



Daily journaling is a great way for kids to develop communication skills, stimulate creativity and explore emotions. Plus it can be lots of fun!

We've compiled a list of prompts to help inspire kids into the habit of writing everyday. Encourage the addition of drawing and coloring to supplement or even replace writing for younger children. Ask older kids to expand on the ideas and write more. All that matters is they take the ideas and run with them.

Give a prompt each day and try to be consistent about the time that you assign it. Getting into a routine helps keep the practice going. The prompts range from silly to serious and can be used in order. Or feel free to skip around and add in any of your own ideas!

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- 1 Write a story about life in the far off future.
 - 2) What would your dream house be like?
 - 3) What is your favorite thing to do outside?
 - 4) If you could travel back in time, where and when would you go?
 - 5) What is your favorite game?
 - 6) Imagine a kid who can't stop growing, what happens next?
 - 7) If you could visit anywhere in the world, where would you go?
 - 8) Would you rather have a star or an island named after you? Why?
 - 9) If you could have an unlimited supply of anything, what would it be?
 - 10) Pretend you've shrunk down to teensy tiny and are exploring your bedroom.

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- 11) Would you rather get a pet dog or a pet horse?
- 12) Invent a new creature and describe it. What does it look like? What does it eat?
- 13) Write about what you'll be like when you grow up.
- 14) What is your dream vacation?
- 15) Pretend a new machine was invented that lets pets talk. What happens next?
- 16) Write down 5 things you're good at.
- 17) Would you rather have three arms or three legs?
- 18) Imagine a genie grants you three wishes, what would they be?
- 19) If you were king or queen for a day what would you do?
- 20) Invent something to make your parents' lives easier. What is it? How does it work?
- 21) Pretend you can make anything grow on trees, what would it be?
- 22) Describe your perfect weekend day.
- 23) Imagine waking up to find that you're invisible. What would you do?
- 24) What is the best present you have ever recieved?
- 25) If you could have any super power what would you pick?

keep in touch!