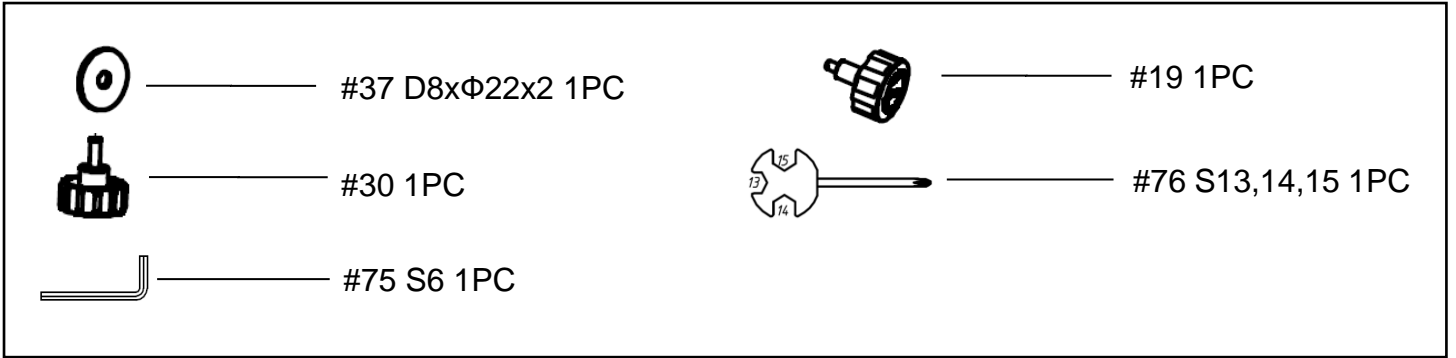
# EXPLODED DIAGRAM 1



# EXPLODED DIAGRAM 2



# HARDWARE PACKAGE



## **Ordering Replacement Parts (U.S. and Canadian Customers only)**

Please provide the following information in order for us to accurately identify the part(s) needed:

- ✓ The model number (found on cover of manual)
- ✓ The product name (found on cover of manual)
- ✓ The part number found on the “EXPLODED DIAGRAM” and “PARTS LIST” (found near the front of the manual)

Please contact us at [support@sunnyhealthfitness.com](mailto:support@sunnyhealthfitness.com) or 1- 877 - 90SUNNY (877-907-8669).

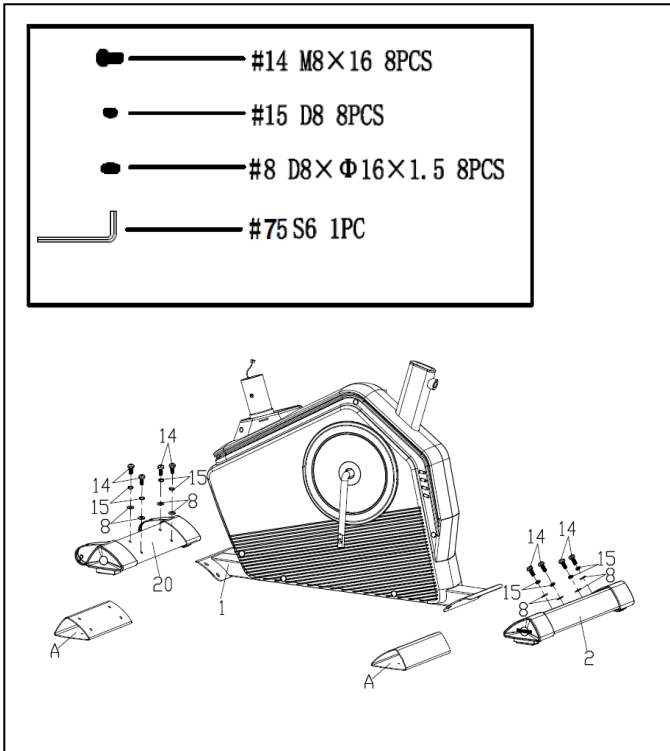
# PARTS LIST

NO.	Description	Spec.	Qty.
1	Main Frame		1
2	Rear Stabilizer		1
3	Trunk Wire		1
4	Pulse Wire		1
5	Square Cap		2
6	U Shape Bracket		1
7	Handlebar		1
8	Flat Washer	D8xΦ16x1.5	11
9	Cross Pan Head Screw	ST4.2x18	20
10	Handlebar Cover		1
11	Upright Tube Cover		1
12	Handlebar Post		1
13	Arc Washer	Φ20xd8.5XR30	4
14	Hex Pan Head Screw	M8x16	12
15	Spring Washer	D8	14
16	Sensor Wire		1
17	Meter		1
18L/R	Front End Cap		1 pr.
19	Spring Knob		1
20	Front Stabilizer		1
21	Crank		1
22L/R	Pedal		1 pr.
23	Hex Socket Head Bolt	M8x30	2
24	Foam Grip		2
25	Seat Slider		1
26L/R	Rear End Cap		1 pr.
27	Round Cap		2
28	Cross Pan Head Screw	M5x10	4
29	Seat Post		1
30	Knob		1
31	Nylon Nut	M8	3
32	Seat		1
33	Bottle Holder		1
34	Cross Pan Head Bolt	M5x15	2
35	Flat Washer	D12xd5x1	2
36	Adaptor		1
37	Flat Washer	D8xΦ22x2	1
38	Hex Bolt	M5x60	1
39	Hex Screw	M5	2
40	Idler Wheel		1

