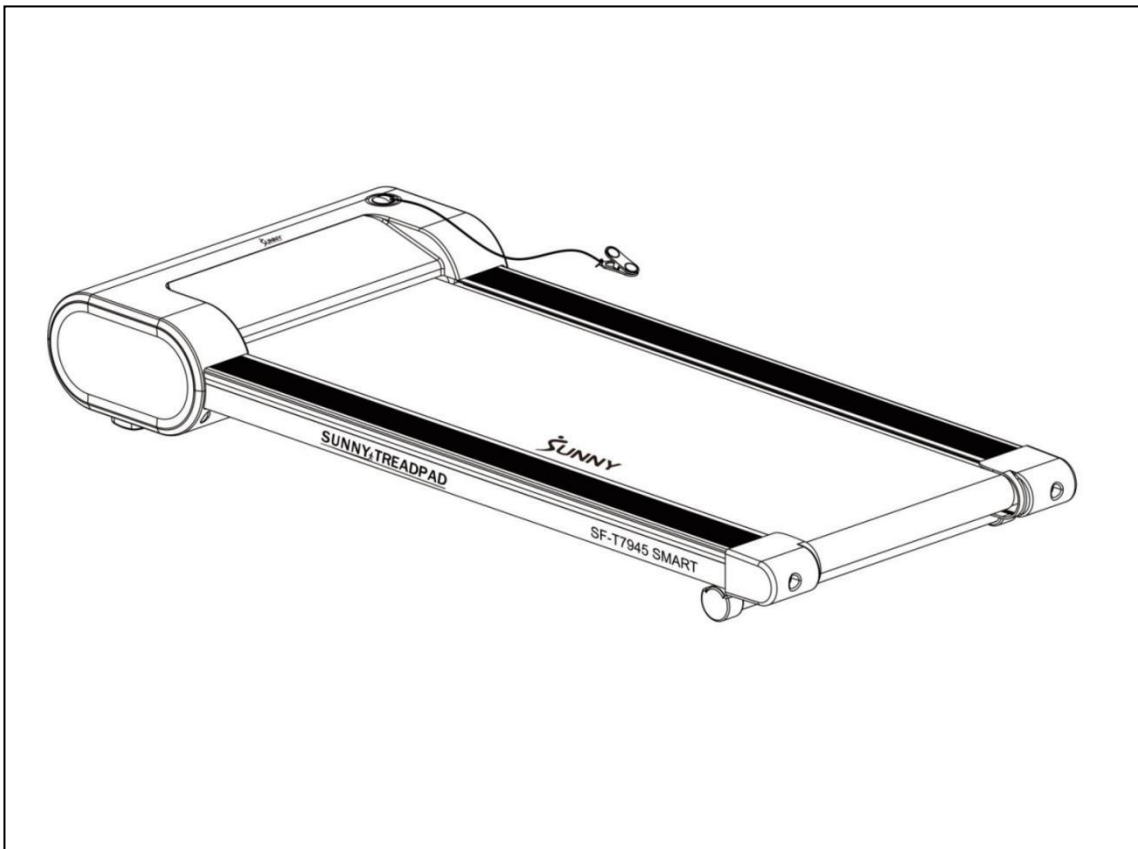




SMART SLIM UNDER DESK WALKING TREADPAD SF-T7945 SMART USER MANUAL



IMPORTANT! Please retain owner's manual for maintenance and adjustment instructions. Your satisfaction is very important to us, **PLEASE DO NOT RETURN UNTIL YOU HAVE CONTACTED US:** support@sunnyhealthfitness.com or 1- 877 - 90SUNNY (877-907-8669).



WWW.SUNNYHEALTHFITNESS.COM

IMPORTANT SAFETY INSTRUCTION

When using an electrical appliance, basic precautions should always be followed, including the following:

Read all instructions before using (this appliance).

DANGER –To reduce the risk of electric shock:

Always unplug this appliance from the electrical outlet immediately after using and before cleaning.

WARNING – To reduce the risk of burns, fire, electric shock, or injury to persons:

1. An appliance should never be left unattended when plugged in. Unplug from outlet when not in use, and before putting on or taking off parts.
2. This appliance is not intended for use by persons with reduced physical, sensory or mental capabilities, or lack of experience and knowledge, unless they have been given supervision or instruction concerning use of the appliance by a person responsible for their safety. Keep children under the age of 13 away from this machine.
3. Use this appliance only for its intended use as described in this manual. Do not use attachments not recommended by the manufacturer.
4. Never operate this appliance if it has a damaged cord or plug, if it is not working properly, if it has been dropped or damaged, or dropped into water. Return the appliance to a service center for examination and repair.
5. Do not carry this appliance by supply cord or use cord as a handle.
6. Keep the cord away from heated surfaces.
7. Never operate the appliance with the air openings blocked. Keep the air openings free of lint, hair, and the like.
8. Never drop or insert any object into any opening.
9. Do not use outdoors. Household use only.
10. Do not operate where aerosol (spray) products are being used or where oxygen is being administered.
11. To disconnect, turn all controls to the off position, then remove plug from outlet.
12. CAUTION: Risk of Injury to Persons – To Avoid Injury, use extreme caution when stepping onto or off of a moving belt. Read Instruction Manual Before Using.
13. Connect this appliance to a properly grounded outlet only. See Grounding Instructions.
14. REMOVE CONTROL BOX (OR KEY, OR SAFETY PIN, AS APPLICABLE) WHEN NOT IN USE, AND STORE OUT OF REACH OF CHILDREN.

