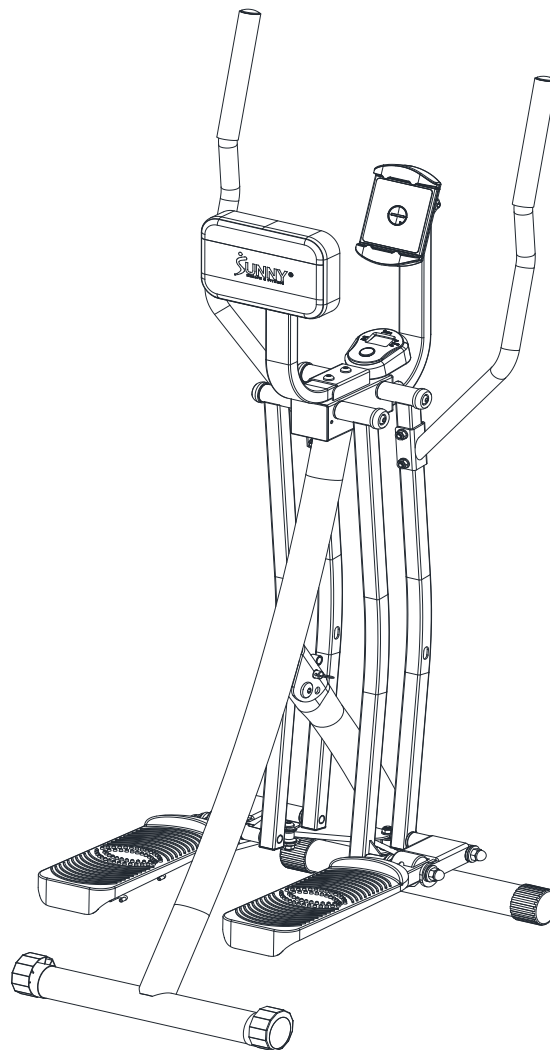




# SMART AIR WALK TRAINER

## SF-E902 SMART

### USER MANUAL



**IMPORTANT!** Please retain owner's manual for maintenance and adjustment instructions. Your satisfaction is very important to us, **PLEASE DO NOT RETURN UNTIL YOU HAVE CONTACTED US:** [support@sunnyhealthfitness.com](mailto:support@sunnyhealthfitness.com) or 1- 877 - 90SUNNY (877-907-8669).



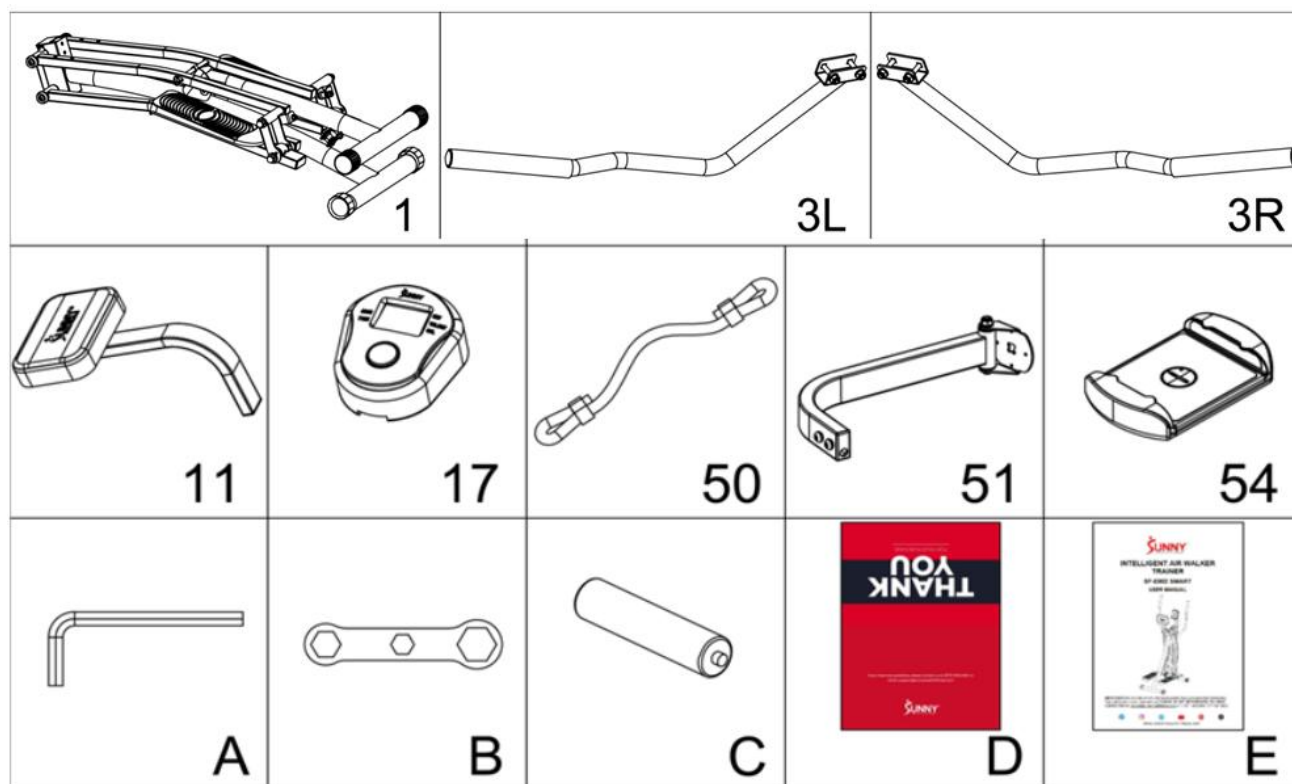
[WWW.SUNNYHEALTHFITNESS.COM](http://WWW.SUNNYHEALTHFITNESS.COM)

