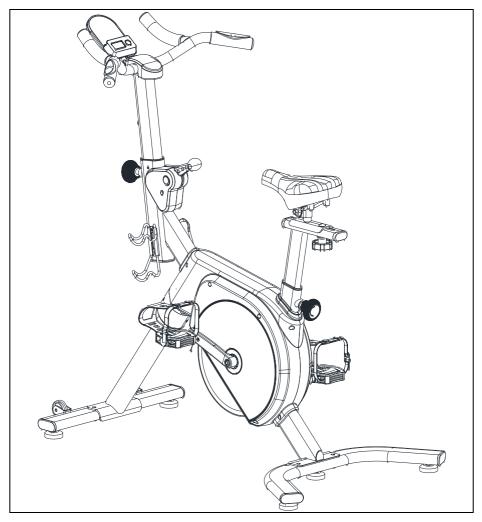


PRIME MAGNETIC BELT DRIVE INDOOR CYCLING BIKE SF-B122061 USER MANUAL



IMPORTANT! Please retain owner's manual for maintenance and adjustment instructions. Your satisfaction is very important to us, **PLEASE DO NOT RETURN UNTIL YOU HAVE CONTACTED US**: <u>support@sunnyhealthfitness.com</u> or 1-877-90SUNNY (877-907-8669).



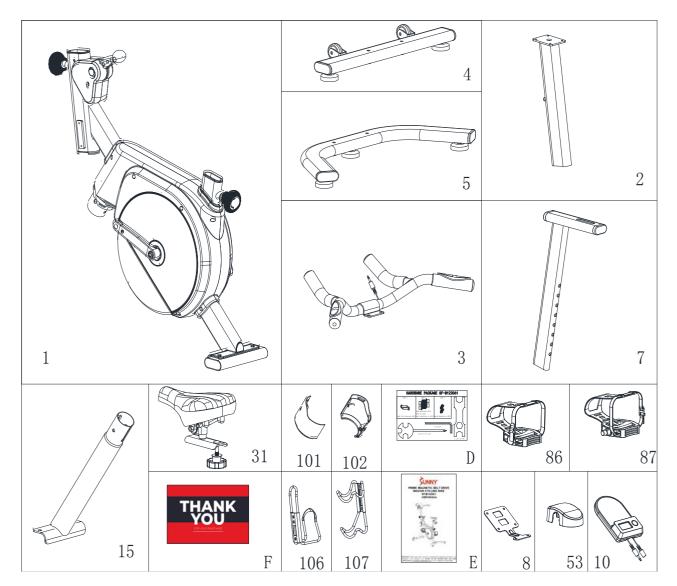
IMPORTANT SAFETY INFORMATION

We thank you for choosing our product. To ensure your safety and health, please use this equipment correctly. It is important to read this entire manual before assembling and using the equipment. Safe and effective use can only be achieved if the equipment is assembled, maintained, and used properly. It is your responsibility to ensure that all users of the equipment are informed of all warnings and precautions.

- 1. Before starting any exercise program, you should consult your physician to determine if you have any medical or physical conditions that could put your health and safety at risk or prevent you from using the equipment properly. Your physician's advice is essential if you are taking medication that affects your heart rate, blood pressure, or cholesterol level.
- 2. Be aware of your body's signals. Incorrect or excessive exercise can damage your health. Stop exercising if you experience any of the following symptoms: pain, tightness in your chest, irregular heartbeat, shortness of breath, lightheadedness, dizziness, or feelings of nausea. If you do experience any of these conditions, you should consult your physician before continuing with your exercise program.
- 3. Keep children and pets away from the equipment. The equipment is designed for adult use only.
- 4. Use the equipment on a solid, flat level surface with a protective cover for your floor or carpet. To ensure safety, the equipment should have at least 2 feet (60 CM) of free space all around it.
- 5. Ensure that all nuts and bolts are securely tightened before using the equipment. The safety of the equipment can only be maintained if it is regularly examined for damage and/or wear and tear.
- 6. Always use the equipment as indicated. If you find any defective components while assembling or checking the equipment, or if you hear any unusual noises coming from the equipment during exercise, discontinue use of the equipment immediately and do not use until the problem has been rectified.
- 7. Wear suitable clothing while using the equipment. Avoid wearing loose clothing that may become entangled in the equipment.
- 8. Do not place fingers or objects into the moving parts of the equipment.
- 9. The maximum weight capacity of this unit is 265 lbs (120 kgs).
- 10. This equipment is not suitable for therapeutic use.
- 11. To avoid bodily injury and/or damage to the product or property, proper lifting and moving are required.
- 12. Your product is intended for use in cool and dry conditions. You should avoid storage in extreme cold, hot or damp areas as this may lead to corrosion and other related problems.
- 13. This equipment is designed for indoor and home use only; it is not intended for commercial use.

