



# THIS MAN SHOULD BE DEAD



## Meet Rick Morse

Discover how he came back from a cardiovascular system so totally diseased and blocked he was given only 24 hours to live—to officially having the heart of a '20-year-old'—in under 11 months.

## This book is VITAL READING if:

- You are a male over 30 or a female over 48,
- You, a relative, or someone you love has Cardiovascular Disease, has suffered a stroke, or heart attack,
- You are experiencing a drop in energy, cold feet or hands,
- Breathing is increasingly a struggle,
- You find it a difficult to walk up stairs, a hill or maybe even on level ground,
- You suffer from angina, chest pain or heartburn.

**...and/or you'd like to hear about a scientifically validated and Nobel Prize-winning alternative that might help you.**

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## Chapter 1

**Prior to almost dying from serious Cardiovascular Disease, Rick had already had:**

- **FIVE -way heart bypass surgery,**
- **Died THREE times in Intensive Care recovering — followed eight-nine years later with**
- **FIVE stents that all blocked, and**
- **FOUR major heart attacks**

With his last heart attack was rushed to hospital and told he had under 24 hours to live unless he had further emergency four-way bypass surgery.

Yet, he 'knew' he would die if he had it as he was extremely weak and exhausted after years of struggle.

**So he checked himself out of hospital *without the operation* and 'reversed' his own cardiovascular disease using science awarded a Nobel Prize in Medicine.**

### Find out how...

He has shown literally 1,000s of people how to do the same for themselves in the years since. Perhaps what he did may assist you or someone you love.

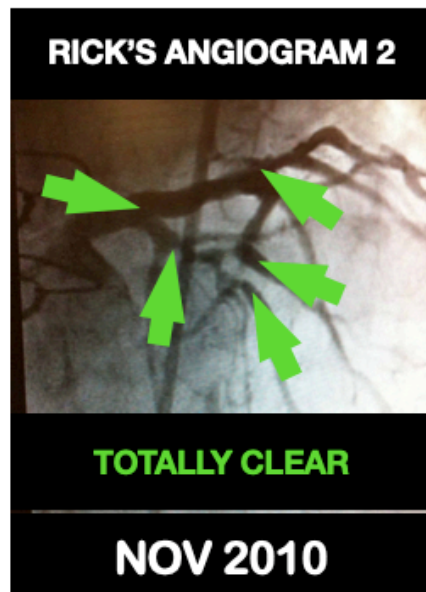


## Chapter 2

### Angiograms Show Cardiovascular Disease Reversal!



11 Months Later..



**In December 2009 Rick's heart was almost totally blocked** (as you can see in his 'critically blocked' angiogram to the right).

- Only 8 years prior to experiencing the heart attack that landed him in hospital where this angiogram was taken, Rick had already experienced 4 heart attacks, 5-way bypass surgery, had 'died' 3 times in recovery, had 6 angiograms and 5 stents inserted that all re-blocked.
- Now he had just had his 4th serious heart attack in 18 months and his life was on the line. An echo-cardiogram earlier that day had revealed that half his heart was virtually 'frozen' —hardly moving. Each heart beat literally struggled to complete and each one could easily have been his last.
- Rushed to hospital with this current heart attack he was about to have an emergency 4-way bypass operation. He was told he would not likely live more than 24 hours without it.
- His condition was so severe that in the pre-op exam the surgeon was worried as there were no arteries or veins to 'harvest' for the operation, but he 'was forced to go ahead' as there were no other options. It was life or death.

**Rick checked himself out of hospital *without* the operation they said he 'had to have' as he was absolutely certain he would die if he had it.**

- Over the next 10 months Rick's surgeon could not understand how he was getting better instead of dying, so in the 11th month he arranged another angiogram (above, right) which shows Rick's cardiovascular system was now 'miraculously' perfect. Rick knew why.

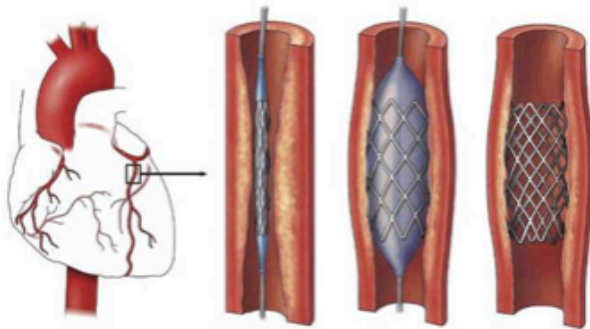
- The results showed there was absolutely **ZERO Cardiovascular Disease. NONE.** No blockages. No more heart attacks or angina and no need for an operation. In fact, many echocardiograms since continue to confirm that Rick's cardiovascular system is like that of a 20-year-old.

**This is how he did it...**

## Chapter 3

### Rick's fight-for-life to find a Natural, Non-Surgical Solution

Between his five-way bypass surgery at the end of 2000, and eight years later (before the heart attacks renewed and **FIVE** stents that all re-blocked), Rick went all-out to find a solution to his Cardiovascular Disease.



