



Monroe: 284-9463 // Middleton: 824-9463 //
 Fitchburg: 277-9463 // West Wash: 268-6264 //
 Old Sauk: 828-9502 // University: 709-1164 //
 www.barriquesmarket.com

Breakfast

Breakfast Bowls \$6.50

Blackhawk: Scrambled eggs, avocado, Barriques black bean salsa, chipotle pico de gallo & power grains. (GF)(VG)

Shorewood: Scrambled eggs, Wisco aged cheddar, bacon & a potato medley (yukon, red & sweet). (GF)

Capital City Breakfast Sandwich \$6.50

Egg, bacon, Wisco aged cheddar, sriracha-tomato jam & spinach served on a Barriques rosemary cheddar scone.

Avocado Jack Wrap \$7.95

Scrambled eggs, pepper jack, tomato, avocado & spinach in a flour tortilla. (VG)

Breakfast Sandwich \$3.25

Egg with Wisco aged cheddar served on a Barriques breakfast roll. Upgrade your bread to a rosemary cheddar scone for \$1.00 (VG)

Crustless Quiche \$4.95

Personal sized, homemade fresh egg quiche. Choose Ham & Swiss (GF) Veggie (GF)(VG) or Chorizo (GF)

Granola & Milk \$4.25

A big bowl of Barriques granola served w/ milk. (DF)(VG)

Baked Oatmeal \$3.95

Rolled oats, fire-roasted apples, apple sauce, brown sugar & golden raisins. (DF)(GF)(VG)(V)

Yogurt Parfait \$4.50

Vanilla Greek yogurt with blueberries & raspberries topped with Barriques granola. (GF)(VG)



Coffee To Go

96oz of freshly brewed coffee - \$24.95
 cups & condiments included

Soups & Chili *seasonal

served w/ a Barriques roll

Soup cup...\$4.85	Chili cup...\$5.85
Soup bowl...\$5.85	Chili bowl...\$6.85

Sandwiches & Wraps

Served w/ potato chips or mixed greens

California Turkey \$9.45

Smoked turkey breast, greens, tomato, avocado & mayo on artisan sourdough.

Pork Quesadilla \$9.45

Pulled pork, pepper jack, Wisco aged cheddar, sautéed peppers & onions with a side of chipotle ranch.

Power Burrito \$8.95

Power grains, pepper jack, chicken, Barriques black bean salsa, greens & chipotle ranch in a flour tortilla.

Chucky Tuna \$8.95

Barriques tuna salad, Wisco aged cheddar & tomato on artisan sourdough.

Pesto Grilled Cheese \$9.45

Wisco aged cheddar, Boursin, tomato & spicy kale-basil pesto on artisan sourdough. (VG)

Market Bowls

The Wingra \$10.95

Bacon-braised brussel sprouts, apple, dried cranberries, smoked almonds on a bed of greens & power grains w/ maple-balsamic vinaigrette.

The Sugar River (VG)(GF) \$9.95

Pesto marinated fresh mozzarella, roma tomato, garlic edamame, toasted pine nuts on a bed of greens & power grains w/ maple-balsamic vinaigrette.

The Kegonsa (VG)(GF) \$10.95

Berbere squash, red, Yukon & sweet potatoes, sage mushroom, fresh basil, shaved parmesan, pistachios on a bed of mixed greens & power grains w/ raspberry ginger vinaigrette.

The Mendota (VG)(GF) \$9.95

Black bean-corn-pepper salsa, avocado, tomato, greens, powergrains & chipotle ranch dressing.

ADD	Herb Roasted Chicken...\$1.85	Avocado.....\$1.40
	Smoked Pulled Pork....\$2.00	Bacon.....\$1.45
+	Barriques Roll.....\$0.60	

(DF)-Dairy Free (GF)-Gluten Friendly (V)-Vegan (VG)-Vegetarian

