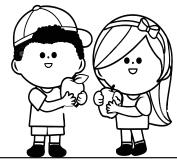


CONTENTS



Pages Topics	Hours	Details
--------------	-------	---------

2-7	What we need to live	4	Different types of food; water; where water comes from; air; sunlight.
8-11	Myself and others	4	Friends; people at home and school; dealing with conflict and bullies.
12-16	Everyone is special	6	People are similar and different; things that help people; caring for
			people with disabilities; I can be a hero.
17-20	Healthy living	4	Protecting food we eat; simple ways of purifying water; things that
			harm us; good habits.
21-26	Seasons	6	The four seasons; how seasons affect us; how seasons affect growing
			things; how seasons affect animals.
27-31	Animals	4	Farm animals- types and uses, wild animals - types and camouflage.
32-34	Animals that live in	4	Salt water animals and creatures – the sea and rock pools
	water		Fresh water animals and creatures – dams, ponds, lakes and rivers
35-37	Animal homes	4	Animals that make their homes; animals that find a home; animals
			that carry their homes.
38-40	Soil	4	Different soils; creatures that live in the soil; soil for growing plants;
			the value of growing plants.
41-47	Transport	6	What transport is; road transport; rail transport; air transport;
			water transport; uses of different types of transport.
49-53	Road Safety	4	Rules for pedestrians; rules for cyclists; rules for passengers; road signs
			for pedestrians and cyclists; scholar patrol; how traffic officers help us.
54-58	People who help us	4	In our community; how different people help us; how I ask for
			information and assistance; how I ask for help in an emergency.
59-62	Our Country	4	South Africa; our flag; South African National Anthem; symbols (optional)
63-71	Ways we	6	Speaking; reading; writing; listening; looking
	Communicate		
72-74	Life at night	6	Things I do at night; people who work at night; night animals
75-80	Religious and other Sp	ecia	l Days (2 hours per term) Own work

For the FACILITATOR

This book conforms strictly to the CAPS syllabus. Worksheets and activities are provided for each topic and sub-topic. Read through the sentences, stories and activities with the learners and complete some of the work together. Worksheets can also be completed independently or as homework. Role-play and group work adds interest and variety and can be incorporated into your lessons.

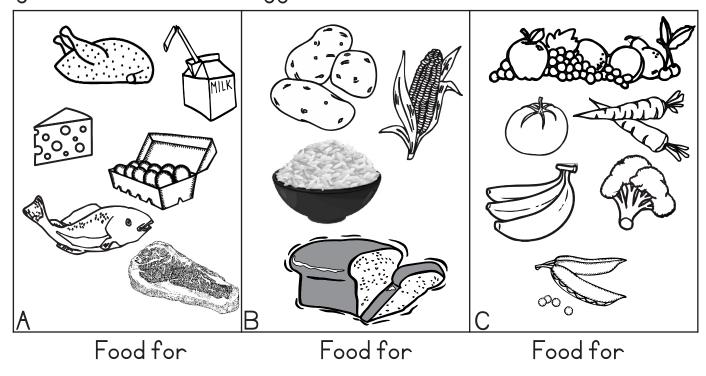
Due to the variety of cultures, religions and celebrations, we have left it up to the facilitator to choose their own Religious and other Special Days activities.

Use the pages provided at the end of the book for that work or make a separate booklet. Alternately you can purchase a range of charts or a pack of worksheets covering a variety of Religious and Special Days from the Depicta website under Life Skills - Charts; and/or Digital products. www.depicta.co.za

Date:_____

Different types of food

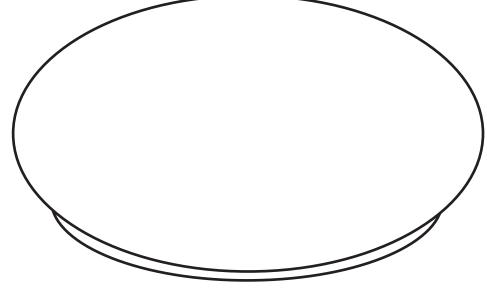
We need to eat different types of food to stay healthy, to grow and to have energy.



Write these words on the lines underneath the correct pictures.

health growth energy

What would you like to eat for dinner? Draw at least one food from each box on this plate.



Date:	Water	
	Draw a circle around the plant that has not had water.	5
	How do you know?	
Every living thing ne	eeds water to survive. WASTE W	
Are these sentence Write T for True ar	es TRUE or FALSE? and F for false in each block.	
We should drink 6 -	8 cups of water every day.	
You lose water from	m your body when you sweat.	
You should not drin	k water after you have exercised.	
Rocks and stones n	eed water.	
Animals need water	↑ to live.	
Some animals live in	n water.	
Our cars need wate	er.	
Plants need water t	to live and grow.	
We would still have there was no wate	fruit and vegetables to eat if r.	
We need water to d	clean our belongings and ourselves.	
Water can not be fi	rozen.	
Water can evapora	te into steam.	
You can not pour w	ater.	

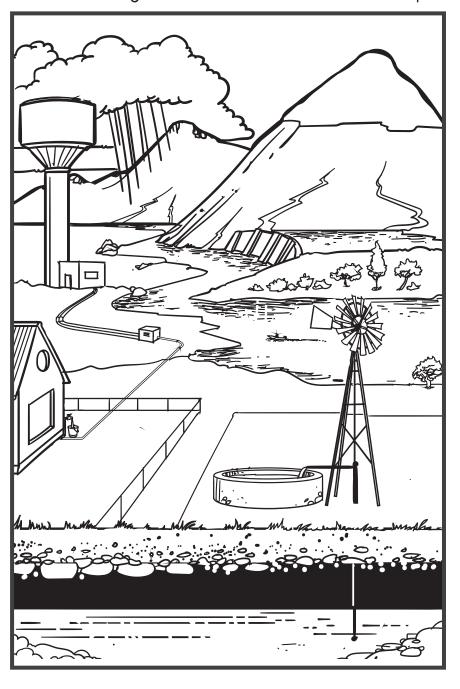
Date:		

Water and where it comes from

Talk about the different labels and where our water comes from.

Talk about how we get the water in our homes.

Draw lines to join the labels with the correct parts of the picture.



snow

rain

water storage tower

dam

river or stream

lake

water pipes

tap

windmill

underground water Date:

Air

Can you solve this riddle?

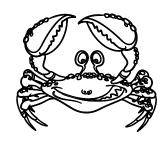
All living things need air.

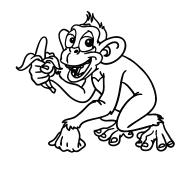
Look at the pictures and colour only the things that need air to live.

You can't see me, but I am all around you.