#### **STENTS ARE OFTEN USED TO INCREASE NARROWED ARTERIAL BLOOD FLOW**

All of Rick's **FIVE** stents re-blocked—which is the case in 30% of cases—and remain totally blocked to this day, yet he still functions normally and can sprint uphill without difficulty.

- For most of the time he was either vegetarian or vegan, doing his very best to give himself the greatest potential to get, and keep, his arteries clear.
- He used EDTA chelation and was about to add intravenous Vitamin C infusions using Linus Pauling's Heart Health protocol.
- He followed his cardiologist's drug regime (of up to 12 tablets per day, including statins, beta blockers, nicotinic acid and aspirin to name just a few)—not to even mention the not-insignificant side effects!



#### **EDTA (Ethylenediaminetetraacetic acid) infusion being administered.**

EDTA is a chemical used to chelate and clear arteries. Approximately 10 sessions are required. Besides costing many thousands of dollars it is only partially effective as results are very temporary and do nothing to address the underlying cause of the Cardiovascular Disease, nor does it reverse hardening of the arteries.



## **NOTHING WORKED**

No matter what Rick tried, nothing looked like saving him. One day the angina began again, followed by a series of heart attacks over the next 18 months. A number of emergency ambulance rides took him to hospital where they (un)plugged him with stents—FIVE in total. They all re blocked. Nothing could stop the onslaught of heart attacks caused by his aggressive and relentless Cardiovascular Disease.



**Only a few weeks before his heart was about to seize with his final heart attack, Rick came across something very exciting.**

He discovered that three scientists had, a few years earlier, won a **Nobel Prize in Medicine** for discovering that a certain amino acid converted in the body to the gas, Nitric Oxide, which could clear arterial blockages and reverse Cardiovascular Disease. Impressed with the what he found in his research Rick managed to find a product based on the science which arrived the day before his last heart attack—the one we've been talking about that nearly killed him.



## **Chapter 4**

### **Rick puts his life and trust in the Nobel Prize-winning Science**



**Rick was certain he wouldn't survive the operation. During the long night in hospital he considered his very doubtful future and the operation they were going to perform the next morning.**



- He had come very close to not surviving the first operation, 'dying' three times in intensive care and taking many months longer than most people to recover.
- In some areas, such as short term memory loss, he had never recovered.
- He was now 10 years older. Before the first operation he had felt fairly strong within himself, however this time around his strength had been depleted from multiple heart attacks, constant and worsening angina pain and the many angiograms and blocked stents that had worn him down, leaving him feeling twice his age.

**At some point during the sleepless night in hospital before the planned operation the next morning, he realised what he would do:**

- On his desk at home sat the newly delivered product based on the science of the Nobel Prize in Medicine that showed promise it might actually do something to address the underlying cause of his condition, not just 'patch' him up.
- The product had arrived just prior to the heart attack that had landed him in hospital and he hadn't had time to start taking it.
- At his first opportunity the next morning he advised the medical team he would not have the operation and would check himself out of hospital instead.
- Understandably they were not impressed. For a few hours he was visited by increasingly higher ranked medical staff, beginning with doctors and progressing to the hospital cardiologist, a cardio-surgeon, and finally the hospital administrator, all wanting him to have the operation and using increasing levels of coercion to have him change his mind.



Rick totally understood this as they were genuinely concerned for his safety. So was he. In the end they produced the discharge papers and he went home, they thought, to die.



## Chapter 5

### Rick's Miraculous Recovery Astounds his Medical Team!



**Rick did not only NOT die, he rapidly went from strength to strength. In a very short time he could walk across the room totally free of the paralyzing angina pain. Within a few weeks he had Christmas with 30+ of his extended family who were staying and played with the grandchildren, nieces and nephews with energy much like one of the kids.**

- January saw even more improvement with him taking increasingly longer, including uphill, walks.
- February 4 he had a scheduled appointment with the surgeon who had been due to perform his operation only a couple months earlier, and who was mystified how Rick was not only still alive but how well he was looking and feeling. Another appointment was scheduled for a month or so later.
- At that appointment Rick ran up the two flights of stairs instead of taking the lift to the surgeon's clinic, who was dumbfounded and confused by his progress, and ended up booking yet another appointment for a month or so.



- This continued for a number of months until the surgeon, totally confused by the results he said defied all science (he hadn't heard of the Nobel Prize in Medicine behind the product Rick was taking, nor seemed too interested in it as he was sure his results could not have been due to this. But he was still totally at a loss to explain his results). He wanted to see Rick in another month or so.
- By October, with Rick being so well and with NONE of the outward symptoms (no more angina or heart attacks, no shortness of breath, no tiredness or energy loss—actually quite the opposite—he had boundless



energy) the surgeon asked if Rick would agree to another angiogram to see what was going on.