SAVE THESE INSTRUCTIONS

Caution: The user is cautioned that changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

This device contains license-exempt transmitter(s)/receiver(s) that comply with Innovation, Science and Economic Development Canada's license-exempt RSS(s) and Part 15 of the FCC Rules. Operation is subject to the following two conditions:

- 1) This device may not cause interference.
- 2) This device must accept any interference, including interference that may cause undesired operation of the device.

NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation.

If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

FCC & IC Radiation Exposure Statement:

This equipment complies with FCC and Canada radiation exposure limits set forth for an uncontrolled environment. This equipment should be installed and operated with a minimum distance of 20cm between the radiator and your body.

This transmitter must not be co-located or operating in conjunction with any other antenna or transmitter.

IMPORTANT SAFETY INFORMATION

We thank you for choosing our product. To ensure your safety and health, please use this equipment correctly. It is important to read this entire manual before assembling and using the equipment. Safe and effective use can only be achieved if the equipment is assembled, maintained, and used properly. It is your responsibility to ensure that all users of the equipment are informed of all warnings and precautions.

1. Before starting any exercise program, you should consult your physician to determine if you have any medical or physical conditions that could put your health and safety at risk or prevent you from using the equipment properly. Your physician's advice is essential if you are taking medication that affects your heart rate, blood pressure or cholesterol level.
2. Be aware of your body's signals. Incorrect or excessive exercise can damage your health. Stop exercising if you experience any of the following symptoms: pain, tightness in your chest, irregular heartbeat, shortness of breath, lightheadedness, dizziness, or feelings of nausea. If you do experience any of these conditions, you should consult your physician before continuing with your exercise program.
3. Keep children and pets away from the equipment. The equipment is designed for adult use only.
4. Use the equipment on a solid, flat level surface with a protective cover for your floor or carpet. To ensure safety, the equipment should have at least 240cm (8 feet) of free space behind it and 60cm (2 feet) on each side. Do not place the treadmill on any surface that blocks air openings. To protect the floor or carpet from damage, place a mat under the treadmill.
5. Ensure that all nuts and bolts are securely tightened before using the equipment. The safety of the equipment can only be maintained if it is regularly examined for damage and/or wear and tear.
6. Always use the equipment as indicated. If you find any defective components while assembling or checking the equipment, or if you hear any unusual noises coming from the equipment during exercise, discontinue use of the equipment immediately and do not use until the problem has been rectified.
7. Wear suitable clothing while using the equipment. Avoid wearing loose clothing that may become entangled in the equipment.
8. Do not place fingers or objects into the moving parts of the equipment.
9. The maximum weight capacity of this unit is 245 lbs (110 kgs).
10. The equipment is not suitable for therapeutic use.
11. To avoid bodily injury and/or damage to the product or property, proper lifting and moving is required.
12. Your product is intended for use in cool, dry conditions. You should avoid storage in extreme cold, hot or damp areas as this may lead to corrosion and other related problems.
13. This equipment is designed for indoor and home use only. It is not intended for commercial use!

IMPORTANT OPERATING INSTRUCTIONS

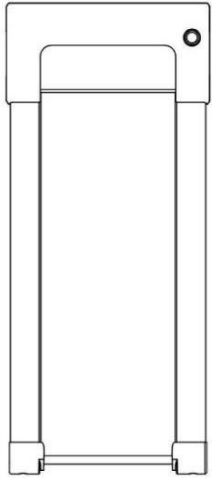
1. Insert the power plug directly into the socket.
2. Read the manual before operating the equipment.
3. Changes in speed do not occur immediately. Set your desired speed using the adjustment keys on the remote control. The speed will increase gradually.
4. While on the treadmill, move with caution as distractions may cause you to lose balance and stray from walking in the center of the belt. This may result in serious injury.
5. This unit starts at a very low speed. To begin use, stand on the side rails while it starts up, then step onto the belt once it's in motion.
6. A safety key is provided for emergency use. The treadmill will function only if the safety key is inserted into the console. In case of emergency, remove the safety key to immediately stop the belt and shut off the treadmill. The display screen will reset once the safety key is reinserted.
7. This equipment is designed for adult use only! Children should not be allowed to use or play near this equipment. When present, children should always be supervised by an adult.
8. Women who are pregnant or nursing should consult a physician before attempting to begin any exercise program.
9. Always stay hydrated during and after exercise.
10. The treadmill will automatically stop after about 15 minutes if user is not standing on it.



IMPORTANT NOTE:

The belt must be lubricated before the first use! Please see *Page 8* for instructions on how to properly apply lubricant.

CARTON CONTENTS



A



B



C



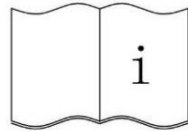
D



E



F



G



H

No.	Description	Specification	Qty.
A	Walking Treadmill		1
B	Remote Control		1
C	Power Wire		1
D	Safety Key		1
E	Allen Wrench		1
F	Lubricant	20ml/bottle	1
G	User Manual		1
H	Screwdriver		1

Ordering Replacement Parts (U.S. and Canadian Customers only)

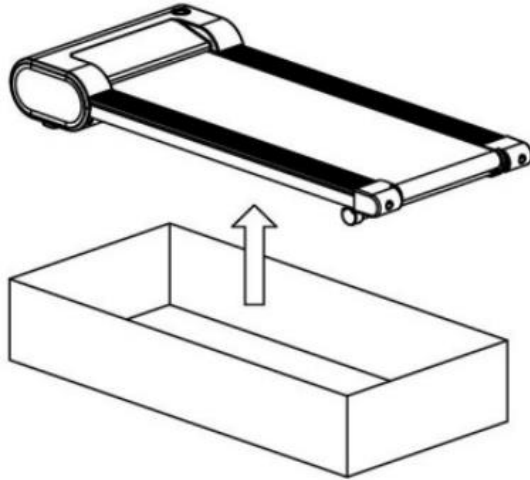
Please provide the following information in order for us to accurately identify the part(s) needed:

- ✓ The model number (found on cover of manual)
- ✓ The product name (found on cover of manual)
- ✓ The part number found on the “EXPLODED DIAGRAM” (found on page 19) and “PARTS LIST” (found on page 20)

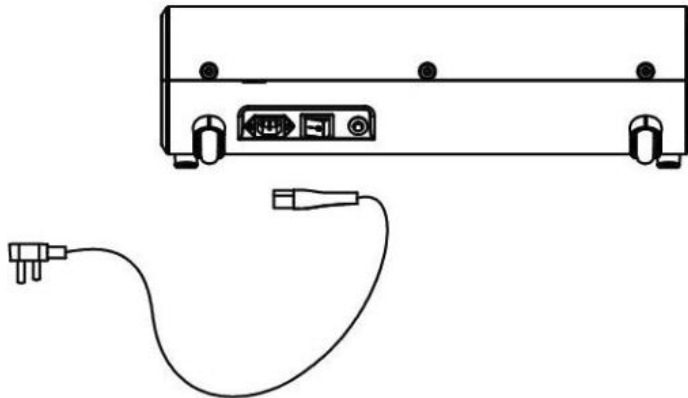
Please contact us at support@sunnyhealthfitness.com or 1-877-90SUNNY (877-907-8669).

USER INSTRUCTIONS

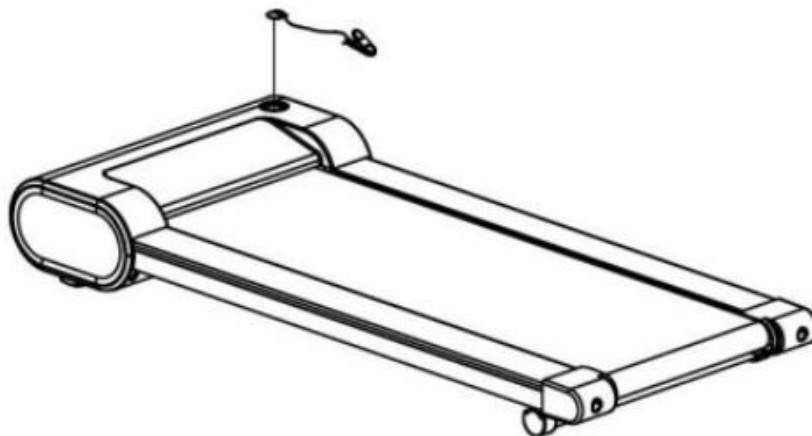
STEP 1:



STEP 2:



STEP 3:



MAINTENANCE & CARE

General cleaning will help prolong the life and performance of your treadmill. Keep the unit clean and maintained by dusting the components on a regular basis. Clean both sides of the running belt to prevent dust from accumulating underneath the belt. Keep your running shoes clean so that dirt from your shoes does not wear out the **Running Board (No. E12)** and **Running Belt (No. C07)**. Clean the surface of the **Running Belt (No. C07)** with a clean damp cloth.

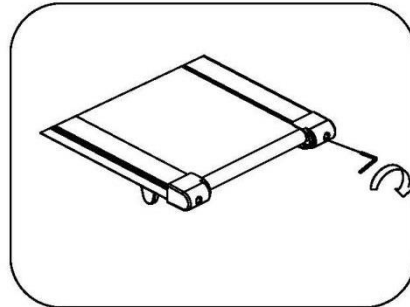
To better maintain the treadmill and prolong its life, it is suggested that the treadmill be powered off for 10 minutes every 2 hours and fully powered off whenever not in use.

CENTERING THE RUNNING BELT:

Place the treadmill on level ground and set it at 2mph to check if the **Running Belt (No. C07)** drifts from the center.

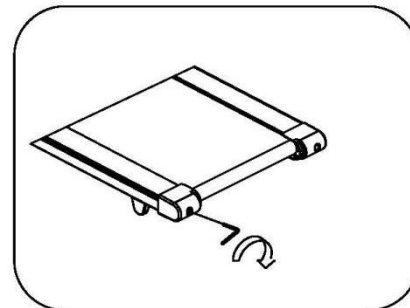
If the **Running Belt (No. C07)** moves to the right, turn the right adjusting bolt $\frac{1}{4}$ turn *clockwise*, then turn the left adjustment bolt $\frac{1}{4}$ turn *counter-clockwise*. If the belt does not move, repeat this step until it centers. Refer to Figure A.

A



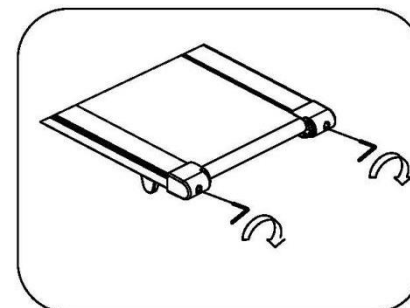
If the **Running Belt (No. C07)** moves to the left, turn the left adjusting bolt $\frac{1}{4}$ turn *clockwise*, then turn the right adjustment bolt $\frac{1}{4}$ turn *counter-clockwise*. If the belt does not move, repeat this step until it centers. Refer to Figure B.