NO.	Description	Spec.	Qty.
41	Idler Wheel Linkage		1
42	Motor		1
43	Belt Pulley		1
44L/R	Belt Cover		1 pr.
45	Crank Cover		2
46	Nut		2
47	Washer		1
48	Two-Slot Nut		1
49	Ball Rack		2
50	Axle Bowl		2
51	Three-Slot Nut		1
52	Big Flat Washer		1
53	Tension Cable		1
54	Belt		1
55	Hex Bolt	M6x15	5
56	Spring Washer	D6	5
57	Flat Washer	D6xΦ12x1	2
58	Axle Spring Washer		2
59	Magnetic Board Axle		1
60	Magnetic Board		1
61	Square Magnet		4
62	Flat Washer	D6xΦ16x1.5	3
63	Bolt		1
64	Flat Washer	D10xΦ14x1	1
65	Nylon Nut	M8	1
66	Cross Pan Head Bolt	M6x10	4
67	Cross Pan Head Bolt	M6x8	2
68	Bushing		1
69	Flywheel Axle		1
70	Flywheel		1
71	Bearing		2
72	Wave Washer	Φ12xΦ15.5x0.3	1
73	Plate		2
74	Bearing Bracket		2
75	Allen Wrench	S6	1
76	Spanner	S13,14,15	1
77	Tension Spring		1
78	Flat Washer	D5xΦ10x1	4
79	Sealing Ring		1

# ASSEMBLY INSTRUCTIONS

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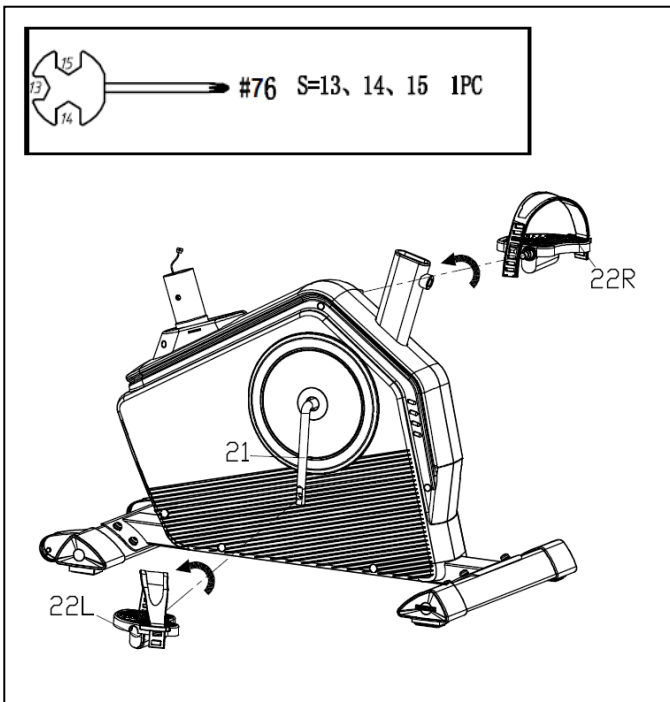


## STEP 1:

Remove 8 **Hex Pan Head Screws (No. 14)**, 8 **Spring Washers (No. 15)**, 8 **Flat Washers (No. 8)** and 2 shipping tubes (A) from the **Main Frame (No. 1)** using **Allen Wrench (No. 75)**.

NOTE: You may discard shipping tubes (A) or save them to repackage the item in the future.

Attach the **Front Stabilizer (No. 20)** and **Rear Stabilizer (No. 2)** to the **Main Frame (No. 1)** with 8 **Hex Pan Head Screws (No. 14)**, 8 **Spring Washers (No. 15)** and 8 **Flat Washers (No. 8)** that were just removed. Tighten and secure with the **Allen Wrench (No. 75)**.



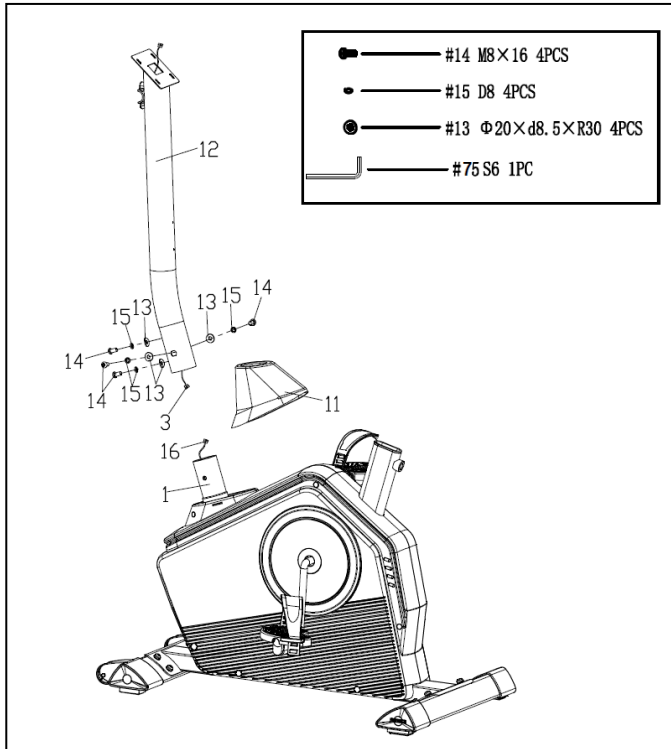
## STEP 2:

Attach the **Pedals (No. 22L/R)** to the **Crank (No. 21)** using **Spanner (No. 76)**.

**Note:** Make sure to attach the **Left Pedal (No. 22L)**, marked (L), to the **Left Crank (No. 21)**. It should be tightened COUNTER-CLOCKWISE. Make sure to attach the **Right Pedal (No. 22R)**, marked (R), to the **Right Crank (No. 21)**. It should be tightened CLOCKWISE.

Attaching the **Pedals (No. 22L/R)** to the wrong **Crank (No. 21)** or turning them the wrong direction will damage the **Crank (No. 21)**.

