



By Udeeksh Sood

[www.stringcart.com](http://www.stringcart.com)

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# Beginner Guitar Course

## Lesson 2

# How To Hold The Guitar And Pick



[@udeekshsood](https://www.instagram.com/udeekshsood)



[@udeekshsood](https://www.youtube.com/udeekshsood)



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# Lesson 2

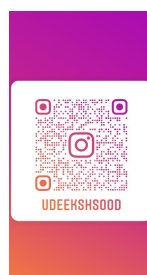
## Steps To Solve This Workbook

**Step 1** - Learn how to hold the guitar by watching the video of the lesson 2 and reading the article. Visit <https://stringcart.com/blogs/beginners-guitar-course/how-to-hold-a-guitar-and-guitar-pick>

**Step 2** - Take a print out of the page 3 of this worksheet.

**Step 3** - Fill out the worksheet accordingly with a pen or a pencil.

**Step 4** - Once you have completely solved the worksheet, post your progress on Instagram and tag @udeekshsood



### **Share Your Progress And Get Featured**

**Step 1** - Print Out The Worksheet

**Step 2** - Complete The Worksheet

**Step 3** - Click A Picture Of The Worksheet

**Step 4** - Post on Instagram and tag @udeekshsood

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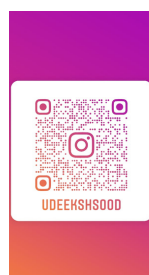
## Workbook - Pop Quiz

**Ques 1** - Choose All That Are Required To Play Guitar While Standing

- Stool Or Chair
- Guitar Pick
- Foot Stool
- Guitar Strap

**Ques 2** - How Do You Hold A Guitar Pick?

- Between The Tips Of Your Index Finger and thumb
- By First Making A Gun With Your Index Finger and Thumb. Then Firmly Holding The Pick With Index Finger and Thumb.
- Between Your Ring Finger and Pinky Finger
- Between Your Thumb and Pinky Finger



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## Workbook - Pop Quiz

**Ques 3** - What Should Be Avoided While Sitting Down and Playing The Guitar. Choose All Correct Answers:

- Slouching Forward
- Laying Your Guitar Flat
- Sitting With A Straight Back

**Ques 4**- How To Know If You Are A Left Handed Guitar Player Or A Right Handed Guitar Player? Write Your Answer Below:

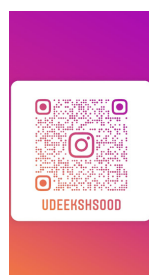
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