B



Over time, the **Running Belt (No. C07)** will loosen. To tighten the **Running Belt (No. C07)**, turn the left & right adjusting bolts one full turn *clockwise*, check the tension of the **Running Belt (No. C07)**. Continue this process until **Running Belt (No. C07)** is at the correct tension. Make sure to adjust both sides equally to ensure correct belt alignment. Refer to Figure C.

C



LUBRICATING THE TREADMILL

IMPORTANT NOTE:

You will need to lubricate your treadmill before the first use.

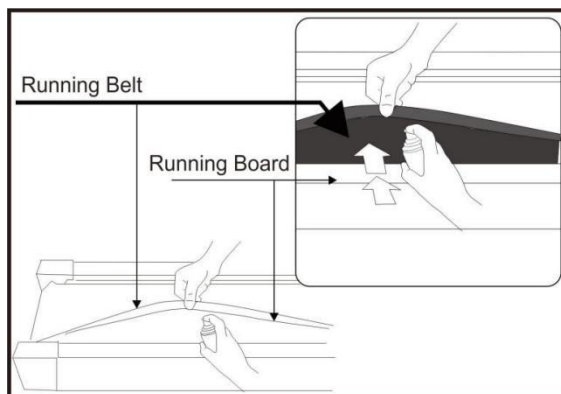
RUNNING BELT & TREADMILL LUBRICANT:

Lubricating the **Running Board (No. E12)** and **Running Belt (No. C07)** is essential as the friction between the two affects the life span and function of the treadmill. Therefore, it is suggested that the **Running Board (No. E12)** and **Running Belt (No. C07)** be inspected regularly. Should you find any wear on the **Running Board (No. E12)**, please contact us at: support@sunnyhealthfitness.com.

WARNING: Always unplug the treadmill from the electrical outlet before cleaning, lubricating or repairing the unit.

HOW TO LUBRICATE:

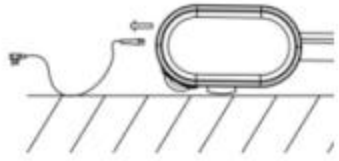
1. Raise the **Running Belt (No. C07)** up on one side and apply lubricant to the **Running Board (No. E12)**. Use a rag to thoroughly wipe the lubricant over the running deck. Repeat this process for the other side.
2. The moving parts should turn freely and quietly. Abnormality of moving parts will affect the safety of the equipment. Inspect and tighten bolts regularly.
3. To better maintain the treadmill and prolong its lifespan, it is suggested that maintenance be done on a regular basis.
4. **DO NOT LOOSEN OR MAKE ANY ADJUSTMENTS TO THE RUNNING BELT WHILE APPLYING LUBRICANT.** A loose **Running Belt (No. C07)** will result in the runner sliding off during use, while too tight of a **Running Belt (No. C07)** will negatively affect the motor's performance and create more friction between the roller and **Running Belt (No. C07)**. The most suitable tightness for the **Running Belt (No. C07)** is when it is pulled out **50-75mm** from the **Running Board (No. E12)**.