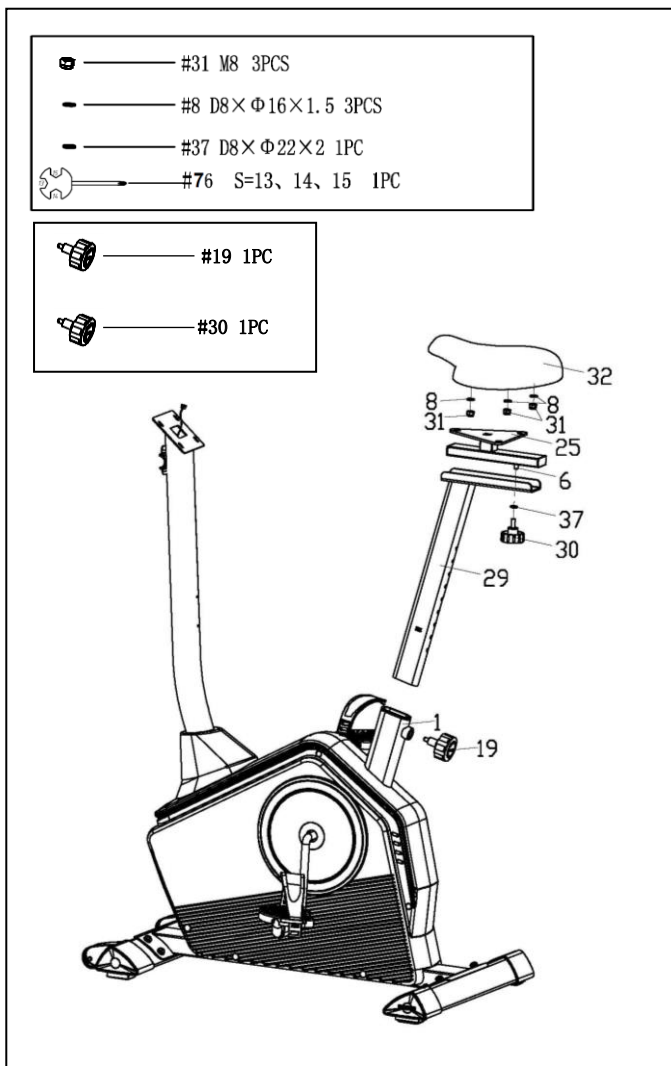
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**STEP 3:**

Remove 4 **Hex Pan Head Screws (No. 14)**, 4 **Spring Washers (No. 15)** and 4 **Arc Washers (No. 13)** from the **Main Frame (No. 1)** using **Allen Wrench (No. 75)**.

Insert the **Handlebar Post (No. 12)** into the **Upright Tube Cover (No. 11)** and move the **Upright Tube Cover (No. 11)** higher. Connect the **Trunk Wire (No. 3)** with **Sensor Wire (No. 16)**, then attach the **Handlebar Post (No. 12)** to the **Main Frame (No. 1)** with 4 **Hex Pan Head Screws (No. 14)**, 4 **Spring Washers (No. 15)** and 4 **Arc Washers (No. 13)** that were just removed. Tighten and secure with the **Allen Wrench (No. 75)**. Move the **Upright Tube Cover (No. 11)** lower so it snaps into the **Main Frame (No. 1)**.



**STEP 4:**

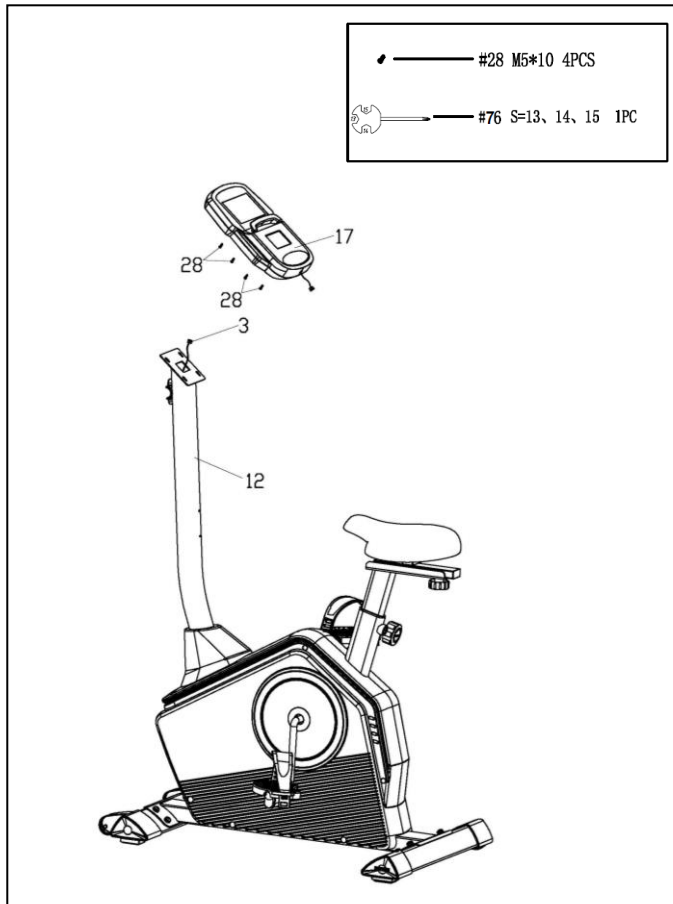
Remove 3 **Nylon Nuts (No. 31)** and 3 **Flat Washers (No. 8)** from the **Seat (No. 32)** using **Spanner (No. 76)**. Attach the **Seat (No. 32)** to the **Seat Slider (No. 25)** with 3 **Nylon Nuts (No. 31)** and 3 **Flat Washers (No. 8)** that were just removed. Tighten and secure with the **Spanner (No. 76)**.

Attach the **Seat Slider (No. 25)** to the **Seat Post (No. 29)** and secure with the **Knob (No. 30)** and **Flat Washer (No. 37)**.

Insert the **Seat Post (No. 29)** to the **Main Frame (No. 1)**, adjust to the proper height, and insert and tighten the **Spring Knob (No. 19)** to secure.



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### STEP 5:

Remove 4 **Cross Pan Head Screws (No. 28)** from the **Meter (No. 17)** with **Spanner (No. 76)**.

