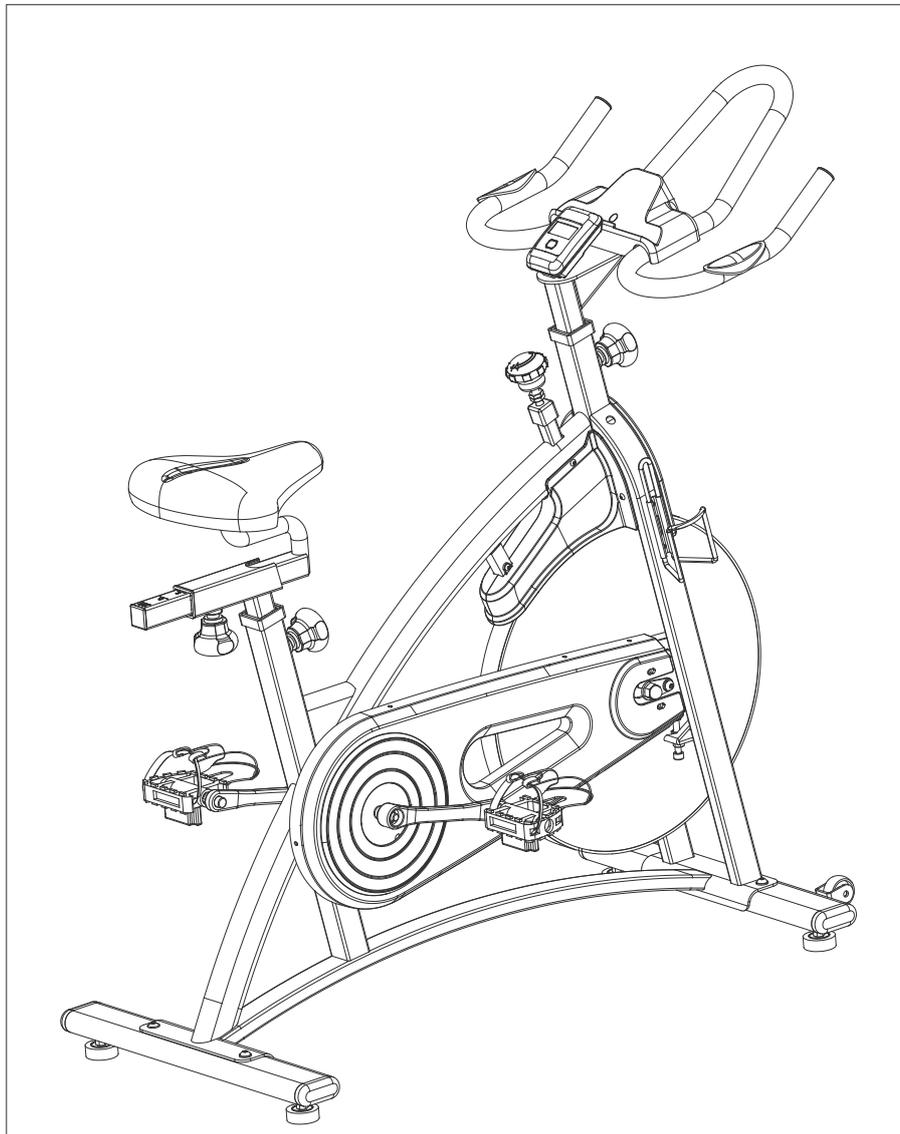




MAGNETIC BELT DRIVE INDOOR CYCLING BIKE SF-B1877 USER MANUAL



IMPORTANT! Please retain owner's manual for maintenance and adjustment instructions. Your satisfaction is very important to us, **PLEASE DO NOT RETURN UNTIL YOU HAVE CONTACTED US:** support@sunnyhealthfitness.com or 1- 877 - 90SUNNY (877-907-8669).



