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## Birthdate co

## RING SIZE GUIDE

## Method l using our printable millimeter ruler

1) Print this guide with page scaling set to $100 \%$. If you're unsure, check accuracy with a ruler. $1 \mathrm{~cm}=10 \mathrm{~mm}$.
2) Cut out the measuring paper below and tightly wrap it around your finger. If you have a thin piece of string or ribbon, that works too!
3) Mark the paper or string at the tightest point, then unroll it and measure with the millimeter ruler below.
4) Consult the circumference guide on this page to find your ring size.

Measuring paper
$\square$

Millimeter ruler


Ring Size Circumference Guide

| Finger Circumference | Ring Size |
| :--- | :--- |
| 47 mm | 4 |
| 50 mm | 5 |
| 52 mm | 6 |
| 54 mm | 7 |
| 57 mm | 8 |
| 60 mm | 9 |
| 62 mm | 10 |

Tips \& Tricks

1) It's best to measure your ring size in the afternoon or evening when your fingers are likely to be at their largest.
2) Make sure your hands are warm when measuring Cold weather can shrink fingers up to half a size.
3) Wrap the paper as tight as you can around your finger. There shouldn't be gaps between your finger \& the paper.
4) If your finger falls between two sizes, we recommend that you round up to the nearest whole size for a comfortable fit.

## Method 2 using a ring you already own

1) Print this guide with page scaling set to $100 \%$.
2) Using a ring that you already own (or have borrowed, if this is a gift!) and place it over the circles below.
3) Match the inside of the ring to the circle that is closest in size. The measurements below refer to the inside diameter of your ring.
4) If the ring falls between two sizes, order the larger size.