Connect the **Trunk Wire (No. 3)** to the corresponding wire of **Meter (No. 17)**, then attach the **Meter (No. 17)** to the bracket of **Handlebar Post (No. 12)** with 4 **Cross Pan Head Screws (No. 28)** that were just removed. Tighten and secure with the **Spanner (No. 76)**.

NOTE: Insert all wires into the tube of **Handlebar Post (No. 12)**.

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### STEP 6:

Remove 2 **Hex Socket Head Bolts (No. 23)** and 2 **Spring Washers (No. 15)** from the **Handlebar Post (No. 12)** using **Allen Wrench (No. 75)**.

Attach the **Handlebar (No. 7)** to the **Handlebar Post (No. 12)** with 2 **Hex Socket Head Bolts (No. 23)** and 2 **Spring Washers (No. 15)** that were just removed. Tighten and secure with the **Allen Wrench (No. 75)**. Then put the **Handlebar Cover (No. 10)** on the **Handlebar (No. 7)**.

Insert the **Pulse Wire (No. 4)** to the "PULSE INPUT" hole in the back of **Meter (No. 17)**. **NOTE:** There are 2 holes in the back of the **Meter (No. 17)**: "PULSE INPUT" and "SPEED INPUT". Make sure to insert **Pulse Wire (No. 4)** correctly into "PULSE INPUT". (Figure 1)

Remove 2 **Cross Pan Head Bolts (No. 34)** and 2 **Flat Washers (No. 35)** from the **Handlebar Post (No. 12)** with **Spanner (No. 76)**.

Attach the **Bottle Holder (No. 33)** to the **Handlebar Post (No. 12)** with 2 **Cross Pan Head Bolts (No. 34)** and 2 **Flat Washers (No. 35)** that were just removed. Tighten and secure with the **Spanner (No. 76)**.

Assembly is now complete! You can connect the **Adaptor (No. 36)** to the **Main Frame (No. 1)**.

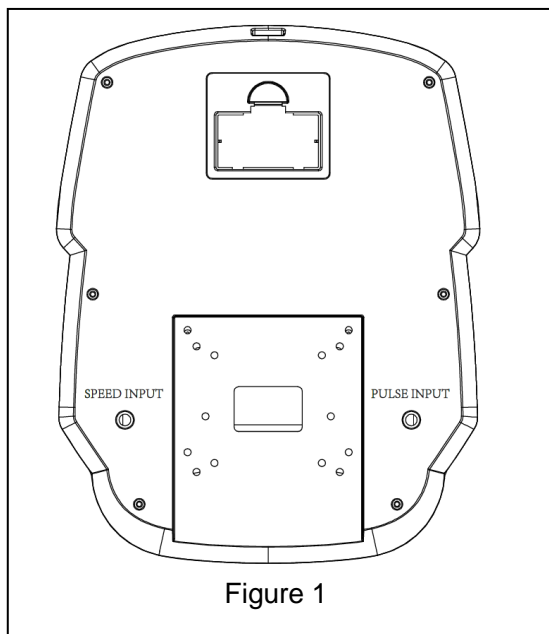
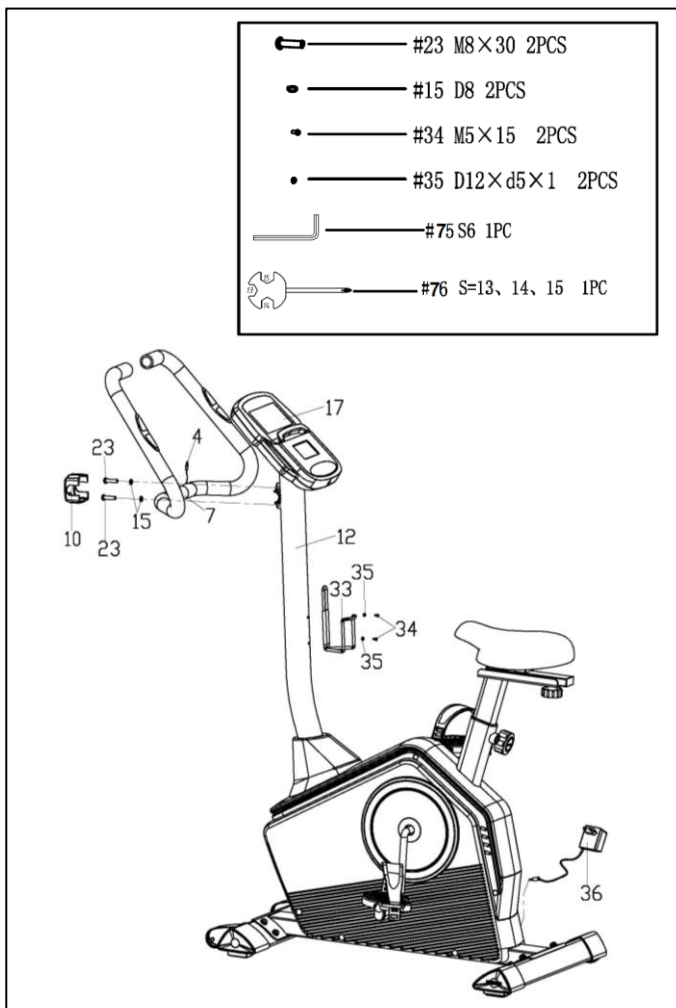
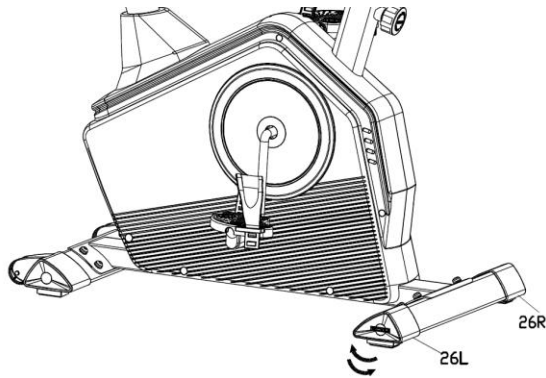


