

<p>Curcumin</p> <p>Has been shown to possibly reduce inflammation and decrease viral activity.*</p> <p>Inflavonoid: highly bioavailable CurQfen® (curcumin and fenugreek) and XNT ProMatrix® (xanthohumol) • 250mg curcumin per serving Inflavonoid Intensive Care: highly bioavailable CurQfen® and XNT ProMatrix® with boswellia and ginger extracts to support immune response • 250 mg curcumin per serving</p>	<p>Quercetin</p> <p>Found in fruits and vegetables. Has a wide range of benefits that may include decreasing viral activity.*</p> <p>Sinuplex: vitamin C, quercetin, stinging nettle root extract, bromelain, and N-acetylcysteine • 200 mg quercetin per serving Immune Active: high-potency vitamin C, zinc, quercetin, NAC, and EGCG • 250 mg quercetin per serving</p>	<p>Zinc</p> <p>A large body of research shows that zinc has strong anti-viral properties against many viruses.*</p> <p>Zinc A.G.: zinc chelated with arginine and glycine • 20 mg zinc per serving Zinc Drink: Convenient liquid form that can be mixed with water or juice • 15 mg zinc per serving Immune Active: high-potency vitamin C, zinc, quercetin, NAC, and EGCG • 30 mg zinc per serving</p>	<p>N-Acetylcysteine (NAC)</p> <p>Promotes the production of glutathione, a potent antioxidant that supports immune function. Studies show that NAC decreases viscosity of secretions and is used as a mucolytic agent.*</p> <p>GlutaClear: provides key ingredients designed to help boost the body's production of glutathione • 750 mg NAC per serving Immune Active: high-potency vitamin C, zinc, quercetin, NAC, and EGCG • 600 mg NAC per serving</p>	<p>Vitamin D</p> <p>Shown to enhance immune function, which may reduce viral activity.*</p> <p>D₃ 5000: bioavailable vitamin D₃ solubilised in oil to support absorption • 5000 IU D₃ per serving D 5000+K: bioavailable vitamin D₃+K solubilised in oil to support absorption • 5000 IU D₃ per serving D Liquid: designed for enhanced absorption • 1000 IU D₃ per serving D 1000: easy-to-swallow microtablets • 1000 IU D₃ per serving D Chewable: lime flavour • 1000 IU per serving</p>
<p>Vitamin A</p> <p>Provides anti-inflammatory protection, enhances immune function, and supports the lining of the respiratory tract.*</p> <p>PhytoMulti: multivitamin with a blend of 13 concentrated extracts and phytonutrients • 7500 IU vitamin A per serving Daily Vita Life (Amipro): multivitamin, antioxidants, greens • 14 000 IU vitamin A per serving Multigenics: vitamin and mineral formula designed for optimal digestibility • 10 000 IU vitamin A per serving</p>	<p>Vitamin C</p> <p>Provides immune defence by supporting various cellular functions of the immune system.*</p> <p>Ultra Potent-C 1000: gentle yet effective vitamin C for immune support • 1000 mg vitamin C per serving Ultra Potent-C Powder: • 1088 mg vitamin C per serving Ultra Potent-C Chewable: • 250mg vitamin C per serving</p>	<p>Green Tea Epigallocatechin gallate (EGCG)</p> <p>Green tea reduces inflammation and enhances the immune system.*</p> <p>Berberine GT: clinically relevant amounts of berberine and green tea • 80 mg EGCG per serving Immune Active: high-potency vitamin C, zinc, quercetin, NAC, and EGCG • 150 mg EGCG per serving Celapro: lycopene, green tea extract, curcumin and D-limonene • 300 mg green tea per serving</p>	<p>Medicinal Mushrooms</p> <p>Shown to support the immune system while having antioxidant and antiviral effects.*</p> <p>ImmuCore: high-potency vitamin C, zinc, vitamin D, proprietary 10:1 water extract of reishi (Ganoderma lucidum) fruiting body, shiitake (Lentinus edodes) fruiting body, Fu-Ling (Poria cocos) sclerotium, turkey tail mushroom (Coriolus versicolor) fruiting body, oyster mushroom (Pleurotus ostreatus) fruiting body, cordyceps (Paecilomyces hepiali Chen) mycelia, maitake (Grifola frondosa) fruiting body • 217 mg per serving</p>	<p>Chinese skullcap</p> <p>Enhances immune function, reduces viral growth, favourably regulates lung-specific inflammation and injury and may reduce symptoms.*</p> <p>Benesom: promotes relaxation with melatonin and a combination of calming herbs • 400 mg Chinese skullcap per serving Serosyn: 5-HTP, L-theanine and a selection of herbs to help modulate serotonin metabolism • 200 mg Chinese skullcap per serving</p>
<p>Licorice root</p> <p>Supports immune system function and reduces viral growth. Commonly found in Traditional Chinese Medicine (TCM) formulations.*</p> <p>Licorice Plus: a combination of herbal and TCM adaptogens • 300 mg licorice root per serving</p>	<p>Andrographis paniculata</p> <p>Shown to have anti-inflammatory, antiviral, and immune boosting properties. Used in traditional Eastern medicine for treating and preventing coughs, sinus infections and other upper respiratory tract infections.*</p> <p>Andrographis Plus: a proprietary blend of Ayurvedic and Asian herbs designed to support immune health • 200 mg of andrographis leaf extract per serving</p>	<p>Berberine</p> <p>Shown to have anti-viral activity and anti-inflammatory properties. Berberine has potent molecular and metabolic effects, however, bioavailability is usually low due to P-glycoprotein activity in the gut.*</p> <p>Berberine GT: contains epigallocatechin gallate (EGCG), an inhibitor of P-glycoprotein to allow for greater absorption of berberine HCl • 500 mg berberine HCl per serving CandiBactin-BR: combines berberine with Oregon grape and coptis root extracts, as well as ginger, licorice, and Chinese skullcap • 400 mg berberine per serving</p>	<p>Specialised Pro-Resolving Mediators (SPMs)</p> <p>Clinical studies show that SPMs exhibit anti-viral activity, promote anti-viral B cell antibodies and lymphocyte activity.*</p> <p>SPM Active: supports the body's natural capacity to respond to physical challenges and resolve the immune response • 1g active fractionated marine lipid concentrate per serving (18-HEPE and 17-HDHA)</p>	<p>Selenium</p> <p>Selenium is necessary for proper immune function and helps to reduce the severity of certain viral infections. It is also critical in helping to reduce oxidative stress and inflammation.</p> <p>PhytoMulti: A blend of 13 concentrated extracts and phytonutrients. • 100mcg selenium per serving GlutaClear: Designed to help boost the body's production of glutathione. • 75mcg selenium per serving ImmuCore: Features Ultra Potent-C®, combined with zinc, vitamin D, and a concentrated blend of mushroom extracts. • 67 mcg selenium per serving E-400 Selenium: Combination of selenium and natural-source vitamin E. • 50mcg selenium per serving</p>

*References available on request

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