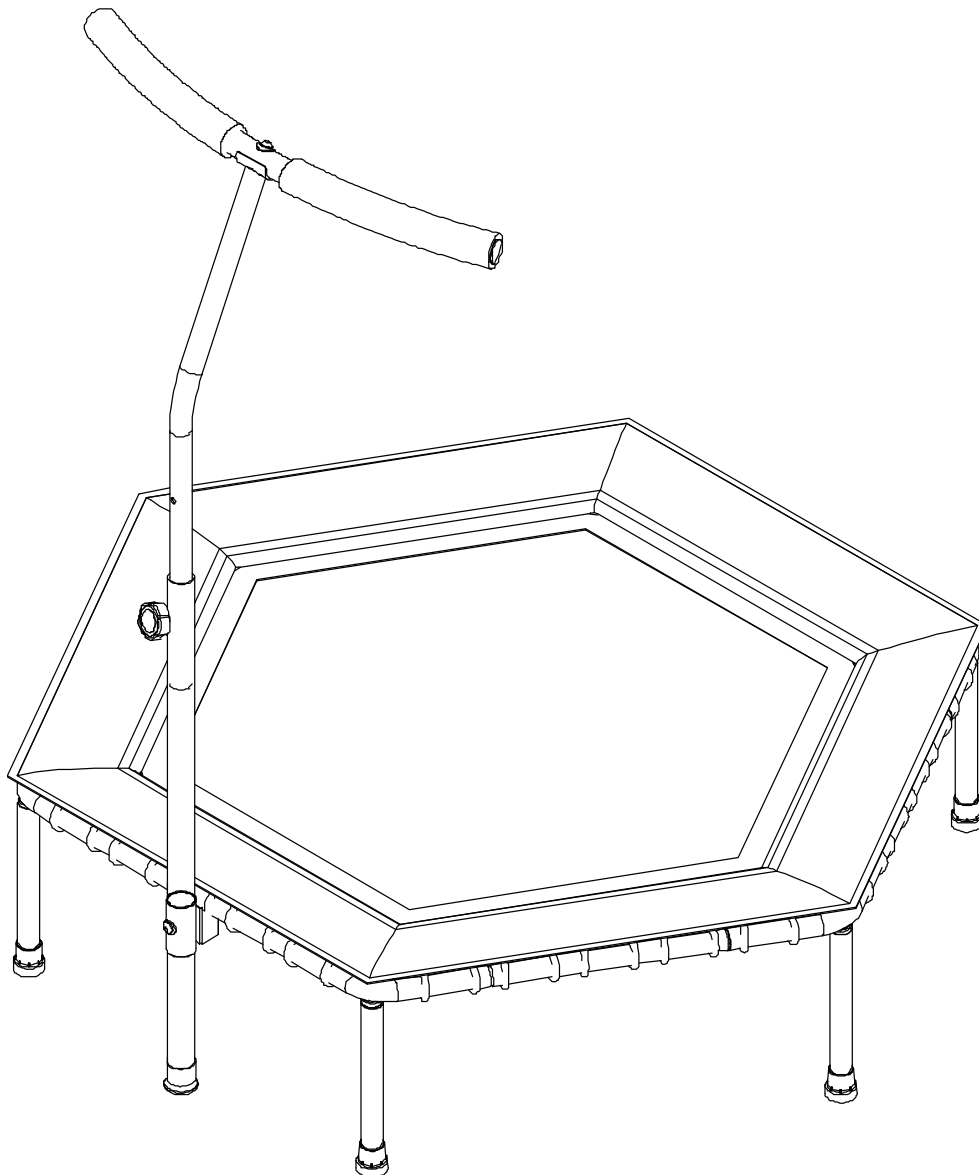




079 Hexagon Trampoline with Adjustable Handlebar USER MANUAL



IMPORTANT: Read all instructions carefully before using this product. Retain owner's manual for future reference. For customer service, please contact:
support@sunnyhealthfitness.com