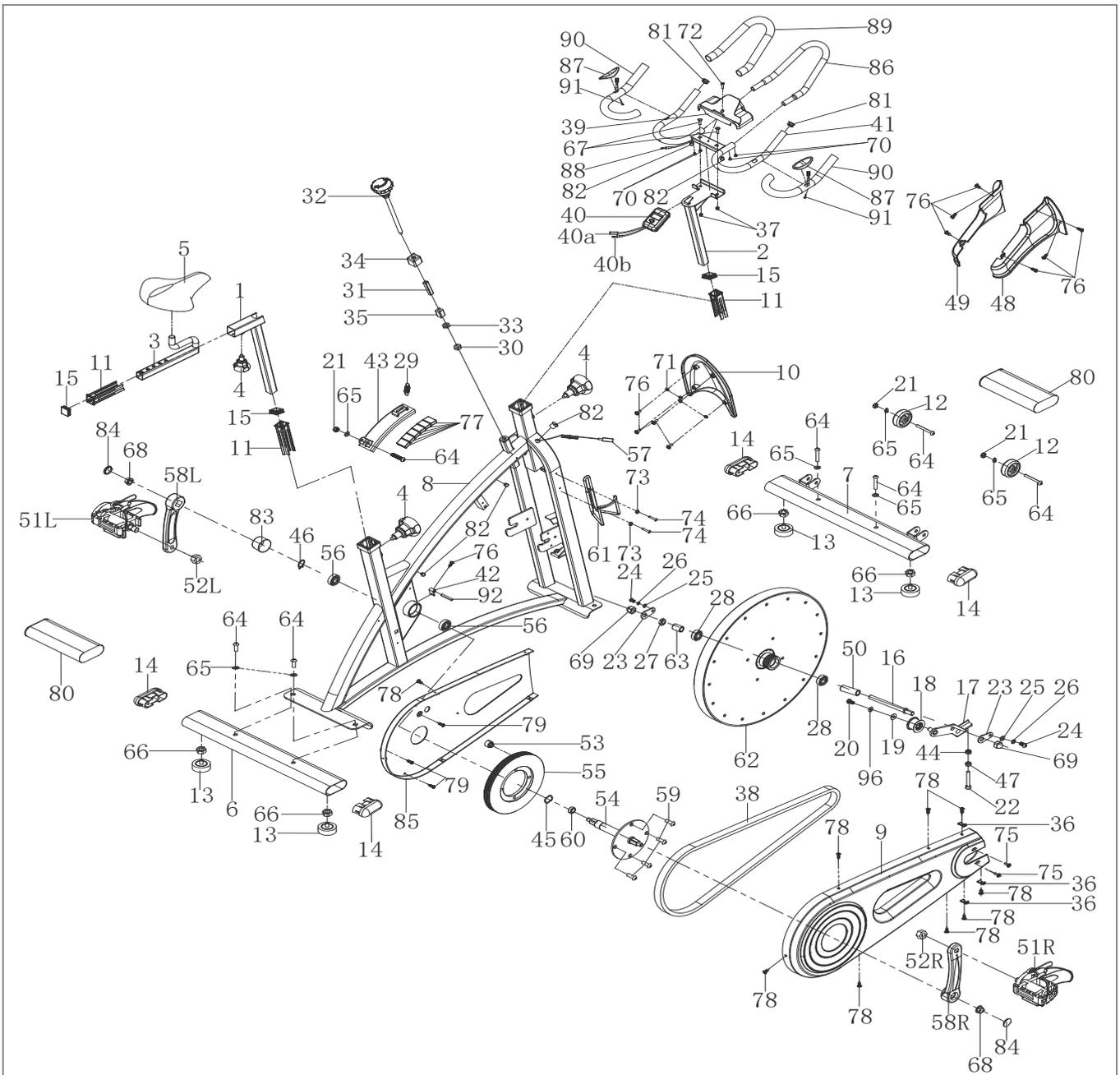
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IMPORTANT SAFETY INFORMATION

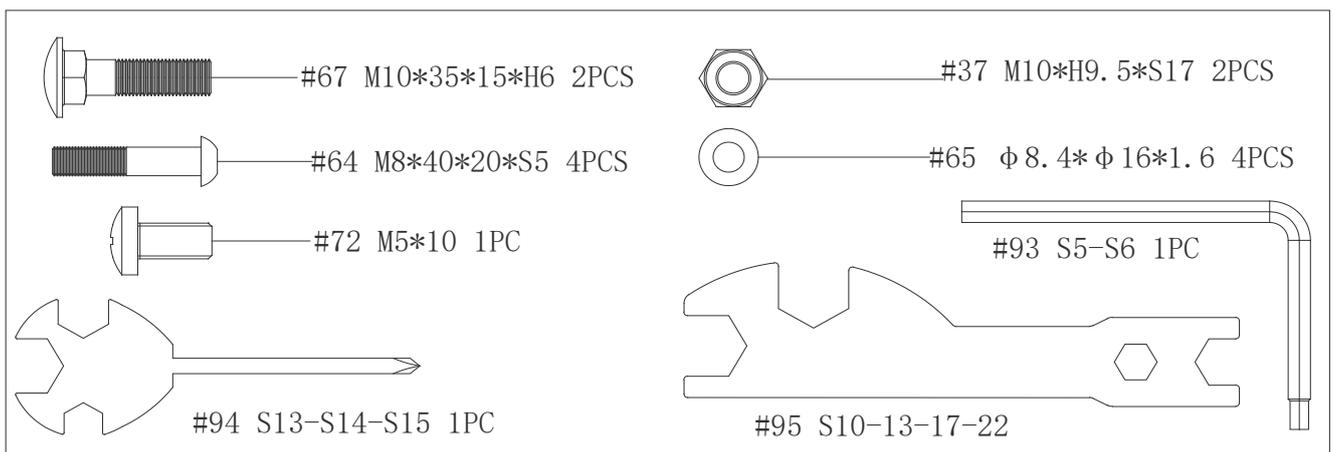
We thank you for choosing our product. To ensure your safety and health, please use this equipment correctly. It is important to read this entire manual before assembling and using the equipment. Safe and effective use can only be achieved if the equipment is assembled, maintained, and used properly. It is your responsibility to ensure that all users of the equipment are informed of all warnings and precautions.