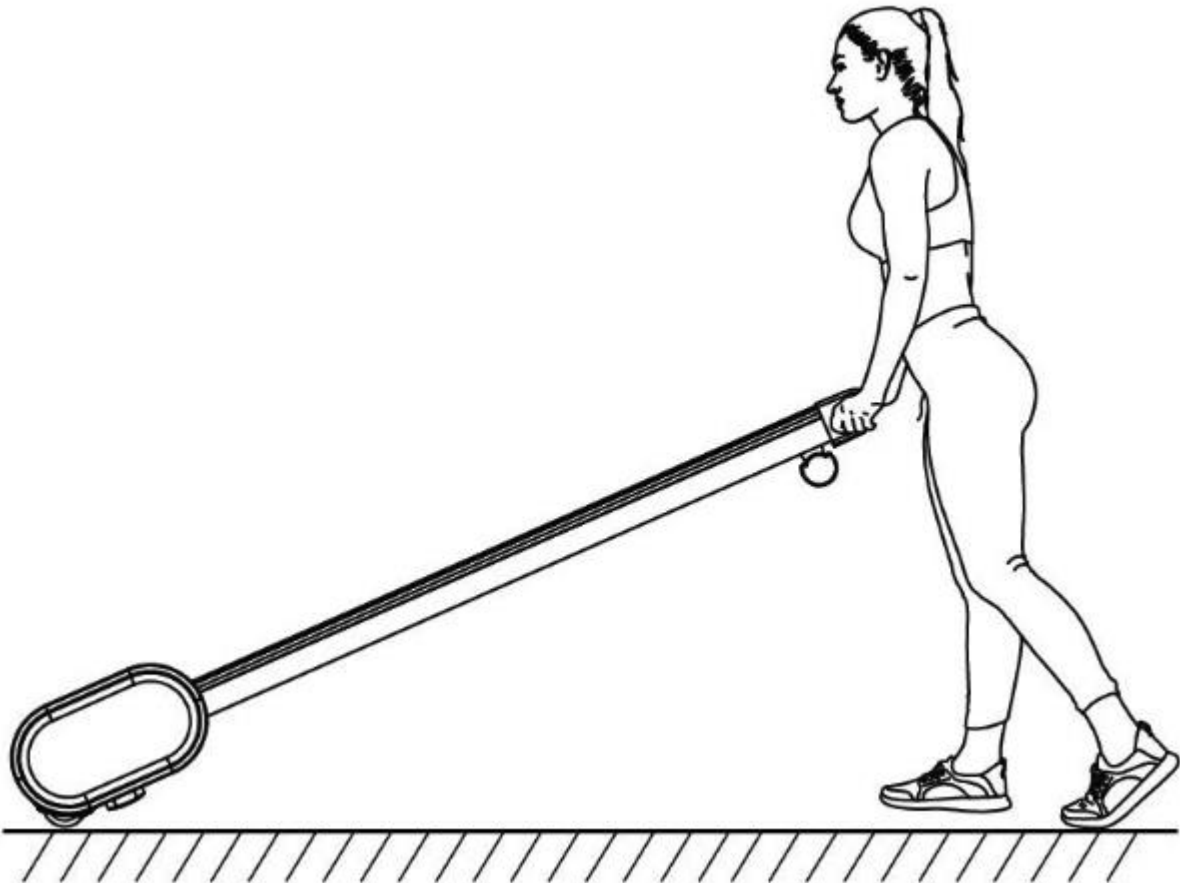
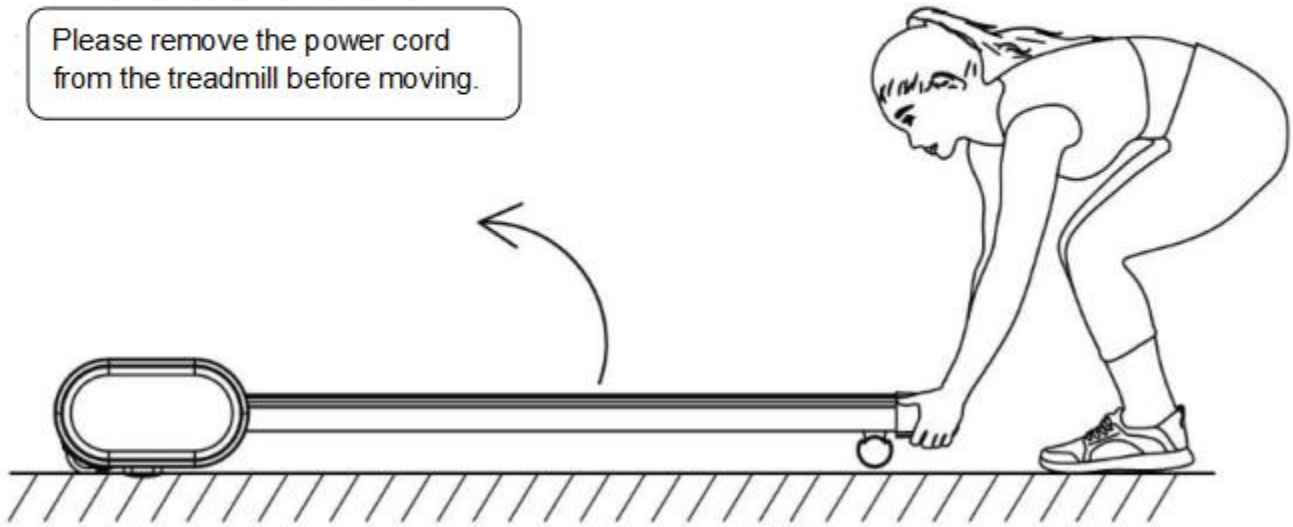
The following time table is recommended:

Light user (less than 3 hours/ week) -	<i>every six months</i>
Medium user (3-5 hours/ week) -	<i>every three months</i>
Heavy user (more than 5 hours/ week) -	<i>every two months</i>

HOW TO MOVE THE TREADMILL



Please remove the power cord from the treadmill before moving.



IMPORTANT ELECTRICAL INFORMATION

WARNING: This treadmill requires a power source of **8 amps (100-120V)** in order to properly operate. For your safety, as well as the safety of others, verify that the power source is correct before plugging in the equipment. Any power source above or below this level could cause significant damage to the equipment and/or user.

GROUNDING METHODS:

This product must be grounded. Grounding provides the least resistance for electrical current and will reduce the risk of electric shock. The plug must be plugged into an appropriate outlet that is properly installed and grounded in accordance with all local codes and ordinances. Ensure that the product is connected to an outlet which contains the same configuration as the plug. Do not use an adaptor for this product.

This product is for use on a nominal 100-120V circuit and has a grounding plug that looks like the plug illustrated in sketch A. Make sure that the product is connected to an outlet having the same configuration as the plug. No adapter should be used with this product.

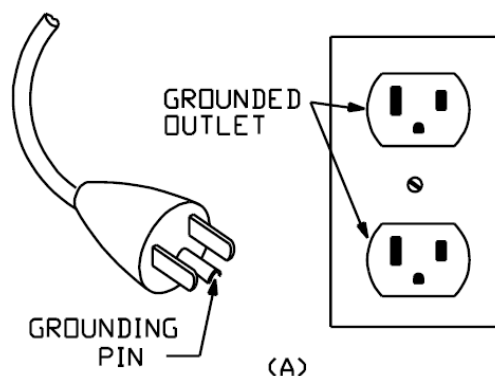
DANGER:

Improper connection of the equipment-grounding conductor can result in a risk of electrical shock. Check with a certified electrician if you are in doubt as to whether the product is properly grounded. Do not modify the plug provided with the product. If it will not fit the outlet, have a proper outlet installed by an electrician.