IMPORTANT SAFETY INFORMATION

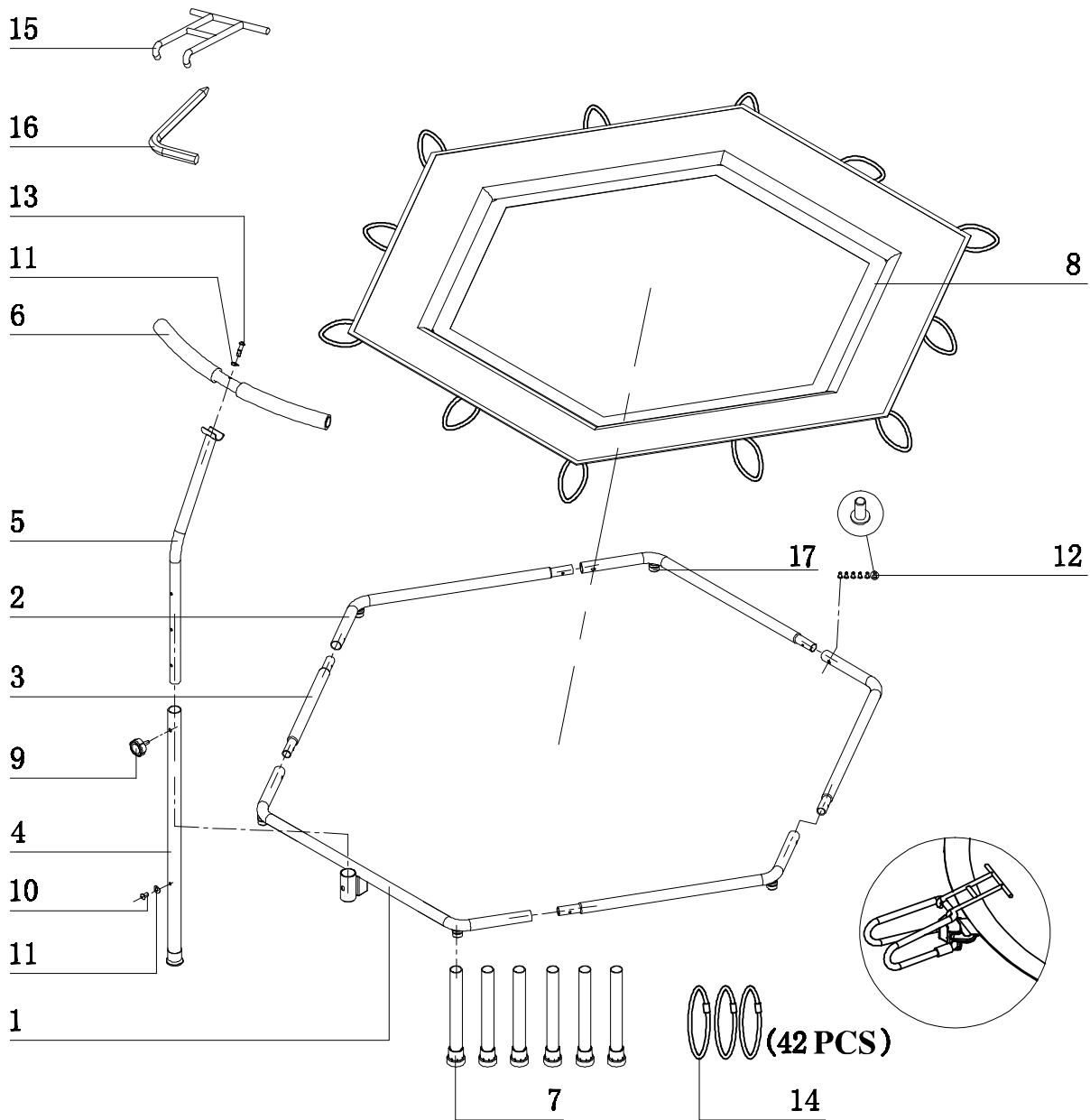
We thank you for choosing our product. To ensure your safety and health, please use this equipment correctly. It is important to read this entire manual before assembling and using the equipment. Safe and effective use can only be assured if the equipment is assembled, maintained, and used properly. It is your responsibility to ensure that all users of the equipment are informed of all warnings and precautions.