# **IMPORTANT SAFETY INFORMATION**

We thank you for choosing our product. To ensure your safety and health, please use this equipment correctly. It is important to read this entire manual before assembling and using the equipment. Safe and effective use can only be achieved if the equipment is assembled, maintained, and used properly. It is your responsibility to ensure that all users of the equipment are informed of all warnings and precautions.

1. Before starting any exercise program, you should consult your physician to determine if you have any medical or physical conditions that could put your health and safety at risk or prevent you from using the equipment properly. Your physician's advice is essential if you are taking medication that affects your heart rate, blood pressure, or cholesterol level.
2. Be aware of your body's signals. Incorrect or excessive exercise can damage your health. Stop exercising if you experience any of the following symptoms: pain, tightness in your chest, irregular heartbeat, shortness of breath, lightheadedness, dizziness, or feelings of nausea. If you do experience any of these conditions, you should consult your physician before continuing with your exercise program.
3. Keep children and pets away from the equipment. The equipment is designed for adult use only.
4. Use the equipment on a solid, flat level surface with a protective cover for your floor or carpet. To ensure safety, the equipment should have at least 2 feet (60 CM) of free space all around it.
5. Ensure that all nuts and bolts are securely tightened before using the equipment. The safety of the equipment can only be maintained if it is regularly examined for damage and/ or wear and tear.
6. Always use the equipment as indicated. If you find any defective components while assembling or checking the equipment, or if you hear any unusual noises coming from the equipment during exercise, discontinue use of the equipment immediately and do not use until the problem has been rectified.
7. Wear suitable clothing while using the equipment. Avoid wearing loose clothing that may become entangled in the equipment.
8. Do not place fingers or objects into the moving parts of the equipment.
9. The maximum weight capacity of this unit is 220 lbs (100 kgs).
10. The equipment is not suitable for therapeutic use.
11. To avoid bodily injury and/or damage to the product or property, proper lifting and moving are required.
12. Your product is intended for use in cool, dry conditions. You should avoid storage in extreme cold, hot, or damp areas as this may lead to corrosion and other related problems.
13. This equipment is designed for indoor and home use only; it is not intended for commercial use!

# PRE-ASSEMBLY CHECK LIST



No.	Description	Spec.	Qty.
1	Main Frame		1
3L	Left Handlebar		1
3R	Right Handlebar		1
11	Support Tube		1
17	Meter	JJD2601	1
50	Resistance Band		1
51	Device Holder Support Tube		1

No.	Description	Spec.	Qty.
54	Device Holder		1
A	Allen Key	S6	1
B	Wrench	S10-13-17	1
C	Battery	AA	2
D	Thank You Card		1
E	User Manual		1

## Ordering Replacement Parts (U.S. and Canadian Customers only)

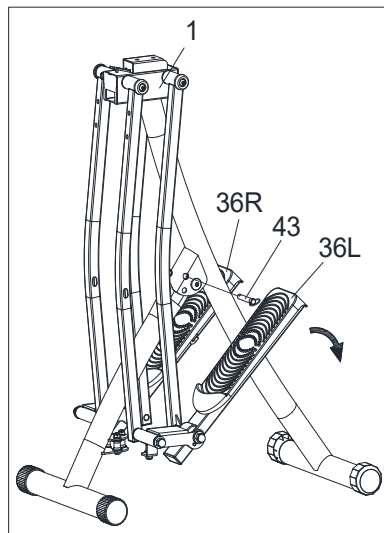
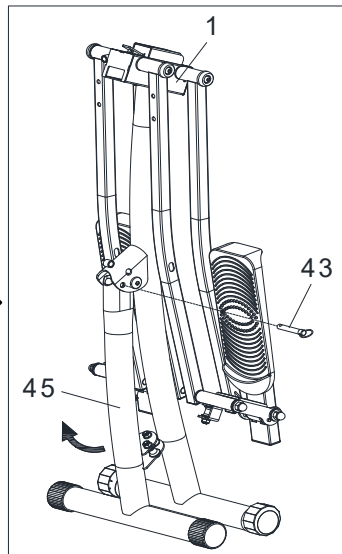
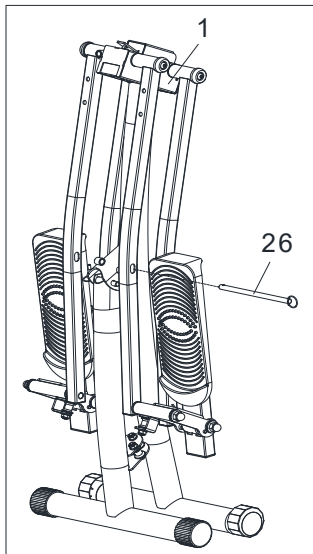
Please provide the following information in order for us to accurately identify the part(s) needed:

- ✓ The model number (found on cover of manual)
- ✓ The product name (found on cover of manual)
- ✓ The part number found on the “EXPLODED DIAGRAM” (page 13) and “PARTS LIST” (page 12).

