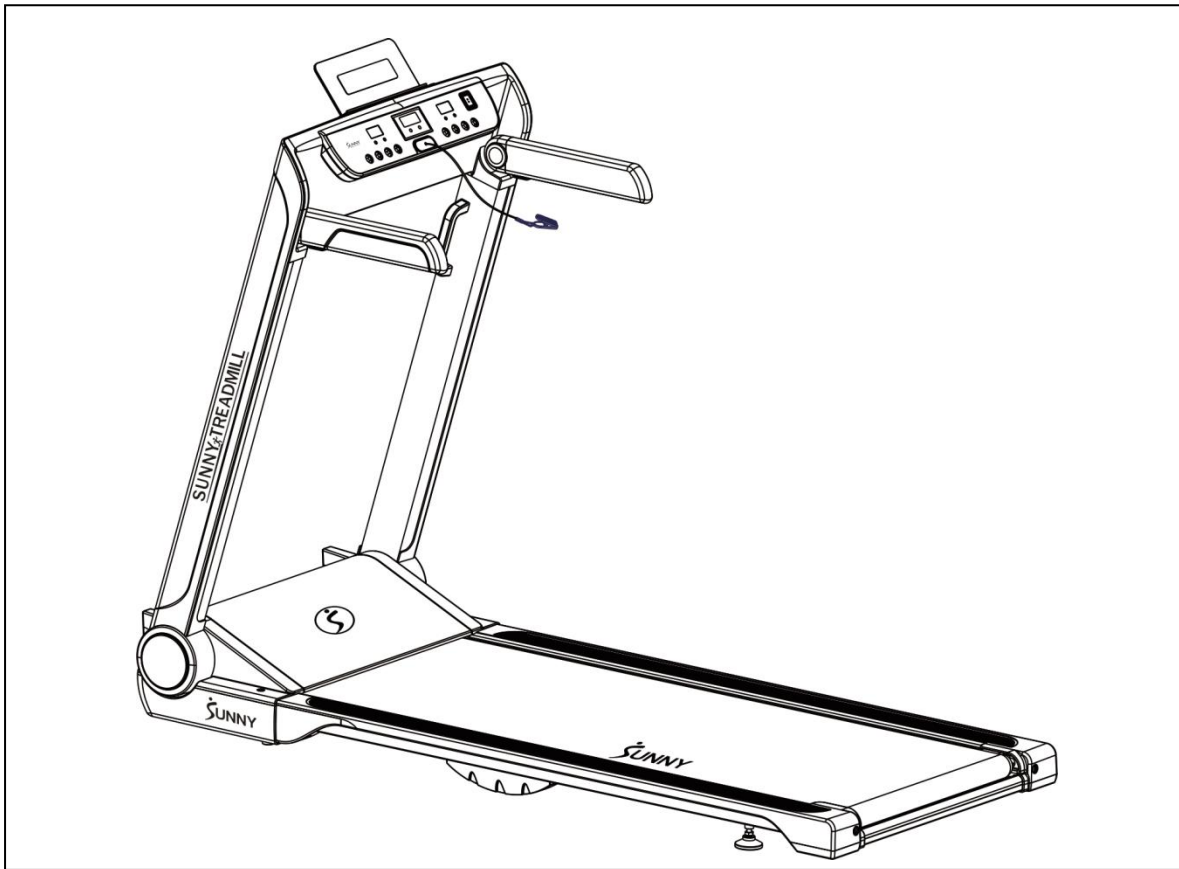# SMART STRIDER TREADMILL WITH 20" WIDE LOPRO DECK

SF-T7718 SMART

USER MANUAL

IMPORTANT! Please retain owner's manual for maintenance and adjustment instructions. Your satisfaction is very important to us, **PLEASE DO NOT RETURN UNTIL YOU HAVE CONTACTED US**: support@sunnyhealthfitness.com or 1-877-90SUNNY (877-907-8669).

IMPORTANT SAFETY INSTRUCTION

When using an electrical appliance, basic precautions should always be followed, including the following:

Read all instructions before using this treadmill.

DANGER– To reduce the risk of electrical shock:
Always unplug this appliance from the electrical outlet immediately after using and before cleaning.

WARNING – To reduce the risk of burns, fire, electric shock, or injury to persons:
1. The treadmill should never be left unattended when plugged in. Unplug from outlet when not in use and before putting on or taking off parts.
2. Use this treadmill only for its intended use as described in this manual. Do not use attachments not recommended by the manufacturer.
3. Never operate this treadmill if it has a damaged cord or plug, if it is not working properly, if it has been dropped or damaged, or dropped into water. Return this treadmill to a service center for examination or repair.
4. Keep the cord away from heated surfaces.
5. Never operate the treadmill with the air openings blocked. Keep the air openings free of lint, hair, and alike items.
6. Never drop or insert any object into any opening.
7. Do not use outdoors.
8. Do not operate where aerosol (spray) products are being used or where oxygen is being administered.
9. To disconnect, turn the treadmill off, then remove plug from outlet.
10. Connect this treadmill to a properly grounded outlet only. See grounding instructions.

CAUTION:
To avoid Injury, use extreme caution when stepping onto or off the running belt. Read instruction manual before using.

SAVE THESE INSTRUCTIONS

IMPORTANT SAFETY INFORMATION

We thank you for choosing our product. To ensure your safety and health, please use this treadmill correctly. It is important to read this entire manual before assembling and using the treadmill. Safe and effective use can only be achieved if the treadmill is assembled, maintained, and used properly. It is your responsibility to ensure that all users of the treadmill are informed of all warnings and precautions.

1. Before starting any exercise program, you should consult your physician to determine if you have any medical or physical conditions that could put your health and safety at risk or prevent you from using the treadmill properly. Your physician's advice is essential if you are taking medication that affects your heart rate, blood pressure, or cholesterol level.
2. Be aware of your body's signals. Incorrect or excessive exercise can damage your health. Stop exercising if you experience any of the following symptoms: pain, tightness in your chest, irregular heartbeat, shortness of breath, lightheadedness, dizziness, or feelings of nausea. If you do experience any of these conditions, you should consult your physician before continuing with your exercise program.
3. Keep children and pets away from the treadmill. The treadmill is designed for adult use only.
4. Use the treadmill on a solid, flat level surface with a protective cover for your floor or carpet. To ensure safety, the treadmill should have at least 8 feet (240CM) of free space behind it and 2 feet (60CM) on each side. Do not place the treadmill on any surface that blocks air openings. To protect the floor or carpet from damage, place a mat under the treadmill.
5. Ensure that all nuts and bolts are securely tightened before using the treadmill. The safety of the treadmill can only be maintained if it is regularly examined for damage and/or wear and tear.
6. Always use the equipment as indicated. If you find any defective components while assembling or checking the treadmill, or if you hear any unusual noises coming from the treadmill during exercise, discontinue use of the treadmill immediately and do not use until the problem has been rectified.
7. Wear suitable clothing while using the treadmill. Avoid wearing loose clothing that may become entangled in the treadmill.
8. Do not place fingers or objects into the moving parts of the treadmill.
9. The maximum weight capacity of this unit is 250 pounds (110 KG).
10. The treadmill is not suitable for therapeutic use.
11. To avoid bodily injury and/or damage to the product or property, proper lifting and moving are required.
12. Your product is intended for use in cool and dry conditions. You should avoid storage in extreme cold, hot or damp areas as this may lead to corrosion and other related problems.
13. This treadmill is designed for indoor and home use only; it is not intended for commercial use!