PRE-ASSEMBLY CHECK LIST

Before you start to assemble, please make sure all parts are included.

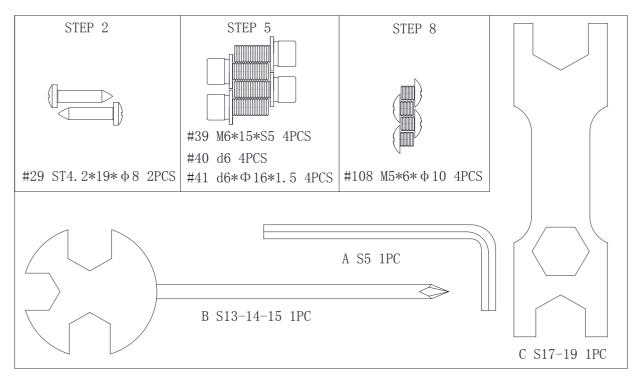


No.	Description	Spec.	Qty.
1	Main Frame		1
2	Handlebar Post		1
3	Handlebar		1
4	Front Stabilizer		1
5	Rear Stabilizer		1
7	Seat Post		1
8	Mounting Plate		1
10	Computer		1
15	Supporting Tube		1
31	Seat		1

No.	Description	Spec.	Qty.
53	Cover	113*76.5*44	1
86	Left Pedal	9/16, L	1
87	Right Pedal	9/16, R	1
101	Cover L	93*89*44.5	1
102	Cover R	93*89*44.5	1
106	Bottle Holder	65*78*168	1
107	Dumbbell Rack	70*80*154	1
D	Hardware package		1
Е	User Manual		1
F	Thank You Card		1

HARDWARE PACKAGE

HARDWARE PACKAGE SF-B122061



Ordering Replacement Parts (U.S. and Canadian Customers only)

Please provide the following information in order for us to accurately identify the part(s) needed:

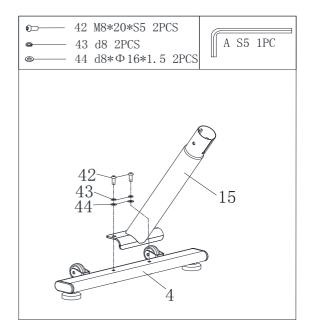
- ✓ The model number (found on cover of manual)
- ✓ The product name (found on cover of manual)

✓ The part number found on the "EXPLODED DIAGRAM" (page 16) and "PARTS LIST" (pages 14-15).

Please contact us at support@sunnyhealthfitness.com or 1-877-90SUNNY (877-907-8669).

ASSEMBLY INSTRUCTIONS

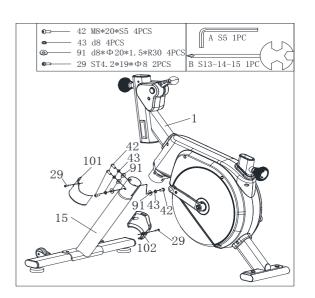
We value your experience using Sunny Health and Fitness products. For assistance with parts or troubleshooting, please contact us at support@sunnyhealthfitness.com or 1- 877 - 90SUNNY (877-907-8669).



STEP 1:

Remove 2 Bolts (No. 42), 2 Spring Washers (No. 43), and 2 Washers (No. 44) from Front Stabilizer (No. 4) by Spanner (No. A).

Attach the Front Stabilizers (No. 4) to the Supporting Tube (No. 15) by using 2 Bolts (No. 42), 2 Spring Washers (No. 43), and 2 Washers (No. 44). Tighten with Spanner (No. A).



