

It's super easy don't worry!

1. GET A BUCKET /POT OR FILL THE SINK WITH COLD WATER

(anything actually that allows your bottle and their labels to be completely submerged)

2. ADD 1/4 CUP (60ML) OF BAKING SODA TO THE WATER AND STIR UNTIL IT DISSOLVES

(if you're doing more than 2 bottles at a time, throw a little more baking soda in!)

3. LET YOUR BOTTLES SOAK FOR 30 MIN. IF THE LABELS STILL DONT WANT TO COME OFF AFTER THIS... LEAVE THEM FOR ANOTHER 30 MIN. FOR REALLY STUBBORN LABELS, LEAVE THEM OVERNIGHT!