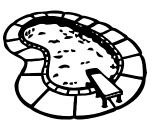
What am I ? _____











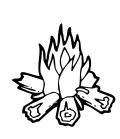


















Date:

Friends

Cross out or draw a line through all the to be. The words that are left will



Quality



with you



truthf

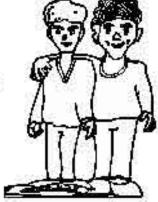




you







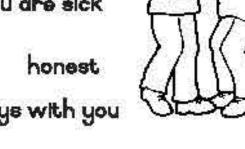


ind your back

en you are sick

jou

plays with you



les to you

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WHLS2-E



Things that h

Write the names of the things that help politices then draw lines to the middle b

hearing aid contact lens walking frame crutches ar













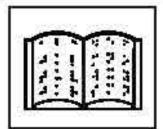










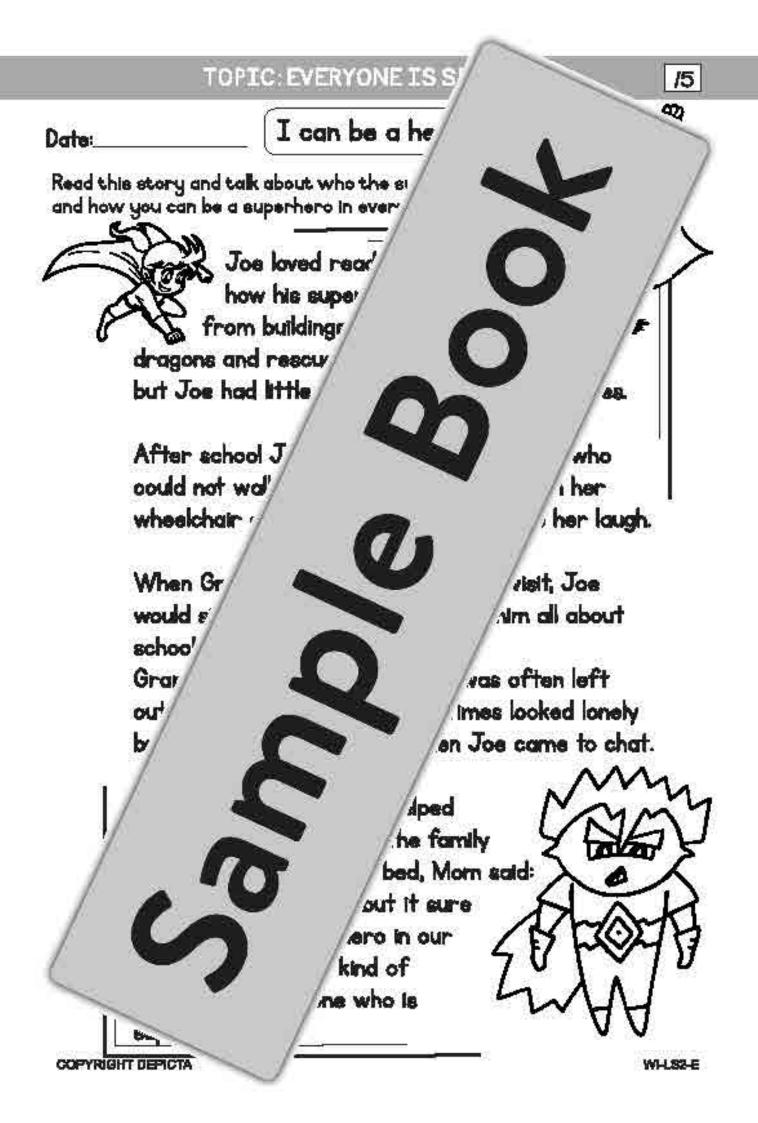




WI-LSZ-E

Date:	Caring for per	
A disability in touching or	may make walking, tr communicating diff	
Write one sent disability menti	ence saying who	/ith a
A blind perso		
A deaf perso		
Someone I		•
Som		
/ 6	e around properly	and is alone
		40

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WHL82-E

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TOPIC: HEALTHY LI)

Date:____

Simple ways

Contaminated water can carr
of diseases that can make.
If you are not sure if the
or where it came from .
You can use one of the

Draw lines to join the correct p

The simplest way is to be water for at least / to?

Let it cool before dri

OR

Buy water purific drops and follow

Use a plain he bleach with or chemico' Hypochlor active in to abou Stir it least

If #



ved by filtering the water ean cloth.

with chemicals or taminants, you cannot INK IT!

purity

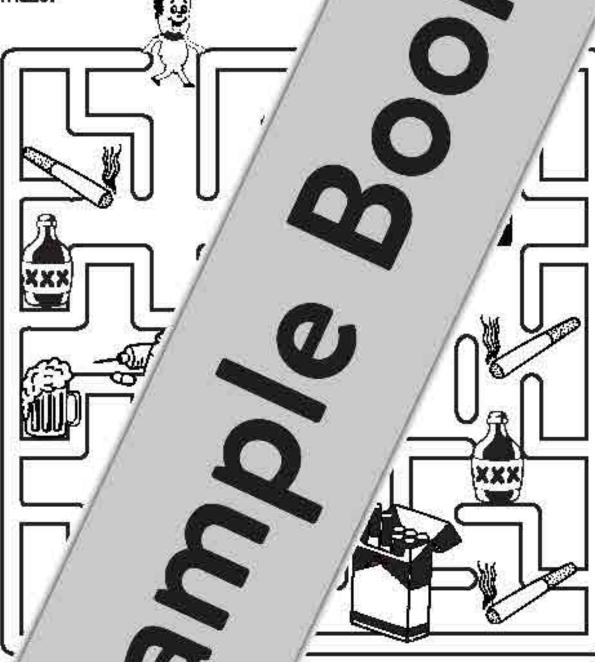
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WILSZ-E

Date:____

Things that h

Help Smart Sam make the right chair maze.



shol or emoking.

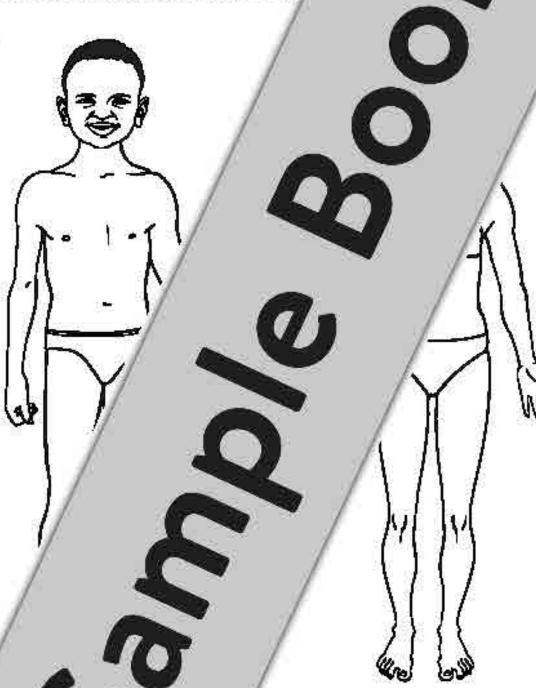
t tell the class what they found.

Date:	The Four Sec	•
Draw a picture for		X
6Q1		
0		
Write th	An sentence,	Wirksor
Som/fall		
New bio.	come out.	WILSZ-E

Date:____

How seasons

Draw 4 or more items of winter clothing Draw 4 or more items of summer cloth



ant types of clothes?

