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## Drinking Water Redefined -Alkaline Ionized Water

Did you know that there is water out there that is actually healthier than ordinary RO water? Yes, you heard it right. There is a healthier alternative, and it is gaining a lot of popularity nowadays. It's called alkaline ionized water. Alkaline ionized water has been popularly considered as a means of maintaining good health since the olden days. Our ancestors consumed water that was rich in minerals and alkaline in nature. This is one of the main reasons for their longevity of life. And that's not all.

The properties of alkaline water have been medically examined as well. Clinical studies were conducted on the benefits of alkaline water in Japan in the late 1960's. These studies proved that alkaline water, though not a medicine -has numerous benefits for the human digestive system. Doctors regularly prescribed alkaline water for all cases of digestive discomfort. Hospitals in Japan routinely give their patients alkaline water over regular water for better health and quick healing.

Alkaline water is also an effective antioxidant. It is a great way to flush out harmful toxins from your body. A buildup of toxins can cause issues like fatigue, weight gain, skin problems, digestive issues, and serious diseases like cancer and gout. Numerous studies have been conducted on the importance of detoxifying your body. Alkaline water is a quick and easy solution for this.

### **Buder's 7 Plate Countertop Alkaline Water Ionizer HI TA-817**



**HI-TA 817**

**Patented Technology**



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Alkaline water is also known for reducing acidic waste in blood cells and maintaining the pH levels in the body. The human body has a natural pH level of 7.36. Fluctuations in pH levels or acidic waste can cause indigestion, cold, acid reflux, obesity, headaches, allergies, etc. Alkaline ionized water maintains these levels, which helps the body build up a strong immune system.

Some people also believe that regularly drinking alkaline ionized water can reduce the risk of cancer. It lowers acid levels, which helps the body fight cancerous cells. Alkaline water is readily absorbed into the bloodstream. The Ionized Water molecules in it are tiny and easily absorbed, so they reach the blood cells faster. Hence, it has a quick effect on the body.

The next question on everyone's mind is, how to make alkaline water. And the answer is that a few renowned companies and brands make innovative Alkaline Water Ionizers - machines that give you pure and healthy alkaline ionized water right at home. One such brand is Buder, manufactured by Hitachi Maxell Ltd, in Japan, which uses state-of-the-art technology for pure, top-quality alkaline ionized water. The Head of Buder Water Co. says, "For more than 40 years of experience, Buder has been continuously developing and manufacturing water dispenser and related products with ideas of environment-friendliness and energy efficiency. Our belief is always to be the most reliable supplier and present the best quality to customers.

"It isn't hard to guess that alkaline ionized water is not just a health fad, but is here to stay. The best way to get it is to install an alkaline water ionizer in your home. So how do you do that? Go online! You can purchase the Buder Alkaline Water Ionizer from <https://mybooster.biz/> and install it in your home. All at the click of a button!