

COMPACT WITHOUT COMPROMISE

From the leader in whole body vibration for over 20 years, the Power Plate® Mini+™ is a quiet, ultracompact, portable handheld massager that is convenient enough to take with you everywhere you go. This pocket-sized massage gun gives you a spa-like treatment and integrates easily into your busy, daily life to help:

- Relax and rejuvenates tight and sore muscles
- Accelerate exercise warm up and recovery
- Promote blood flow and fascia release
- Enhance range of motion
- Reduce muscle pain











WHAT'S INCLUDED

The Power Plate Mini+ comes with two unique attachments as well as the USB-C charging cable and a lightweight carrying pouch for storage and travel.



Simple, 1-Button Control



Drawstring Pouch



Power Plate® Mini+™ Features

62PG-900-09

Matte Black Colors Charging Method USB-C Charge Cable User Materials Quick Start Guide (in-box); Educational Content (via the Power Plate App) Vibration Levels 4 Standard Ascending Intensity Levels Level 2 Level 3 Level 4 Vibrations Per Minute Level 1 3,000Hz 1,800Hz 2,200Hz 2,600Hz 3.5 Hours (210 minutes) Battery Charge Time **Battery Runtime** 5 Hours (level 1) Auto Shutoff Timer 10 minutes Weight .96lb (435g) Certifications CE, FCC Motor Type Brushless Motor **Amplitude** 8mm Stall Force 17 lbs (7.71kg)



Carrying Pouch









Visit our website at powerplate.com to check out the rest of our Targeted Vibration Products



For training tips, workouts and even more ways to get the most out of our products, download the Power Plate App.