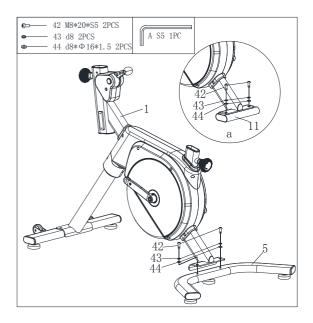
STEP 2:

Remove 4 Bolts (No. 42), 4 Spring Washers (No. 43), and 4 Arc Washers (No. 91) from Supporting Tube (No. 15) by Spanner (No. A).

Attach the **Supporting Tube (No. 15)** to the **Main Frame (No. 1)** using 4 **Bolts (No. 42)**, 4 **Spring Washers (No. 43)**, and 4 **Arc Washers (No. 91)** that were just removed. Tighten with **Spanner (No. A)**.

Attach the **Cover L (No. 101)** and **Cover R (No. 102)** onto the **Supporting Tube (No. 15)** using 2 **Screws (No. 29)**. Tighten with **Spanner (No. B)**.

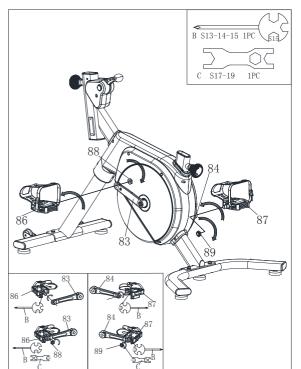
We value your experience using Sunny Health and Fitness products. For assistance with parts or troubleshooting, please contact us at support@sunnyhealthfitness.com or 1-877-90SUNNY (877-907-8669).



STEP 3:

Remove 2 Bolts (No. 42), 2 Spring Washers (No. 43), and 2 Washers (No. 44) from Main Frame (No. 1) by Spanner (No. A). Discard Packaging Tube (No. 11) which is not needed for the assembly (Figure A).

Attach the **Rear Stabilizers (No. 5)** to the **Main Frame (No. 1)** by using 2 **Bolts (No. 42)**, 2 **Spring Washers (No. 43)**, and 2 **Washers (No. 44)**. Tighten with **Spanner (No. A)**.



STEP 4:

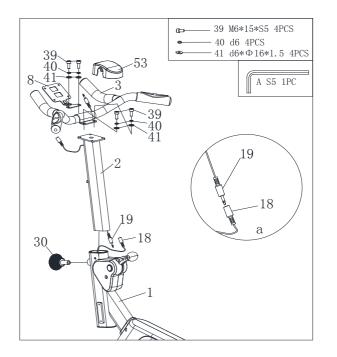
NOTE: Left Pedal (No. 86) is marked "L" and Right Pedal (No. 87) is marked "R". Screw out the Left & Right Nylon Nuts (No. 88 & No. 89) from Left & Right Pedals (No. 86 & No. 87) by Spanner (No. C).

Align the Left Pedal (No. 86) with the Left Crank (No. 83) at 90° and gently insert the Left Pedal (No. 86) into the crank arm. Turn the Left Pedal (No. 86) <u>counter-clockwise</u> as tightly as you can with your hand, then tighten and securely with Spanner (No. B).

Hold the bolt of Left Pedal (No. 86) by Spanner (No. B). Screw the Left Nylon Nut (No. 88) <u>clockwise</u> to the thread end of the Left Pedal (No. 86) securely with Spanner (No. C).

Align the **Right Pedal (No. 87)** with the **Right Crank (No. 84)** at 90° and gently insert the **Right Pedal (No. 87)** into the crank arm. Turn the **Right Pedal (No. 87)** <u>clockwise</u> as tightly as you can with your hand, then tighten and securely with **Spanner (No. B)**.

Hold the bolt of **Right Pedal (No. 87)** by **Spanner** (**No. B**). Screw the **Right Nylon Nut (No. 89)** <u>counter-clockwise</u> to the thread end of the **Right Pedal (No. 87)** securely with Spanner (**No. C**). We value your experience using Sunny Health and Fitness products. For assistance with parts or troubleshooting, please contact us at support@sunnyhealthfitness.com or 1-877-90SUNNY (877-907-8669).



STEP 5:

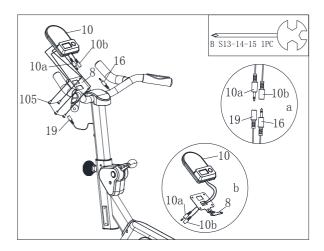
Connect **Sensor Wire (No. 18)** with **Trunk Wire (No. 19)**. (Figure A).