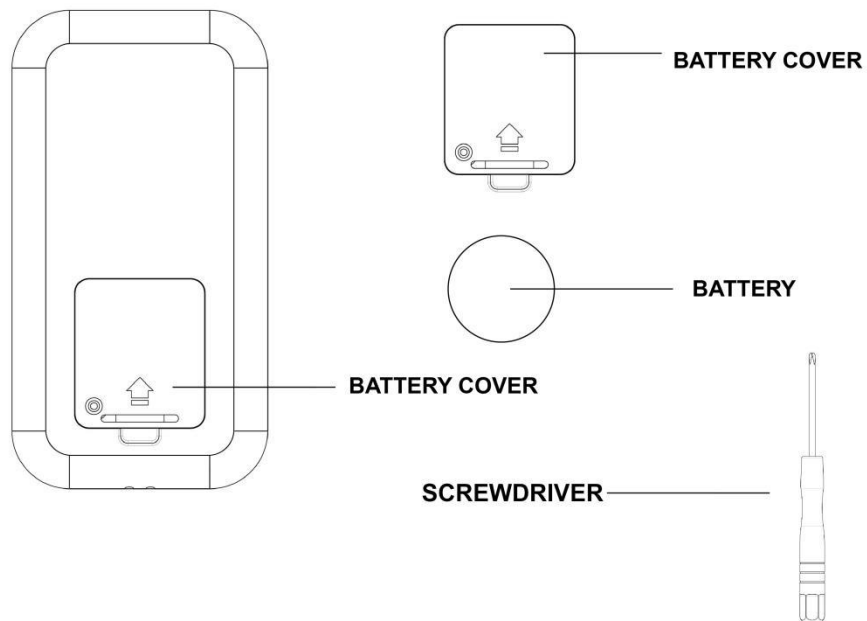
WARNING!

1. NEVER use a ground fault circuit interrupt (GFCI) wall outlet with this treadmill. Route the power cord away from any moving part of the treadmill including the elevation mechanism and transportation wheels.
2. NEVER operate the treadmill using a generator or UPS power supply.
3. NEVER remove any cover without first disconnecting AC power.
4. NEVER expose the treadmill to rain or moisture. This treadmill is not designed for use outdoors, near pools, or in any other high humidity environment.

GROUNDING METHOD



BATTERY INSTALLATION & REPLACEMENT



BATTERY INSTALLATION:

1. Use a **Screwdriver (No. H)** to loosen and remove the screw from the battery cover.
2. Take out the 1pc CR2032 battery that is included inside the remote control box.
3. Install the battery into the battery holder with the positive end facing up.
4. Put the battery cover back on to the battery holder and lock the screw into the battery cover.

BATTERY REPLACEMENT:

1. Use a **Screwdriver (No. H)** to loosen and remove the screw from the battery cover.
2. Remove the old battery and install the new battery in to the battery holder with the positive pole facing up.
3. Put the battery cover back on to the battery holder and lock the screw into the battery cover.

Dispose the old battery according to your regional guidelines.

Model: CR2301

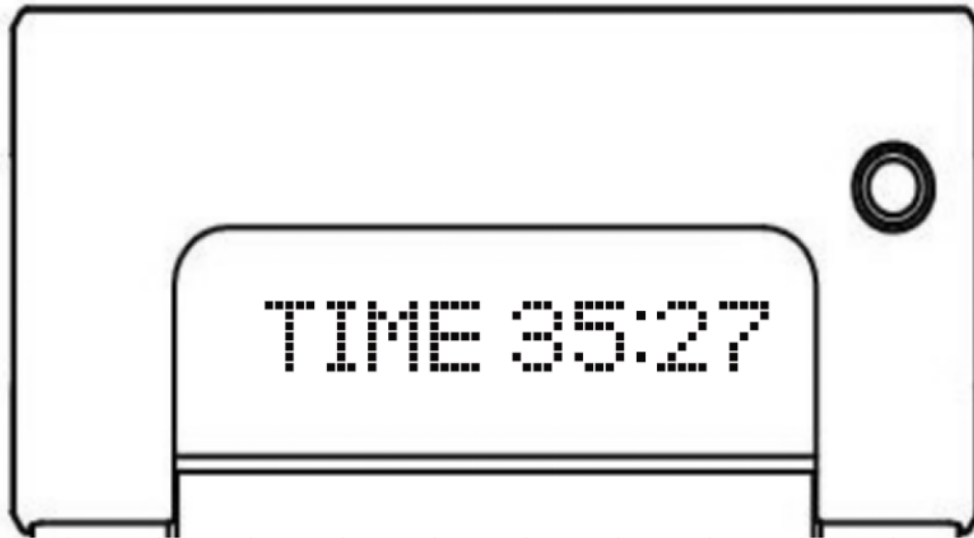
Product Name: REMOTE CONTROL CR2301

FCC& IC Radiation Exposure Statement:

This equipment complies with FCC and Canada radiation exposure limits set forth for an uncontrolled environment.

This transmitter must not be co-located or operating in conjunction with any other antenna or transmitter.