1. Before starting any exercise program, you should consult your physician to determine if you have any medical or physical conditions that could put your health and safety at risk or prevent you from using the equipment properly. Your physician's advice is essential if you are taking medication that affects your heart rate, blood pressure, or cholesterol level.
2. Be aware of your body's signals. Incorrect or excessive exercise can damage your health. Stop exercising if you experience any of the following symptoms: pain, tightness in your chest, irregular heartbeat, shortness of breath, lightheadedness, dizziness, or feelings of nausea. If you do experience any of these conditions, you should consult your physician before continuing with your exercise program.
3. Keep children and pets away from the equipment. The equipment is designed for adult use only.
4. Use the equipment on a solid, flat level surface with a protective cover for your floor or carpet. To ensure safety, the equipment should have at least 2 feet (60 CM) of free space all around it.
5. Ensure that all nuts and bolts are securely tightened before using the equipment. The safety of the equipment can only be maintained if it is regularly examined for damage and/or wear and tear.
6. Always use the equipment as indicated. If you find any defective components while assembling or checking the equipment, or if you hear any unusual noises coming from the equipment during exercise, discontinue use of the equipment immediately and do not use until the problem has been rectified.
7. Wear suitable clothing while using the equipment. Avoid wearing loose clothing that may become entangled in the equipment.
8. Do not place fingers or objects into the moving parts of the equipment.
9. The maximum weight capacity of this unit is 265 pounds (120 KG).
10. This equipment is not suitable for therapeutic use.
11. To avoid bodily injury and/or damage to the product or property, proper lifting and moving are required.
12. Your product is intended for use in cool and dry conditions. You should avoid storage in extreme cold, hot or damp areas as this may lead to corrosion and other related problems.
13. This equipment is designed for indoor and home use only; It is not intended for commercial use.

EXPLODED DIAGRAM



HARDWARE PACKAGE



PARTS LIST

No.	Description	Spec.	Qty.
1	Seat Post		1
2	Handlebar Post		1
3	Seat Slider		1
4	Adjustment Knob	M16*1.5	3
5	Seat	98-2	1
6	Rear Stabilizer		1
7	Front Stabilizer		1
8	Main Frame		1
9	Outer Belt Cover	648*264*45	1
10	Decorative Cover	195*161*31	1
11	Bushing	F38*F30*153.3	3
12	Transportation Wheel	Φ42*18*Φ8*22	2
13	Foot Leveler	Φ38*43/(M8*25)	4
14	End Cap	70*30*1.5	4
15	End Cap	30*30*1.5	3
16	Inertial Axle	Φ16*Φ12*156	1
17	Idler Wheel Shaft		1
18	Idler Wheel	Φ43*Φ34*24	1
19	Washer		1
20	Screw	M6*10	1
21	Nut	M8	3
22	Bolt	M8*55	1
23	Metal Plate	δ2.5	2
24	Screw	M8*10	2
25	Washer		2
26	Washer		2
27	Nut	M12*1.25P*H6*S19	1
28	Bearing	6001RS C&U	2
29	Spring	Φ1.2*Φ13*44*N15	1
30	Nut	M10*H9.5*S17	1
31	Bushing	17*17*99	1
32	Tension Control Knob	Φ10*246	1
33	Nut	M10*H6*S17	1
34	Plastic Cover	25*27*27	1
35	Square Nut	15*15*25*M10	1
36	C-clamp	17*20	3
37	Nut	M10*H9.5*S17	2

No.	Description	Spec.	Qty.
38	Belt	5PK*1320	1
39	Tablet Holder	219.5*101*75	1
40	Computer	TZ4117	1
40a	Computer Wire 1		1
40b	Computer Wire 2		1
41	Handlebar (A)		1
42	Inductor Seat	LTF8163	1
43	Magnetic Bracket		1
44	Nut	M8*S13	1
45	Wave Washer	D17*Φ22*30	1
46	C-clip	D17	1
47	Nut	M8	1
48	Right Decorative Cover	220*191*67 80g	1
49	Left Decorative Cover	220*191*67 80g	1
50	Spacer	Φ18*Φ12.12*53.6	1
51L/R	Pedal	JG109 9/16"	2
52L/R	Nylon Nut	9/16*20*H8*S19	2
53	Magnet	Φ15*7, LT-310	1
54	Middle Axle	Φ17*166*42.5*74.5*4-Φ10.1*Φ105	1
55	Belt Wheel	Φ204*21*5PK	1
56	Bearing	6203RS C&U	2
57	Trunk Wire		1
58L/R	Crank	170mm	2
59	Screw	M10*16	4
60	Spacer	Φ22*Φ17.1*5.5	1
61	Bottle Holder	Φ73*215	1
62	Flywheel	Φ463*75	1
63	Spacer	Φ18*Φ12.2*25.5	1
64	Screw	M8*40*20*S5	7
65	Washer	Φ8.4*Φ16*1.6	7
66	Nut	M8	4
67	Bolt	M10*35*15*H6	2
68	Hex Nut	M10*1.25	2
69	Cap Nut	M12*1.25	2
70	Screw	M6*10	4
71	Washer		4
72	Screw	M5*10	1

No.	Description	Spec.	Qty.
73	Washer	D5*Φ13*1	2
74	Screw	M5*15*Φ10	2
75	Screw	M6*10*Φ12	2
76	Screw	ST4.8*10*Φ8	11
77	Magnet	30*20*10	6
78	Screw	ST4.2*13	9
79	Screw	ST4.2*16	3
80	Shipping Tube		2
81	End Cap	Φ25*1.5	2
82	End Cap	Φ14*14	5
83	Cover for Middle Axle	Φ56*28	1
84	Crank Cap	Φ25*7	2