Please contact us at [support@sunnyhealthfitness.com](mailto:support@sunnyhealthfitness.com) or 1-877-90SUNNY (877-907-8669).

# ASSEMBLY INSTRUCTIONS

We value your experience using Sunny Health and Fitness products. For assistance with parts or troubleshooting, please contact us at [support@sunnyhealthfitness.com](mailto:support@sunnyhealthfitness.com) or 1-877-90SUNNY (877-907-8669).



## **STEP 1:**

### **Unfolding the Air Walker Trainer**

Pull out the large **Ball Pin (No. 26)**, located half-way through the swing bars, to unlock the swing bars.

Pull out the **Ball Pin (No. 43)** located in the hinge where the two support tubes meet. This will unlock the **Connecting tube (No. 45)** from the **Main Frame (No. 1)**.

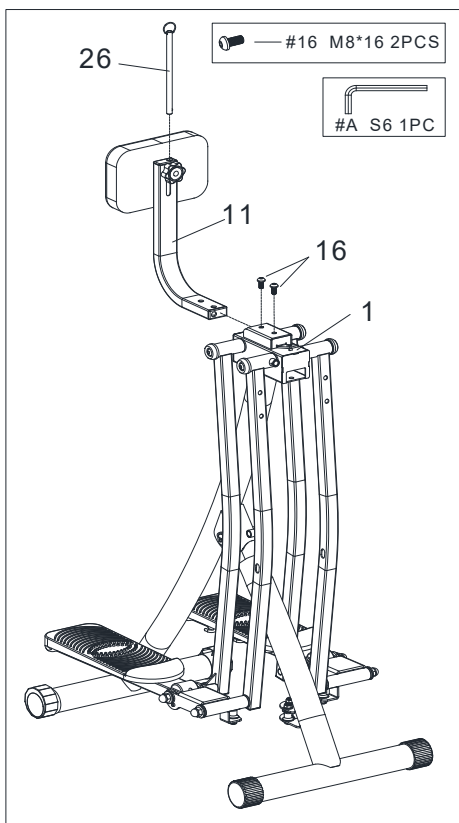
Push the **Connecting Tube (No. 45)** away from the **Main Frame (No. 1)** or direction indicated by the arrow.

Reinsert the **Ball Pin (No. 43)** into the aligned holes on the hinge to secure the **Main Frame (No. 1)**.

**NOTE:** When **Connecting Tube (No. 45)** moved, the **Right Front Tube (No. 23)**, **Right Rear Tube (No. 24)**, **Left Rear Tube (No. 27)** and **Left Front Tube (No. 28)** will move as well. Be careful not to hurt your arms.

Unfold **Left Pedal Tube (No. 36L)** and **Right Pedal Tube (No. 36R)** to have the machine fully unfolded.

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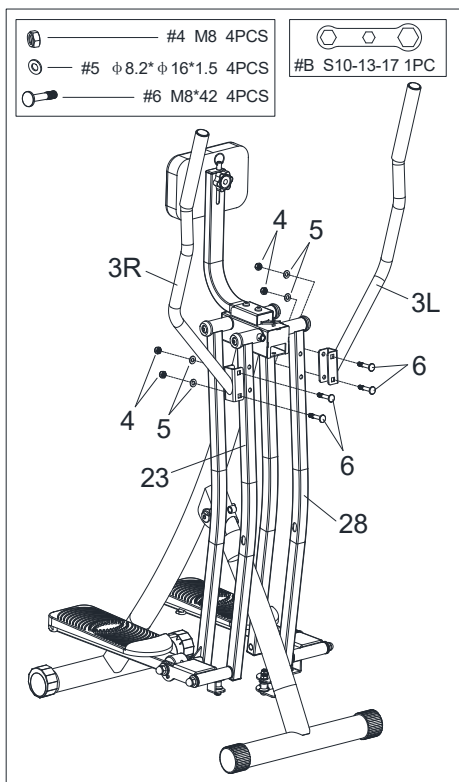
## STEP 2: Attaching the Support Tube

Remove 2 **Allen Screws (No. 16)** From **Support Tube (No. 11)**.

Insert the **Support Tube (No. 11)** into the slot located at the top of the **Main Frame (No. 1)**.

Align the holes on the **Support Tube (No. 11)** with the holes on the slot. Insert two **Allen Screws (No. 16)** into each hole and use the **Allen Key (No. A)** to secure them.

Insert the **Ball Pin (No. 26)** into the top hole of the **Support Tube (No. 11)** for safe keeping.