THE DISPLAY CONSOLE

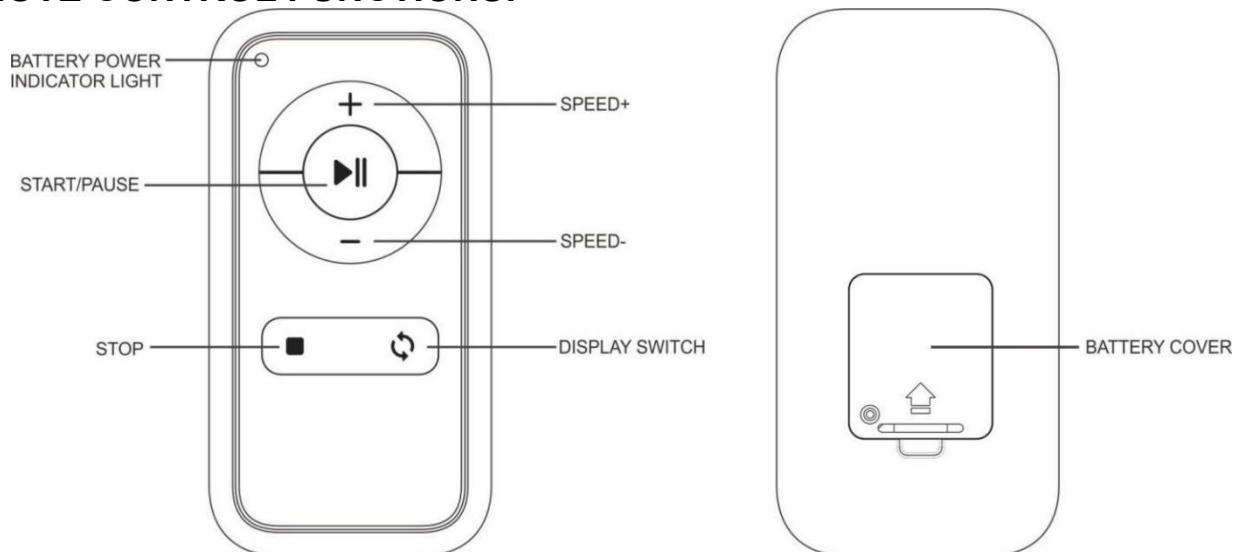


TIME 3:35 SPD 3.0 MILE 0.88 KCAL 20.8 STEP 00035

WINDOW DISPLAY:

Displays time, distance, calories, steps and speed value in turn every 5 seconds.

REMOTE CONTROL FUNCTIONS:



START/PAUSE BUTTON: Press the START button, so that treadmill begins running. 0.5 MPH (Miles per hour) is the default start speed. During exercise, you also can press this button to pause the machine.

SPEED +/- BUTTONS: Press the +/- buttons to increase or decrease the speed in increments of 0.1 MPH (Miles per hour). Pressing and holding either of these buttons for a duration of over ½ a second will increase or decrease the speed continually.

STOP BUTTON: When in use, press the STOP button to terminate your workout session completely. All data will be deleted and reset to the initial setting.

DISPLAY SWITCH BUTTON: When in use, you can press this button to switch the display between Time, Distance, Calories, Steps and Speed value.

BATTERY POWER INDICATOR LIGHT: When you press any button on the remote, the light will blink three times if the battery is low. Please proceed to change the battery. If it does not blink, then the battery is not low.

Note: If the treadmill does not respond to the remote control, you will need to resync the treadmill and remote control. Please take the following steps to resync:

1. Hold the remote right next to the screen the entire time while resyncing
2. Plug in the treadmill (do not turn it on)
3. Press and hold the start/pause button
4. While keeping the button pressed, turn on the treadmill
5. Continue to hold the button pressed for additional 5-10 seconds
6. Release the button and try to control the treadmill functions using the remote

***NOTE:** The maximum speed on this treadmill is 3.7 MPH (Miles per hour).

PROGRAMS	Initial	Default Value	Set Range	Display Range
TIME (MIN: SECOND)	0	-	-	0:00—99:59
SPEED(MPH)	0.0	0.5	0.5-3.7	0.5—3.7
DISTANCE(MILES)	0	-	-	0.0--99.9
STEP	0	-	-	0-99999
CALORIE(KCAL)	0	-	-	0--9999

LUBRICATION REMINDER:

Your treadmill needs lubrication maintenance every 188 miles. The system will release a beeping sound every 10 seconds and display an “OIL” icon on your display to remind you when it’s time. Please read the LUBRICATING THE TREADMILL instructions on *Page 8* to learn the proper steps to lubricate your treadmill. Apply the lubricant to the middle of the running deck on both sides. After application, press and hold the STOP button for 3 seconds to clear the reminder.

POWER SAVE FUNCTION:

When the treadmill has been idle for 10 minutes, it will enter Power Saving Mode. While the treadmill is in this mode, the window display of the console will be turned off. To turn it back on, press any button on the remote control.

The machine will stop automatically if no person walks on it for more than 15 minutes.

I POWER ON:

Flick the power switch to this symbol to turn on the treadmill.

O POWER OFF:

Flick the power switch to this symbol to turn the treadmill off at any time. This includes during exercise.

EXERCISE INSTRUCTIONS

GETTING STARTED:

Before starting any exercise program, you should consult your physician to determine if you have any medical or physical conditions that could put your health and safety at risk or prevent you from using the equipment properly.

Be aware of your body's signals. Incorrect or excessive exercise can damage your health.

Stop exercising immediately if you experience any of the following symptoms: pain, tightness in your chest, irregular heartbeat, shortness of breath, lightheadedness, dizziness, or feelings of nausea.

Get to know your treadmill. Before attempting to use the treadmill take some time to stand alongside and familiarize yourself with the controls.

1. Before beginning exercise, stand on side rails.
2. Next, attach the clip end of the **Safety Key (No. E08)** to your clothes and insert the magnetic end of the key to the console.
3. Press the START button to start the machine.
4. The machine will start at the system default setting speed of **0.5 MPH**. When you feel comfortable, you may slowly increase the speed.
5. When you are finished with your exercise, press the STOP button or you can remove the magnetic end of the **Safety Key (No. E08)** to stop the machine.