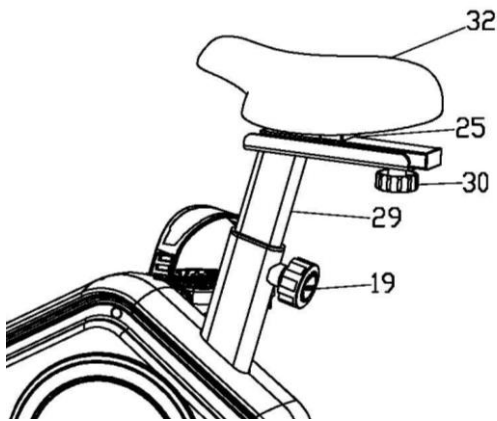
Figure 1

# ADJUSTMENT GUIDE



## ADJUSTING THE LEVEL

If the bike is not level, turn the dials on the **Rear End Caps (No. 26L/R)** to adjust. Turn counter-clockwise to raise, and turn clockwise to lower.

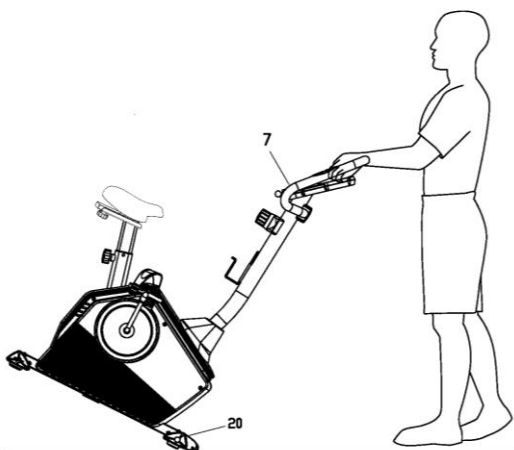


## ADJUSTING THE SEAT

The **Seat (No. 32)** of this bike is fully adjustable as it moves Up, Down, Fore (forward), Aft (backward).

To adjust the height of the **Seat Post (No. 29)**, loosen and pull the [seat post] **Spring Knob (No. 19)** outward, then raise or lower the **Seat (No. 32)** to the desired height. Once adjusted, re-insert and tighten the [seat post] **Spring Knob (No. 19)** to secure the **Seat Post (No. 29)** in place.

To adjust the **Seat (No. 32)** back and forth, loosen [seat slider] **Knob (No. 30)**, then slide the **Seat Slider (No. 25)** to the desired position. Once positioned, tighten the [seat slider] **Knob (No. 30)** to secure the **Seat Slider (No. 25)** in place.



## MOVING THE BIKE

To move the bike, stand at the front of the bike so that you're directly in front of the **Handlebar (No. 7)**. Firmly grasp and hold each side of the **Handlebar (No. 7)**, place one foot on the **Front Stabilizer (No. 20)** and tilt the bike towards you until the transportation wheels on the **Front Stabilizer (No. 20)** touch the ground. With the wheels on the ground, you can transport the bike to the desired location with ease.

# IMPORTANT ELECTRICAL INFORMATION

**WARNING:** The Programmable Upright Bike requires a power source of **1 amp (100-240V)** in order to properly operate. For your safety, as well as the safety of others, please verify that the power source is correct before plugging the equipment. Any power source above or below this level could cause significant damage to the equipment and or user.

## OPERATING INSTRUCTIONS

Plug the adaptor into the bike and into the outlet.  
The meter will turn on.  
The meter will turn off if there is no signal input for 4 minutes.  
Press any key on the meter to turn it on again.

**NOTE:** You can still use the bike when it is not plugged in.  
However, the meter will not be working and you cannot adjust the resistance level or use any of the functions.



## EXERCISE METER

### **KEY FUNCTIONS:**

KEY	FUNCTION
START/STOP	Start and pause workouts Start body fat measurement
DOWN	During workout, decreases the resistance level Decrease value of selected parameter
UP	During workout, increases the resistance level Increase value of selected parameter
ENTER	To input the value or mode
RECOVERY	Enter into Recovery function when meter displays the heart rate value. Recovery displays F1 - F6 F1 is poor recovery heart rate F6 is excellent recovery heart rate
MODE	During workout, switch display from RPM to SPEED, ODO to DIST and WATT to CALORIES Hold for 3 seconds to reset all function values to zero

### **WORKOUT SELECTION:**

After turning on the meter by plugging in the adaptor or if already plugged in, pressing any button on the meter, use the UP or DOWN button to make a selection. Then press the ENTER button to enter the desired mode.

There are 7 basic workout modes:

Manual, Pre-set Programs, Watt Program, Body Fat Program, Target Heart Rate Program, Heart Rate Control Program, and User Program.

## FUNCTIONS:

**SPEED:** Displays current training speed. Maximum speed is 99.9 MPH.

**RPM:** Displays current rotation per minute.

**TIME:** Accumulates the workout time from 00:00 to 99:59. Users can preset the target time they want.

**DIST:** Accumulates the workout distance from 0.00 to 999.9 miles. Users can preset the target distance they want to reach.

**ODO:** Displays the total accumulated distance from 0 to 9999 miles.

**CAL:** Accumulates the calorie consumption from 0 to 9999. Users can preset the target Calories they want to consume.

**WATT:** Displays current watt.

**HEART RATE:** Displays the current heart rate in beats per minute.

**TARGET HR.:** Users can preset their Target Heart Rate.

**PROGRAM:** There are 24 different programs to choose for training.

**LEVEL:** The program has 10 columns of bars and 8 bars in each column. Each column represents a 1 minute workout and each bar represents 2 resistance levels.

## WORKOUT PARAMETERS:

### TIME / DISTANCE / CALORIES / AGE / WATT / TARGET HEART RATE

#### Setting Workout Parameters

After selecting the desired workout mode: Manual Program, Pre-set Programs, Watt Control Program, Body Fat Program, Target Heart Rate Program, Heart Rate Control Program, or User Program. You may pre-set several workout parameters for desired results.