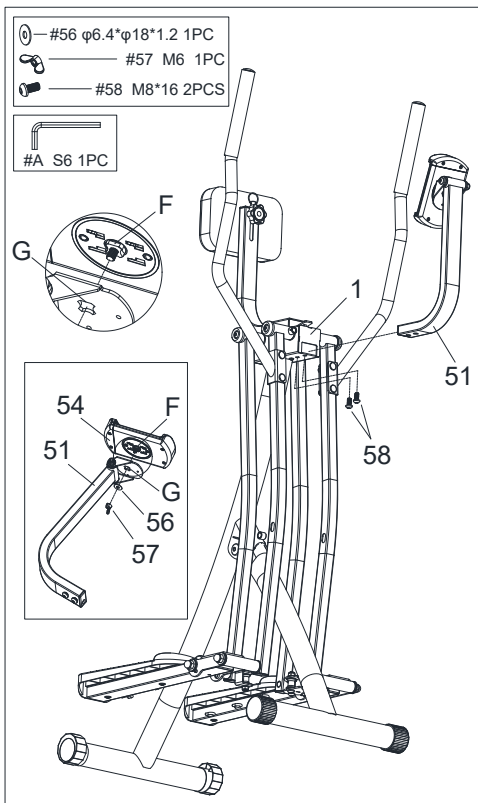
## STEP 3: Assembling the Handlebars

Remove 2 **Bolts (No. 6)**, 2 **Washers (No. 5)** and 2 **Nuts (No. 4)** from **Left Handlebar (No. 3L)**.

Make sure the square holes on each handlebar are facing outward, as shown on the left. Insert 2 **Bolts (No. 6)** making sure the square part of the bolts lock into the square holes on the **Left Handlebar (No. 3L)**. Place a **Washer (No. 5)** and a **Nut (No. 4)** on each **Bolt (No. 6)** and use **Wrench (No. B)** to secure the **Left Handlebar (No. 3L)** onto the **Left Front Tube (No. 28)**.

Use the same steps to secure the **Right Handlebar (No. 3R)** onto the **Right Front Tube (No. 23)**.

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#### **STEP 4:** **Assembling Device Holder**

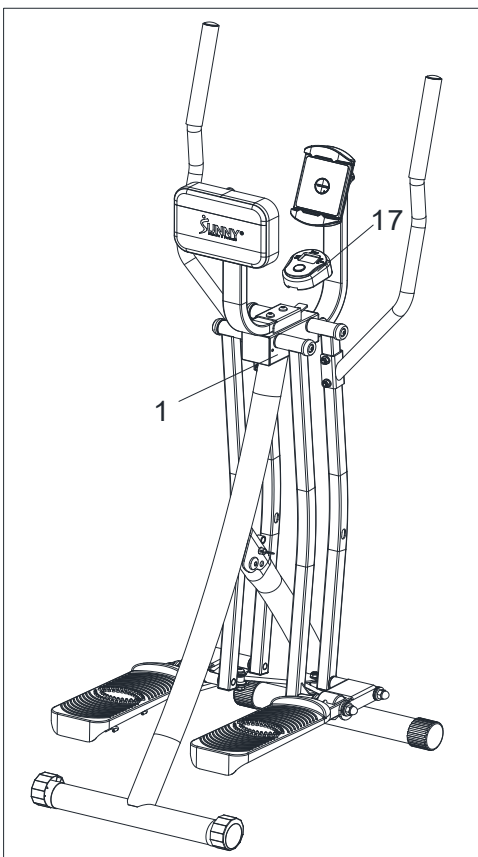
Unscrew the **Nut (No. 57)** and **Flat Washer (No. 56)** on the **Device Holder (No. 54)**.

Attach the **Device Holder (No. 54)** to the **Device Holder Support Tube (No. 51)** by using the same **Nut (No. 57)** and **Flat Washer (No. 56)**.

**NOTE:** The gap (F) of the **Device Holder (No. 54)** and the gap (G) of the **Device Holder Support Tube (No. 51)** should be aligned.

Remove 2 **Bolts (No. 58)** from **Device Holder Support Tube (No. 51)**.

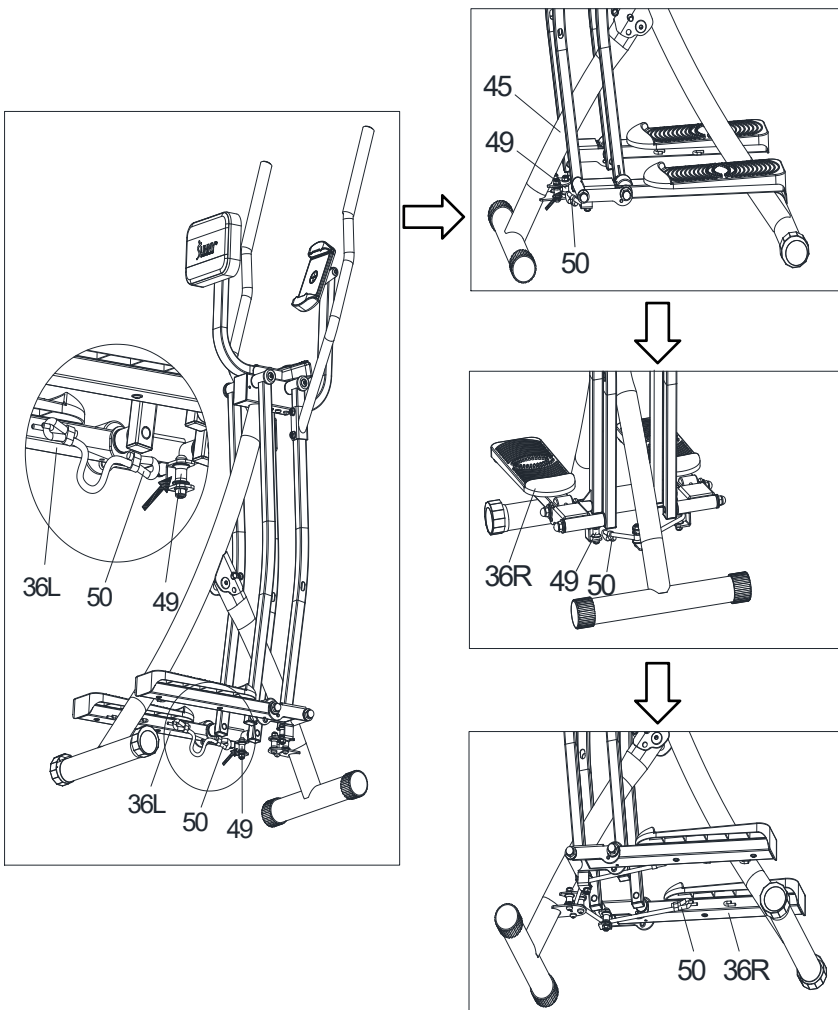
Insert the **Device Holder Support Tube (No. 51)** into the **Main Frame (No. 1)**. Then secure it with 2 **Bolts (No. 58)** using an **Allen Key (No. A)**.