APP CONNECTION:

Connect Smart Equipment to SunnyFit App:

1. Scan to download SunnyFit from the app store:



2. Ensure that the Bluetooth function is turned on from your mobile device.
3. If this is your first time using the SunnyFit app, follow the in-app instructions to register for your free SunnyFit account and log in.
4. Begin any workout activity that matches your smart equipment, then follow the onscreen prompts to search for and connect to your smart equipment.
5. When connected, your stats and records will be displayed at the end of your course/session, and recorded in your account profile!

TROUBLESHOOTING

PROBLEM	POSSIBLE CAUSE	SUGGESTED ACTION
Treadmill will not start	Not plugged in.	Plug cord into outlet.
	Safety Key not inserted.	Insert Safety Key.
Running belt not centered	Running belt tension not correct on the left or right sides of the running board.	Tighten the adjustment bolts on the left and right side of the rear roller.
Console not working	Wires from the console and bottom control board are not properly connected.	Check wire connections from the console to the control board.
	Transformer is damaged.	If the transformer is damaged, contact customer service.
0001 ERROR: Message failure	Wires from the console and bottom control board are not properly connected.	Check wire connections from the console to the control board. If the wire has been punctured or damaged, you will need to replace it. If the problem is not rectified, you may need to replace the control board.
0002 ERROR: Burst clash protection	Incoming voltage is lower than 50% of the required voltage.	Check that the incoming power supply is the correct voltage.
0005 ERROR: Current overload protection (Self Protecting System)	The incoming voltage is too low or too high. The control board is damaged.	Restart the treadmill. Check the incoming voltage to ensure its correct. Check the control board, replace if damaged.
	A moving part of the treadmill is stuck and therefore the motor is unable to rotate properly.	Inspect moving parts of the treadmill to ensure that they are operating correctly. Check the motor, listen for any strange noises and check for a burning smell. Replace the motor if necessary.

0006 ERROR: Motor abnormality	The motor wire is not connected, or the motor is damaged.	Check motor wires to see if the motor is connected. If the wire has been punctured or damaged, you will need to replace it. If the problem is not rectified, you may need to replace the motor.
0008 ERROR: Control board abnormality	The control board is not connected.	Check the upper and middle wires to see if the control board is connected. If the wire has been punctured or damaged, you will need to replace it. If the problem is not rectified, you may need to replace the control board.
0009 ERROR: Inversion error	The treadmill sets upright or not placed horizontally.	Adjust the treadmill and place it horizontally. If the wires of the control board do not connect well, replace to a new control board.
0010 ERROR: Motor abnormality	The motor is damaged, or a moving part of the treadmill is stuck and therefore the motor is unable to rotate properly.	Inspect moving parts of the treadmill to ensure that they are operating correctly. Replace the motor if necessary.

NOTE:

1. If you are having trouble connecting your smart equipment, visit



www.sunnyfit.com/guide or scan the QR code below:

2. If you require additional support, please contact support@sunnyfit.com.

PARTS LIST

No.	Description	Spec.	Qty.
A01	Main Frame		1
A02	Running Board Strengthen Tube		1
B01	Front Roller		1
B02	Rear Roller		1
B03	Allen Wrench	5mm	1
B04	Safety Key Plate		1
C01	Motor Top Cover		1
C02	Motor Bottom Cover		1
C03	Foot Pad		2
C04	Left End Cap		1
C05	Right End Cap		1
C06	Side Rail		2
C07	Running Belt		1
C08	Rubber Cushion		6
C09	Motor Belt		1
C10	C Shape Foot Pad		2
C11	Rubber Strip		1
C12	Adjustable Wheel		2
C13	Console Board Cover		1
C14	Optical Grating		1
D01	Nut	M8	2
D02	Nut	M6	4
D03	Bolt	M8*40	2
D04	Bolt	M8*15	2
D05	Bolt	M6*46	2
D06	Bolt	M6*45	1
D07	Bolt	M6*55	2
D08	Bolt	M6*28	2
D09	Bolt	M5*16	4
D10	Bolt	M5*12	2
D11	Screw	ST4.2*50	6
D12	Pan Head Tapping- Drilling Screw	ST4.2*12	2
D13	Countersunk Head Screw	ST2.9*8.0	2
D14	Pan Head Tapping Screw	ST2.9*8.0	2
D15	Screw	ST2.5*6.0	8

No.	Description	Spec.	Qty.
D16	Screw	ST2.9*6	5
D17	Spring Washer	M8	2
D18	Flat Washer	M8	2
D19	Washer	M8	2
D20	Washer	M6	3
D21	Pan Head Tapping Screw	ST4.2*12 Head with washer	5
D22	Screw	ST4.2*12	2
D23	Bolt	M6*25	2
E01	Console		1
E02	Control Board		1
E03	Console Communication Wire		1
E04	Remote Control		1
E05	AC Single Line	Blue 200	1
E06	AC Single Line	Brown 200	2
E07	Speed Sensor		1
E08	Safety Key		1
E09	DC Motor		1
E10	Overload Protector		1
E11	Square Switch		1
E12	Running Board		1
E13	Magnetic Ring		1
E14	Magnetic Core		1
E15	Power Wire		1
E16	AC Single Line	Brown 350	1
E17	AC Single Line	Blue 350	1
E18	Grounding Wire		1
E19	Power Socket		1
F01	AC Single Line	Brown 350	1
F02	AC Single Line	Blue 350	1
F03	Grounding Wire	Green and Yellow	1
F04	Filter		1
F05	Pan Head Tapping Screw	ST4.2*12	2
F06	Pan Head Tapping- Drilling Screw	ST4.2*12 Head with Washer	1
H	Screwdriver		1

Version 1.2

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