



## The Official EWG Clean Fifteen & Dirty Dozen Produce List 2019

### The Clean Fifteen

1. Asparagus
2. Avocados
3. Broccoli
4. Cabbage
5. Cantaloupe
6. Cauliflower
7. Eggplant / Aubergine
8. Honeydew Melon
9. Kiwi Fruit
10. Mangoes
11. Onions
12. Papayas
13. Pineapples
14. Sweetcorn
15. Sweet Peas (frozen)

### The Dirty Dozen

1. Apples
2. Celery
3. Cherries
4. Grapes
5. Nectarines
6. Pears
7. Peaches
8. Potatoes
9. Spinach
10. Strawberries
11. Sweet Bell Peppers
12. Tomatoes