

# BREAKFAST

available from 8am - 4pm

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VANILLA BERRY BIRCHER JAR 95k

vanilla bean bircher jar served with acai smoothie, island fruits, & house made granola

**+ add a scoop of peanut butter +10k**

PARADISE PANCAKES ★ 95k

vanilla infused pancakes, coconut ice-cream, maple & caramel syrup, berry compote, sweet dukkah, pink cream & banana

BIG BOSS BREAKY GFO ★ 95k

your choice of scrambled tofu or vegan fried egg with sourdough, pesto, garlic mushrooms, avocado, breaky brushcetta, smokey bakon, pumpkin hummus, hash brown & balsamic reduction

AVO TOAST 2.0 GFO 85k

sourdough, pesto, smashed avo, roasted cherry tomato, creamy feta, toasted seeds, kale & basil oil

**+ add vegan fried egg + 20k**

**+ spiced sauerkraut +20k**

**+ add garlic mushrooms + 20k**

BEACON BENEDICT 80k

english muffin, smokey tempe bacon, avocado, spinach, hash brown & hollandaise sauce

**+ add vegan fried egg + 20k**

FRUITS OF LIFE GFO 75k

seasonal island fruits, strawberry, passion fruit, coconut yoghurt, mint, rosella dust

**+ add house-made granola + 10k**

# SMOOTHIE BOWLS

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BERRY TROPICAL GFO 90k

dragon fruit blended with banana, mango mixed berries, coconut water topped with house made granola, strawberries & banana

ACAI BOWL GFO ★ 95k

acai berries, banana, mixed berries, apple juice topped with island fruits & house made granola

**++ add a scoop of peanut butter +10k**

**++ swap for gluten-free granola +15k**

**CUSTOMISE YOUR SMOOTHIE BOWL GARNISH (MAX 8 LETTERS) +25K**

SUNNY RIDE BURGER GFO ★ 85k

ciabatta filled with vegan egg, hash brown, coconut bakon, avocado, rocket, tomato, chutney, onion, aioli & bbq sauce

POWER PORRIDGE 75k

oat, caramelized banana, apricot compote, syrup, strawberry, coconut nectar & sweet dukkah

BRUNCH BOWL GF 95k

pumpkin hummus, kale, wild rocket, broccoli, edamame, cherry tomato, sunny mustard dressing, red onion, quinoa, roasted pumpkin, garlic mushrooms

GHANDI TOAST GFO NEW 80k

garlic toum, basil pesto, sundried tomatoes, smashed pumpkin, spring onions, rocket, sweet chilli

BAKON & CHEESE TOASTIE 80k

smokey plant-based bakon, Green Rebel vegan cheese, caramelised onion, aioli

MUSHROOM PESTO MELT GFO NEW 80k

pesto, mushrooms, caramelised onions, Green Rebel vegan cheese, caper mayo

SHAKA-SHUKA GFO NEW 80k

your choice of vegan egg or scrambled tofu, spiced tomato sauce, mixed beans, garden herbs & sourdough toast

# BRUNCH COCKTAILS

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BLOODY MARY ★ 130k

celery infused gin, tomato juice, vegan worcestershire, citrus, salt

MIMOSA 130k

sparkling wine, fresh orange juice

## MAKE YOUR OWN:

sourdough or gluten-free bread 25k

avocado | smokey tempe | scrambled tofu 20k

garlic mushrooms | asparagus | hashbrown

pesto | sauerkraut

pumpkin hummus | breaky bruschetta 15k

vegemite | berry compote | peanut butter 15k

**ADD A VEGAN FRIED EGG +20K**



all prices are subject to 10% tax & 6% service

## SMALL PLATES

BUFFALO CAULIFLOWER WINGS ★	75k
crunchy cauliflower, house-made bbq sauce, chipotle aioli & chives	
POTATO & LEEK SOUP <b>NEW</b> <b>GFO</b>	75k
creamy potato and leek soup with sous-vide leek, croutons & basil oil	
HIGH ROLLING <b>GFO</b>	75k
rice paper rolls filled with marinated tofu & tempe, hoisin, carrot, cucumber, coriander & cabbage served with peanut sauce	
SALT & PEPPER CALAMARI <b>GFO</b> ★	75k
crispy calamari, tartare, furikake, chilli flakes	
CRISPY CHAT POTATOES <b>GF</b>	50k
aioli & smokey salt	

