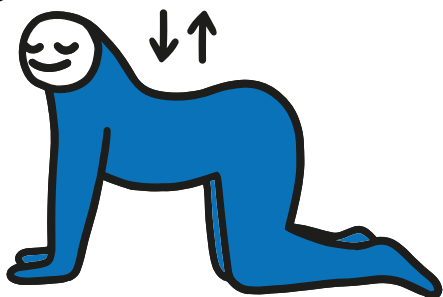


YOGANG

Routine #3
Durée / Time
5 min.

①

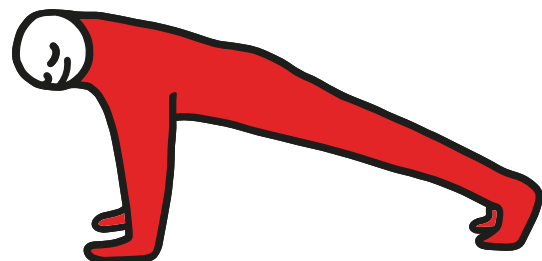


George

Plank
Transition
en planche



②



Tess

③

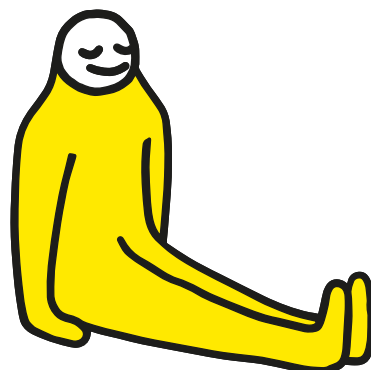


Sophie

Seated
Transition
assis

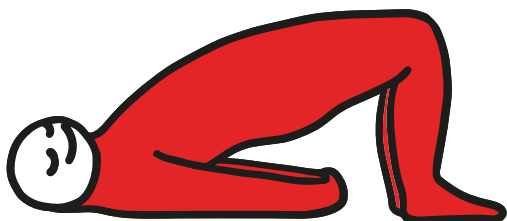


④



Raoul

⑤

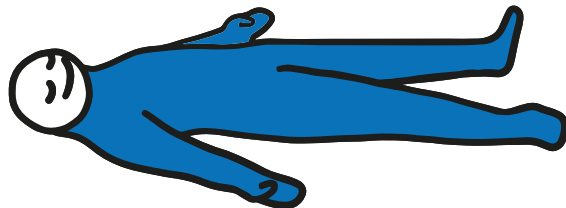


Olivia

Lay down
Transition
couchée



⑥



Doris