No.	Description	Spec.	Qty.
85	Inner Belt Cover	504*259*23	1
86	Handlebar (B)		1
87	Handle Pulse		2
88	Handle Pulse Wire		1
89	Foam (A)	Φ23*Φ29*600	1
90	Foam (B)	Φ23*Φ29*420	2
91	Screw	ST4.2*15	2
92	Inductor		1
93	Allen Wrench	S5-S6	1
94	Spanner	S13-14-15	1
95	Spanner	S10-13-17-22	1
96	Washer	Φ6.1*Φ9.3*t1.6	1

Ordering Replacement Parts (U.S. and Canadian Customers only)

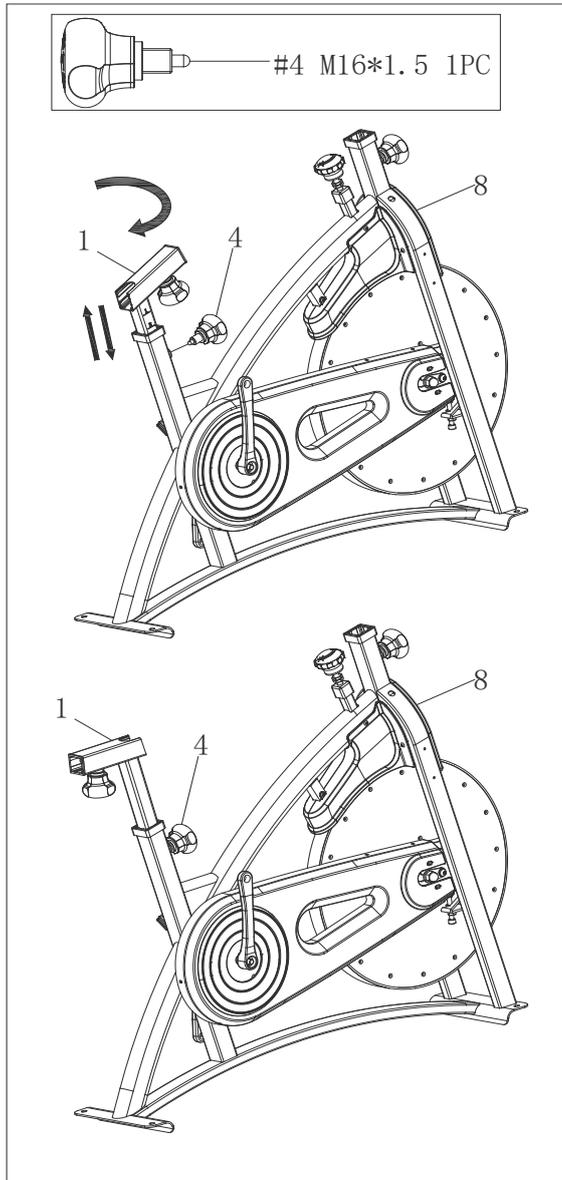
Please provide the following information in order for us to accurately identify the part(s) needed:

- ✓ The model number (found on cover of manual)
- ✓ The product name (found on cover of manual)
- ✓ The part number found on the “EXPLODED DIAGRAM” and “PARTS LIST” (found near the front of the manual)

Please contact us at support@sunnyhealthfitness.com or 1- 877 - 90SUNNY (877-907-8669).

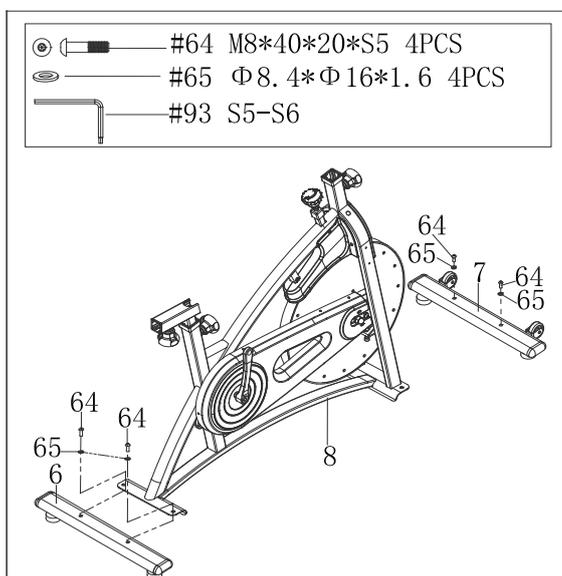
ASSEMBLY INSTRUCTIONS

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STEP 1:

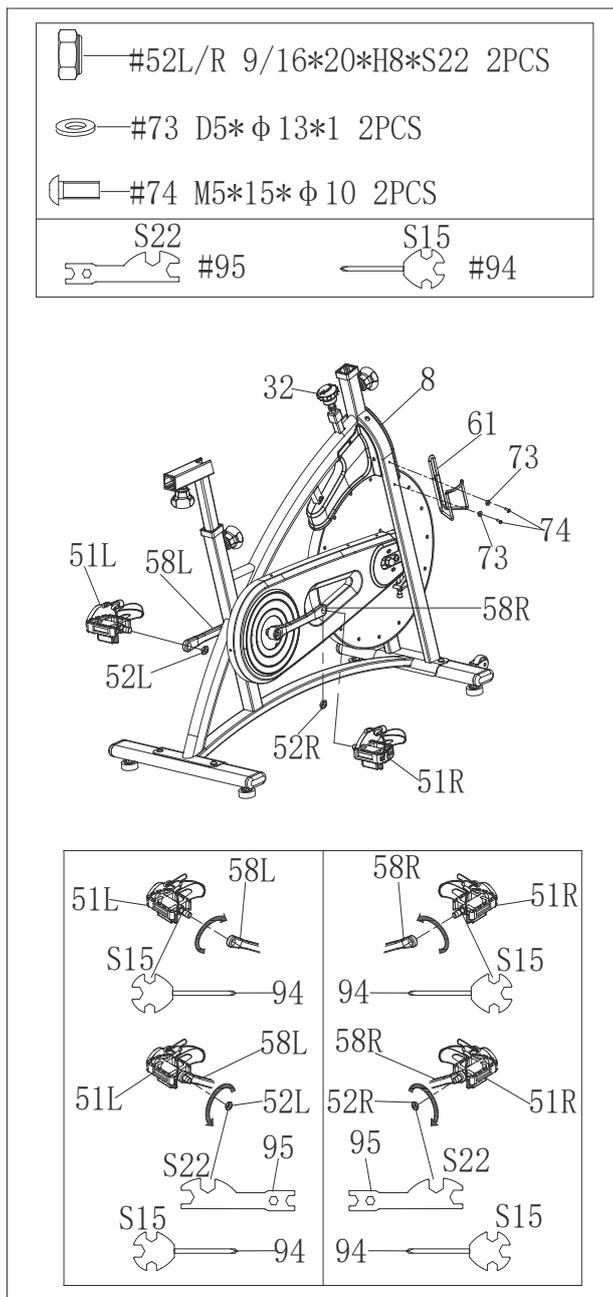
Pull out the **Seat Post (No. 1)** from **Main Frame (No. 8)**. Turn the **Seat Post (No. 1)** at 180° as left picture showed. Then re-insert **Seat Post (No. 1)** into the sleeve located on the **Main Frame (No. 8)**. Adjust the **Seat Post (No. 1)** to the desired position and tighten with the **Adjustment Knob (No. 4)**.



STEP 2:

Attach the **Front and Rear Stabilizers (No. 7 & No. 6)** to the **Main Frame (No. 8)** using 4 **Screws (No. 64)** and 4 **Washers (No. 65)**. Tighten and secure with **Allen Wrench (No. 93)**.

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STEP 3:

WARNING! Read instructions carefully as improper assembly may cause permanent damage to your bike.

Note: The **Pedals (No. 51L/R)** are marked "L" and "R" for Left and Right.

Remove the 2 **Nylon Nuts (No. 52L/R)** located on the **Pedals (No. 51L/R)**.

Turn the **Tension Control Knob (No. 32)** **CLOCKWISE** as tightly as you can with your hand.

Align the **Left Pedal (No. 51L)** with the **Left Crank (No. 58L)** at 90°. Turn the pedal bolt on the **Left Pedal (No. 51L)** **COUNTER-CLOCKWISE** as tightly as you can with your hand. Then, use **Spanner (No. 94)** to tighten and secure.

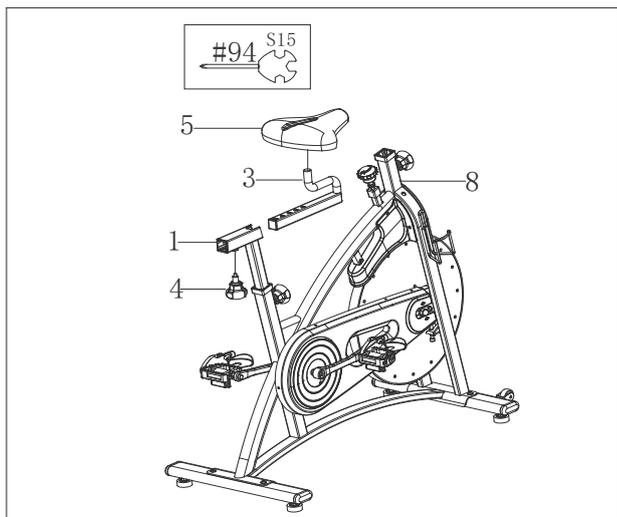
Turn the **Left Nylon Nut (No. 52L)** **CLOCKWISE** as tightly as you can with your hand. Use **Spanner (No. 94)** to hold the pedal bolt on the **Left Pedal (No. 51L)** and use **Spanner (No. 95)** to turn the **Left Nylon Nut (No. 52L)** **CLOCKWISE** at the same time, until it is tightened onto the **Left Crank (No. 58L)**.

Align the **Right Pedal (No. 51R)** with the **Right Crank (No. 58R)** at 90°. Turn the pedal bolt on the **Right Pedal (No. 51R)** **CLOCKWISE** as tightly as you can with your hand. Then, use **Spanner (No. 94)** to tighten and secure.