## SALAD BOWLS

BRUNCH BOWL <b>GF</b>	95k
pumpkin hummus, kale, wild rocket, broccoli, edamame, cherry tomato, sunny mustard dressing, red onion, quinoa, roasted pumpkin, garlic mushrooms	
WHOLE BOWL	95k
organic greens, tempe, avocado, edamame, carrot, cucumber, cherry tomato, red onion, sesame tahini dressing, furikake, pickled ginger	
BLI BUDDHA <b>GFO</b> ★	95k
organic greens, broccoli, chickpeas, lentils, carrot, slaw, oven-baked tofu, roasted pumpkin, aioli, cauliflower rice, pumpkin hummus, house dressing & garlic sourdough	
MACROBIOTIC PLATE <b>GFO</b>	95k
a healthy, nutritious & balanced meal with quinoa, broccoli, kale, indonesian opor curry, roasted pumpkin, seaweed, pickled salad, sambal matah & tahini	

## SIDES

BROCCOLI BOWL <b>GF</b>	50k
sauteéd with olive oil, garlic & lemon	
LOADED FRIES <b>GF</b>	55k
french fries fully loaded with herb salt, chipotle aioli, crunchy onion mix & jalapeños	

### our favourites ★

**GF: gluten-free**

**GFO: gluten-free option**

\*all prices are subject to 10% tax & 6% service

## MAINS

MEXICAN BURRITO ★	95k
tortilla, rice, mexi beans, lettuce, avocado, salsa, corn, slaw, mexi potatoes, coriander, chipotle aioli, sweet chilli & jalapenos	
CARBONARA <b>NEW</b>	90k
creamy carbonara sauce, spaghetti, bakon, mushrooms, parmesan, vegan egg yolk	
CREAMY TAN TAN RAMEN ★	95k
creamy japanese broth, ramen noodles, 'pork' mince, bok choy, wakame, bean sprouts, enoki, corn, shitake, chilli oil, toasted sesame, chilli oil	
BUTTER CHEEKEN CURRY	110k
creamy cashew curry, soy cheeken, veggies, coconut yoghurt, mango chutney, basmati rice & roti canai	
VIETNAMESE PHO <b>GFO</b>	90k
authentic vietnamese broth, slow cooked "beef", rice noodles, bean sprouts, snow peas, bok choy, tofu, marinated shiitakes, asian herbs, chives & chilli	
SPAGHETTI BOLOGNESE <b>GFO</b>	90k
spaghetti, bolognese sauce, rawmesan & garlic foccacia <b>** gf pasta available +18k</b>	
SEAFOOD RISOTTO <b>GF</b>	90k
creamy risotto, 'calamari', 'scallops' & fennel	
EGGPLANT PARIJANA	95k
napolitana sauce, melted cheese, french fries, salad	

## BURGERS & WRAPS

MINDFUL <b>GFO</b>	80k
your choice of burger bun OR wrap	
curried vege pattie, avocado, organic greens, cucumber, fried onion, sprouts, carrot, beetroot, aioli & sweet chilli	
<b>+ add french fries +15k</b>	
KYND BIGGER MAC ★ <b>NEW RECIPE!</b>	95k
burger bun, new burger pattie, big mac sauce, onion, lettuce, pickles & fries	

## DESSERTS

CHOC BISCOFF MOUSSE	65k
choc mousse, biscoff, marshmallow, orange gel	
WARM APPLE PIE	65k
served with coconut ice-cream	

**>>> BE SURE TO CHECK OUT OUR DESSERT FRIDGE!**