Loosen and pull out the **Knob (No. 30)** from **Main Frame (No. 1)**.

Then insert the Handlebar Post (No. 2) to Main Frame (No. 1), insert and tighten with the Knob (No. 30) after adjusting the Handlebar Post (No. 2) to the desired position.

Attach the Handlebar (No. 3) on the Handlebar Post (No. 2) using 2 Bolts (No. 39), 2 Spring Washers (No. 40) and 2 Washers (No. 41).

Attach the **Mounting Plate (No. 8)** in front of the **Handlebar (No. 3)** using 2 **Bolts (No. 39)**, 2 **Spring Washers (No. 40)** and 2 **Washers (No. 41)**. Tighten with **Spanner (No. A)**, then put on the **Cover (No. 53)**.



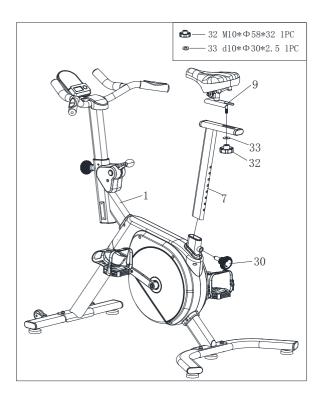
STEP 6:

Remove the 4 Screws (No. 105) from the back of Computer (No. 10) by Spanner (No. B).

First, put **Computer Wire 1 (No. 10a)** and **Computer Wire 2 (No. 10b)** through the hole of **Mounting Plate (No. 8)** (Figure b).

Attach the **Computer (No. 10)** to the **Mounting Plate (No. 8)** using the 4 **Screws (No. 105)** by **Spanner (No. B)**.

Connect Computer Wire 1 (No. 10a) with Trunk Wire (No. 19), connect Computer Wire 2 (No. 10b) with Pulse Sensor Wire (No. 16) (Figure a). We value your experience using Sunny Health and Fitness products. For assistance with parts or troubleshooting, please contact us at support@sunnyhealthfitness.com or 1-877-90SUNNY (877-907-8669).



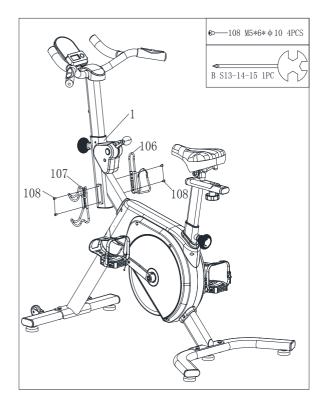
STEP 7:

Loosen and pull out the **Knob (No. 30)** from **Main Frame (No. 1)**.

Then insert the **Seat Post (No. 7)** to **Main Frame (No. 1)**, insert and tighten with the **Knob (No. 30)** after adjusting the **Seat Post (No. 7)** to the desired position.

Remove the Washer (No. 33) and the Knob (No. 32) from the Seat Slider (No. 9).

Attach the Seat Slider (No. 9) on the Seat Post (No. 7), tighten and secure with Washer (No.33) and Knob (No. 32) after adjusting to the desired position.



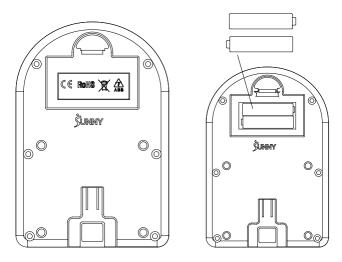
STEP 8:

Attach Bottle Holder (No. 106) on the right of Main Frame (No. 1) with 2 Screws (No. 108). Tighten with Spanner (No. B).

Attach **Dumbbell Rack (No. 107)** on the left of **Main Frame (No. 1**) with 2 **Screws (No. 108)**. Tighten with **Spanner (No. B)**.

The assembly is complete!

BATTERY INSTALLATION AND REPLACEMENT



BATTERY INSTALLATION

- 1. Take out 2 AAA batteries from computer box.
- 2. Press the buckle of battery cover on the back of the **Computer (No. 10)**, then remove battery cover.
- 3. Install 2 AAA batteries into the battery case on the back of the **Computer (No. 10)**. Pay attention to the battery + and poles before installing.
- 4. Press the buckle of battery cover, then put the battery cover back to the back of the **Computer** (No. 10).

The installation is complete!