#### **STEP 5:** **Attaching the Meter**

Slide the **Meter (No. 17)** onto the bracket located on the **Main Frame (No. 1)**.

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### STEP 6: Attaching the Resistance Band

Attach one side of the **Resistance Band (No. 50)** on the hook under the **Left Pedal Tube (No. 36L)**. Then pass through the slot between the **Wheel (No. 49)** and the sheet metal under the **Left Pedal Tube (No. 36L)**. (Show as the arrow).

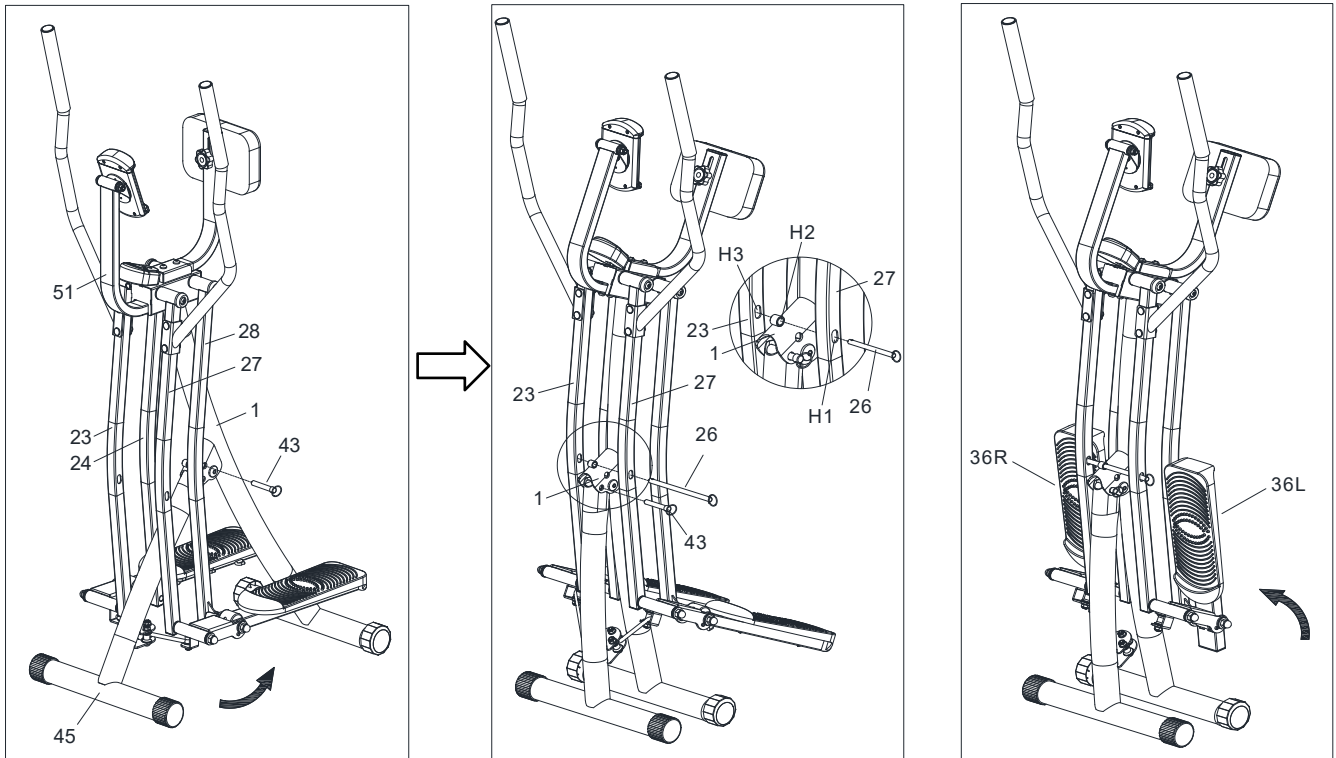
Continue to pass through the **Resistance Band (No. 50)** to the slots between the **Wheels (No. 49)** on the **Connecting Tube (No. 45)** (Show as the arrow).

