

# EXTRAORDINARY ME! EXTRAORDINARY YOU!

A FREE RESOURCE FROM  
**sameboat**  
@HOME

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## SING!

*Extraordinary Me! Extraordinary You! together.*

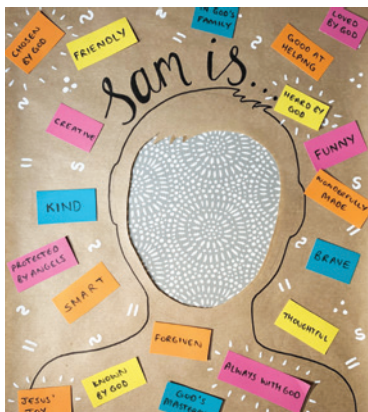
## TRY THIS

Ask a family member to read Psalm 139 v 13-18.

Like the song and this Psalm say, we are all unique and that is worth celebrating! **This activity reinforces positive self-image, reminds us of our God-given identity** and encourages family members to affirm each other. It's perfect for every age, from the youngest who are just discovering who they are, to teenagers who are being 'defined' by the world around them – even parents whose identity may have been shaken with all the changes that lockdown has brought.

You will need: **One piece of paper per family member, scissors, small pieces of paper, pens, glue, a mirror.**

Draw and cut out a head-shape from the paper and write a family member's name on it. **Write character traits, talents and Bible verses on the smaller pieces of paper and stick them all over the paper.** Attach



it to a mirror that is used often and encourage everyone to speak these affirmations out loud whenever they look through them. [Visit our website for a list of Bible verses you could use.](#)

## WOW & WONDER

God's intimate and personal love for us is so wonderful. Take your own piece of paper to a mirror somewhere and spend a few moments reading what has been written about you, **thanking God for his love and careful design.**

## TALK IT OVER

Take another look at Psalm 139 v 13-18, then read Ephesians 2 v 10. Use the questions to help explore these passages:

1. Did you know there's a book in heaven about you? It was written before you were even born! What kinds of things do you think are written in this book?
2. What does Ephesians 2 v 10 tell you about your life and purpose?
3. These Bible verses are about us, but what do they tell us about God?

## KEEP GOING

Keep a journal every day this week. This could be your version of the book in heaven about you, where God has written about each day! Every evening, you could **write down what your day was like**, what you prayed about, what God said to you and what good things you did for others. It might even say the same as God's one – what an amazing thought!

## REMEMBER THIS

Ephesians 2 v 10.