1. Before starting any exercise program you should consult your physician to determine if you have any medical or physical conditions that could put your health and safety at risk or prevent you from using the equipment properly. Your physician's advice is essential if you are taking any medication that may affect your heart rate, blood pressure, or cholesterol level.
2. Be aware of your body's signals. Incorrect or excessive exercise can damage your health. Stop exercising if you experience any of the following symptoms: pain, tightness in your chest, irregular heartbeat, shortness of breath, lightheadedness, dizziness, or feelings of nausea. If you do experience any of these conditions, you should consult your physician before continuing with your exercise program.
3. Keep children and pets away from the equipment. The equipment is designed for adult use only.
4. Use the equipment on a solid, flat level surface with a protective cover for your floor or carpet. To ensure safety, the equipment should have at least 2 feet of free space all around it.
5. Ensure that all nuts and bolts are securely tightened before using the equipment. The safety of the equipment can only be maintained if it is regularly examined for damage and/or wear and tear.
6. Always use the equipment as indicated. If you find any defective components while assembling or checking the equipment, or if you hear any unusual noises coming from the equipment during exercise, stop use immediately and don't use the equipment until the problem has been rectified.
7. Wear suitable clothing while using the equipment. Avoid wearing loose clothing that may become entangled in the equipment.
8. Do not place fingers or objects into the moving parts of the equipment.
9. The maximum weight capacity of this unit is 220 pounds.
10. This equipment is not suitable for therapeutic use.
11. Move with caution when lifting and moving the equipment. Always use proper lifting technique and seek assistance if necessary.
12. Your product is intended for use in cool, dry conditions. You should avoid storage in extreme cold, hot, or damp areas as this may lead to corrosion and other related problems.
13. This equipment is designed for indoor use only! It is not intended for commercial use.



WARNING: This product can expose you to one or more chemicals known to the State of California to cause cancer and birth defects or reproductive harm. For more information go to www.P65Warnings.ca.gov.

EXPLODED DRAWING

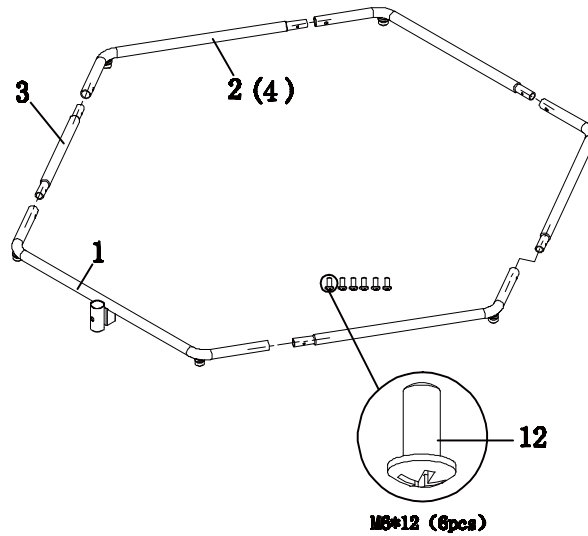


PARTS LIST

NO.	DESCRIPTION	QTY
1	Steel tube	1
2	Steel tube	4
3	Steel tube	1
4	Lower Handlebar Post	1
5	Upper Handlebar Post	1
6	Handlebar	1
7	Leg	6
8	Jumping Mat	1
9	Knob	1

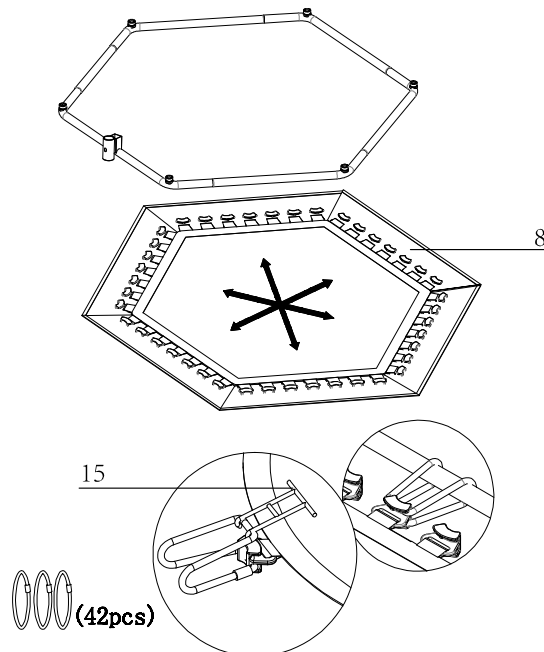
NO.	DESCRIPTION	QTY
10	Screw M8*16	4
11	Curved Washer ø8	2
12	Screw M6*12	6
13	Screw M8*40	1
14	Rope	42
15	Drag Hook	1
16	Allen Wrench S=5	1
17	Thread Protector Cap	6