Next, pass it through the **Wheel (No. 49)** and the sheet metal under the **Right Pedal Tube (No. 36R)** (Show as the arrow). Then attach the end of **Resistance Band (No. 50)** to the hook under **Right Pedal Tube (No. 36R)**

NOTE: There are 3 hooks under the **Left Pedal Tube (No. 36L)** and **Right Pedal Tube (No. 36R)**. The hooks can be use to adjust the resistance according to your own needs.



# FOLDING INSTRUCTIONS



1. Take out the **Ball Pin (No. 43)** from the **Main Frame (No. 1)**. Hold the **Device Holder Support Tube (No. 51)**, then move the **Connecting Tube (No. 45)** toward the **Main Frame (No. 1)** as pictured.

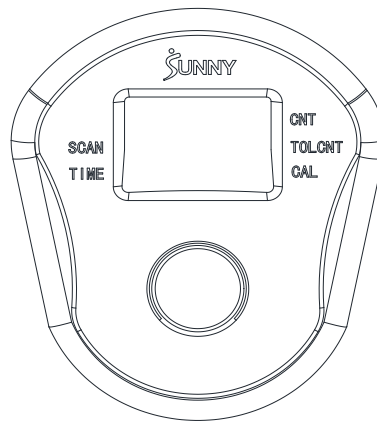
**NOTE:** When **Connecting Tube (No. 45)** moved, the **Right Front Tube (No. 23)**, **Right Rear Tube (No. 24)**, **Left Rear Tube (No. 27)** and **Left Front Tube (No. 28)** will move as well. Be careful not to hurt your arms.

2. Insert **Ball Pin (No. 43)** into the folding hole of the **Main Frame (No. 1)**. Insert the **Ball Pin (No. 26)** into the hole H1 of the **Left Rear Tube (No. 27)**, the hole H2 of the **Main Frame (No. 1)** and the hole H3 of the **Right Front Tube (No. 23)** accordingly.
3. Fold the **Left Pedal Tube (No. 36L)** and the **Right Pedal Tube (No. 36R)** in the direction indicated by the arrows.

**NOTE:** After folding, it is recommended that the product be placed against the wall to prevent falling.



# EXERCISE METER



## **KEY FUNCTION:**

**MODE/SELECT:** To select the function you want. Hold the key for 3 seconds to reset CNT TIME CAL values.

**AUTO ON/OFF:** The monitor will be turned on automatically when exercise starts or the key pressed. The monitor will be automatically turned off after 4 minutes of inactivity.

## **FUNCTIONS:**

**TIME:** Display the total time since the exercise started

**CNT:** Display the steps count while exercising.

**CAL:** Display the total calories burned while exercising.

**TOT CNT:** Display the total steps of all your sessions. The Total Count will be reset once you replace/disconnect the battery.

**SCAN:** Press the button to select "scan". This function will automatically scan through TIME, CALORIES and TOTAL COUNT displayed on the bottom of the monitor.

## **SPECIFICATIONS:**

CNT-----0—9999 TIMES

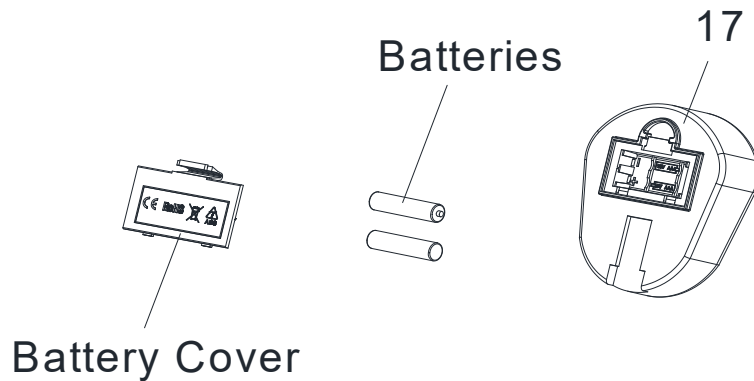
TIME-----00:00—99:59 MIN: SEC

CALORIES-----0—9999 KCAL

TOT.CNT-----0—9999 TIMES

**NOTE:** Please replace the battery when the meter does not display properly.

# **BATTERY INSTALLATION & REPLACEMENT**



## **BATTERY INSTALLATION:**

1. Press the buckle of the battery cover on the back of the **Meter (No. 17)** to remove battery cover.
2. Install 2 AA batteries into the battery case on the back of the **Meter (No. 17)**. Pay attention to the battery + and – ends before installing.
3. Press the buckle of the battery cover, then put the battery cover back to the back of the **Meter (No. 17)**.

*The installation is complete!*

## **BATTERY REPLACEMENT:**

1. Press the buckle of the battery cover on the back of the **Meter (No. 17)**, to remove the battery cover.
2. Remove the 2 old AA batteries in the battery case and install 2 new AA batteries into the battery case on the back of the **Meter (No. 17)**. Pay attention to the battery + and – ends before installing.
3. Press the buckle of the battery cover, then put the battery cover back to the back of the **Meter (No. 17)**.