Turn the **Right Nylon Nut (No. 52R)** **COUNTER-CLOCKWISE** as tightly as you can with your hand. Use **Spanner (No. 94)** to hold the pedal bolt on the **Right Pedal (No. 51R)** and use **Spanner (No. 95)** to turn the **Right Nylon Nut (No. 52R)** **COUNTER-CLOCKWISE** at the same time, until it is tightened onto the **Right Crank (No. 58R)**.

Remove 2 **Screws (No. 74)** and 2 **Washers (No. 73)** from the **Main Frame (No. 8)** using **Spanner (No. 94)**. Attach the **Bottle Holder (No. 61)** to the **Main Frame (No. 8)** using the 2 **Screws (No. 74)** and 2 **Washers (No. 73)** that were removed. Tighten and secure with **Spanner (No. 94)**.

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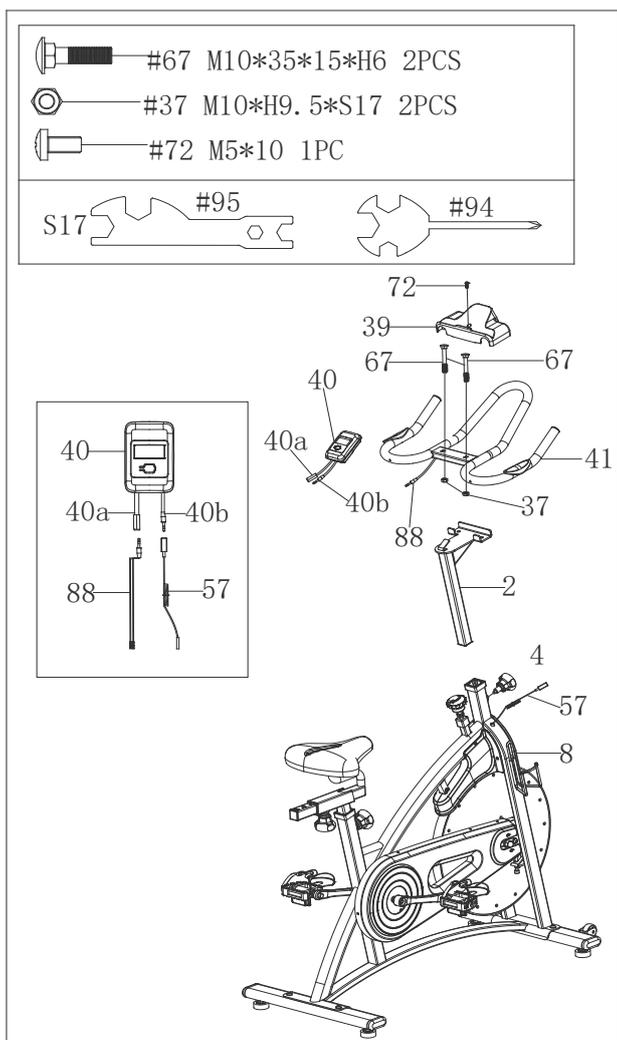


STEP 4:

Loosen and remove the [seat slider] **Adjustment Knob (No. 4)**. Insert **Seat Slider (No. 3)** into the **Seat Post (No. 1)**. Adjust the **Seat Slider (No. 3)** to the desired position, re-insert and tighten **Adjustment Knob (No. 4)** to secure the post in place.

Secure **Seat (No. 5)** to the **Seat Slider (No. 3)** with **Spanner (No. 94)**.

NOTE: Before you fully tighten the seat, you can adjust the front of the seat higher or lower to meet your needs.



STEP 5:

Loosen and remove the [handlebar] **Adjustment Knob (No. 4)**. Insert **Handlebar Post (No. 2)** into the sleeve located on the front of the **Main Frame (No. 8)**. Adjust the **Handlebar Post (No. 2)** to the desired position and reinsert and tighten the **Adjustment Knob (No. 4)** to secure the post in place.

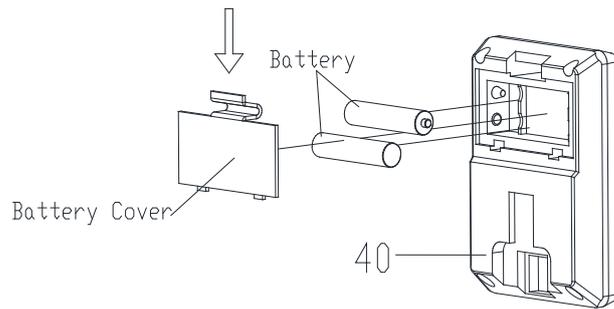
Secure **Handlebar A (No. 41)** to **Handlebar Post (No. 2)** using 2 **Bolts (No. 67)** and 2 **Nuts (No. 37)**. Tighten and secure with **Spanner (No. 95)**.

Remove **Screw (No. 72)** from **Handlebar A (No. 41)** with **Spanner (No. 94)**. Attach **Tablet Holder (No. 39)** onto the **Handlebar A (No. 41)** with **Screw (No. 72)** that was removed. Tighten and secure with **Spanner (No. 94)**.