**Note: Some parameters are not adjustable in certain programs. Time and Distance cannot be set up at the same time.**

Once a program has been selected, press ENTER and TIME will flash.

Using the UP or DOWN button, you may select the desired time value. Press ENTER to input the values. The flashing prompt will move to the next parameter, continue using the UP or DOWN button. Press the START/STOP button to begin the workout.

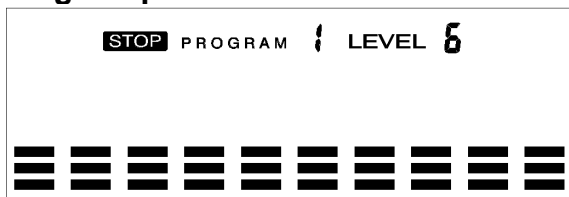
#### More About Workout Parameters

Field	Setting Range	Default Value	Increment/Decrement	Description
Time	0:00 ~ 99:00	00:00	± 1:00	1. When display is set as 0:00, Time will count up. 2. When time is set as 1:00-99:00, it will count down to 0.
Distance	0.00 ~ 999.0	0.00	± 1.0	1. When display is set as 0.0, Distance will count up. 2. When Distance is set between 1.0 ~ 999.0, it will count down to 0.
Calories	0 ~ 9995	0	± 5	1. When display is set as 0, Calories will count up. 2. When Calories is set between 5 ~ 9995, it will count down to 0.
Watt	50~250	100	± 5	User can set watt value only in the Watt Control Program.
Age	10 ~ 99	30	± 1	Target HR will be based on Age. When Heart Rate exceeds Target HR, the Heart Rate number will flash.
Pulse	60 ~ 220	90	± 1	Setting Parameters for Target heart rate.

## PROGRAM OPERATION:

### Manual (P1)

#### Program profile

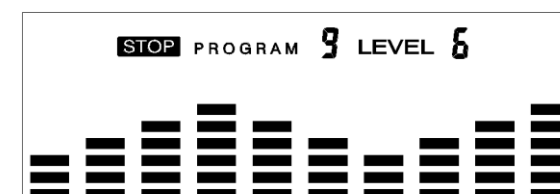
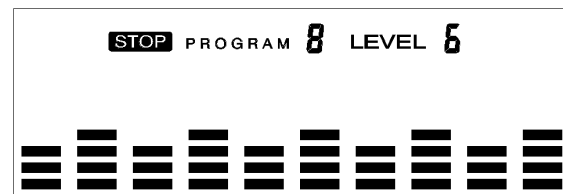
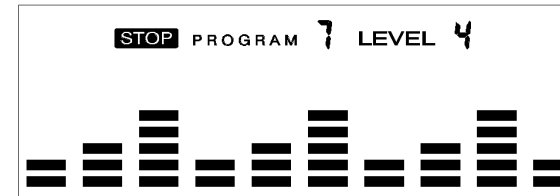
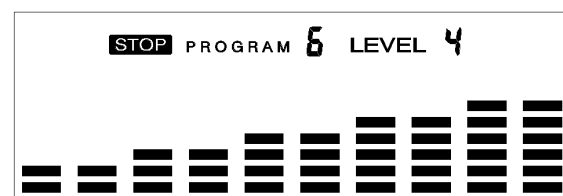
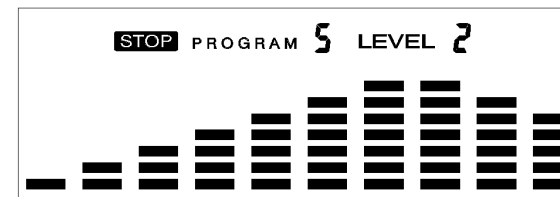
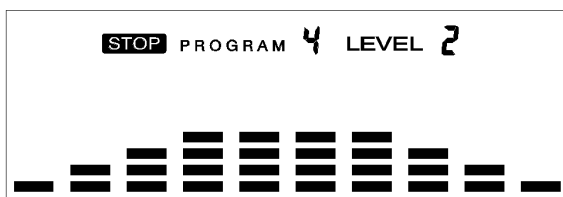
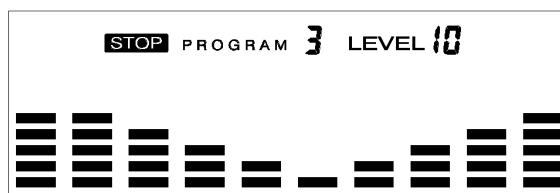
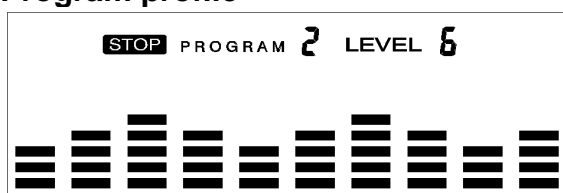


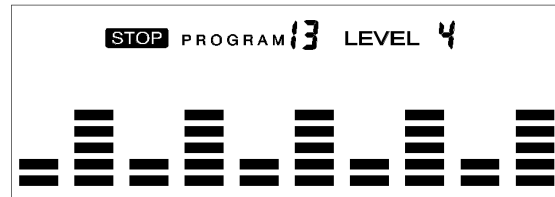
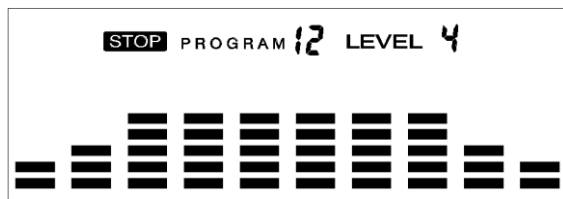
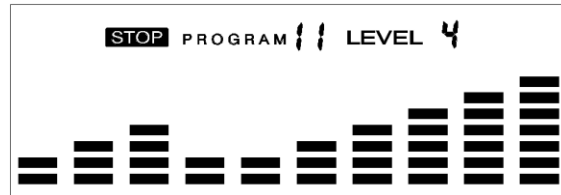
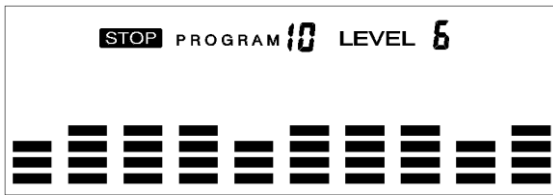
## SETTING PARAMETERS FOR MANUAL PROGRAM

