

# PARTS OF A BODY

By Mark & Helen Johnson



## SING!

Sing *Parts Of A Body* together.

## TRY THIS



Ask a family member to read 1 Corinthians 12 v 12-31.

This Bible passage talks about how **every person brings something**

**different and equally important** to the church family, and that includes you! The church is described as a body with many different parts – we can't all be eyes, how would we smell?

Make a potato-head character as a fun way of exploring this idea together. Everyone can get creative drawing different body parts, then tape them on to cocktail sticks and pop them into a potato!

## WOW & WONDER

Isn't it incredible that **God made you completely unique**, and that you have a special purpose as part of His body on earth? Spend a moment thinking about what makes you 'you'. The way you smile, or play an instrument or encourage a friend are all important in making the church a complete body with no missing parts.

## TALK IT OVER

Take another look at 1 Corinthians 12 v 12-31.

1. Why do you think it's important to God that there is 'no division' in the body?
2. Can you think of a time when the church, the 'body', looked after you or someone you know?
3. Take a peek at verse 26. Do you know anyone in your church who is suffering, or anyone who is rejoicing right now? How can you show these people that you care about what they are going through?

## REMEMBER THIS

**1 Corinthians 12 v 27**

*Now you are the body of Christ, and each one of you is a part of it.*

## KEEP GOING

Churches haven't been able to meet together for a few weeks now – all the parts of the body are in different homes! Are you missing yours? Have a think about someone in your church who you miss, or someone who may feel lonely in this time. **Is there a way that you can encourage them today?**

You could post them a picture or a prayer, or send a video message that will help them feel connected to the church body.