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Date:___

How seasons of

- -We sow, harvest and grow play to the seasons.
- -Different plants grow bette seasons and in different pc
- -Some flowers grow and for others in winter.
- -Some plants like cold w weather.
- -Some plants like lots prefer less rain.



hot





Look v



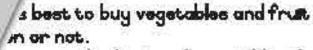
now and

Season:

Plants in th

Write de

sthat are in season now.



nops get the fruit and vegetables if ng season?

Spring	Sen	tember	Oct		7
Summer	December		J./	-	
Autumn	March		7/		
Winter	Jun	101.00-0		U	
Vegetable	A P	Sow	(\mathbf{A}	y
Beetroot	9	Mar			1
Majze (corn)		Or/	A		ch
Broad beans	S) (200)	F/	Q) /±t	
Cabbage		1		/Oct	L
Cauliflower	1			Nov	ŧ
Peas			A-	/e - Se	p
Lettuce .			W	ine - Se	Р
Carrots	<u>c/</u>			iune - Oc	t
Tomato	/		9	Aug - Oct	
Strawber			•	May - Sep	
Look at th	- 4		6	questions.	
Name	4	5	/10	iutumn and w	Int
Na:/			/	rvesting in wi	

u pick cauliflowers?

TOPIC: SEASON

How seasons r Date: Choose the correct season names and wr Winter Autumn Many animals change U pending on the season. Dogs and cate me. Complete the senten seasons. Birds build their Birds migrate Farmers sh Some anir Many a Animo when ther Se uirrels, start storing food in about hibernation or migration and or migrate. Then tell the rest of

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your a

WILSZ-E

WHL82-E

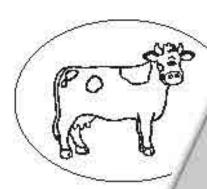
t beau ed o	products. They to generate incon arm operations.	or/	7
<u> </u>	cks yellow that nr ales, males and l	O	
dog	giraffe	Q	heep
cow	cam		turkey
rabbit			peacock
duck		untch	lamb
goat		hen	ewe
	2	calf	piglet
/	10	nny stallion	mare

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Date:

Farm animals

Draw lines to join the farm animals (in t' for (in the blocks).