IMPORTANT OPERATING INSTRUCTION

1. Insert the power plug directly into the socket.
2. Read the manual before operating the treadmill.
3. Changes in speed do not occur immediately. Set your desired speed using the adjustment keys on the main console. The speed will increase gradually.
4. While on the treadmill, move with caution as distractions may cause you to lose balance and stray from walking in the center of the running belt. This may result in serious injury.
5. This unit starts at a very low speed. To begin use, hold onto the handrails and stand on the side rails while it starts up, then step onto the running belt once it's in motion.
6. Always hold the handrail when making changes in the settings.
7. A safety key is provided for emergency use. The treadmill will function only if the safety key is inserted into the console. In case of emergency, remove the safety key to immediately stop the running belt and shut off the treadmill. The display screen will reset once the safety key is reinserted.
8. The console control keys are precisely set and require very little finger pressure to use. To avoid damaging these keys, do not use excessive pressure when operating these controls.
9. This treadmill is designed for adult use only! Children should not be allowed to use or play near this treadmill. When present, children should always be supervised by an adult.
10. Women who are pregnant or nursing should consult a physician before attempting to begin any exercise program.
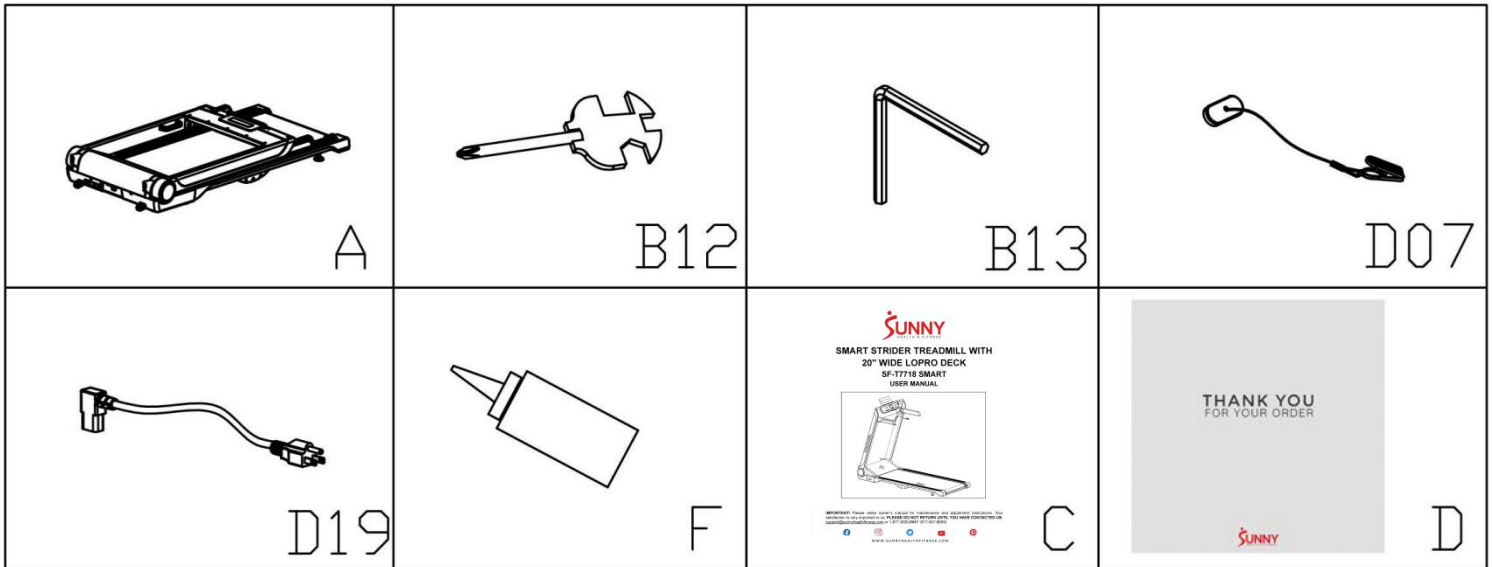11. Always stay hydrated during and after exercise.

> ⚠️ **IMPORTANT NOTE:**
> **The running belt must be lubricated before the first use! Please see *Page 8* for instructions on how to properly apply lubricant.**

PRE-ASSEMBLY CHECK LIST

Before you start to assemble, please make sure all parts are included.

A	B12	B13	D07
D19	F	C	D

No.	Description	Spec.	Qty.		No.	Description	Spec.	Qty.
A	Treadmill		1		D19	Power Wire		1
B12	Spanner W/ Screw Driver	S=13,14,15	1		F	Lubricant Oil		1
B13	Allen Wrench	5mm	1		C	Manual		1
D07	Safety Key		1		D	Thank You Card		1

Ordering Replacement Parts (U.S. and Canadian Customers only)
Please provide the following information in order for us to accurately identify the part(s) needed
- ✓ The model number (found on cover of manual)
- ✓ The product name (found on cover of manual)
- ✓ The part number found on the Parts List and Exploded Diagram (found near the front of the manual)

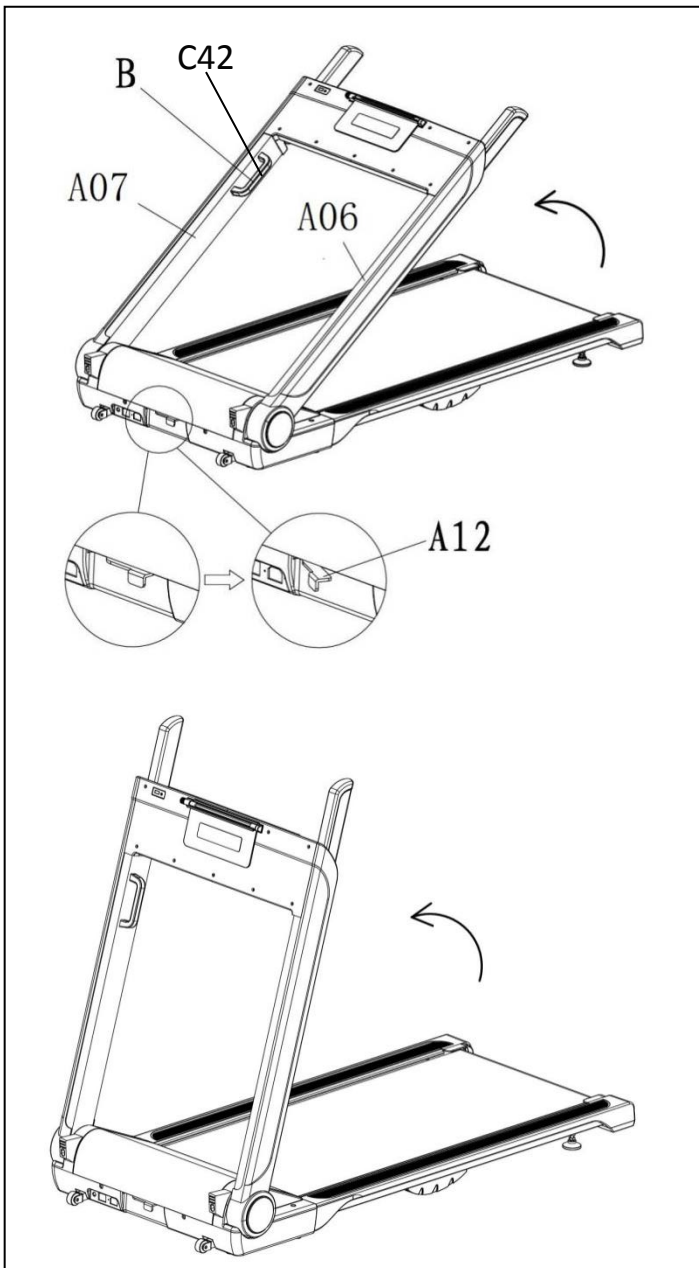Please contact us at support@sunnyhealthfitness.com or 1-877-90SUNNY (877-907-8669).

ASSEMBLY INSTRUCTIONS

We value your experience using Sunny Health and Fitness products. For assistance with parts or troubleshooting, please contact us at support@sunnyhealthfitness.com or 1-877-90SUNNY (877-907-8669).
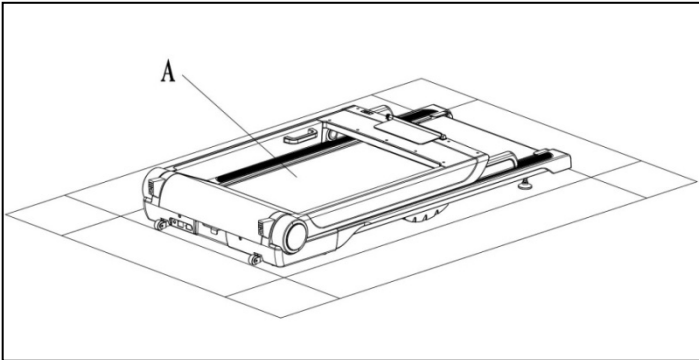
STEP 1:

Open the carton and remove contents. Place the **Treadmill (No. A)** on leveled ground. Ensure that you have a work area that is clean and has adequate space.


STEP 2:

Pull out the **Rotating Plate (No. A12)** with your right hand. At the same time, place your left hand at the **Handle (No. C42) [*Position B*]**, then pull up the **Left** & **Right Upright Tubes (No. A06** & **No. A07)**.

When pulling up the **Left** & **Right Upright Tubes (No. A06** & **No. A07)** you can release the **Rotating Plate (No. A12)**. You will hear a click when the upright tubes are successfully locked in.

We value your experience using Sunny Health and Fitness products. For assistance with parts or troubleshooting, please contact us at support@sunnyhealthfitness.com or 1-877-90SUNNY (877-907-8669).
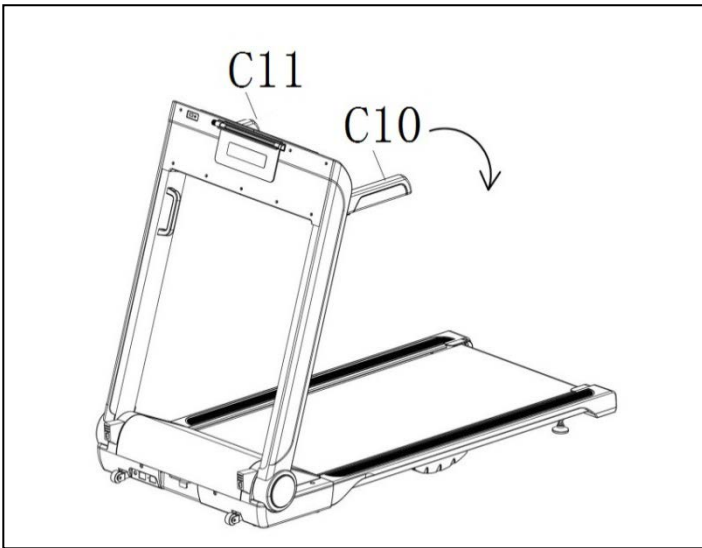
STEP 3:

Turn the **Left** & **Right Handlebars (No. C10** & **No. C11)** down to the fixed position.
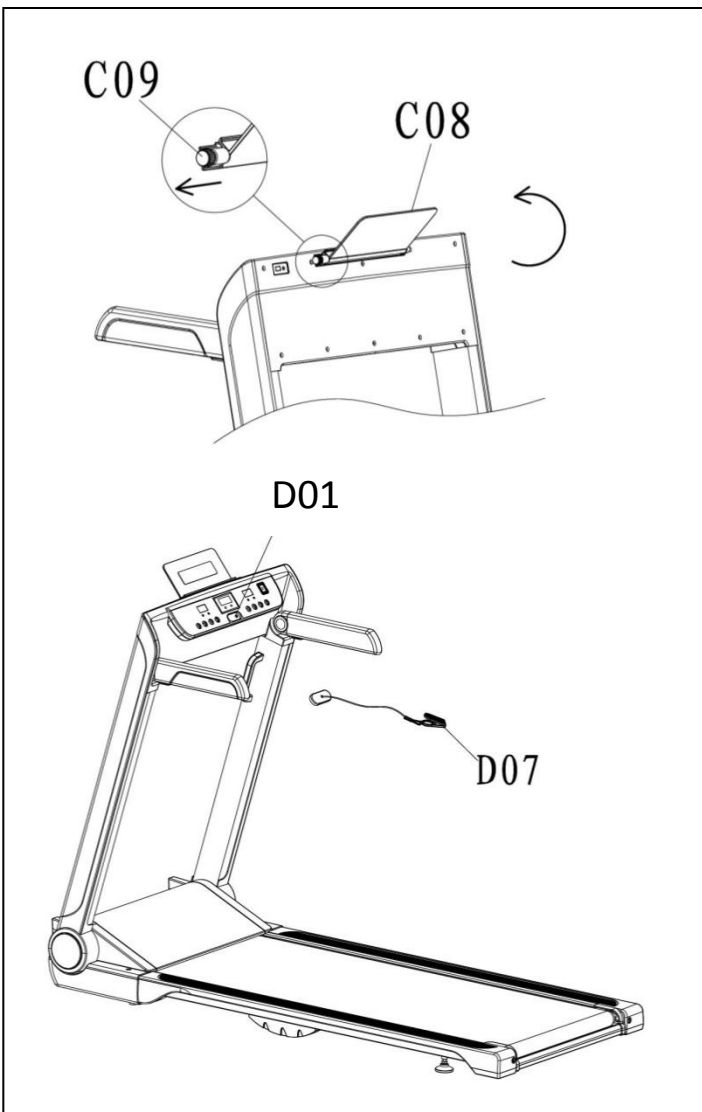
STEP 4:

Stand behind the treadmill. Pull out the **Plastic Nut (No. C09)** with your left hand and turn the **Holder (No. C08)** up with your right hand. Once the holder is at a suitable angle, you can let go of the **Plastic Nut (No. C09)**.

Insert the **Safety Key (No. D07)** into the magnetic area of the **Console (No. D01)**.

The assembly is now complete!

⚠ **IMPORTANT NOTE!**
You will need to lubricate your treadmill before the first use.   See *Page 8*.

MAINTENANCE & CARE

General cleaning will help prolong the life and performance of your treadmill. Keep the unit clean and maintained by dusting the components on a regular basis. Clean both sides of the **Running Belt (No. C31)** to prevent dust from accumulating underneath. Keep your running shoes clean so that dirt from your shoes do not wear out the **Running Board (No. D18)** and **Running Belt (No. C31)**. Clean the surface of the **Running Belt (No. C31)** with a clean damp cloth. Keep liquids away from electrical parts and **Running Belt (No. C31)**.

To better maintain and prolong the life of the treadmill, it is recommended that the treadmill be powered off for 10 minutes every 2 hours and fully powered off whenever not in use.

CENTERING THE RUNNING BELT:

Place the treadmill on level ground and set it at 3-5 MPH to check if the **Running Belt (No. C31)** drifts from the center.

If the **Running Belt (No. C31)** moves to the right, turn the right adjusting bolt ¼ turn *clockwise*, then turn the left adjusting bolt ¼ turn *counter-clockwise*. If the **Running Belt (No. C31)** does not move, repeat this step until it centers. Refer to Figure A.
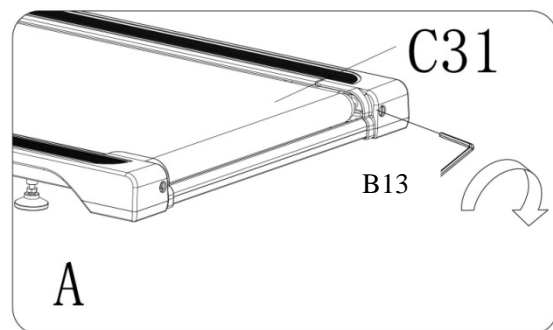
If the **Running Belt (No. C31)** moves to the left, turn the left adjusting bolt ¼ turn *clockwise*, then turn the right adjusting bolt ¼ turn *counter-clockwise*. If the **Running Belt (No. C31)** does not move, repeat this step until it centers. Refer to Figure B.
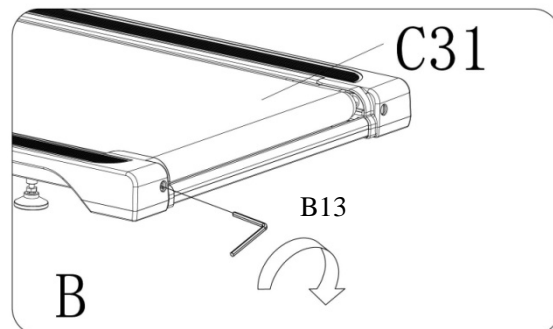
Over time the **Running Belt (No. C31)** will loosen. To tighten the **Running Belt (No. C31)** turn the left & right adjusting bolts one full turn *clockwise*, check the tension of the **Running Belt (No. C31)**. Continue this process until **Running Belt (No. C31)** is at the correct tension. Make sure to adjust both sides equally to ensure correct belt alignment. Refer to Figure C.
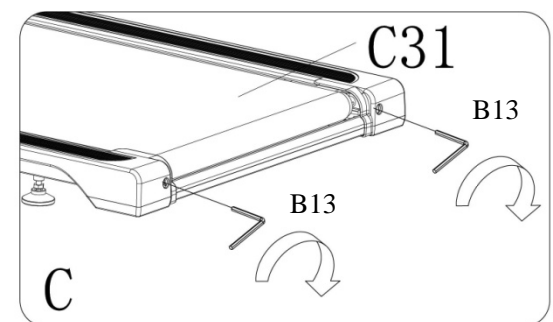
LUBRICATING THE TREADMILL

IMPORTANT NOTE:
You will need to lubricate your treadmill before the first use.

RUNNING BELTS & TREADMILL LUBRICANT:
Lubricating the **Running Board (No. D18)** and **Running Belt (No. C31)** is essential as the friction affects the life span and operations of the treadmill. Inspect the **Running Board (No. D18)** and **Running Belt (No. C31)** regularly. If you find any wear on the **Running Board (No. D18)**, please contact us at: support@sunnyhealthfitness.com.

WARNING: Always unplug the treadmill from the electrical outlet before cleaning, lubricating, or repairing the unit.

HOW TO LUBRICATE:

1. Raise the **Running Belt (No. C31)** up on one side and apply lubricant to the **Running Board (No. D18)**. Use a rag to thoroughly wipe the lubricant over the **Running Board (No. D18)**. Repeat this process for the other side.
2. The moving parts should turn freely and quietly. Abnormal moving parts will affect the safety of the treadmill. Inspect and tighten bolts regularly.
3. To better maintain the treadmill and prolong its lifespan, it is suggested that maintenance be done on a regular basis.
4. DO NOT LOOSEN OR MAKE ANY ADJUSTMENTS TO THE RUNNING BELT WHILE APPLYING LUBRICANT. A loose **Running Belt (No. C31)** will result in the runner sliding off during use, while too tight of a **Running Belt (No. C31)** will negatively affect the motor's performance and create more friction between the roller and **Running Belt (No. C31)**. The most suitable tightness for the **Running Belt (No. C31)** is when it is pulled out **50-75mm** from the **Running Board (No. D18)**.
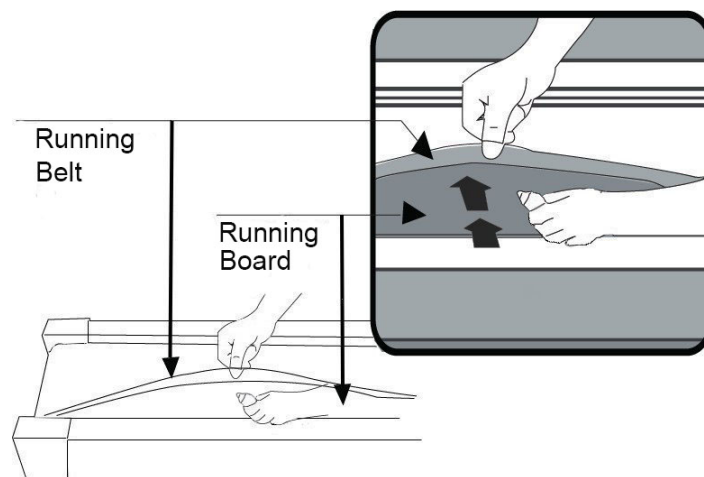
The following time table is recommended:

Light user (less than 3 hours/ week)	*every six months*
Medium user (3-5 hours/ week)	*every three months*
Heavy user (more than 5 hours/ week)	*every two months*

