

SAINTS

HONOUR YOUR BODY

Shango Shrimp Salad — 5.95

Piri-piri battered shrimp with mixed leaf, roast peppers, cherry tomatoes and Trinidadian remoulade.

Peking Duck — 5.95

Shredded aromatic duck in pancake wraps with spring onion, cucumber, hoisin and creamy garlic sauce.

Cali — 6.45

Roasted tenderstem broccoli and butternut squash salad with pomegranate seeds, avocado, quinoa, pistachio nuts, spring onion, poppy seeds and fresh herbs. With an avocado, tahini and lemon dressing. (GF)(N)

+ Spiced Chicken 2

Poke — 6.45

Hawaiian sushi bowl with sesame rice, salt and chilli tofu, edamame, pickled veg, chillies, ginger, spring onion, crushed avocado, okonomiyaki sauce and wasabi cream. (GF)

Hail Caesar! — 6.45

A bed of romaine lettuce topped with chicken, croutons, red onion, bacon, umeboshi anchovy served with a Caesar dressing.

MAIN MENU SERVED

11AM-9PM Monday — Friday
12PM-9PM Saturday & Sunday
Table No. required when ordering

PLEASE ORDER AT THE BAR



MAINS

FOOD KEY

(GF) — Gluten Free
(GFO) — Gluten Free Option
(N) — Contains Nuts

100% VEGAN



SINNERS

PLEASURES, WITHOUT THE FLESH

⊖ BURGERS ⊖

Syko — 9.95

Cheeseburger with smoky DD Black BBQ sauce, beef tomato, crispy onion ring and lettuce on a charcoal black bun.

Big Make — 14.95

Double B12 patties with cheese, tomato, gherkins, onions, lettuce and big make sauce in a double cut brioche bun, served with plain fries.

Gym Candy † — 11.95

Burger patty with lettuce, beef tomato, mayo, fried pickles, pulled pork, guacamole, sweet chilli sauce and an avocado wing.

† APPROXIMATELY 43G PROTEIN PER BURGER †

Tinsley Tower — 9.95

Southern fried chicken burger with a cheesy hash brown, salad and BBQ mustard. (N)

Classic — 8.95

B12 Moving Mountains (GFO) OR chicken burger with iceberg, pink onion, tomato, ketchup and mayo.

Add: cheese slice 0.5 / Gherkin 0.5 / Hash Brown 1 (N)
Rainbow Slaw 0.75 / Fried Pickle 0.7 / Maple Bacon 1.25
Avocado Wings 1.25 / Cajun shrimp 3 / Pulled pork 3
Korean chicken 3 / Satay chicken 3 (N)

ALL BURGERS COME WITH MOVING MOUNTAINS B12 BURGER OR CHANGE TO BEYOND MEAT BURGER (GF) FOR EXTRA £2

* FRIES *

Plain — 3.5

Crispy French Fries lightly seasoned.

Okonomiyaki — 5.5

With chilli and garlic salted tofu, pickled radish, ginger, spring onion, fresh chilli, okonomiyaki sauce and Japanese mayo, sprinkled with nori dust. (GF)

Chorreadas — 5.5

Fries covered in coconut cream cheese sauce with roasted red peppers and onions, topped with Columbian spiced pulled pork, chillies and coriander. (GF)(N)

Poutine — 5.75

With crispy bacon pieces, sausage and almond cheese curds smothered in a port and hends gravy. (GFO)(N)

Pesto — 4.75

Crispy french fries tossed in homemade parmesan, drizzled with a rocket and pumpkin seed pesto. (GF)(N)

Satay — 5.75

Topped with rich satay sauce, chicken shreds, charred pineapple, spring onion and roast peppers. (GFO)(N)

✕ WRAPS ✕

Gyros — 6.5

Classic Greek spiced seitan kebab with mint dressing, slaw, salad and hot sauce. (GFO)

Doner Kebab — 6.95

Traditional Turkish spiced seitan kebab with creamy slaw, lettuce, garlic mayo and hot sauce. (GFO)

Southern Fried Wrap — 6.95

Southern fried chicken strips tossed in a buffalo sauce with lettuce, tomato and pickles dressed in ranch sauce all wrapped in a warm flatbread.

⊗ DESSERT ⊗

Short & Sweet — 4.5

Crunchy shortbread layered up with soft, chewy caramel filling, topped with rich chocolate.

Peace of Cake — 4.5

A sweet and creamy pink strawberry cheesecake with a buttery caramelised biscuit base.

WE MAKE OUR MENU FRESH AND FROM TIME TO TIME WE CAN RUN OUT OF CERTAIN DISHES. PLEASE CHECK FOR AVAILABILITY

Wicked Wings — 5

MNB house special. Avocado wedges coated in goldenbatter with ranch dressing & hot sauce. (GF)

Saint Pickles — 5

Crispy panko breaded pickle spears with garlic mayo and dill. (GFO)

Born again Ribs — 5.95

Tender rack of seitan ribs cooked in sticky BBQ sauce with creamy ranch dip.

Korean Style — 5.95

Crispy fried chicken or cauliflower (GF) tossed in our secret recipe spicy Korean BBQ sauce on a bed of mixed leaf with oimuchim salad and cooling sesame and rice vinegar mayo. (hot)

Nachos Nirvana — 5.5 (S) 7.95 (L)

Fresh cooked tortilla chips topped with nacho cheese, Pica de Gallo, avocado cream, jalapenos, black beans, rainbow slaw (N).

+ Maple bacon 2

+ Cajun Shrimp 3

+ Pulled pork (GF) 3

OUR ALLERGEN STATEMENT

Menu items which refer to animal products and derivatives are made with a vegan substitute. The terms have been used for reference to the items which have been carefully replicated in our kitchen. Our descriptions do not always mention every ingredient, just ask us if you're unsure. Our suppliers and kitchen handles numerous ingredients and allergens. Unfortunately it is not possible for us to guarantee that our dishes will be 100% allergen free.