Attach the **Computer (No. 40)** to the bracket located on the **Handlebar Post (No. 2)**. Connect **Computer Wire 1 (No. 40a)** with **Handle Pulse Wire (No. 88)**, and connect **Computer Wire 2 (No. 40b)** with **Trunk Wire (No. 57)**.

The assembly is complete!

BATTERY INSTALLATION & REPLACEMENT



BATTERY INSTALLATION

1. Take out 2 AAA batteries from computer box.
2. Press the buckle of battery cover on the back of the **Computer (No. 40)**, then remove battery cover.
3. Install 2 AAA batteries into the battery case on the back of the **Computer (No. 40)**. Pay attention to the battery + and – ends before installing.
4. Press the buckle of battery cover, then put the battery cover back to the back of the **Computer (No. 40)**.

The installation is complete!

BATTERY REPLACEMENT

1. Press the buckle of battery cover on the back of the **Computer (No. 40)**, then remove battery cover.
2. Remove the 2 old AAA batteries in the battery case and install 2 new AAA batteries into the battery case on the back of the **Computer (No. 40)**. Pay attention to the battery + and – ends before installing.
3. Press the buckle of battery cover, then put the battery cover back to the back of the **Computer (No. 40)**.

The replacement is complete!

NOTE: Always change both batteries at the same time. Do not mix battery types and do not mix old and new batteries. Dispose batteries according to your state and regional guidelines.

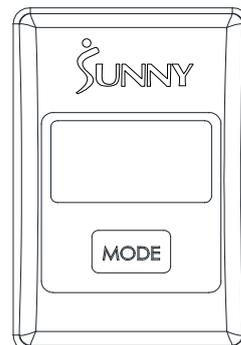
EXERCISE COMPUTER

FUNCTION BUTTON:

MODE:

1. Press the button for selection function display value on LCD.
2. Press the button and hold for 2 seconds to reset all values except odometer to zero.

Note: When the user replaces batteries, all the values will reset to ZERO automatically.



OPERATIONS:

AUTO ON/OFF: The computer will show the workout value automatically as the user begins to exercise. When the bike has become inactive or without any exercise over 4 minutes, the computer will turn off and the workout value on the odometer will be held. While the user starts the exercise again, the workout value on odometer will accumulate continuously.

AUTO SCAN: After the computer is powered on or the Mode button is pressed, the LCD will display all function values: TMR-SPD-DIST-CAL-ODO-RPM-PUL (repeat). Every function will display for 6 seconds.

FUNCTIONS:

SPD (SPEED): Displays the current speed being obtained. The range is from 0.0 to 99.9 MPH (Mile per Hour).

DST (DISTANCE): Counts the total distance of an exercise from start to finish. The range is from 0.00 up to 9999 M (Mile).

TMR (TIME): Counts the total time of an exercise from start to finish. The range is from 00:00 up to 99:59.

CAL (CALORIES): Counts the total amount of calories burned during an exercise from start to finish. The range is from 0.0 to 9999 KCAL. (The data is a rough guide which cannot be used in medical treatment.)

ODO (ODOMETER): Displays the total amount of distance from the first use. The range is from 0.0 to 9999 M (Mile). User also can press the mode key to display the odometer value.

RPM: Counts each stroke within a minute. The range is from 0 to 400.

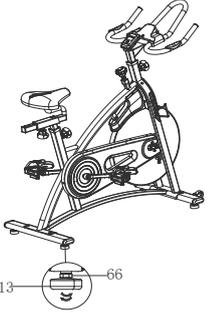
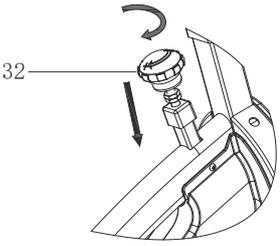
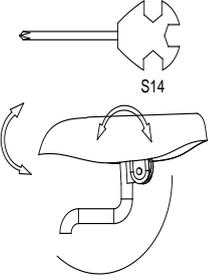
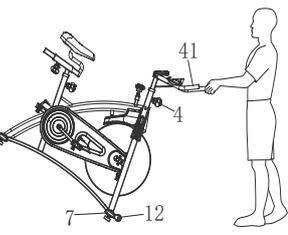
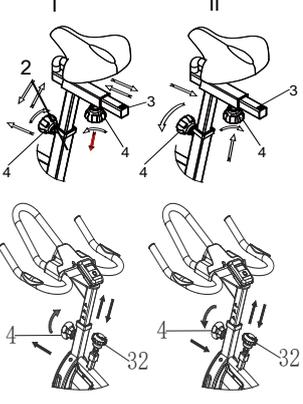
PUL (PULSE): Displays the user's heart rate in beats per minute during training. (The data is a rough guide which cannot be used in medical treatment.)

NOTE: please put your hands on the hand pulses when in PULSE function.

Note:

1. If the computer display is abnormal, please re-install the batteries and try again.
2. Battery Spec: 1.5V UM-4 or AAA (2PCS).
3. The batteries must be removed from the appliance before it is disposed.