*The replacement is complete!*

**NOTE:** Always change both batteries at the same time. Do not mix battery types and do not mix old and new batteries. Dispose batteries according to your state and regional guidelines.

# USING THE AIR WALKER TRAINER

## **PLACING YOUR FEET ON THE AIR WALKER TRAINER**

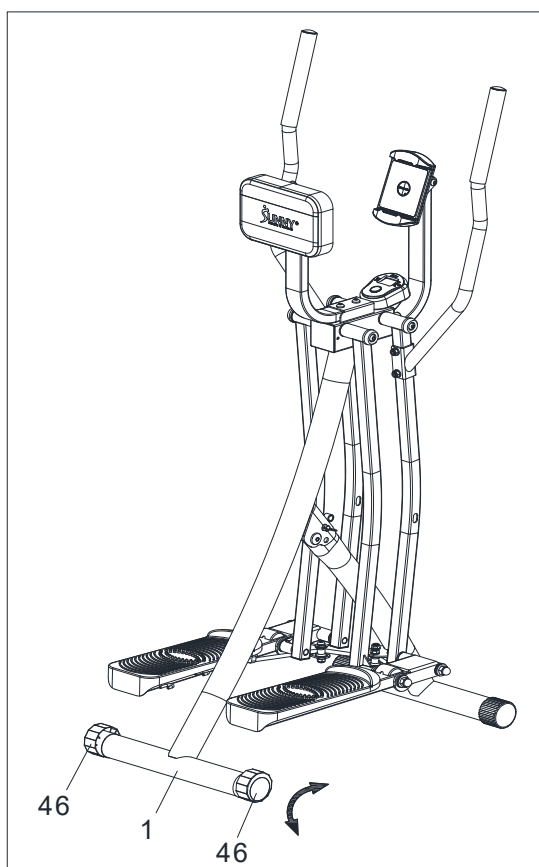
Stand behind the Air Walker Trainer with each hand holding one of the handlebars. Make sure to push and pull each handlebar prior to placing your feet on the foot pedals, to feel the tension and motion of the machine. Steadily hold the right handlebar as you place your right foot on the right pedal. Continue to steadily hold each of the handlebars as you balance on your right foot to lift your left foot and place it on the left pedal.

## **USING THE AIR WALKER TRAINER**

For optimal movement you will need to have a steady push and pull motion. As you push one arm, you will need to pull the other arm, in tandem, to create a steady walking motion on the machine. Make sure you are balanced and use smooth, controlled movements.

## **Balance Adjustment**

Before using, check the balance of the product to ensure it is safe for use. Put the product on a flat, even surface. If the product is slightly uneven, rotate the **Adjustable Caps (No. 46)** on the **Main Frame (No. 1)** to compensate for the uneven ground.




## APP CONNECTION

1. Scan the QR code below to download the SunnyFit app onto your mobile device.



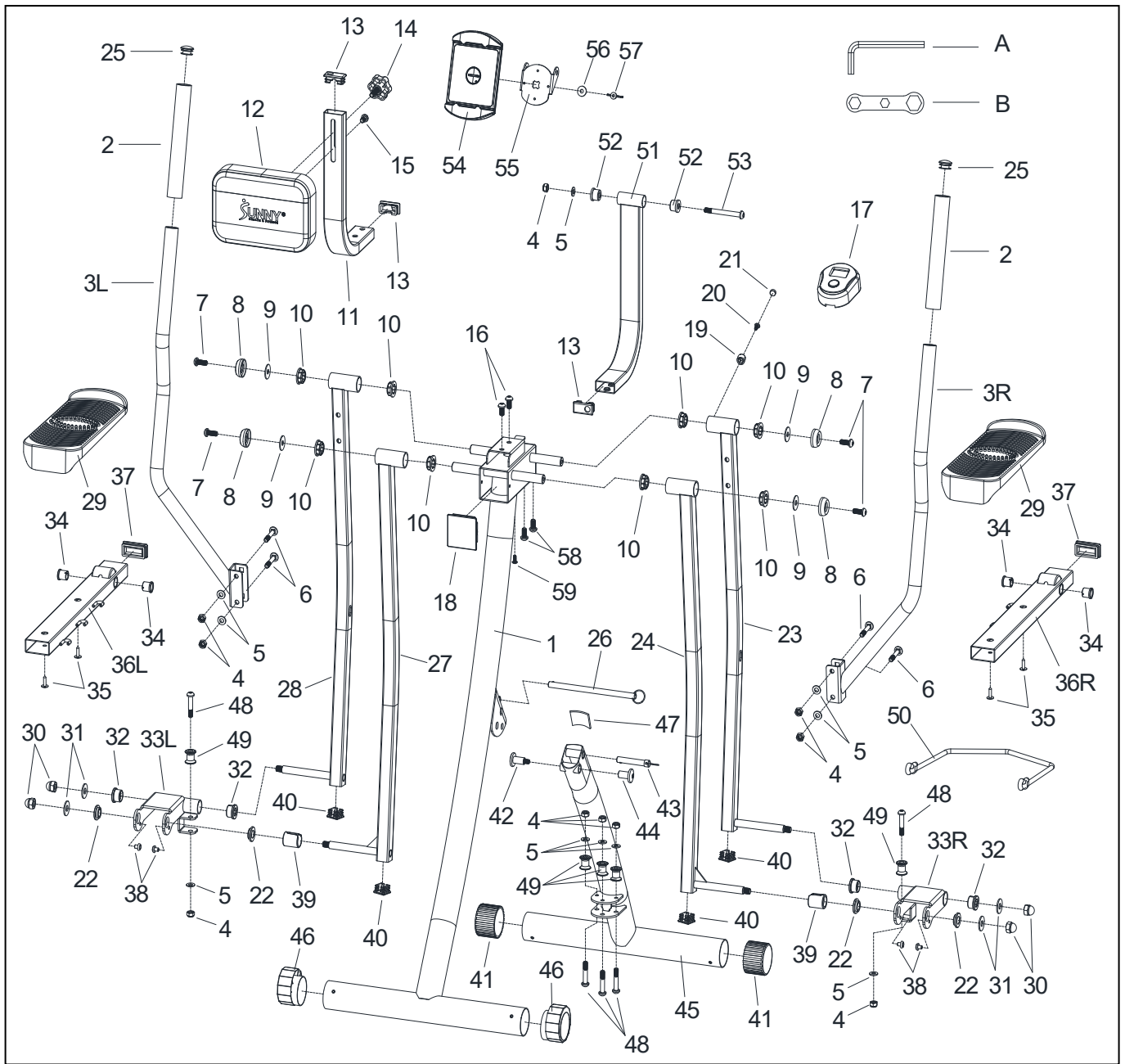
2. If this is your first time using the SunnyFit app, follow the in-app instructions to register for your free SunnyFit account and log in.

