



# How to mastering dog walking?

## How much exercise dose a dog need every day?

### Puppies



Puppies generally have more energy than adult dogs and so require more exercise in short bursts

### Adult dogs



Border Collies

Belgian Malinois

### High-energy breeds

They require a lot more exercise than low-energy breeds



Basset Hounds

Bulldogs

### Low-energy breeds

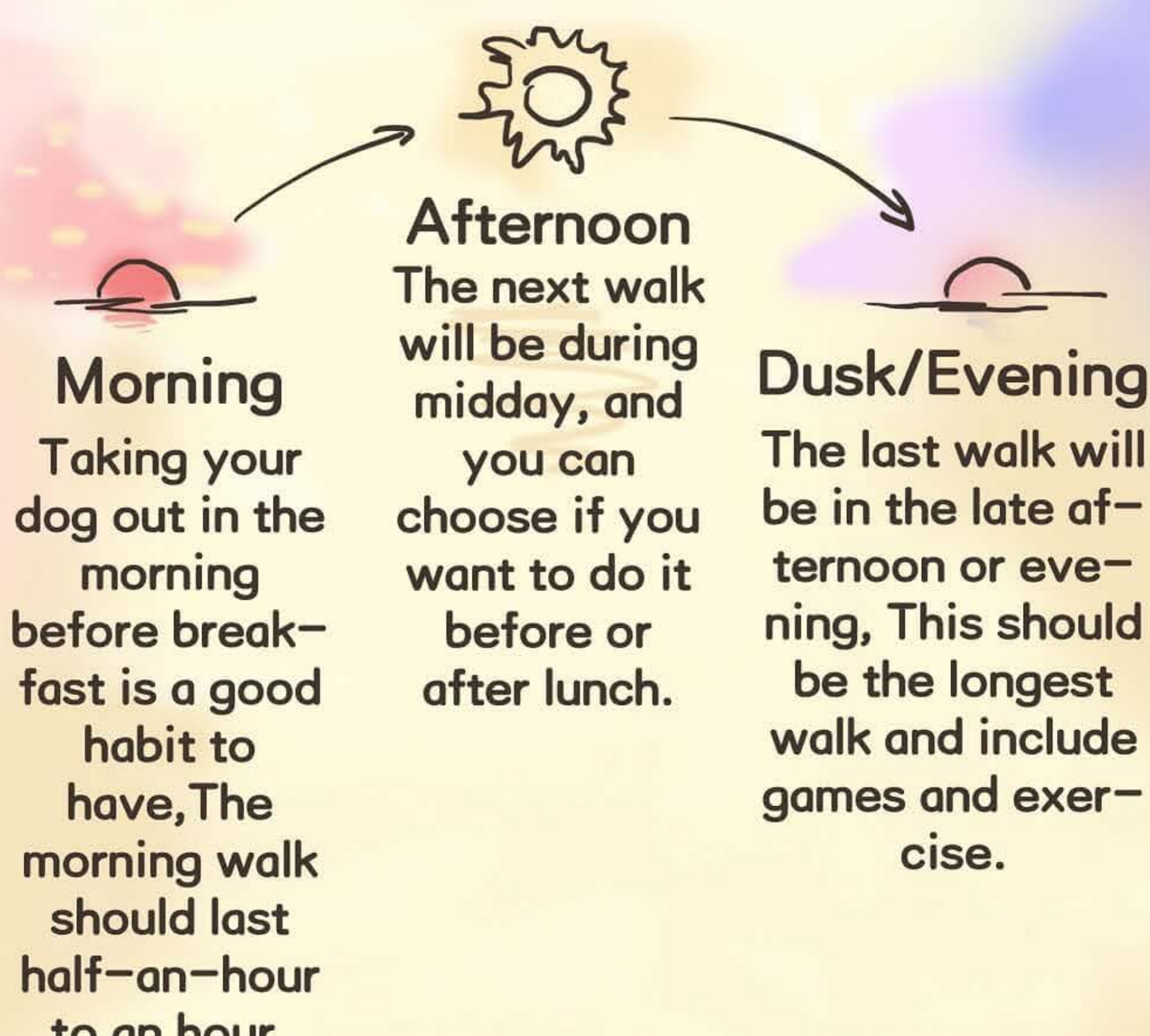
They require less exercise than high-energy breeds

### Senior dogs



You know your dog best and are the best judge of how much exercise your dog can comfortably handle. If your adult dog has a medical condition, such as hip dysplasia or heart or respiratory issues, talk with your vet about an appropriate exercise routine that will help him stay healthy.

## What's the best time to walking a dog?



## How to make a dog walk more enjoyable?

**Let him sniff around**  
Dogs sniffing around outdoors are an important way for them to distinguish their territories. This is the critical nature of dogs.



**Let him socialize**  
In order to care of this concern, first you could let the dogs get close and sniff each other without letting go of the leash.

**Take him to an appropriate place**  
Depending on where you live, a dog park, the mountains, or the beach are perfect places to walk your dog.

## How to prepare my dog for a walk?



Dog waste bags for cleanup



Treats to reward your puppy



A bottle of water and pop-up doggie bowl



Any doggie apparel if needed



A phone for emergencies