BATTERY REPLACEMENT

- 1. Press the buckle of battery cover on the back of the **Computer (No. 10)**, then remove battery cover.
- 2. Remove the 2 old AAA batteries in the battery case and install 2 new AAA batteries into the battery case on the back of the **Computer (No. 10)**. Pay attention to the battery + and poles before installing.
- 3. Press the buckle of battery cover, then put the battery cover back to the back of the **Computer** (No. 10).

The replacement is complete!

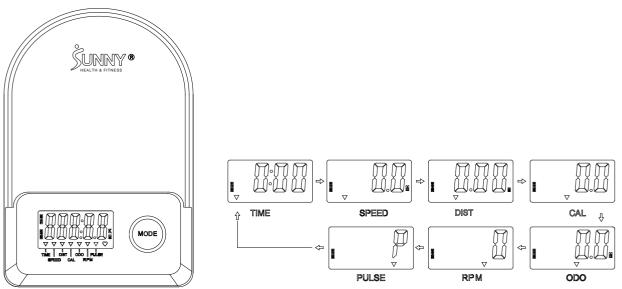
NOTE: Always change both batteries at the same time. Do not mix battery types and do not mix old and new batteries. Dispose batteries according to your state and regional guidelines.

ADJUSTMENTS & USAGE GUIDE

	TENCION AD HIGTMENT.
20 20 B B C C C C C C C C C C C C C	 TENSION ADJUSTMENT: Increasing or decreasing the resistance allows you to add variety to your workout sessions. There are 7 levels resistance. Level 1 is the lowest and level 7 is the highest. To increase the resistance, pull the Tension and Brake Handle (No. 20) ("+") down (Arrow B). When you hear a "click", it means the resistance is increased by 1 level. To decrease the resistance, push the Tension and Brake Handle (No. 20) ("-") up (Arrow A). When you hear a "click", it means the resistance is decreased by 1 level.
a 20	EMERGENCY BRAKE FUNCTION:
	The flywheel of the bike has a large inertia. When you need to get off the bike, pull down the Tension and Brake Handle (No. 20) firmly. Please wait until the flywheel has completely stopped rotating before releasing the Tension and Brake Handle (No. 20) . You can get off the bike once the flywheel has stopped.
	PEDAL STRAP ADJUSTMENT:
	 When you feel the pedal is too tight, press the buckle and pull the strap upward to loosen the strap (see Figure A); When you feel that the pedal is too loose, press the buckle and pull the strap down to tighten the strap (see Figure B). This product is recommended to step in the forward direction, and the backward direction is easy to cause loose pedal with gaps or abnormal sounds. If it is really loose, it should be locked with a Spanner in time.
	SEAT ADJUSTMENT:
A B 32	The seat of this bike is fully adjustable. Move Seat Post (No. 7) up and down: Loosen and pull out the Knob (No. 30) , then raise or lower the Seat Post (No. 7) to the desired height. Once adjusted, re-insert and tighten the Knob (No. 30) to secure the Seat Post (No. 7) in place. (Figure A).
	Move Seat Slider (No. 9) forward and backward: Loosen the Knob (No. 32), then move the Seat Slider (No. 9) forward or backward to the desired position, then tighten the Knob (No. 32). (Figure B).

HANDLEBAR ADJUSTMENT:
To adjust the height of Handlebar (No. 3), loosen and pull out the Knob (No. 30), then slide the Handlebar Post (No. 2) up or down to the desired height. Once adjusted, re-insert and tighten the Knob (No. 30) to secure the Handlebar Post (No. 2) in place.
BALANCE ADJUSTMENT: During use, if you notice that the bike is unbalanced, you can adjust the Foot Pad (No. 49) located beneath the Front & Rear Stabilizers (No. 4 & No. 5). Rotate the Foot Pad (No. 49) to direction A or B until the bike is balance, then use Spanner (No. B) to re-tighten.
MOVE THE BIKE: To move the bike, stand at the front of the bike, firmly grasp and hold each side of the Handlebar (No. 3), place one foot on the Front Stabilizer (No. 4) and tilt the bike towards you until the Transport Wheel (No. 46) touch the ground. With the Transport Wheels (No. 46) on the ground, you can transport the bike to the desired location with ease.

