













# **BENEFITS**

- · Nutritional powerhouse
- Full of naturally derived bioflavonoids, antioxidants, amino acids, and phytochemicals.
- No chemical isolates, preservatives, or added sweeteners, sugars, and fats.
- Fills in your nutritional gaps with micronutrients to balance your body.
- A handy source of nutrients: enjoy it as a beverage or food.
- Highly concentrated nutrition in a convenient packet.
- Made from whole foods to maximize nutrient absorption.

# Product Fact Sheet NuPlus®

## THE FOUNDATION TO A HEALTHY DIET

NuPlus® is a tasty, convenient way to bring nutritional balance to your diet. Made from whole-food ingredients, it supplies complex carbohydrates and an array of easily absorbable nutrients. NuPlus® is formulated with herbal ingredients that are naturally low in calories, fat, and cholesterol, making it a great way to round out a meal or a smart way to satisfy snack-time cravings. NuPlus® contains no added sweeteners, so you can avoid a sugar crash.

# PHILOSOPHY OF REGENERATION®

Formulated using Sunrider's unique Philosophy of Regeneration®, NuPlus® features a unique combination of plant-based ingredients to nourish, cleanse, and balance the body. An exceptionally nourishing formula, NuPlus® supports optimal health and wellness with micronutrients, fiber, and antioxidants.

# **INGREDIENT HIGHLIGHTS**

## **CHINESE YAM**

Also known as cinnamon vine, Chinese yam has energizing properties and addresses the spleen.

#### **FOX NUT**

This healthful dry fruit is low in calories and fat and very high in fiber. The seeds contain protein and are a good source of powerful antioxidants, which help prevent the adverse effects of free radicals in the body.

## **LOTUS ROOT**

An excellent source of dietary fiber, lotus root slows the digestion of carbohydrates to keep you feeling full longer. It also aids circulation and contains a unique mix of vitamins, minerals, and phytonutrients.

## **SOY PROTEIN**

Soy protein is derived from soybeans and provides all nine essential amino acids (making it a complete protein). It's also a good source of omega-3 fatty acids and isoflavones.

# **FAQS**

- Q: When is the best time to enjoy NuPlus®?
- **A:** Anytime. Naturally low in fat and cholesterol, NuPlus® makes a smart choice to consume with meals or as a snack. NuPlus® is a terrific between-meal snack, or a quick meal that's perfect for busy people.
- Q: What are some of the ways I can enjoy NuPlus®?
- A: You can mix a packet of NuPlus® in 6–8 ounces of water, juice, or your favorite Sunrider® beverage. Enjoy it by sprinkling over cereal and oatmeal or simply eat it from the packet with a spoon. It also adds a nutritional punch to smoothies.

## RECOMMENDATION

Mix one package of NuPlus® with 6-8 oz. (180 mL-240 mL) of water, Sunrider VitaFruit®, or Fortune Delight®.

# www.sunrider.com