FOLDING INSTRUCTIONS
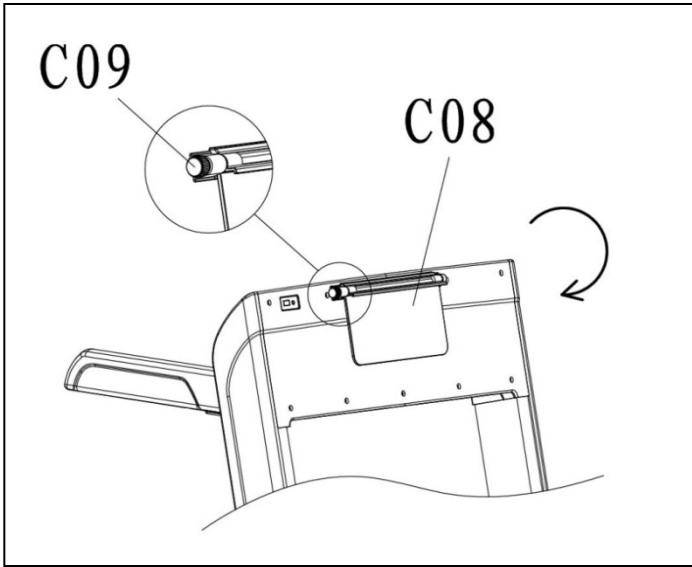
STEP 1:

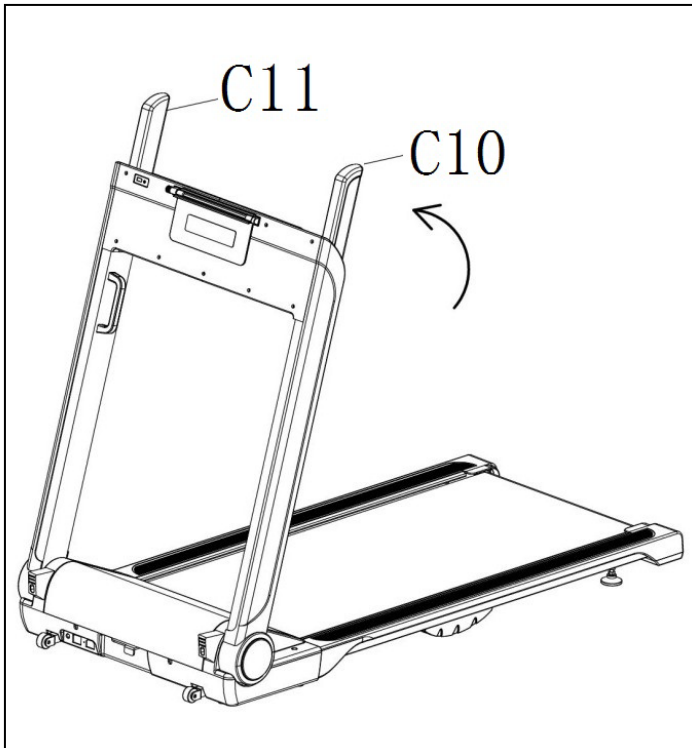**NOTE:** Always unplug the treadmill from the electrical outlet before folding.

Pull out the **Plastic Nut (No. C09)** with your left hand and turn the **Holder (No. C08)** down with your right hand. Once the holder reaches a suitable angle, let go of the **Plastic Nut (No. C09)**.

STEP 2:

Turn up the **Left** & **Right Handlebars (No. C10** & **No. C11)** up to the fixed position.
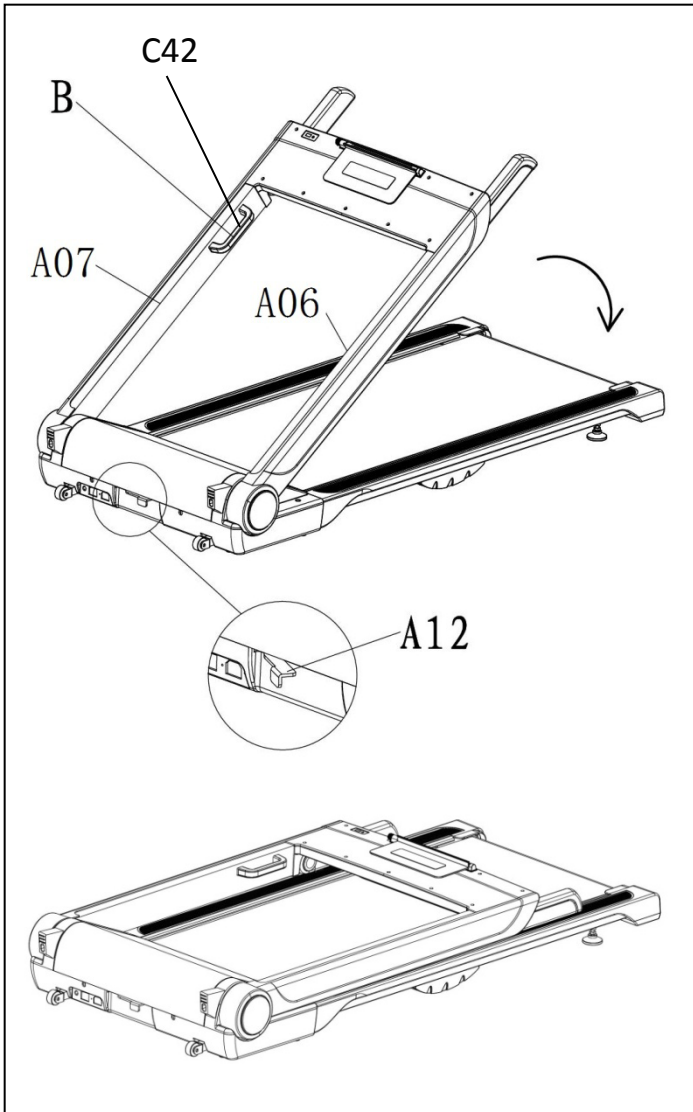
STEP 3:

Pull out the **Rotating Plate (No. A12)** with your right hand and place your left hand at the **Handle (No. C42) [*Position B*]**. Then push down the **Left** & **Right Upright Tubes (No. A06** & **No. A07)** at the same time.

When pushing down the **Left** & **Right Upright Tubes (No. A06** & **No. A07)** you can let go of the **Rotating Plate (No. A12)**.

NOTE: Always place your left hand at the **Handle (No. C42) [*Position B*]** when pushing down the upright tubes to avoid the tubes falling and injuring your hands.
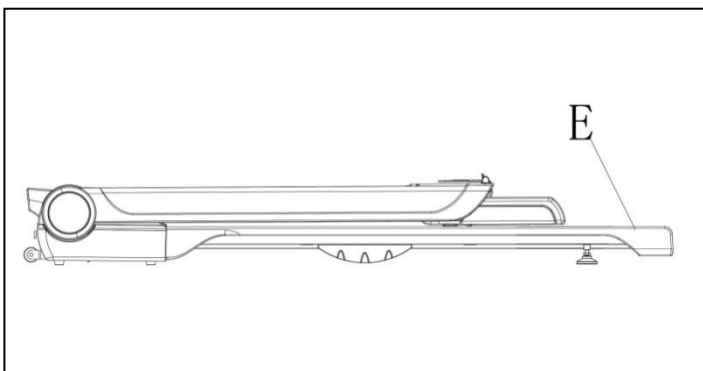
STEP 4:

Place your hand at Position E, and then lift the treadmill.
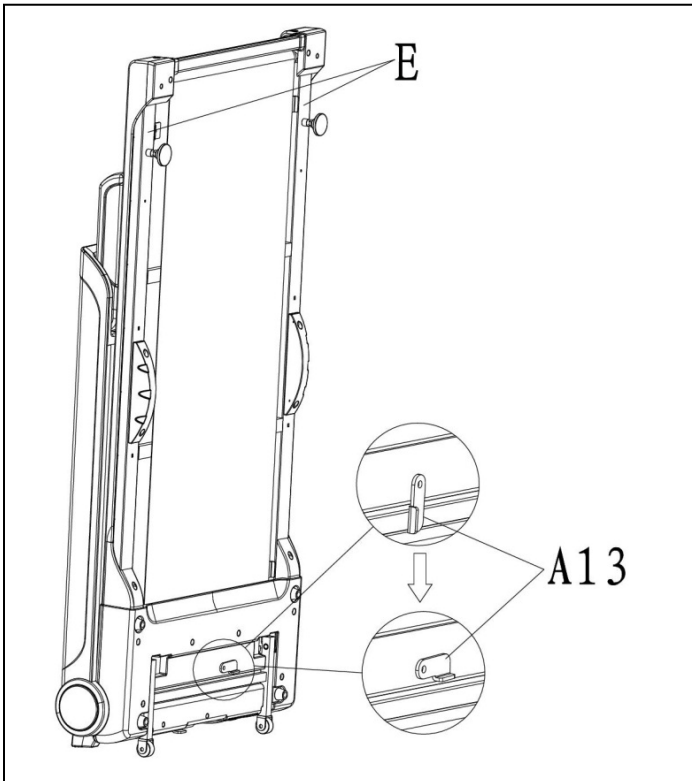
STEP 5:

Place your hand on Position E, and using your foot, turn the **Folding Fixed Board (No. A13)** to horizontal position.
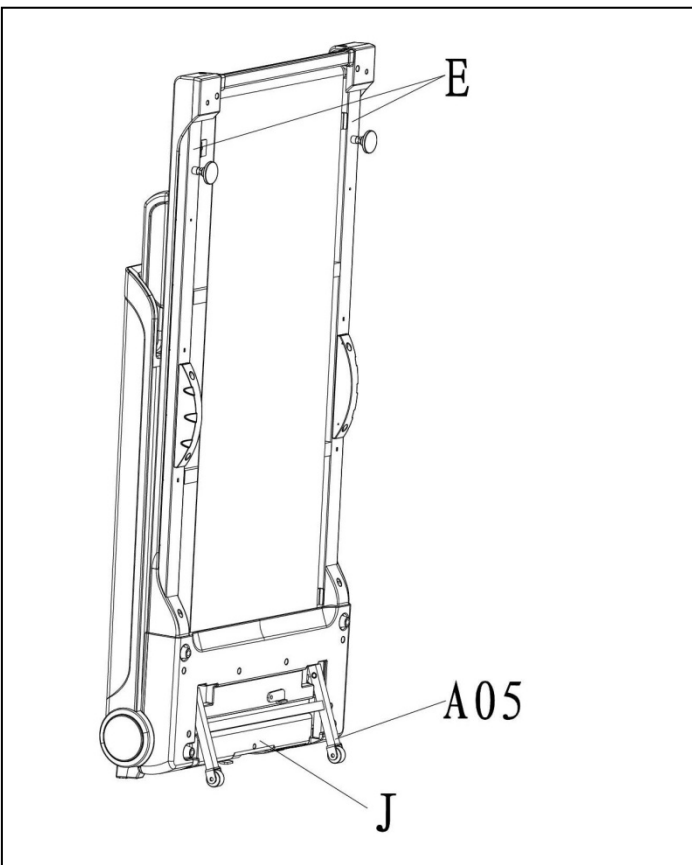
STEP 6:

Hold the treadmill at Position E with your hand. Next, using your foot, firmly push against treadmill at position J. Carefully tilt the treadmill forward. **Folding Frame (No. A05)** will release automatically.

The folding is now complete!

<u>STORAGE OF TREADMILL</u>

This treadmill is designed for saving space. You can choose to store treadmill vertically or horizontally.

A. Vertical Storage
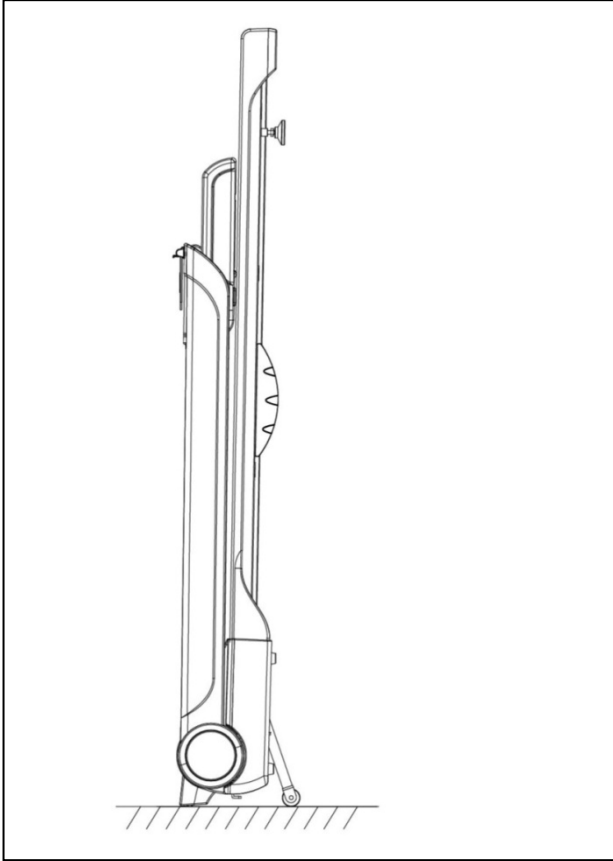
After folding, place the treadmill near the wall to avoid falling. Keep out of reach of children.

B. Horizontal Storage
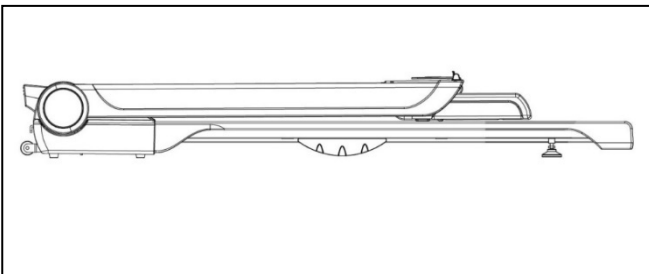
After folding, you can store the treadmill under table or any other available space.

HOW TO MOVE THE TREADMILL
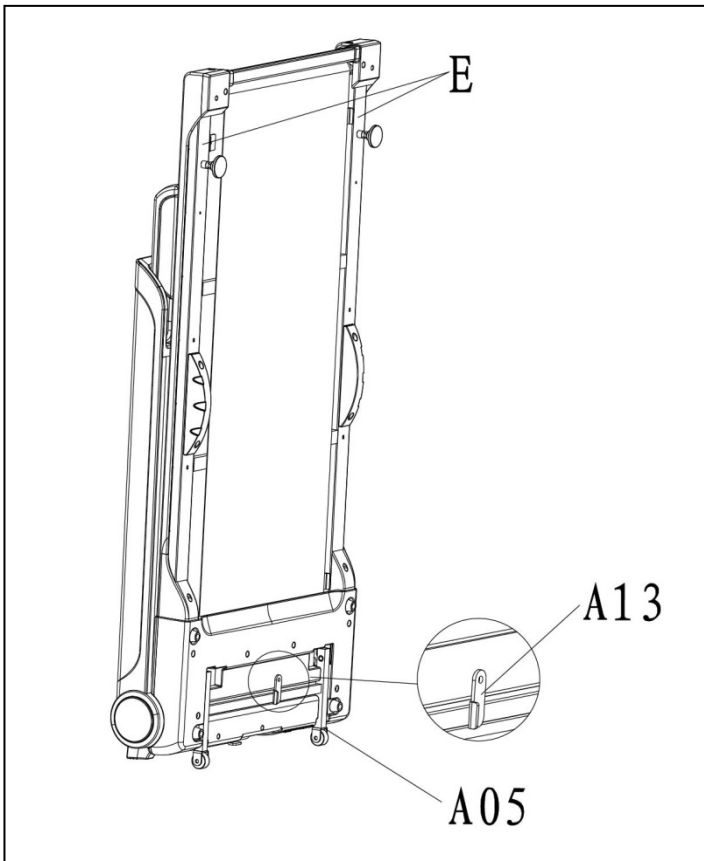
Place your hands at Position E.

Put the **Folding Frame (No. A05)** inside the bottom of the treadmill and turn the **Folding Fixed Board (No. A13)** vertically with your foot to fix the **Folding Frame (No. A05)**.
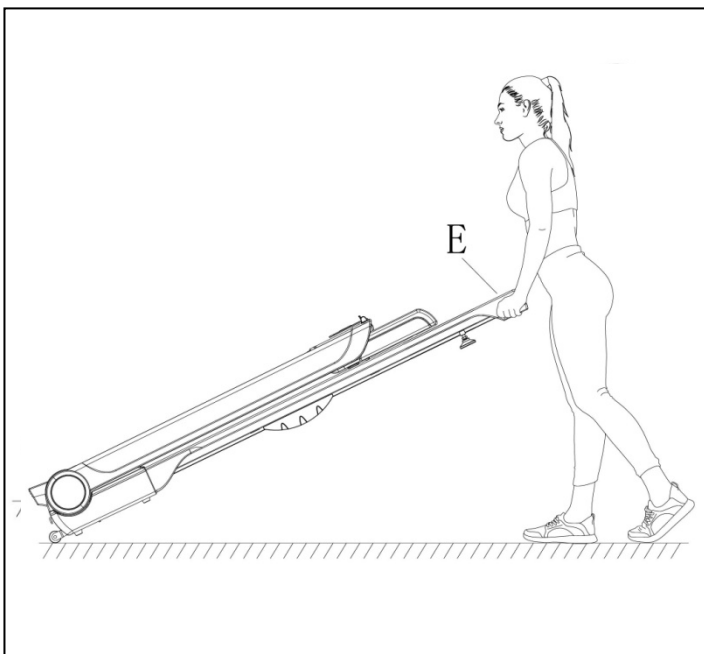
To transport, hold the treadmill at Position E and tilt until the transportation wheels can move smoothly.

IMPORTANT ELECTRICAL INFORMATION

WARNING: This treadmill requires a power source of **10 amps (100-120V)** in order to properly operate. For your safety, as well as the safety of others, please verify that the power source is correct before plugging in the equipment. Any power source above or below this level could cause significant damage to the equipment and/or user.

GROUNDING METHODS:

This product must be grounded. Grounding provides the least resistance for electrical current and will reduce the risk of electric shock. The plug must be plugged into an appropriate outlet that is properly installed and grounded in accordance with all local codes and ordinances. Ensure that the product is connected to an outlet which contains the same configuration as the plug. Do not use an adapter for this product.

This product is for use on a nominal 100-120V circuit and has a grounding plug that looks like the plug illustrated in sketch A. Make sure that the product is connected to an outlet having the same configuration as the plug. No adapter should be used with this product.

DANGER:

Improper connection of the equipment-grounding conductor can result in risk of electric shock. Check with a qualified electrician or serviceman if you are unsure whether the product is properly grounded. Do not modify the plug provided with the product. If it will not fit the outlet, have a proper outlet installed by qualified electrician..

WARNING!

