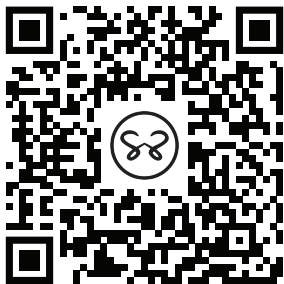


Measurement Steps

1. Print this document on a 8.5" x 11" piece of paper
 - a. make sure in your print settings Scale and Margins are set to Default and Header and footers is unchecked.
2. Check the print accuracy using the "Accuracy Check" below.
3. Place the paper on the floor. Preferably a hard surface.
4. Place heel of foot at the base line and side of foot on the side line.
5. Put weight on the foot.
6. Mark the end positions of the longest toe and the widest part of the foot (usually ball of foot).
7. Use the guidelines to find the length and width in CM.
8. Scan the QR code or Visit the Website to find your size.

Accuracy Check

To check for correct print size: **Place a Credit Card inside the box below.** If it fits, the chart has printed correctly.



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measurements in centimeters