- The angiogram took place at the Royal North Shore Hospital, Sydney, in November, 11 months after the angiogram that showed his heart virtually seizing in total meltdown post his last, and final, heart attack.
- The angiogram picture result (above with the caption: 'Totally Clear, Nov 2010') shows absolutely ZERO cardiovascular disease.
- Ever since that time many years ago, Rick's every Stress-echocardiogram has shown his cardiovascular health to be equivalent to that of a '20 year old' (as quoted by his cardiologist who, by the way, is still in total denial that the Nobel science has had any effect on the result, and even though he has no plausible answer as to what has created such a miraculous outcome). Before starting on the Nitric Oxide supplement Rick's prescribed medicines were being taken and all the while he was progressively getting worse until he almost died. Today Rick is totally free of pharmaceutical medicines as there is nothing he needs to be taking.

## Chapter 6

### The Importance of *the* Right Formula and the Best Product!



**It can't be stressed enough. Not all Nitric Oxide precursor products on the market are anything like equal. Most of them are very questionable ([click here for a comparison](#)) and virtually none are quality—which you need if you're talking about your health and well-being.**



**Here are the key factors to be aware of when exploring product options:**



Dr Rainer Böger



OR



**1. The importance of the right mix of the amino acids L-citrulline and L-arginine.**

L-arginine alone, once converted to Nitric Oxide, only lasts in the bloodstream for 10-20 minutes. While L-arginine alone can work it's imperative to keep taking a lot of it every half hour, day and night, to achieve a therapeutic effect. Hardly practical, no doubt you'll agree.

This discovery was made by the world's most prolifically published research scientist on Nitric Oxide, Germany's Dr Rainer Böger. L-arginine by itself only remains active in the body for around **10-20 minutes**, so in order to achieve a therapeutic result one needs to drink massive amounts of L-arginine literally all day and night long...

**OR...** when L-arginine is present in the body *with* L-citrulline, in the correct ratio and the right quality, the resulting Nitric Oxide lasts up to a massive 12-14 hours, maximising the time it can work its magic in the body. Then taking only two doses at either end of the day produces enough therapeutic Nitric Oxide in the blood, **24/7**.

**2. The importance of amino acids (L-arginine and L-citrulline) MUST be the highest medical grade available.**

I've seen people pay less for what appeared to be a quality product but they actually didn't achieve results, or the results couldn't be sustained. As soon as they swapped to using only the very best quality raw materials and their results turned around, they realised that they were actually playing Russian roulette with their lives. There can be a very high price to pay for choosing a cheaper/inferior product.

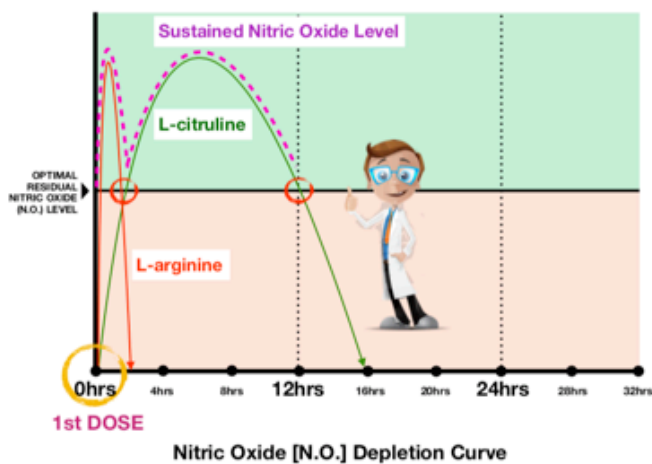




2:1

Highest Quality  
Medicinal Grade  
L-ARGININE

Highest Quality  
Medicinal Grade  
L-CITRULLINE



### 3. Additives, Fillers and Ratios:

My advice is to never select a product with a long list of added vitamins, minerals and other ingredients which may make for a good marketing story. These ingredients rarely constitute sufficient to achieve a real therapeutic effect.

It's far more important to maximise as much L-arginine/L-citrulline as can be included in the product, in the right ratio. This is what is going to maximise your potential to get the result you are looking for. *Remember, every added ingredient has to replace an equivalent amount of Nitric Oxide precursor.* Look for quality L-arginine/L-citrulline with a substantial amount of L-citrulline (1:2 ratio is Dr Böger's, with nothing more than a pH balancing agent (something like citric acid) with natural fruit flavours and a natural zero calorie sweetener to help mask the grotesque natural taste of the amino acids. It make sense: *you DO NOT want long lists of nutraceuticals in the product as they only deplete the amount of amino acid you need the product to achieve!*

### 4. How to achieve Maximum Results

This is a subject that needs a little explaining.

To understand what to do, and why, go to [NiOxHealth.com/NO Curve](http://NiOxHealth.com/NO Curve) to watch a short 2 minute video explanation.