1. NEVER use a ground fault circuit interrupt (GFCI) wall outlet with this treadmill. Route the power wire away from any moving parts of the treadmill including the elevation mechanism and transportation wheels.
2. NEVER operate the treadmill using a generator or UPS power supply.
3. NEVER remove any cover without first disconnecting AC power.
4. NEVER expose the treadmill to rain or moisture. This treadmill is not designed for outdoor use or use in any other high humidity environment.

GROUNDING METHOD

14
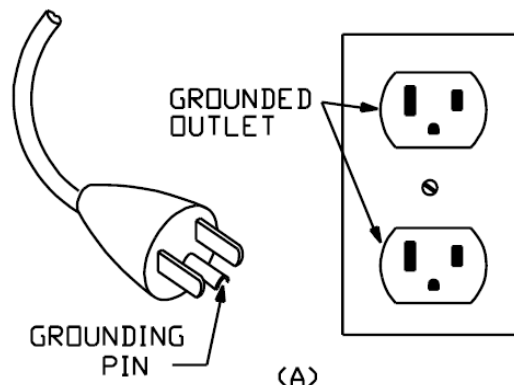
OPERATING INSTRUCTIONS
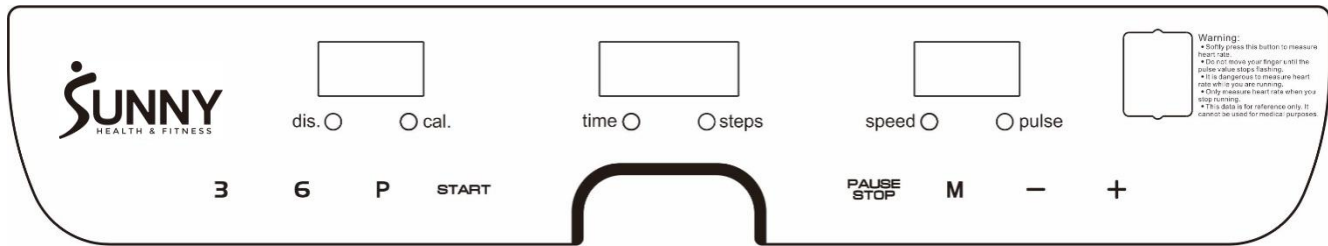
QUICK START:
1. Insert the magnetic end of the **Safety Key (No. D07)** into the console. Turn on the power switch.
2. Press the START button, and the system will automatically display a 3 seconds countdown. Once the countdown reaches zero, the **Running Belt (No. C31)** will start at the initial **default speed of 0.6 MPH**.
3. To adjust the speed, you can use the SPEED **+/-** BUTTONS.

*NOTE: The maximum speed on this treadmill is 9.0 MPH.

CONTROL FUNCTIONS:
1. Press the – Speed Button to reduce the running speed.
2. Press the + Speed Button to increase the running speed.
3. Press the STOP Button will PAUSE the running belt and current workout data during running. Under pause mode, if you press "START" button again, the treadmill will continue to work. If you press "STOP" button, the treadmill will terminate current workout session completely.
4. Softly press Infrared Heart Rate Sensor Button (No. G01) to measure heart rate.

WINDOW DISPLAY:
Each window will alternately display each function every few seconds.
SPEED/ PULSE: The speed range is 0.6-9.0 MPH. 0.6 MPH is the default running speed. When the runner puts their finger on the pulse sensor (located on the console), the system will calculate the runner's heartbeat and display it on the window. The pulse rangeis 50-200 beats/min (This data is just for reference and cannot be used as the medical data).
TIME/STEPS: Displays the time elapsed. Display starts at 0:00 minutes:seconds. After it reaches 59:59 minutes:seconds, the display will change to 01:00 hours:minutes. Maximum display for time elapsed is 18:00 hours:minutes. When time elapsed reaches the maximum, the treadmill will continue running. It will start the count again from 0:00. When in Countdown Mode, it will count from the setting time to 0:00. When the clock reaches 0:00, the treadmill will stop smoothly and display "End", then automatically reset itself after 5 seconds. Maximum Countdown time is 99:00 minutes:seconds.
Display steps that the user has walked. When display steps, it will count from 0 to 9999, when up to 9999, it will count again from 0.
CALORIES/DISTANCE: Displays the number of calories burned from 0 to 999 KCAL. When the count reaches 999, it will reset and start back from 0. When in Countdown Mode, it will count down from the desired setting to 0. Once it reaches 0, the treadmill will stop smoothly and display "End", then automatically reset to the initial setting after 5 seconds. Displays the distance traveled (0.0-99.9 MILES). When the clock reaches 99.9, it will reset to 0.00 and begin counting again from 0.0. When in Countdown Mode, it will count down from the setting data to 0.00. When it reaches 0.00, the treadmill will stop smoothly and display "End" and automatically reset to the initial setting after 5 seconds. When setting PROGRAMS, the speed is programmed in intervals. PROGRAMS are from P1-P9.

PROGRAMS	Initial	Default Value	Set Range	Display Range
TIME(MIN:SECOND)	0:00	15:00	5:00－99:00	0:00－99:00
SPEED(MPH)	0.6	0.6	0.6－9.0	0.6－9.0
DISTANCE(MILE)	0.00	1.00	0.50－99.9	0.00－99.9
PULSE(BPM)	P	N/A	N/A	50－200
CALORIE(KCAL)	0	50	10-999	0－999

FUNCTION KEYS:
START: To start the treadmill, insert the magnet end of the safety key into the console and press the START button. (This treadmill requires a safety key in order to operate)

STOP/PAUSE: This button has functions of STOP and PAUSE. During running, press this button, the treadmill will pause, and all data will be kept, window will show "PAU"; Under pause mode, if you press "START" button, the treadmill will continue to work. If you press "STOP" button, the treadmill will stop and all data recover to initial setting.

MODE: When stopped, press this button to select a MODE. Pressing once will enter "0.0", the default operating mode. H1 is the TIME countdown mode starting from 15:00 MINS. H2 is the DISTANCE Countdown Mode starting from 1 MILE and H3 is the CALORIES Countdown Mode which starting from 50 KCAL. P1-P2……P9 are preset programs. When setting each mode and programs, you can press SPEED **+/-** to increase or decrease from the set data. Press START to start the treadmill.

SPEED +/– BUTTONS: Press the **+/-** buttons to increase or decrease the speed in increments of 0.1 MPH. Pressing and holding either of these buttons for a duration of over ½ a second will increase or decrease the speed continually.

PROGRAM: Press the PROGRAM button to set your desired interval setting. Programs are displayed as P1-P9 and the various intervals are shown on the face of the treadmill. P1-P9 are preset programs. Turn to Page 28 for further details on all programs.

3 & 6 (QUICK SPEED BUTTONS): These buttons are preset to the speeds of 3 or 6 MPH for convenience.

USB CONNECTION:
You can plug in a device to charge via USB.

APP CONNECTION:
1. Scan below QR code to enter the app store and download the Sunny Health & Fitness app to your mobile phone.

2. Press the Bluetooth switch to connect. Then you can use the app through your mobile phone.

LUBRICATION REMINDER:

Your treadmill needs lubrication maintenance every 188 miles. The system will release a beeping sound every 10 seconds and display an "OIL" icon on your display to remind you when it's time. Please read the LUBRICATING THE TREADMILL on Page 8 to learn the proper steps to lubricating your treadmill. Apply the lubricant to the middle of the running board on both sides. After application, press and hold the STOP button for 3 seconds to clear the "OIL" reminder.

INTERVAL PROGRAMS (P1-P9):

Press the M button to select an interval setting. Programs are displayed as P1-P9. Select the desired program, and the console will display a countdown starting from 10:00 MINS, press SPEED **+/-** buttons if you wish to increase or decrease the exercise time. Press the START button to start the interval program. The interval program is divided into 10 sections. Each exercise time equals the setting time divided by 10. When the speed enters the next interval, the treadmill will beep, and the speed will be changed according to the set interval. Press SPEED **+/-** buttons to change the speed. After finishing one program, the system will beep and display "End". The treadmill will gradually come to a stop, then automatically reset to the initial setting after 5 seconds.

PROG \ TIME		TIME INTERVAL= setting time/10									
		1	2	3	4	5	6	7	8	9	10
P1	SPEED	1.2	2.5	1.8	2.5	1.8	3.1	2.5	1.2	3.1	1.8
P2	SPEED	1.2	3.1	2.5	3.7	2.5	3.7	2.5	1.2	2.5	1.2
P3	SPEED	1.2	3.1	2.5	3.1	2.5	3.1	2.5	1.2	1.8	1.2
P4	SPEED	1.8	3.7	4.3	3.1	5	3.1	5.6	3.7	2.5	1.8
P5	SPEED	1.8	3.7	4.3	3.1	5	3.7	4.3	3.7	2.5	1.8
P6	SPEED	1.2	5	3.7	2.5	3.1	5.6	4.3	3.1	2.5	1.8
P7	SPEED	1.2	3.7	4.3	2.5	2.5	4.3	2.5	1.2	2.5	1.2
P8	SPEED	1.2	2.5	3.7	5	4.3	5	3.7	1.2	1.8	1.2
P9	SPEED	1.2	2.5	3.1	3.1	3.7	3.1	3.7	1.8	1.8	1.2

TREADMILL FUNCTIONS

SAFETY LOCK FUNCTION:
Removing the **Safety Key (No. D07)** from the console while the treadmill is running will cause it to stop immediately. Once the treadmill reaches a full stop, the window display of the console will show "- - -" and the buzzer will beep 3 times. To start the treadmill again, insert the magnetic end of the **Safety Key (No. D07)** into the console and press the START button.