ASSEMBLY INSTRUCTIONS



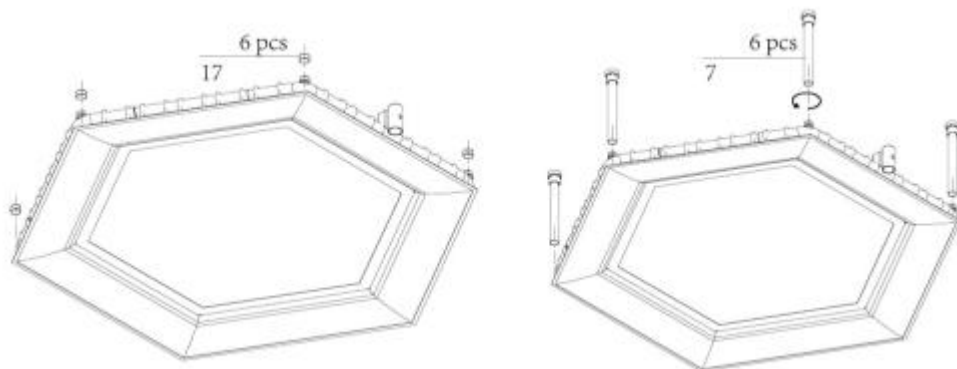
Step 1:

Lay the **Steel Tubes (No.1&2&3)** on the floor. Assemble as shown in the picture, using 6 **Screws (No.12)** to secure. Tighten with **Allen Wrench (No.16)**.



Step 2:

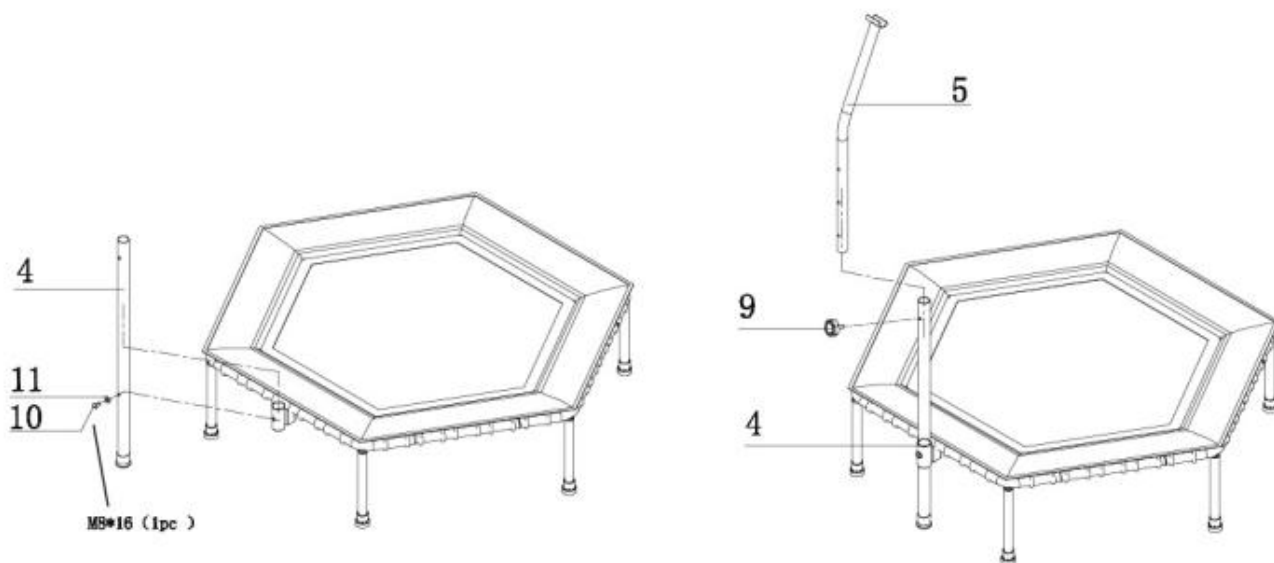
Turn steel tubes over. Put the **Jumping Mat (No.8)** on the bottom, using **Drag Hook (No.15)** to hook the 42 **Ropes (No.14)** as shown in drawing.