EXERCISE COMPUTER



KEY FUNCTIONS:

- Pressing the MODE key to select and lock on a function for following sequence: SCAN→TIME→ SPEED→ DIST (DIATANCE)→ CAL (CALORIES)→ ODO (TOTAL DISTANCE) → RPM→PULSE → SCAN
- Pressing and hold the MODE key with 3 seconds to reset the value to zero (without ODO).

SLEEP MODE:

- The system turns on when the MODE key is pressed or system sensed a signal input from the sensor.
- The system turns off automatically when the sensor has no signal input or no key are pressed for approximately 4 minutes.

FUNCTIONS:

- SCAN: Display changes according to the next diagram every 6 seconds.
- SPEED: The current speed with starting exercise.
- DIST: The current distance with starting exercise.
- TIME: The working times with starting exercise.
- ODO: The total distance which refers to the distance with the battery's life from the beginning to the end.
- CAL: The calories burned with starting exercise.
- RPM: Revolutions per Minute.
- PULSE: The current heart rate during exercise.

Please follow the APP operation instructions.

	SCAN	6S
SPECIFI	TIME	999:59 M:S
CATION	SPEED	0.00 [~] 99.99 M/H
	DIST (DISTANCE)	0.00 [~] 9999.9 M
	ODO (TOTAL DISTANCE)	0.00 [~] 9999.9 M
	CAL (CALORIES)	0.0~9999.9Kcal
	RPM	0~299
	PULSE	40~240
BATTERY	•	SIZE-AAA *2
Operating temperature		0 [~] 40°C (32°F−104°F)
Storage temperature		-10 [~] 60°C (14°F−140°F)

MAINTENANCE INSTRUCTIONS

This is general information for daily, weekly, and monthly maintenance to be performed on your bike.

DAILY MAINTENANCE	MONTHLY MAINTENANCE
 After each exercise session, wipe down all the equipment: seat, frame, and handlebars. Pay special attention to the seat post, handlebar post, and belt/chain guard. Sweat is very corrosive and may cause problems that require parts replacement later. Get on the bike and engage the drive train. Pay attention to any vibrations felt through the pedals. If you feel any vibrations, you may need to tighten the pedals, bottom bracket, or adjust the drive belt/chain tension. Use a wrench to tighten the pedals until they are secured. 	 Check if all hardware is secured, such as: bottle holder, flywheel nuts, belt/chain guard bolts, brake caliper lock nuts, and brake caliper tension rod nuts. Inspect the brake tension rod for signs of wear such as missing threads. Clean and lubricate the brake tension rod. Clean and lubricate the seat post, handlebar post and seat slider. Remove any built up of foreign material.
WEEKLY MAINTENANCE	LEATHER BRAKE PAD CARE (If applicable)
 Inspect moving parts and tighten the hardware. Inspect pull pin frame fittings to make sure the fittings are secure. Loose frame fittings may strip out threads over time and cause extensive damage. Clean and lubricate pop pin assemblies. Pull on the pin and spray a small amount of lubricant onto the shaft. Tighten the seat hardware to make sure the seat is level and centered. Brush and treat the resistance pads. Remove any foreign material that may have collected on the pads. Spray the pads with silicone lubricant. This helps to reduce noise from friction between the pads and the flywheel. Visually inspect the bottom bracket, toe clips and toe straps. If any of them are loose or disconnected, then attach and tighten them. 	 Perform this maintenance when the brake pad is first installed and for the life of the brake pad. Following these simple guidelines can increase the life of your brake pads. Some brake pad assemblies are pre- lubricated. Squeeze the brake pad. If lubricant is released, then the pad has been pre- lubricated. If the brake pad is dry, then coat the brake pad with 3-n-1 oil. Brush the leather with a clean, wire bristle brush, and then apply the oil. The oil should be allowed to soak into the pad. Repeat 4-5 times until the pad is saturated, but not dripping with oil. When the pad is saturated, it will no longer absorb oil. Inspect the brake pad weekly and lubricate if needed. The pad should not have a glazed appearance. If the pad appears glazed, then brush it with wire brush and apply lubricant as needed. If any of the sponge padding is showing through the leather pad, the brake pad should be replaced.

APP CONNECTION:

1. Scan the QR code below to download the SunnyFit app onto your mobile device.



- 2. If this is your first time using the SunnyFit app, follow the in-app instructions to register for your free SunnyFit account and log in.
- 3. Ensure that the Bluetooth **K** fu

function is turned on from your mobile device.