POWER SAVE FUNCTION:
When the treadmill has been inactive for 10 minutes, it will enter Power Saving Mode. While the treadmill is in this mode, the window display of the console will be turned off. To turn it back on, press any button.

I POWER ON:
Flick the power switch to this symbol to turn on the treadmill.

O POWER OFF:
Flick the power switch to this symbol to turn the treadmill off at anytime. This includes during exercise.

SAFETY NOTE:
1. We recommend that you maintain a slow speed at the beginning of a session and hold the handrails until you have become familiar with the treadmill.
2. Insert the magnet end of the **Safety Key (No. D07)** into the console and attach the opposite end (containing the safety clip on it) to your clothing before starting your workout. To end your workout, press the STOP button or remove the **Safety Key (No. D07)** and the treadmill will stop immediately.

EXERCISE INSTRUCTIONS

GETTING STARTED:
Before starting any exercise program, you should consult your physician to determine if you have any medical or physical conditions that could put your health and safety at risk or prevent you from using the treadmill properly.
Be aware of your body's signals. Incorrect or excessive exercise can damage your health.
Stop exercising immediately if you experience any of the following symptoms: pain, tightness in your chest, irregular heartbeat, shortness of breath, lightheadedness, dizziness, or feelings of nausea.
Get to know your treadmill. Before attempting to use the treadmill take some time to stand alongside and familiarize yourself with the controls.

1. Once you get on, you can stand with your feet on the side rails and stabilize yourself by holding onto the handrails.
2. Next, attach the clip end of the **Safety Key (No. D07)** to your clothes and insert the magnetic end of the key into the console.
3. Press the START button to start the treadmill.
4. The treadmill will start at the system default setting speed of **0.6 MPH**. when you feel comfortable, you may slowly increase this speed.
5. When you are finished with your exercise, press the STOP button to stop the treadmill or you can remove the magnetic end of the **Safety Key (No. D07)** to stop the treadmill.

HEART RATE MEASUREMENT
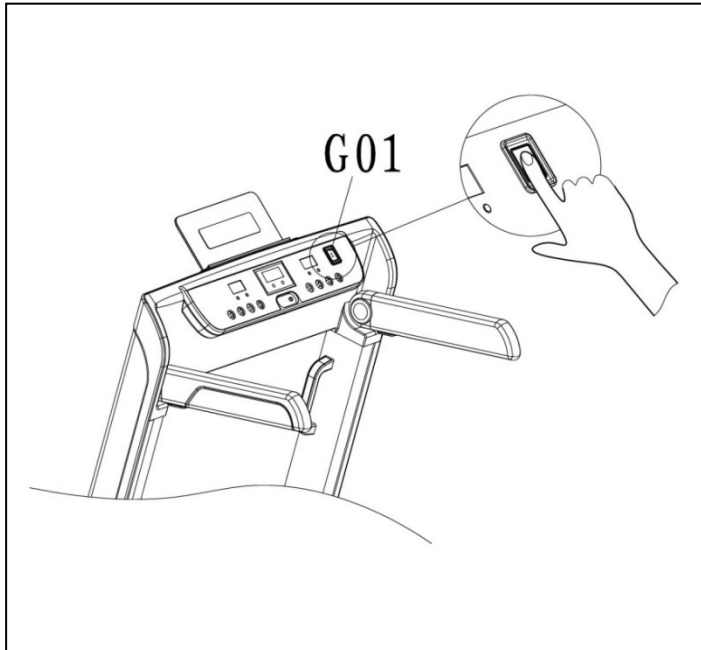
It is dangerous to measure heart rate while you are running. Only measure heart rate when you stop running.

Softly press **Infrared Heart Rate Sensor (No. G01)** to measure your heart rate.

Do not move your finger until the pulse value stops flashing.

This data is for reference only. It cannot be used for medical purposes.

TROUBLESHOOTING

PROBLEM	POSSIBLE CAUSE	SUGGESTED ACTION
Treadmill will not start	Not plugged in.	Plug cord into outlet.
	Safety Key is not inserted.	Insert Safety Key.
Running belt not centered	Running belt tension is not correct on the left or right sides of the running board.	Tighten the left and right adjusting bolts of the rear roller. (See page 7 for instructions)
Computer not working	Wires from the console and bottom control board and not properly connected.	Check wire connections from the console to the control board.
	Transformer is damaged.	If the transformer is damaged, contact customer service.
E01 or E13: Message failure	Wires from the console and bottom control board are not properly connected.	Check wire connections from the console to the control board. If the wire has been punctured or damaged, you will need to replace it. If the problem is not rectified, you may need to replace the control board.

E02: Burst clash protection	Incoming voltage is lower than 50% of the required voltage.	Check that the incoming power supply is the correct voltage.
E05: Current overload protection (Self Protecting System)	The incoming voltage is too low or too high. The control board is damaged.	Restart the treadmill. Check the incoming voltage to ensure it is correct. Check the control board, replace if damaged.
	A moving part of the treadmill is stuck and therefore the motor is unable to rotate properly.	Inspect moving parts of the treadmill to ensure that they are operating correctly. Check the motor, listen for strange noise and check for a burning smell. Replace the motor if necessary.
E06: Motor Abnormality	The motor wire is not connected, or the motor is damaged.	Check motor wires to see if the motor is connected. If the wire has been punctured or damaged, you will need to replace it. If the problem is not rectified, you may need to replace the motor.
E08: Control Board Abnormality	The control board is not connected.	Check the upper and middle wires to see if the control board is connected. If the wire has been punctured or damaged, you will need to replace it. If the problem is not rectified, you may need to replace the control board.
E10: Motor Abnormality	The motor is damaged or a moving part of the treadmill is stuck and therefore the motor is unable to rotate properly.	Inspect moving parts of the treadmill to ensure that they are operating correctly. Replace the motor if necessary.

NOTE: If you are unable to resolve an issue using the troubleshooting guide above, please contact Customer Service at <u>support@sunnyhealthfitness.com</u>.

