

Dr. JULIE WEI



Dr. Julie Wei is an internationally recognized award-winning Pediatric Ear, Nose and Throat Surgeon, speaker, and author of *A Healthier Wei* and co-author of *Acid Reflux in Children*. She currently serves as the Division Chief of Pediatric Otolaryngology – Head and Neck Surgery, and Audiology at Nemours Children’s Hospital in Orlando, FL. Dr. Wei is a Professor of Otolaryngology – Head and Neck Surgery at the University of Central Florida’s College of Medicine and serves as the Chair of Otolaryngology Education.

A passionate children’s health advocate, Dr. Wei has been highlighted on *TEDx “The Hidden Dangers of the Milk and Cookie Disease”* and on *The Doctors TV Show* teaching audiences about how diet and dietary habits lead to acid reflux, which negatively impact children’s health. She has appeared on various national and local news outlets including Fox News Online. A prominent peer-reviewed author, Dr. Wei’s research has been published in scientific journals including *Laryngoscope* and the *International Journal of Pediatric Otorhinolaryngology*. She is currently a board member and contributing author for *ENT Today*.

As a result of her more than 15 years of clinical experience and applied research, Dr. Wei believes that many children suffering from runny noses, allergy symptoms and sore throats are being misdiagnosed and overmedicated. She learned what is not taught in medical and surgical training: diet and dietary habits of children and the adults that feed them are responsible for many of these symptoms. In 2018, Dr. Wei launched the *Healthy Kids Movement*, a national campaign based on her core commitment to create a paradigm shift in how medical professionals and parents prevent, protect, and restore children’s health. She is singularly focused on sharing her observations and treatment successes with all who care

for children, including parents, teachers, physicians and healthcare systems.

As a mother first, surgeon second, Dr. Wei passionately leads critical change in various facets of the barriers that prevent children from being “healthy.” In 2017, after four years of campaigning, she achieved the “impossible” and was able to get a prominent national insurance company to reverse their “carve out” that resulted in thousands of underserved children now having access to her team’s specialized expertise on hearing assessments and treatments critical for language development. She has devoted significant energy to developing curriculum and mentoring medical students and trainees to increase awareness about diet as a risk factor for children’s health. As a certified trainer for the Johnson & Johnson Human Performance Institute’s Corporate Athlete® Program, she teaches medical teams how to stay healthy, optimally manage human energy and prevent burnout.

As a graduate from New York Medical College, Dr. Wei completed her ENT residency training at the Mayo Clinic in Rochester, MN, followed by a two-year pediatric ENT fellowship at the Children’s Memorial Hospital (now Lurie Children’s) at Northwestern University. She is a fellow of the American Academy of Pediatrics and is currently a member of the Triological Society, the American Society of Pediatric Otolaryngology, the American Academy of Otolaryngology Head Neck Surgery, and the American Bronchoesophagological Association. She is also a former President of the Society for Ear, Nose and Throat Advances for Children (SENTAC).

In her free time, Dr. Wei enjoys playing tennis, cooking, kayaking, taking walks with her dog, and spending intentional time fully engaged with her husband and young daughter.