



# TREE OYSTER MUSHROOM CRAFT KIT

Far West Fungi Craft Kit Instructions:

This kit is designed to grow Tree Oyster mushrooms on newspaper.



**MATERIALS:**

The provided materials are 1/4 cup of Oyster mushroom spawn, plastic bag, 2 rubber bands, and a twist tie.

What is needed but not provided is a cookie sheet or cafeteria tray, newspaper, misting bottle, and scissors or sharp knife.

**STEP 1:** To begin your mushroom growing project you will need to obtain the front section of a newspaper. Open it up and lay out four of the sheets back up just as they were (they should measure about 11" x 14".)

**STEP 2:** Set the folded newspaper on a large cookie sheet on top of your kitchen counter. Using a glass, pour water over the newspaper until it is completely wet. Wait five minutes, then, tilt the cookie sheet into the sink to drain off any extra water. Set the cookie sheet with the wet paper on a flat surface.



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**STEP 3:** Open the Tree Oyster mushroom spawn cup and sprinkle it onto the newspaper with your hand. The Tree Oyster mushroom is living in the spawn and will eventually feed on the nutrients of the newspaper.

Sprinkle the spawn all over the wet newspaper until all of the spawn is used up.



**STEP 4:** Now roll up the spawned newspaper to make a roll about 11" long and about 1.5" across. If water gets squeezed out during the rolling, that's okay. Hold the roll together with 2 rubber bands, one on each end.



**STEP 5:** With scissors or a sharp knife, cut 13 holes throughout the plastic bag that was provided. Make the holes about 1/4" long and place them all around the bag. Now take the newspaper roll and slide it into the bag.

Tie the bag closed with a twist tie, and put the bag with the spawned newspaper into any dark box the size of a shoe box. Put your box in a closet or cupboard.



**DID YOU KNOW?**

One mushroom patch found in Oregon's Malheur National Forest is considered the largest known organism in the world. It is estimated to be 2,400 years old, spans 2,200 acres, and has a total mass of 605 tons.

**DID YOU KNOW?**

Fungi can help clean up our environment. Introduced into contaminated soil some fungi can remove hazardous materials such as pesticides and petroleum. A process known as mycoremediation.

**STEP 6:** In about 2-3 weeks you should be able to see the fuzzy white mycelium of the Oyster mushroom growing throughout the newspaper. Now take the bag and place it on a counter near a window (don't let the sun shine directly on it at any time!) take the twist tie off the end of the bag, but keep it closed. Mist the inside of the bag twice a day and always close the bag after misting.

**STEP 8:** In about two more weeks, you should see your first Tree Oyster mushrooms beginning to poke out of the newspaper (they usually start on the ends first.) When the mushrooms begin to get larger you may need to loosen up the bag to give them more room. When their caps are about 1" across you can pick them. They are now ready to be cooked and eaten.



By soaking the roll in a pan of cold water for 15 minutes, draining it, and repeating the remaining steps, you should get more mushrooms.



This product is not a high yielding mushroom kit. It is designed to demonstrate how mushrooms grow and develop. It also shows how mushrooms can break down household waste products. If you desire a mushroom kit that produces lots of mushrooms try out Far West Fungi's Mushroom Mini-Farm in Shiitake and Oyster. You can order one online at [farwestfungi.com](http://farwestfungi.com) or at our retail shop at the Ferry Building in San Francisco. Thank you for choosing Far West Fungi for all your mushroom needs.