ADJUSTMENTS & USAGE GUIDE

	<p>ADJUSTING THE BALANCE</p> <p>In order to achieve a smooth and comfortable ride, you must ensure that the bike is stabled and secured. If you notice that the bike is unbalanced during use, you should adjust the Foot Levelers (No. 13) located beneath the front and rear stabilizers. To do so, simply rotate the Foot Leveler (No. 13) until the bike becomes levelled with the floor surface. If required, repeat this process to adjust the remaining foot levelers.</p>
	<p>ADJUSTING THE TENSION & EMERGENCY STOP</p> <p>Adjust the tension by rotating the Tension Control Knob (No. 32) <i>clockwise</i> to increase the level of resistance. Rotate the Tension Control Knob (No. 32) <i>counter-clockwise</i> to decrease the level of resistance. Push down on the Tension Control Knob (No. 32) to enforce the brake and stop the bike immediately.</p>
	<p>ADJUSTING THE ANGLE OF SEAT</p> <p>Use Spanner (No. 94) to unscrew the nut under the seat. Adjust the seat to the desired angle and reinstall the nut. Check the nut periodically to ensure that it is tight and secure. Use the Spanner (No. 94) to tighten when necessary.</p> <p>Note: You will need to tighten the nut on the opposite side at the same time. The use of an additional spanner is required.</p>
	<p>MOVING THE BIKE</p> <p>To move the bike, first ensure that the handlebar is properly secured. If the handlebar is loose, tighten the Adjustment Knob (No. 4) to secure it. Next, stand in front of the bike so that you're directly in front of the handlebar. Firmly grasp and hold each side of the handlebar, place one foot on the Front Stabilizer (No. 7), and tilt the bike towards you until the Transportation Wheels (No. 12) on the Front Stabilizer (No. 7) touches the ground. With the wheels on the ground, you can transport the bike to the desired location with ease.</p>
	<p>ADJUSTING THE HEIGHT</p> <p>Loosen and pull out the [seat height] Adjustment Knob (No. 4) to adjust the height of the seat. You may also slide the seat forward or backwards by loosening and pulling out the [seat] Adjustment Knob (No. 4) on the Seat Slider (No. 3). You may adjust the height of the handlebar by using the [handlebar] Adjustment Knob (No. 4). When adjusting, you will see a limit on the seat post, seat slider, and handlebar post. Do NOT lift the posts passed this mark. Always check the Adjustment Knob (No. 4) to ensure that it is fully secured when you finish making an adjustment.</p>

MAINTENANCE INSTRUCTIONS

This is general information for daily, weekly, and monthly maintenance to be performed on your bike.

<p>DAILY MAINTENANCE</p> <p>After each exercise session, wipe down all the equipment: seat, frame, and handlebars. Pay special attention to the seat post, handlebar post, and belt/chain guard. Sweat is very corrosive and may cause problems that require parts replacement later.</p> <ol style="list-style-type: none"> 1. Get on the bike and engage the drive train. 2. Pay attention to any vibrations felt through the pedals. If you feel any vibrations, you may need to tighten the pedals, bottom bracket, or adjust the drive belt/chain tension. 3. Use a wrench to tighten the pedals until they are secure. 	<p>MONTHLY MAINTENANCE</p> <ol style="list-style-type: none"> 1. Check if all hardware is secure, such as: bottle holder, flywheel nuts, belt/chain guard bolts, brake caliper lock nuts, and brake caliper tension rod nuts. 2. Inspect the brake tension rod for signs of wear such as missing threads. Clean and lubricate the brake tension rod. 3. Clean and lubricate the seat post, handlebar post and seat slider. Remove any built up of foreign material.
<p>WEEKLY MAINTENANCE</p> <ol style="list-style-type: none"> 1. Inspect moving parts and tighten the hardware. 2. Inspect pull pin frame fittings to make sure the fittings are secure. Loose frame fittings may strip out threads over time and cause extensive damage. 3. Clean and lubricate pop pin assemblies. Pull on the pin and spray a small amount of lubricant onto the shaft. 4. Tighten the seat hardware to make sure the seat is level and centered. 5. Brush and treat the resistance pads. Remove any foreign material that may have collected on the pads. Spray the pads with silicone lubricant. This helps to reduce noise from friction between the pads and the flywheel. 6. Visually inspect the bottom bracket, toe clips and toe straps. If any of them are loose or disconnected, attach and tighten. 	<p>LEATHER BRAKE PAD CARE (If applicable)</p> <ol style="list-style-type: none"> 1. Perform this maintenance when the brake pad is first installed and for the life of the brake pad. Following these simple guidelines can increase the life of your brake pads. 2. Some brake pad assemblies are pre-lubricated. Squeeze the brake pad. If lubricant is released, then the pad has been pre-lubricated. 3. If the brake pad is dry, then coat the brake pad with 3-n-1 oil. Brush the leather with a clean, wire bristle brush, and then apply the oil. The oil should be allowed to soak in to the pad. Repeat 4-5 times until the pad is saturated, but not dripping with oil. When the pad is saturated, it will no longer absorb oil. 4. Inspect the brake pad weekly and lubricate if needed. The pad should not have a glazed appearance. If the pad appears glazed, then brush it with wire brush and apply lubricant as needed. If any of the sponge padding is showing through the leather pad, the brake pad should be replaced.

Version: 2.1

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