Step 3:

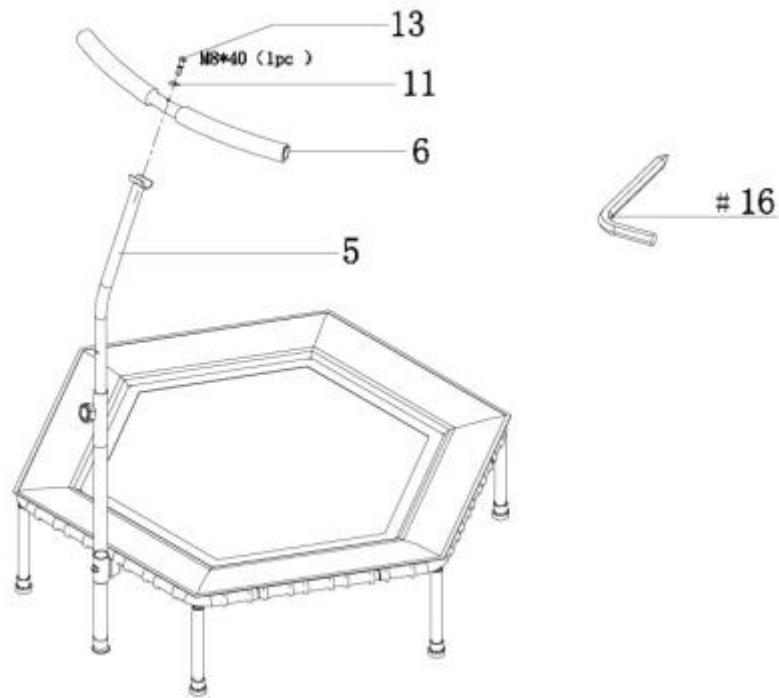
Remove 6 **Thread Protector Caps (No.17)** and discard. Screw in the 6 **Legs (No.7)** and turn clockwise to tighten.

Turn the trampoline over. All 6 legs should be secured in place and touching the floor.



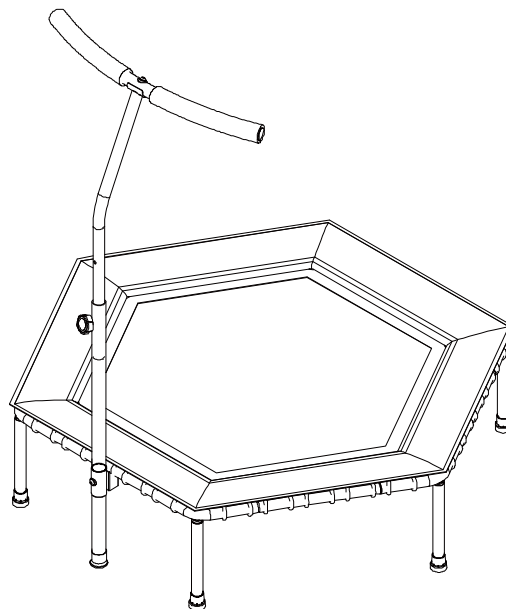
Step 4:

Insert the **Lower Handlebar Post (No.4)** into the hole of steel tube and secure using 1 **Curved Washer (No.11)** and 1 **Screw (No.10)**. Tighten with **Allen Wrench (No.16)**. Then attach **Upper Handlebar Post (No.5)** to the **Lower Handlebar Post (No.4)**, using 1 **Knob (No.9)**.



Step 5:

Assemble the **Handlebar (No.6)** to **Upper Handlebar Post (No.5)** using 1 **Curved Washer (No.11)** and 1 **Screw (No.13)**. Tighten with **Allen Wrench (No.16)**.



The assembly is completed! Before each use, check to make sure all the ropes are secure. If any are loose, use **Drag Hook (No.15)** to attach the ropes.