white meat egge



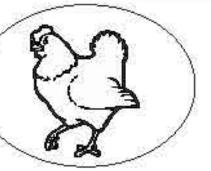
Mec ba P



Incame riding racing

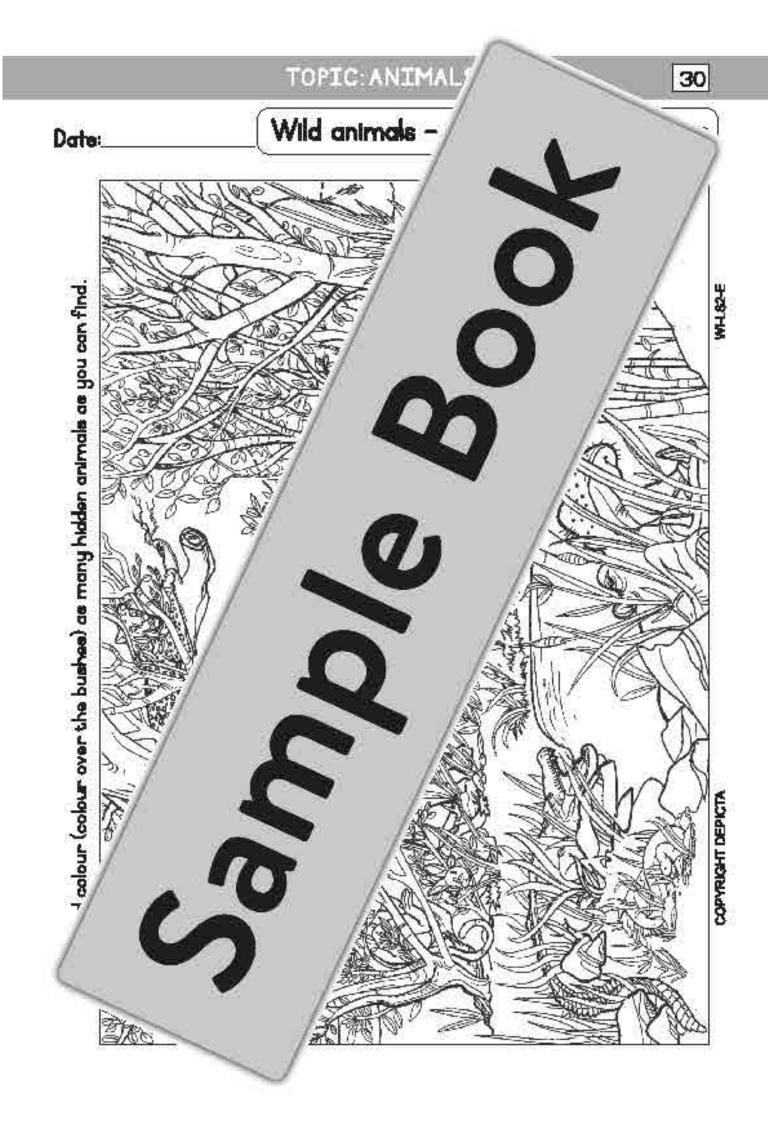


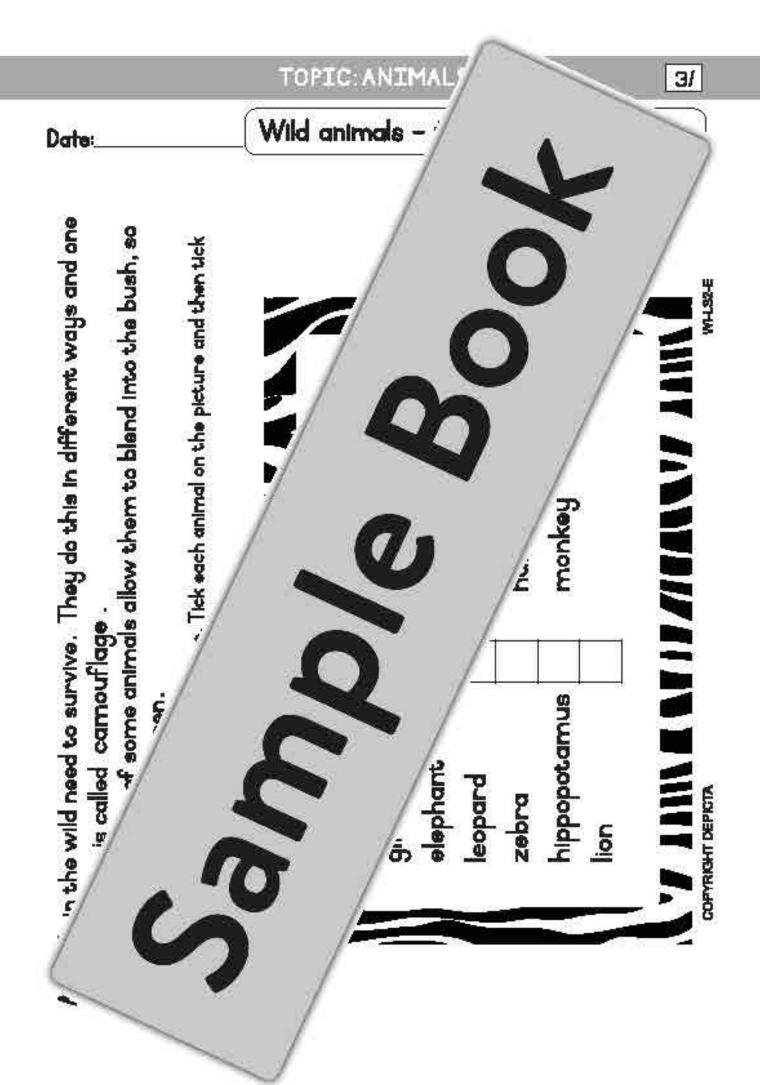
meat milk leather furniture and clothes

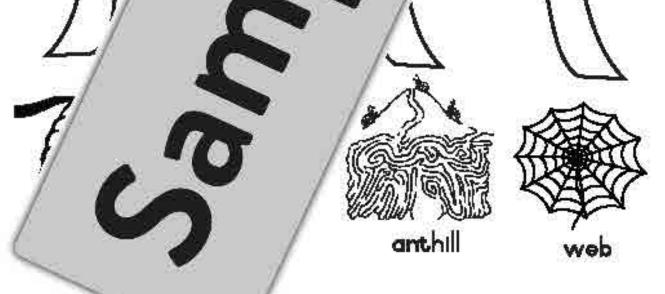


leopard

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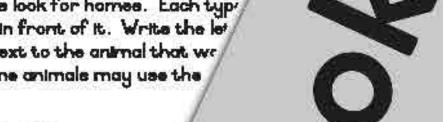




Date:

Animals that

These animals look for homes. Each typy the alphabet in front of it. Write the let in the block next to the animal that we of home. Some animals may use the

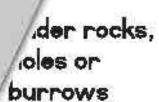


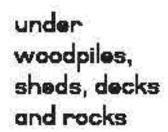




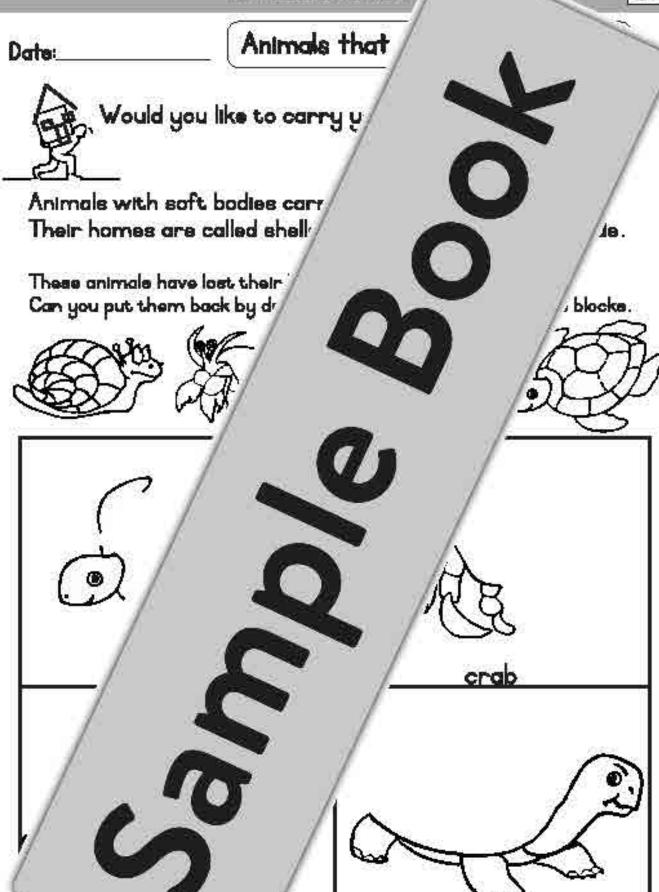








on hills; stones or trees (to see any danger)



tortoise

TOPIC: SOIL

Do	rte	<u></u>			
Œ.					

Different sc

Soil is a mixture of pieces of rock, decomposed matter, water and Soil is vital for life.



Outdoor

Dig a deep hole. Can you see different lo





Take a handful of

gritty

loamy

Place a ho

U

& box)

eticky

clayey

the sleve?

Draw v



WILSZ-E

TOPIC SOIL

Date:	Creatures th	
These creatures There are clues t	live in or on the soil. Fill the	
104		8
snail	frog mil	lderاد
	-/	6
		m
One creature the word bot Find which		1
write its r		
/		
	/i s	
/ 6		< \\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\
5		24
slug S	mole centiped	de beetle

TOPIC: SOIL

Soil for grow the value of g Date: COMPOST Talk about what type of so vegetable garden. Colour the box with the USO. loam Did . fibre used to make Jose ye beauti YOU Did you know - one of things than what liv and Reasons to 1 erricols Grow herbs millious. arbon dioxide in the: to detax

your plants and

able to eat them

and veggles
In the:
garden
pots
containers
windowsills

WHISZ-E

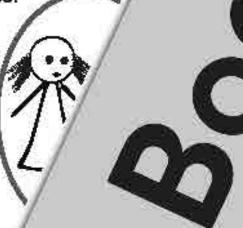
TOPIC: TRANSPO

Date:____

What transp

Help Thabo and Lerato choose a type of traplaces. Draw lines from the type of transport for electrone you draw the lines.

Transport is to take or carry (people or goods) from one place to another using a vehicle, aircraft, or ship.





