

# General Treadmill Troubleshooting Guide



We know it can be troubling when you plug your treadmill into an outlet and the machine won't power on. In this guide, we will explain how to troubleshoot your treadmill for power issues. When the treadmill works properly, and is plugged into a power source, the power switch should glow red. To rule out the possibility of a malfunctioning power source, test your treadmill with different power outlets to see if the issue persists.

For additional assistance, email Sunny Health and Fitness at [support@sunnyhealthfitness.com](mailto:support@sunnyhealthfitness.com).

Note: This guide is intended for Sunny Health and Fitness motorized treadmills. Do not use this guide for any manual treadmill.

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**Step One:** Switch the power on the treadmill to the off position (see Figure 1) and unplug the treadmill from its power source.

Find fitness advice, free workouts, guides and more on our website at [www.sunnyhealthfitness.com](http://www.sunnyhealthfitness.com)

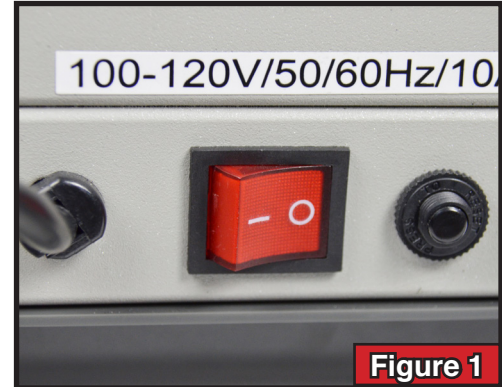


Figure 1

**Step Two:** Remove the motor cover from the unit by removing its securing screws (see Figure 2). Check the front, and sides of the motor cover for securing screws.



Figure 2

**Step Three:** With the cover removed, look at the wires directly behind the power switch. Check that all wires are securely connected by gently pushing all connected wires into place (see Figure 3).

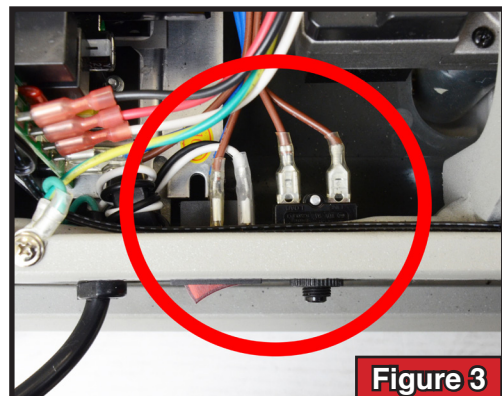
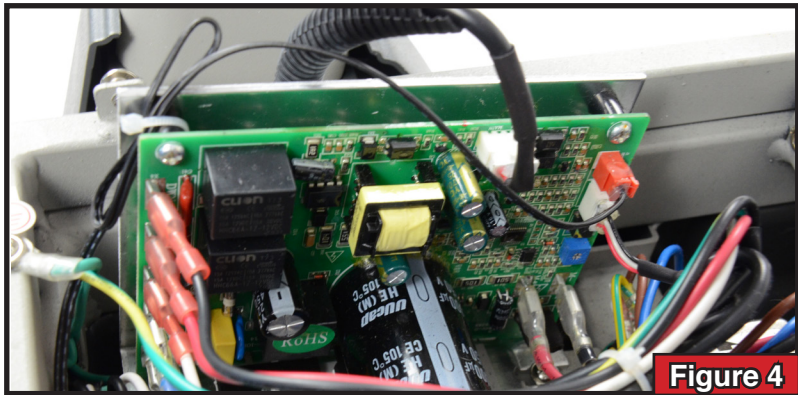


Figure 3

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**Step Four:** On the control board, push all of the wires, including the signal wire (the thick black wire), into place (**see Figure 4**). When finished, replace the motor cover.



**Figure 4**

**Step Five:** Check the signal wire connection at the **top** and **bottom** of the treadmill tube. Look for visible damage on the wire, or if the connection is pinched. If necessary, loosen the tube screws to access the signal wire (**See Figures 5 and 6**).



**Figure 5**



**Figure 6**

**Step Six:** Check the wires in the control console. Remove the console cover by removing its securing screws. Check for securing screws underneath, in the front, and on the sides of the console unit.



**Figure 7**



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**Step Seven:** Once removed, gently pull the console cover back. Look at the console control board. Push all wires into place to ensure they are properly inserted. Check the signal wire to see if it is plugged in securely.

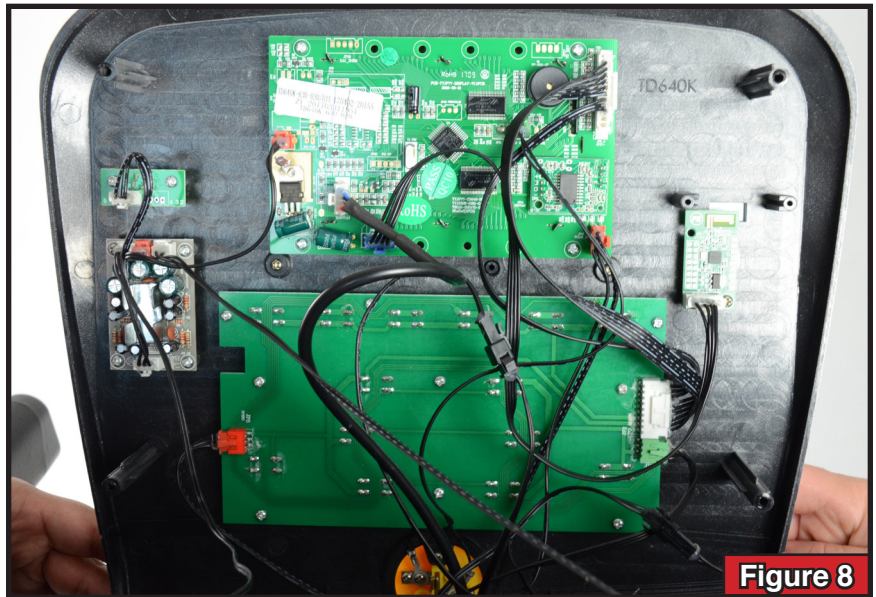


Figure 8

**Step Eight:** Replace the console cover and its securing screws.

Plug the treadmill into a wall outlet, and check to see if the device powers on properly. If the treadmill does not work properly, send an email to [support@sunnyhealthfitness.com](mailto:support@sunnyhealthfitness.com).



Figure 9