Blake Lively has proven that she’s much more than a pretty face. The A-lister opens up about strength, self-worth and Hollywood’s sexism problem.
Continued from cover

Oily skin needs hydration, too. “There’s often a truly deep clean it.” Don’t stop there, though—your second cleanser to get into the skin and says McInerney, who advises starting with a

RIGHT LOOK, RIGHT NOW

to the ends and scrunch using your fingers. Before rinsing out conditioner, detangle with your fingers or a detangling brush,” explains. If you have spirals, you can also
twirl them around your finger to encourage

As for those inflamed
breakouts, “the best solution is to use a spot treatment that’s
antibacterial and as well as a healing one, recommends McInerney, cautioning against overusing it on the same problem. “I think it’s a great idea to purify, purely for the

As well, the damage done in earlier decades may be showing up in our pores at this time. When we have blackheads and
brushes are often bigger, more inflated and last longer.

Pore fix: Destress + treat

Henriksen. “If you’re not exfoliating, the dead skin sits there and makes it look dull. And your skin isn’t performing correctly by taking off excess oil and eliminating toxins, so the pores will tend to be more visible.

To make air-drying a little easier, we asked hairstylists for pro tips based on your natural texture.

The goal: Don’t blow it thick

John Frieda

The goal: Definition

A combination of products is key to getting your loops in their best, frizz-free shape. Start with a leave-in treatment, in this case

Kinky hair

The goal: Moisture and shine

Sisley

Another factor to consider: As we

We’ve all been there: Hot weather lures us to ditch our blow-dryers, only to end up with a mane that’s too poufy, too limp, too frizzy, too messy, too

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Pore problem: Inflammation +
dullness Even though most of

Pore problem: Destress + treat

The goal: Moisturise, purify

While this can
cautioning against overdoing it

Paul Mitchell

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