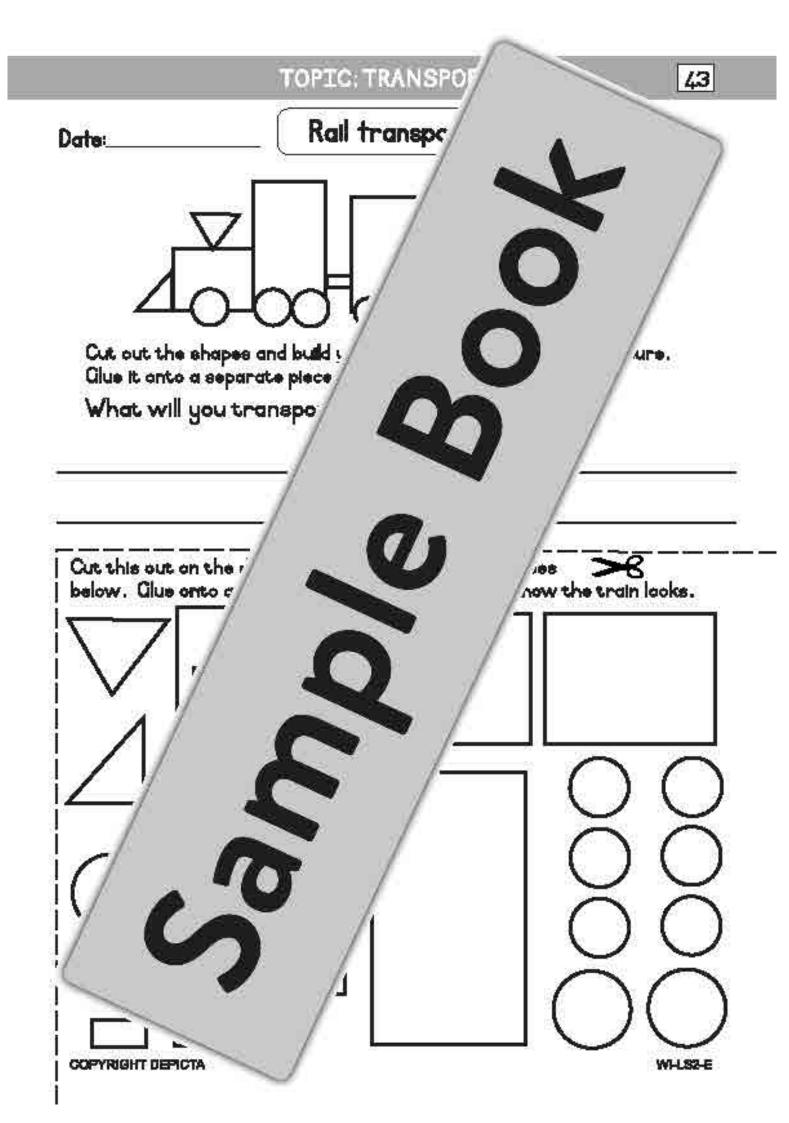


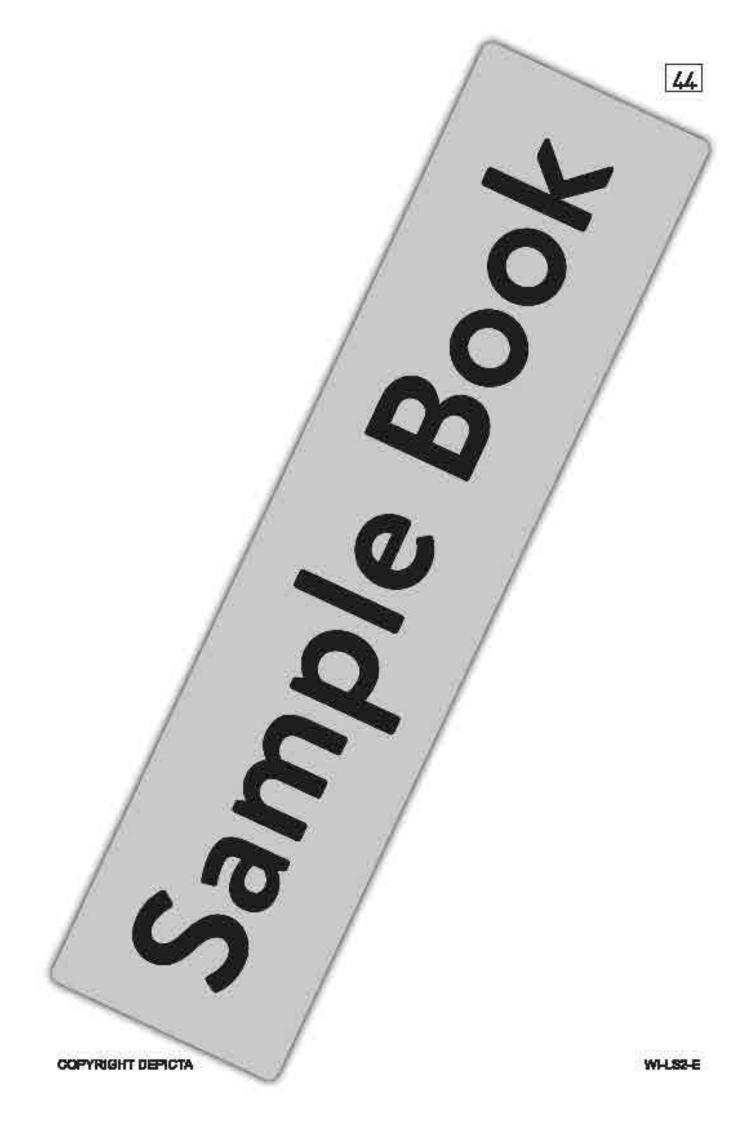






WH 82-F





Date:_____

Air transpo

Draw lines from the shadows to to to types of air transport.



/rachute

spacecr



aeroplane

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WHLSZ-E

WHL82-E

TOPIC: TRANSPOR

Date:	Water transf	A
Cross out two pictu the beginning of the	row.	
Salling for fun.		
A holiday on a ship.		
Rowing in a lake, dam or river.		
Carrying care and people across wat		
Carry soldiers the time		

WHISZ-E

WILSZ-E



Rules for pas

Colour the small box green if it is the correct behaviour and red if it is not.

Fill





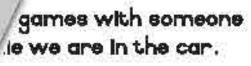
f the are driving.



am in the car.



ngs out the car



keep my windows closed when we are travelling.



lock the car door when getting into the car.





Road signs for

Colour the signs then write the number blocks in each picture. Make sure you sign.



Post



- 1. Yield sign
- 2. Stop &
- 3. No
- 4. N







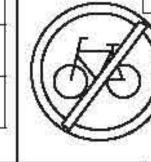




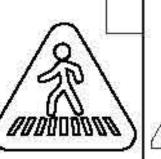




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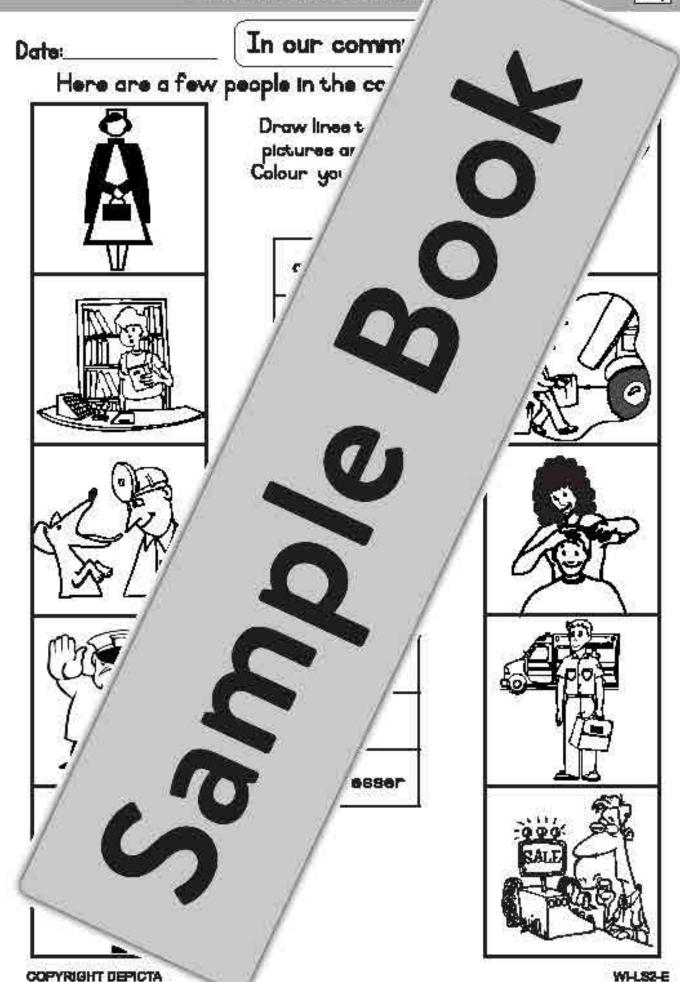