- 4. To connect the equipment to the SunnyFit app:
 - a. From the "Workout" tab, press on the "Search" button to search for your equipment.
 - b. Once your equipment appears on the list, tap the "Select" button to confirm.
 - c. **NOTE:** If your equipment does not appear on the "Searching for Equipment" list, check the EXERCISE METER on your equipment to ensure that it is not in sleep mode and your phone's Bluetooth function is on, then tap "Retry" to search again.
 - d. Once your equipment shows up on the "Workout" tab as "Currently Selected", your equipment is now ready to display, track, and record your equipment's workout stats on the app!
- 5. If you are unable to replicate these steps, or have any other issues with the SunnyFit app, please contact SunnyFit support at support@support@support@support@support@support@support, or use the in-app "Contact Us" form to request support ("Me" tab -> "Contact Us").

PARTS LIST

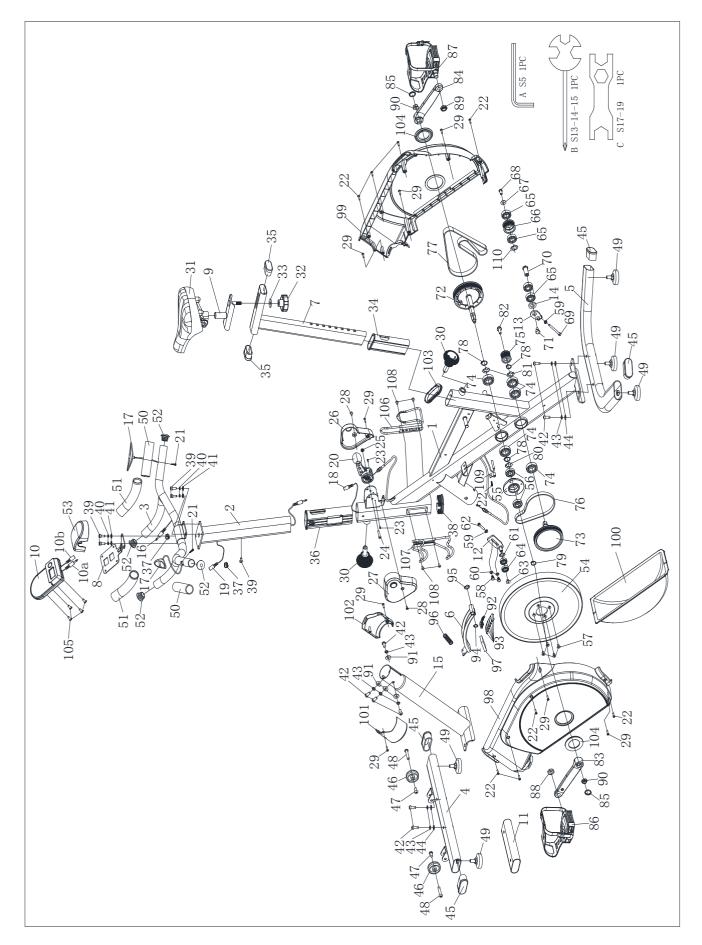
No.	Description	Spec.	Qty.
1	Main Frame		1
2	Handlebar Post		1
3	Handlebar		1
4	Front Stabilizer		1
5	Rear Stabilizer		1
6	Magnetic Board		1
7	Seat Post		1
8	Mounting Plate		1
9	Seat Slider		1
10	Computer		1
10a	Computer Wire 1		1
10b	Computer Wire 2		1
11	Packing Tube		1
12	Mounted Plate		1
13	Connecting Rod		1
14	Washer		1
15	Supporting Tube		1
16	Pulse Sensor Wire	Length 500mm	1
17	Pulse Sensor		2
18	Sensor Wire	Length 1000mm	1
19	Trunk Wire	Length 500mm	1
20	Tension and Brake Handle	Ф1.5*700*72	1
21	Screw	ST4*19*Ф7	2
22	Screw	ST4.2*16*Ф8	9
23	Screw	ST3*10*Ф5.6	2
24	Bolt	M6*50*10*S5	1
25	Nylon Nut	M6*H6*S10	1
26	Brake Cover R	128*123*34.5	1
27	Brake Cover L	128*123*34.5	1
28	Screw	M5*10*Ф9	2
29	Screw	ST4.2*19*Ф8	8
30	Knob	М16*1.5*25*Ф56	2
31	Seat		1
32	Knob	М10*Ф58*32	1
33	Washer	d10*Φ30*2.5	1
34	Bushing	PT70*30*PT60*20*L 150	1