3. Ensure that the Bluetooth  function is turned on from your mobile device.
4. To connect the equipment to the SunnyFit app:
  - a. From the “Workout” tab, press on the “Search” button to search for your equipment.
  - b. Once your equipment appears on the list, tap the “Select” button to confirm.
  - c. **NOTE:** If your equipment does not appear on the "Searching for Equipment" list, check the METER on your equipment to ensure that it is not in sleep mode and your phone's Bluetooth function is on, then tap "Retry" to search again.
  - d. Once your equipment shows up on the “Workout” tab as “Currently Selected,” your equipment is now ready to display, track, and record your equipment’s workout stats on the app!
5. If you are unable to replicate these steps, or have any other issues with the SunnyFit app, please contact SunnyFit support at [support@sunnyfit.com](mailto:support@sunnyfit.com), or use the in-app “Contact Us” form to request support (“Me” tab -> “Contact Us”).

# PARTS LIST

No.	Description	Spec.	Qty.	No.	Description	Spec.	Qty.
1	Main Frame		1	33R	Right Pedal Connector		1
2	Sponge	φ29*φ23*200	2	34	Bearing Sleeve		4
3L	Left Handlebar		1	35	Screw	ST4.8*20	4
3R	Right Handlebar		1	36L	Left Pedal Tube		1
4	Nut	M8	10	36R	Right Pedal Tube		1
5	Washer	φ8.2*φ16*1.5	10	37	Plug	F25*50*1.5	2
6	Bolt	M8*42	4	38	Stopper		4
7	Screw	M8*20	4	39	Connecting Sleeve		2
8	Bolt Cap		4	40	Plug	F25*25*2.0	4
9	Washer	φ8.2*φ25*1.5	4	41	Front Cap	φ50	2
10	Bearing Sleeve		8	42	Bolt	φ12*32.5,M8	1
11	Support Tube		1	43	Ball Pin	φ10*66.5	1
12	Chest Pad		1	44	Bolt	φ12*22.5,M8	1
13	Plug	F20*40*1.5	3	45	Connecting Tube		1
14	Knob	M8*30	1	46	Adjustable Cap	φ50	2
15	Screw	M8*15	1	47	EVA Pad		1
16	Allen Screw	M8*16	2	48	Bolt	M8*40	5
17	Meter	JJD2601	1	49	Wheel	φ21*φ8.1*22	5
18	Plug	F60*60*2.0	1	50	Resistance Band	φ8*580	1
19	Magnet Bracket		1	51	Device Holder Support Tube		1
20	Screw	M3	1	52	Sleeve	φ22	2
21	Magnet		1	53	Bolt	M8*75	1
22	Cap		4	54	Device Holder		1
23	Right Front Tube		1	55	Device Holder Fix Plate		1
24	Right Rear Tube		1	56	Flat Washer	φ6.4*φ18*1.2	1
25	Plug	φ25*1.5	2	57	Nut	M6	1
26	Ball Pin	φ10*180	1	58	Bolt	M8*16	2
27	Left Rear Tube		1	59	Bolt	M5*12	1
28	Left Front Tube		1	A	Allen Key	S6	1
29	Pedal		2	B	Wrench	S10-13-17	1
30	Nut	M10	4	C	Battery	AA	2
31	Washer	φ10.5*φ26*2.0	4	D	Thank You Card		1
32	Bearing Sleeve		4	E	User Manual		1
33L	Left Pedal Connector		1				

# EXPLODED DIAGRAM



Version: 1.0

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