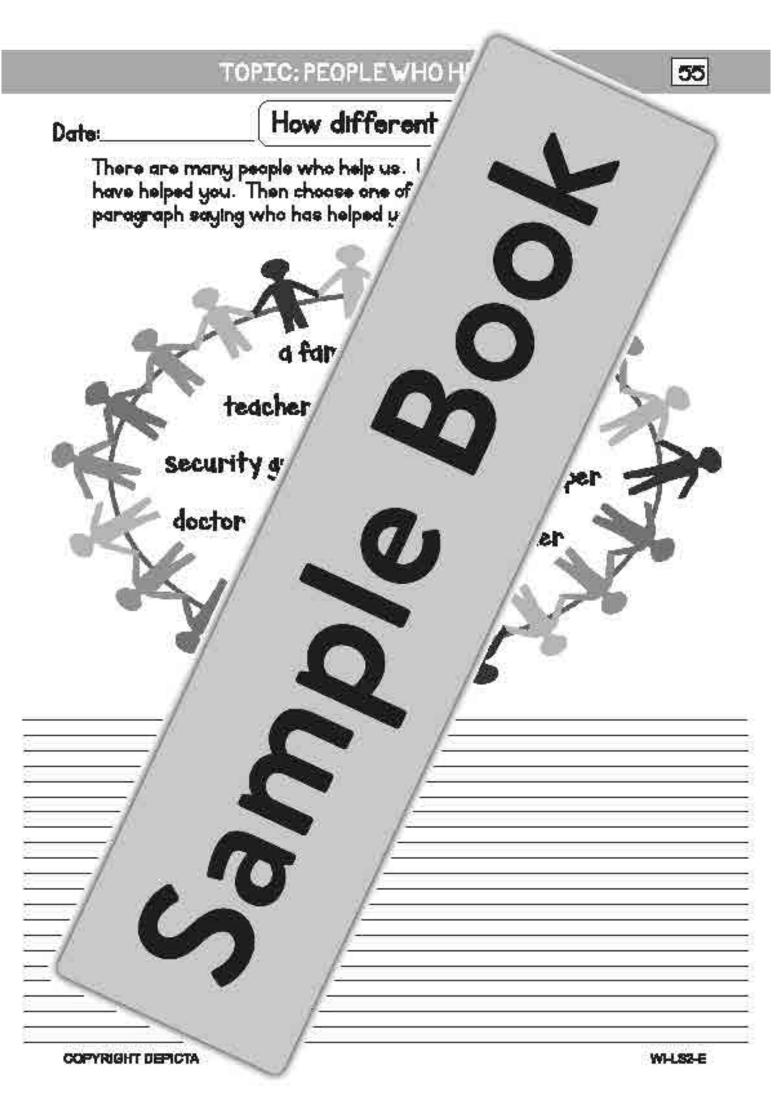




Scholar patr Date: Scholar patrols help you to cross the Unscramble the letters in The scholar patrol The scholar pat hat they can easily be (neg The schol that children can (reces) 1.W scholar patrol? when they see a scholar patrol?

TOPIC: PEOPLE WHO H







How I ask fr and a







BE POLITE AM

Read these sentences and



k for assistance.









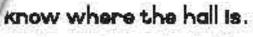
ook!

book please?

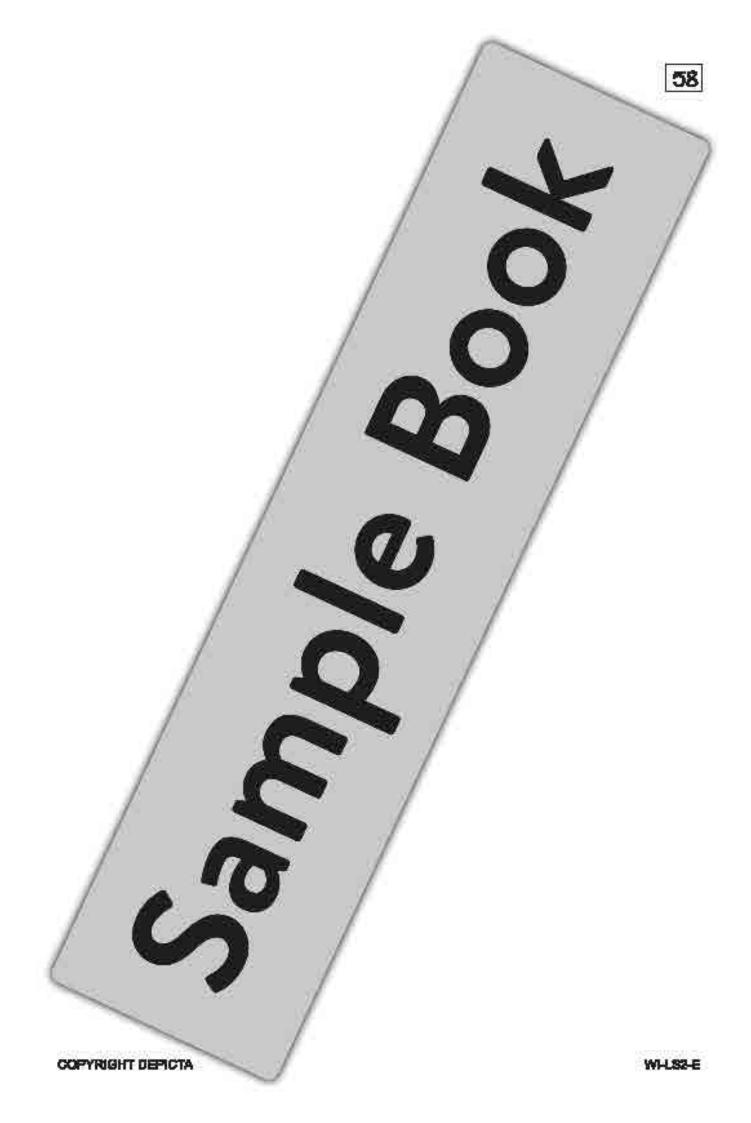
mom!



ceacher is!

