





### BENEFITS

- Herbal formula made with natural ingredients
- Promotes positive mood and emotional balance
- Supports sense of well-being
- Helps reduce tension and fatigue\*
- Non-habit forming

# Product Fact Sheet

## MIND & BODY BALANCE

The mind-body connection is powerful. Studies have shown that our emotional and mental states can directly affect our physical state. Low mood and distress can adversely affect the body, which can lead to tension, discomfort, and fatigue.

Our herbal supplement Joi<sup>®</sup> is specially formulated with natural ingredients to address this mind-body interaction by promoting a positive state of mind, improving mood, and supporting emotional balance. This in turn helps you physically by soothing tension and improving energy levels.\* Joi<sup>®</sup> will help you enjoy the benefits of a mind and body in balance.

## PHILOSOPHY OF REGENERATION®

Sunrider<sup>®</sup> products are made with the finest natural ingredients, including herbs harvested only while their active components are at their peak. Free of chemicals, caffeine, and preservatives, these products partner perfectly with a healthy, active lifestyle.

## **INGREDIENT HIGHLIGHTS**

#### ELEUTHERO

Also known as Ci Wu Jia, this herb promotes clear thinking and supports the body's ability to adapt to stress.\* It also supports sustained energy without the jitters or crashes of stimulants like caffeine.\*

#### ANGELICA SINENSIS ROOT (DONG QUAI)

This root has been used for thousands of years in China. Its uses include support of healthy blood circulation, which aids in the delivery of nutrients and oxygen to the cells to support mental clarity and energy levels.\*

#### WHITE WILLOW

The bark of this tree acts to alleviate pain, including headaches and muscle and joint pain.\* It also contains flavonoids, which work as antioxidants to help protect cells from damage.\*

## FAQS

**Q:** Is Joi<sup>®</sup> habit forming?

- **A:** Although it's extremely effective, Joi<sup>®</sup> is non-habit forming and doesn't cause drowsiness. Use it as needed to help you feel your best and breeze through the day.
- **Q:** Does Joi<sup>®</sup> contain stimulants or questionable ingredients?
- A: No. Unlike many other supplements that claim to enhance mood, energy, and mental focus, Joi® contains no questionable ingredients, added stimulants, or artificial anything. Sunrider never uses inferior, inexpensive herbs or commingles related species. And Sunrider's proprietary extraction, purifying, and concentration processes ensure the safety and efficacy of each product.

## RECOMMENDATION

Two capsules at mealtime (as desired).

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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