1. Select **Manual Program (P1)** using the UP or DOWN button, then press ENTER.
2. TIME will flash so the value can be adjusted using the UP or DOWN button.
3. Press the ENTER button to save the value and move to the next parameter to be adjusted.  
**Note: If you set up the target time to workout, then the next parameter of Distance cannot be adjusted.**
4. Continue through all desired parameters, and press the START/STOP button to begin the workout.  
**Note: Once the workout parameter counts down to zero, it will beep and stop the workout automatically. Press the START button to continue the workout to reach the unfinished workout parameter.**

### Pre-set programs (P2~P13)

#### Program profile





There are 12 pre-set programs ready for use. All program profiles have 16 levels of resistance.

### SETTING PARAMETERS FOR PRE- SET PROGRAMS

1. Select one of the **Pre-set Programs** using the UP or DOWN button, then press ENTER. TIME will flash so the value can be adjusted using the UP or DOWN key.
2. Press the ENTER button to save value and move to the next parameter to be adjusted. Continue through all desired parameters, pressing the START/STOP button to begin the workout.

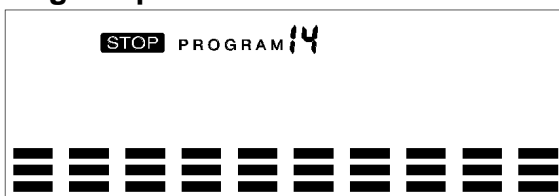
#### Workout in any pre-set program

You can adjust the level of resistance by pressing the UP or DOWN button during the workout.

**Note: If you set up the target time to workout, then the next parameter of Distance cannot be adjusted. Once the workout parameters counts down to zero, it will beep and stop the workout automatically. Press the START button to continue the unfinished parameter.**

### Watt Control Program (P14)

#### Program profile



### SETTING PARAMETERS FOR THE WATT CONTROL PROGRAM

1. Select **Watt Control Program (P14)** using the UP or DOWN button, then press ENTER.
2. TIME will flash so the value can be adjusted using the UP or DOWN button.
3. Press ENTER button to save the value and move to the next parameter to be adjusted.  
**Note: If you set up the target time to workout, then the next parameter of Distance cannot be adjusted.**
4. Continue through all desired parameters, pressing the START/STOP button to start the workout.  
**Note: Once the workout parameters count down to zero, it will beep and stop the workout automatically.**
5. Press the START button to continue the workout to reach the unfinished workout parameter.  
**The meter will adjust the resistance load automatically depending on the speed to maintain the constant watt value. You can use the UP or DOWN button to adjust the watt value during the workout.**

## BODY FAT Program (P15)

### Program profile



### SETTING DATA FOR BODY FAT

Select **BODY FAT Program (P15)** using the UP or DOWN button, then press ENTER. “MALE” will flash so Gender can be adjusted using the UP or DOWN button. Press the ENTER button to save gender and move to the next data.

“5’8 (inches)” of Height will flash so Height can be adjusted using the UP or DOWN button. Press ENTER to save the value and move to the next data.

“154 (lbs)” of Weight will flash so Weight can be adjusted using the UP or DOWN button. Press ENTER to save the value and move to the next data.

“30” of Age will flash so Age can be adjusted using the UP or DOWN button. Press ENTER to save the value.

Press the START/STOP button to start the measurement. Please also remember to grasp the hand pulse grips. After 15 seconds the display will show Body Fat %, BMR, BMI, & BODY TYPE.

#### Body Types:

There are 9 body types divided according to the FAT % calculated. Type 1 is from 5% to 9%. Type 2 is from 10% to 14%. Type 3 is from 15% to 19%. Type 4 is from 20% to 24%. Type 5 is from 25% to 29%. Type 6 is from 30% to 34%. Type 7 is from 35% to 39%. Type 8 is from 40% to 44%. Type 9 is from 45% to 50%.

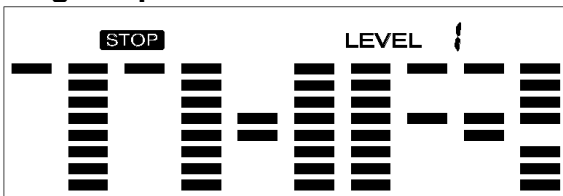
BMR: Basal Metabolism Ratio

BMI: Body Mass Index

Press START/STOP button to return the main display.

## TARGET HEART RATE Program (P16)

### Program profile



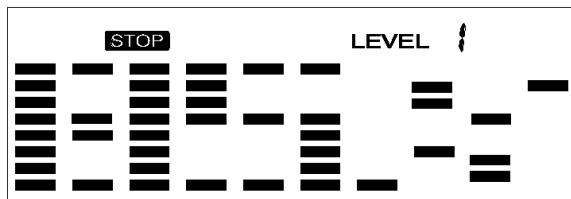
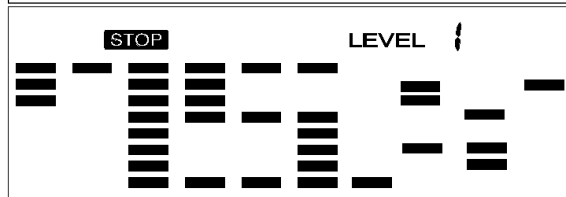
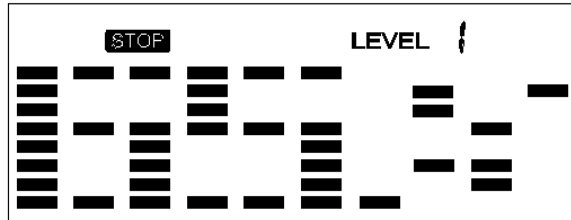
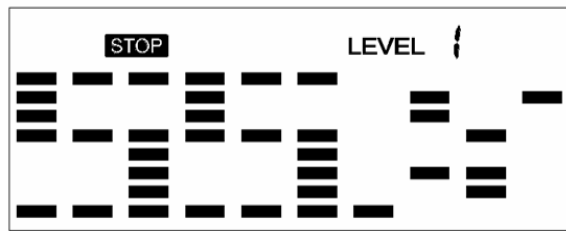
### SETTING PARAMETERS FOR TARGET HEART RATE PROGRAM