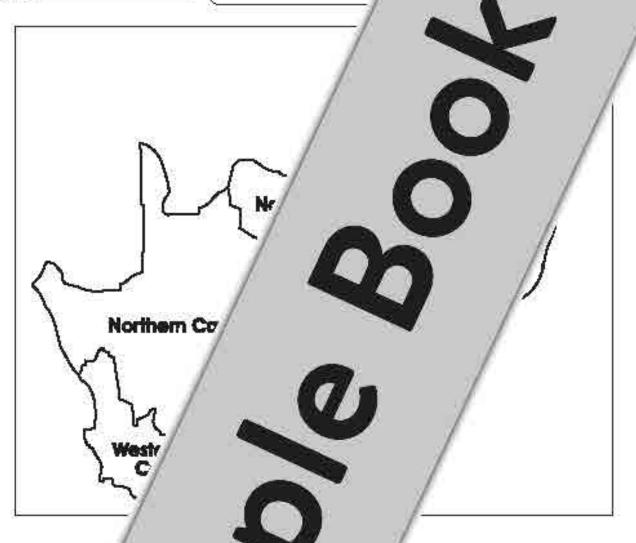


sexplain where the hall is?



Date:____

South Afric



South Afr

Which Find t'

Wh

/inces.

e map and colour it.

In?_____

est?_____

mallest?_____

Whien i

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WILSZ-E

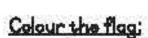
Date:____

Our flag

Find and circle the South African flag.



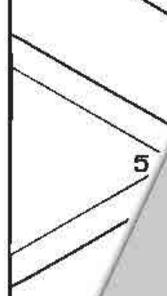




1. red 2. green



K



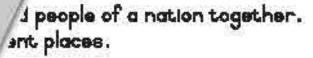






3

A flag It is A f



seen a flag.

court buildings

arting event

navy ship

houses of parliament

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WHLSZ-E

Date:

South Africa

Decorate th

Nkosi sikelel' iAfr

Maluphakanyis

Yizwa imithar

Nkosi sikelel

Thina lusar

Morena

O fedis

0 se b

Seth

Set

Sc

mel,

300,

Jtes

woord gee,

come together,

nall stand,

strive for freedom,

ca our land.

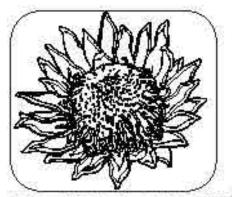
TOPIC: OUR COU

Date:_____

South Africa optional add

Colour the pictures and write these r

galjoen blue crane real yellowwo:



NATIONAL FLOW



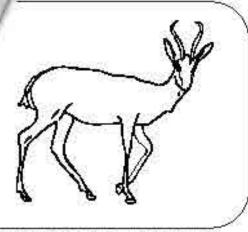






NATIONAL BIRD





NATIONAL ANIMAL

Date:_____

We use different ways to commuse more than one at a time. Do to the different parts of the profession of communication. You can defrom the type of communication the picture.

speaking

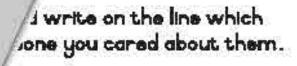
looking

reading

writing

listeni

Che on



se if you wanted to complain about

TOPIC: WAYS WE COM

Speaking Date: Talk about why speaking is an import Underline the words that show h phone a friend exp! complain sing ters watch TV poem you think the n the picture. Who

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WHL82-E

WILSZ-E

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WILSZ-E

Date:____

Writing

Decorate and write a thank you card to someone who helped you with someth Include their name, your name and thanking them for what they helpe



(4)

TOPIC: WAYS WE COM Reading Date: Talk about what this sentence means. "Reading is important because the building blocks of life. Rec non-negotiable in life." Underline the sentences that are and circle one sentence that is Study your school w Increase your kno Read your mess Read a recipe Read Instru ing. Read how Read ho Read Re ebook.

/

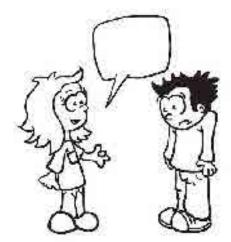
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WLL SZ-E

WILSZ-E

Date:_____

Listening

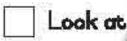


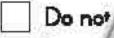
How do you to listenir



_

How do you show you Tick the sentences the crosses next to the











contact.



vorde.



/ question.

y are talking.

Lister

about what you heard.

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WILSZ-E

Date:

Looking

Look at these faces. What feelings a Draw lines to join the correct faces









in pair Take ! mou 00













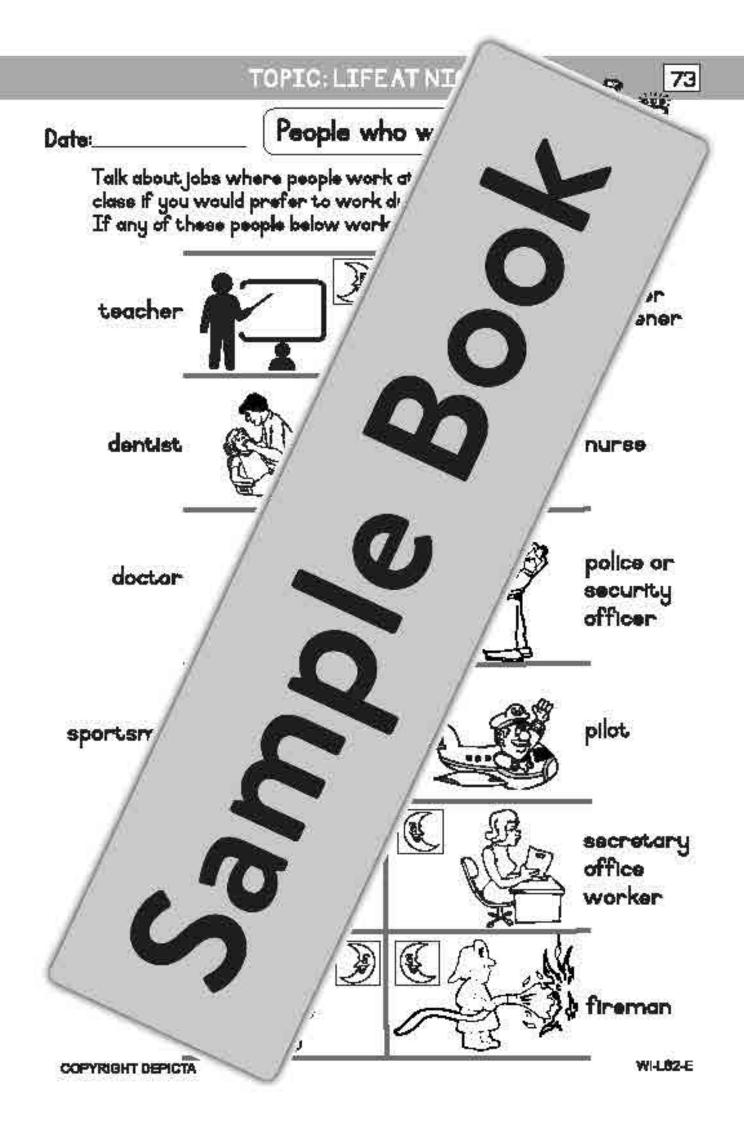
er says something by iking a sound. You must I then say out loud what

ups or as a class)

ures (movement of the hands or idea or feeling).

