



Preventive Maintenance Procedures

Treadmills

- Remove Motor Cover and perform the following procedures: Vacuum Dust & Debris from Motor Compartment. Adjust Drive Belt Tension & Lubricate. Clean & Lubricate Elevation Motor Hinges & Threaded Shaft. Perform Amp Draw Test to inspect condition of Motor Controller and Drive Motor. Check Motor Brushes if equipped with DC Drive Motor.
- Vacuum underneath unit. Clean & Lubricate Running Belt with factory approved Lubricant. Adjust Running Belt Tension and Tracking. Lubricate Transport Wheels.
- Check Electronics for Proper Operation and Function Test unit.

Bikes (including Upright, Recumbent, Total Body & UBE)

- Remove Shrouds and perform the following procedures: Vacuum Dust & Debris from Component Compartment. Adjust Drive Belt Tension & Lubricate. Inspect & Adjust and Secondary Pulleys. Adjust Bottom Bracket (Crank Bearing Assembly) to remove any unwanted movement that leads to premature bearing failure. Clean & Inspect Generator or Alternator (depending on which the unit is equipped with). If equipped with Alternator, clean Brushes and resurface Commutator. Perform Voltage Test on Internal Battery (if equipped).
- Clean & Lubricate Seat Tracks, Hinges & Adjustment Knobs. Lubricate Transport Wheels.
- Check Electronics for Proper Operation and Function Test Unit.

Ellipticals & Steppers (including Recumbent Stepper)

- Remove Shrouds and perform the following procedures: Vacuum Dust & Debris from Component Compartment. Adjust Drive Belt Tension & Lubricate. Inspect & Adjust any Secondary Pulleys.
- Clean & Inspect Generator or Alternator (depending on which the unit is equipped with). If equipped with Alternator, clean Brushes and resurface Commutator. Perform Voltage Test on Internal Battery (if equipped).
- Clean & Lubricate Pedal Tracks (if equipped). Clean & Lubricate all Linkage Arms & Pivot Points. Tighten Upper Body Arms (if equipped).
- Check Electronics for Proper Operation and Function Test Unit.

Strength Equipment

- Inspect all Cables, Belting & Pulleys. Tighten any loose Hardware. Inspect Upholstery. Clean & Lubricate Guide Rods (if equipped). Inspect Selector Pins (if equipped). Inspect Frame & Frame Welds for safety. Inspect all Bearings & Bushings. Adjust Cable or Belt Tension to manufacturers specifications. Lubricate all Adjustment Knobs & Pins.
- Check unit for Proper Operation.