No.	Description	Spec.	Qty.
35	End Cap	PT50*25*16	2
36	Bushing	PT80*40*PT70*30*L170	1
37	Plug	Ф12*11*Ф3	2
38	End Cap	PT80*40*1.5*18	1
39	Bolt	M6*15*S5	5
40	Spring Washer	d6	4
41	Washer	d6*Φ16*1.5	4
42	Bolt	M8*20*S5	8
43	Spring Washer	d8	8
44	Washer	d8*Φ16*1.5	4
45	End Cap	PT70*30*19	4
46	Transport Wheel	Ф48*22*Ф8*22	2
47	Bolt	M6*12*S5	2
48	Bolt	Φ7.8*30*M6*15*S5	2
49	Foot Pad	Ф52*M10*25	5
50	Foam Grip	Ф26*Ф32*150	2
51	Foam Grip	Ф26*Ф32*170	2
52	End Cap	Ф28*20	4
53	Cover	113*76.5*44	1
54	Flywheel	4*Ф320*29	1
55	Idler Wheel 2	Ф45*29*4-М6	1
56	Bearing	6003-2RS	2
57	Bolt	M6*12*S4	4
58	Bolt	M6*12*S10	2
59	Nut	M6*H5*S10	2
60	Washer	d6*Φ16*1.5	2
61	Wave Washer	d10*Φ15.5*0.3	1
62	Bolt	M6*25*S5	1
63	Screw	M6*10*Ф15*1.2	1
64	Bearing	6000-2RS	2
65	Bearing	6202-2RS	4
66	Transition Wheel	Ф45*Ф35*24	1
67	Washer	d8*Ф20*1.5	1
68	Bolt	M8*16*S5*Φ16	1
69	Bolt	M6*60*S5	1
70	Idler Fixed Shaft 1	Φ20*Φ15*35	1

No.	Description	Spec.	Qty.
71	Idler Fixed Shaft 2	Ф16*20*M8	1
72	Belt Disc	Ф114*Ф20*186	1
73	Driven Shaft	Ф112*Ф20*86	1
74	Bearing	6004-2RS	5
75	Idler Wheel 1	Ф36*27-9РЈ	1
76	Belt	5PJ170	1
77	Belt	8PJ340	1
78	Ring-Shield	d20	3
79	Ring-Shield	d17	1
80	Wave Washer	d17*Ф22*0.3	1
81	Wave Washer	d20*Ф25*0.3	2
82	Bolt	M8*20*S13	1
83	Left Crank	152*9/16-20,L	1
84	Right Crank	152*9/16-20,R	1
85	Crank Plug	Ф25*7	2
86	Left Pedal	9/16, L	1
87	Right Pedal	9/16, R	1
88	Left Nylon Nut	9/16-20, L	1
89	Right Nylon Nut	9/16-20, R	1
90	Nut	M10*1.25*H7.5*S14	2
91	Arc Washer	d8*Φ20*1.5*R30	4
92	Magnet lattice	25*10	1

No.	Description	Spec.	Qty.
93	Magnet	25*10*5	6
94	Ring-Shield	d12	1
95	Wave Washer	d12*Φ17.5*0.3	1
96	Spring	Ф1.5*Ф18.6*60	1
97	Brake Pad	50*30*8	1
98	Housing L	568*385*68	1
99	Housing R	568*385*68	1
100	Transparent Cover	352*113*124.5	1
101	Cover L	93*89*44.5	1
102	Cover R	93*89*44.5	1
103	Seal	89*41*8.7	1
104	Seal	Ф64*Ф42*8	2
105	Screw	M5*10*Φ10	4
106	Bottle Holder	65*78*168	1
107	Dumbbell Rack	70*80*154	1
108	Screw	M5*6*Φ10	4
109	Sensor Base		1
110	Wave Washer	D15*Ф21*0.3	1
А	Spanner	S5*30*80	1
В	Spanner	S13-14-15	1
С	Spanner	S17-19	1

EXPLODED DIAGRAM





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