WI-LSZ-E

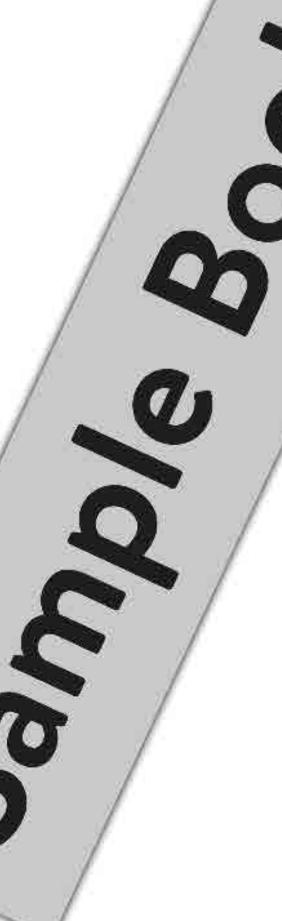
	IOPIC: LIFE VI NIA	/2
Date:	Things I do o	
What do you do o order you get re work backwards	at night? Number the ready before bed. You sfrom number 7 (w)	5/
N.	8ed Q	120
		3 on the tollet
	Slee	b into bed
1	Read a Ba	-V&



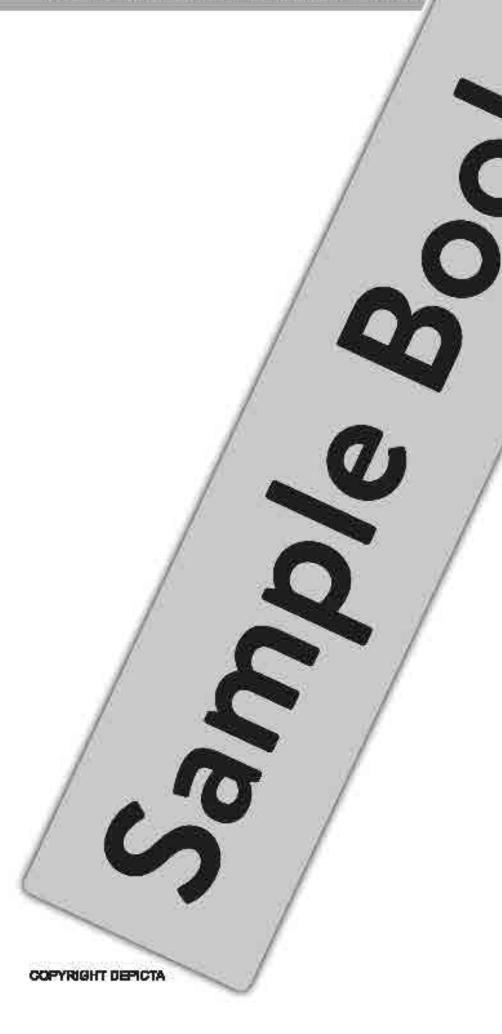
TOPIC: LIFE AT NI

Date:	Night anima	
Night an	imals are called	
r	n o	
		U /
		3
	/ 20	
	0.	
h/		
		/
Fill in the miss! a word, draw	5 0 /	Once you have filled in ords below and
then colour		
		DU-505
5/		tunk (SVI)
	or / h	imster (
	P	prcupine
CYNEVERGHT RESICTA		C S C S

RAYS 75

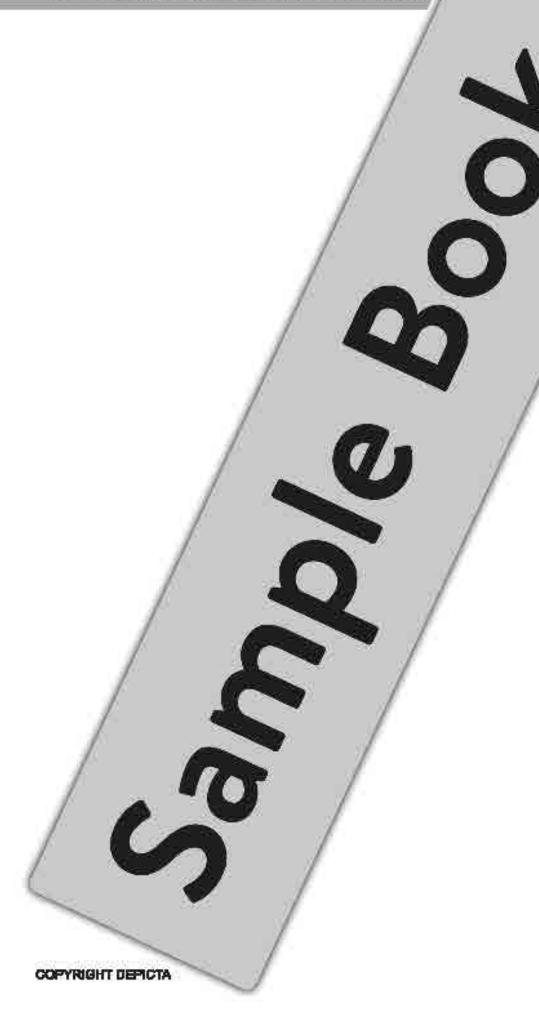




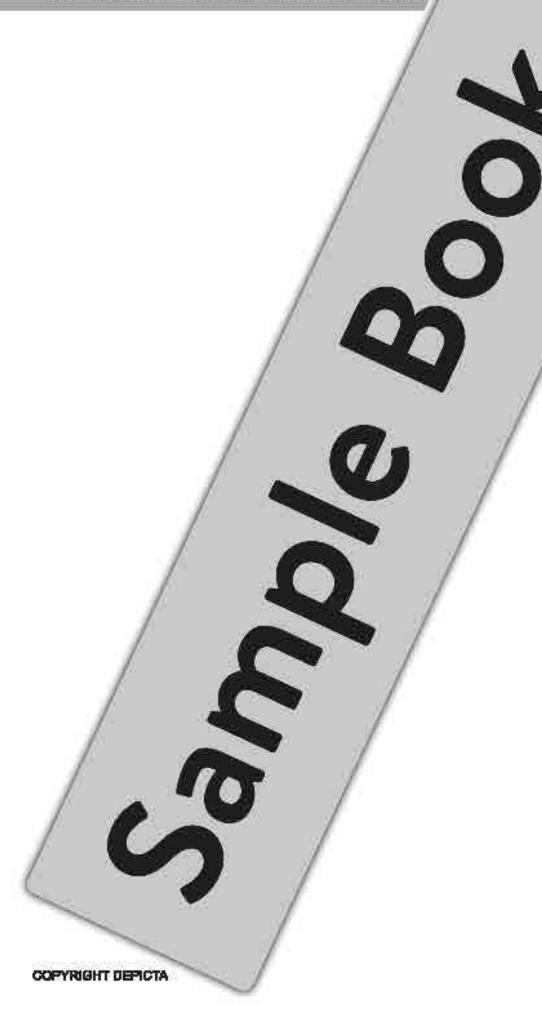












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WILL SOLE