1. Select **TARGET HR (P16)** using the UP or DOWN button, then press ENTER.
2. TIME will flash. The value can be adjusted using the UP or DOWN button.
3. Press the ENTER button to save the value and move to the next parameter to be adjusted.  
**Note: If you set up the target time to work out, then the next parameter of Distance cannot be adjusted.**
4. Continue through all desired parameters, pressing START/STOP button to start workout.  
**Note: If Pulse is above the set TARGET HR, the Pulse value will flash to remind the user.**



# HEART RATE CONTROL Program (P17-P20)

## Program profile



### There are 4 selections for target pulse (HR):

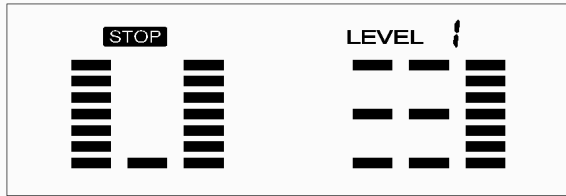
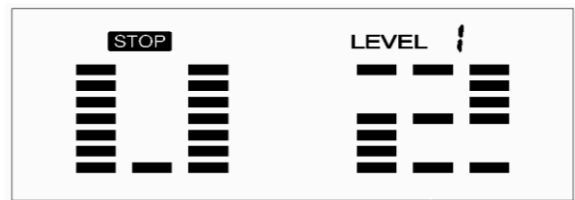
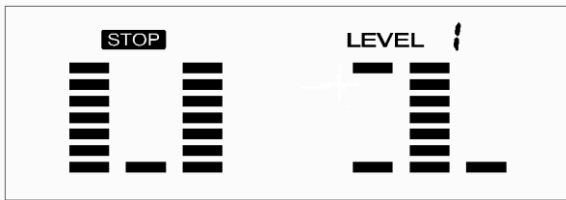
- HRC - 55%      TARGET HR= 55% of (220-AGE)
- HRC - 65%      TARGET HR= 65% of (220-AGE)
- HRC - 75%      TARGET HR= 75% of (220-AGE)
- HRC - 85%      TARGET HR= 85% of (220-AGE)

## SETTING PARAMETERS FOR HEART RATE CONTROL

1. Select one of the **Heart Rate Control Programs** using the UP or DOWN button, then press ENTER.
2. TIME will flash. The value can be adjusted using the UP or DOWN button.
3. Press the ENTER button to save the value and move to the next parameter to be adjusted.  
**Note: If t you set up the target time to work out, then the next parameter of Distance cannot be adjusted.**
4. Continue through all desired parameters, pressing the START/STOP button to start the workout.  
**Note: If Pulse is above or below ( $\pm 5$ ) the TARGET HR, the meter will adjust the resistance load automatically. It will check every 20 seconds approx. 1 resistance load will increase or decrease (Note: each resistance load represents 2 levels of load).**  
If one of the workout parameters counts down to be zero, it will beep and stop the workout automatically. Press the START/STOP button to continue the workout to reach unfinished workout parameter.

## User Program

### Program profile (P21-P24)



The 4 user programs allow the user to set their own program that can be used immediately.

### SETTING PARAMETERS FOR USER PROGRAM

1. Select the **User Program** using the UP or DOWN button then press ENTER.
2. TIME will flash so the value can be adjusted using the UP or DOWN button.
3. Press the ENTER button to save the values and move to the next parameter to be adjusted.  
**Note: If you set up the target time to work out, then the next parameter of Distance cannot be adjusted.**
4. Continue through all desired parameters.
5. After finishing the setup of the desired parameters, level 1 will flash. Use the UP or DOWN button to adjust, then press the ENTER button until finished. (There are 10 times total). Press the START/STOP button to begin the workout.  
**Note: Once the workout parameter counts down to zero, it will beep and stop the workout automatically. Press the START/STOP button to continue the workout to reach the unfinished workout parameter.**

# TROUBLESHOOTING

PROBLEM	POSSIBLE CAUSE	CHECK	SOLUTION
E1	The motor doesn't work.	Check if the motor wires are plugged in or check if the motor is stuck.	Plug in the cable again or change the motor.
	There is something wrong with the cables.	Check if the cables are damaged. This can cause a short circuit.	Change the cables or plug in again.
	The meter cannot supply normal voltage to the motor.	Test whether the voltage of the motor is normal when pressing "up" and "down".	Change the meter.
E2	The IC (Integrated Circuits) inside the computer is damaged.		Change the meter.
E4	Hands aren't put on the two handle pulses immediately after pressing START.		Put the hands on the two handle pulses immediately after pressing START.
	Body Fat Function cannot receive the signal for pulse.	Check if the handle pulse wires are well connected.	Plug in the handle pulse wires again or change the handle pulse wires.
		Check if the pulse is working when not in Body Fat program.	Change the meter.

**NOTE:** If you are unable to resolve an issue using the troubleshooting guide above, please contact Customer Service at [support@sunnyhealthfitness.com](mailto:support@sunnyhealthfitness.com).

Version 3.1

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