EXPLODED DIAGRAM 1
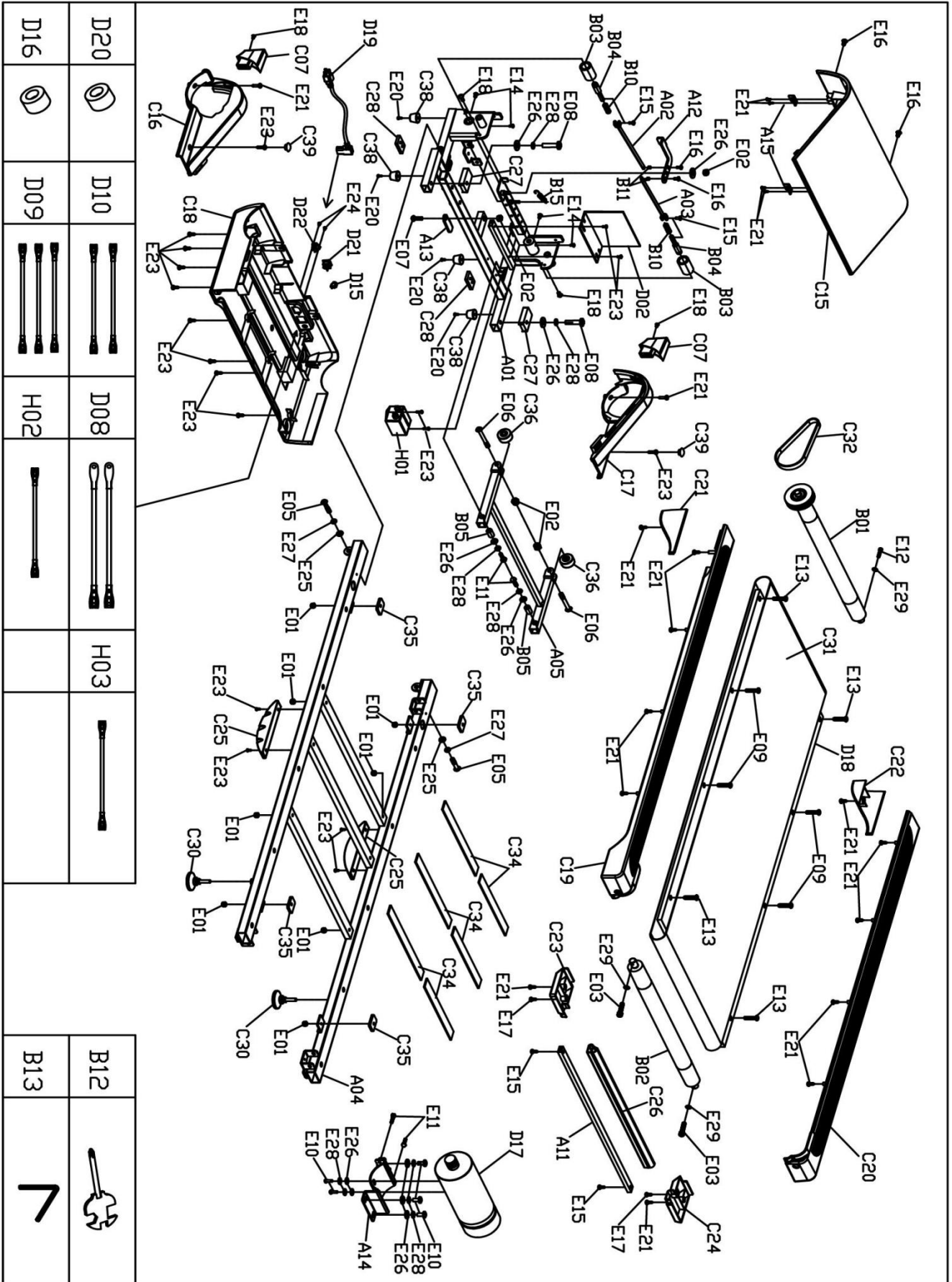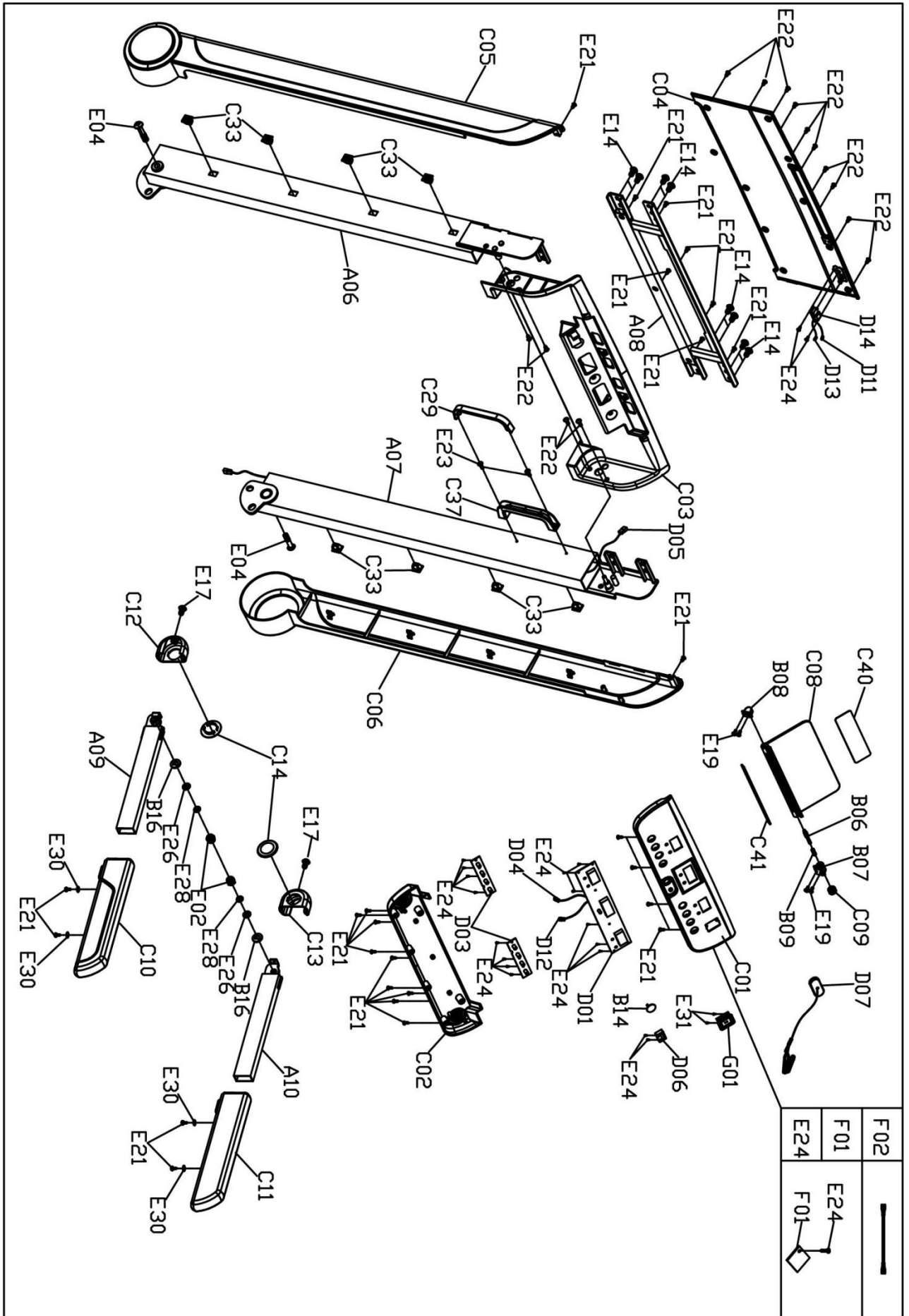
PARTS LIST

No.	Description	Specification	Qty	No.	Description	Specification	Qty
A01	Base Frame		1	C12	Left Handle Bar Front Cover		1
A02	Guide Rod Connecting Frame 1		1	C13	Right Handle Bar Front Cover		1
A03	Guide Rod Connecting Frame 2		1	C14	Handle Bar Side Cover		2
A04	Main Frame		1	C15	Motor Top Cover		1
A05	Folding Frame		1	C16	Motor Left Side Cover		1
A06	Left Upright Tube		1	C17	Motor Right Side Cover		1
A07	Right Upright Tube		1	C18	Motor Bottom Cover		1
A08	Computer Bracket		1	C19	Left Side Rail		1
A09	Left Handle Bar Bracket		1	C20	Right Side Rail		1
A10	Right Handle Bar Bracket		1	C21	Side Rail Left Cover		1
A11	Rear Horizontal Tube		1	C22	Side Rail Right Cover		1
A12	Rotating Plate		1	C23	Left Side Rail Bottom Cover		1
A13	Folding Fixed Board		1	C24	Right Side Rail Bottom Cover		1
A14	Motor Bracket		1	C25	Cushion		2
A15	Motor Cover Thread Board		2	C26	Horizontal Foam		1
B01	Front Roller		1	C27	Square Rubber Pad		2
B02	Rear Roller		1	C28	Folding Base Rubber Cushion		2
B03	Guide Bushing		2	C29	Handle Cover		1
B04	Guide Rod		2	C30	Versatile Foot Pad		2
B05	Folding Turning Bushing		2	C31	Running Belt		1
B06	Tablet Holder Pin		1	C32	Motor Belt		1
B07	Tablet Holder Fixed Base 1		1	C33	Upright Tube Buckle		8
B08	Tablet Holder Fixed Base 2		1	C34	Long Rubber Pad		6
B09	Compressed Spring	φ6*18	1	C35	Rubber Cushion		4
B10	Compressed Spring	φ10.5*30	2	C36	Transportation Wheel		2
B11	Bushing		2	C37	Handle		1
B12	Spanner W/ Screw Driver	S=13,14,15	1	C38	Foot Pad		4
B13	Allen Wrench	5mm	1	C39	End Cap		2
B14	Safety Key Metal Sheets		1	C40	Holder Silicone Pad 1		1
B15	Pull Spring		1	C41	Holder Silicone Pad 2		1
B16	D Shape Sheets		2	D01	Console		1
C01	Panel Top Cover		1	D02	Control Board		1
C02	Panel Bottom Cover		1	D03	Button Board		2
C03	Console Top Cover		1	D04	Upper Signal Wire		1
C04	Console Bottom Cover		1	D05	Lower Signal Wire		1
C05	Left Upright Tube Side Cover		1	D06	Safety Key Connecting Wire		1
C06	Right Upright Tube Side Cover		1	D07	Safety Key		1
C07	Front Foot Pad		2	D08	Grounding Wire		2
C08	Holder		1	D09	AC Single Line	Brown	3
C09	Plastic Nut		1	D10	AC Single Line	Blue	2
C10	Left Handlebar		1	D11	USB Power Upper Wire		1
C11	Right Handlebar		1	D12	USB Power Lower Wire		1

No.	Description	Specification	Qty	No.	Description	Specification	Qty
D13	Audio Socket Wire		1	E15	Bolt	M5*16	4
D14	USB Module		1	E16	Bolt	M5*12	4
D15	Overload Protector		1	E17	Bolt	M5*8	4
D16	Magnetic Ring		1	E18	Bolt	M6*10	4
D17	DC Motor		1	E19	Bolt	M4*10	4
D18	Running Board		1	E20	Screw	ST4.2*20	4
D19	Power Wire		1	E21	Screw	ST4.2*12	44
D20	Magnetic Core		1	E22	Screw	ST4.2*15	14
D21	Square Switch		1	E23	Screw	ST4.2*12	20
D22	Power Socket		1	E24	Screw	ST2.9*8	21
E01	Nut	M6	8	E25	Flat Washer	Φ10	2
E02	Nut	M8	6	E26	Flat Washer	Φ8	12
E03	Bolt	M6*55	2	E27	Spring Washer	Φ10	2
E04	Bolt	M10*60	2	E28	Spring Washer	Φ8	11
E05	Bolt	M10*25	2	E29	Lock Washer		3
E06	Bolt	M8*40	2	E30	Flat Washer	φ5*φ13*1.0	4
E07	Bolt	M8*35	1	E31	Screw	ST2.0*8	2
E08	Bolt	M8*25	2	F01	Bluetooth Module		1
E09	Bolt	M6*35	4	F02	Bluetooth Power Line		1
E10	Bolt	M8*15	5	G01	Infrared Heart Rate Sensor		1
E11	Bolt	M8*30	4	H01	Filter		1
E12	Bolt	M6*50	1	H02	AC Single Line	Brown	1
E13	Bolt	M6*25	4	H03	AC Single Line	Blue	1
E14	Bolt	M6*10	12				

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