



Taylor's Soap Uses (Cheat Sheet) - Page 1

Soap Use	How much	Which Scent / Soap type	Directions	Related Video or Blog
Body / Personal Care				
Face	2 - 3 Drops	Your favorite scent / Taylor's soap (your favorite blend)	Wet hands & Face. Apply 2-3 drops of soap to hands, gently rub together & apply to face. Rinse.	COMING SOON
Body	1 - 2 Squirts	Your favorite scent / Taylor's soap (your favorite blend)	Apply 1 - 2 squirts to washcloth, loofah, puff or hands & wash wet body. Rinse.	COMING SOON
Hair	1 - 2 Squirts	For oily hair use: Peppermint For dry hair use: Herbal For normal hair use: Any	Apply 2 - 3 squirts to wet hair. Wash then rinse. To pre-make: Mix 2-3 squirts with 1/2 cup water. Store in reusable container (preferably non-plastic)	COMING SOON
Shaving	1 squirt	Your favorite scent / Taylor's soap (your favorite blend)	Apply 1 squirt to wet hands. *Optional: Add 1/2 tsp. of shea butter & mix well. Apply to legs or area desired to shave. Shave. Rinse.	COMING SOON
Feet	2 - 4 Squirts	Peppermint is recommended for "waking" the feet Lavender for "calming" / Taylor's soap (your favorite blend)	Add 2 - 4 squirts in a foot bath (or small tub). Fill with the hottest water your feet can take!	COMING SOON
Teeth	1 - 2 drops	Peppermint / Taylor's soap (your favorite blend)	Apply 1 drop to wet tooth brush. Brush & Rinse. ***** DO NOT SWALLOW! *Optional: Add 1/2 tsp. of coconut oil & calcium powder & mix well. (See our video on how to make your own Soap Paste)	COMING SOON
Natural Remedies / Pets				
Soap Use	How much	Which Scent / Soap type	Directions	Related Video or Blog
Congestion & Cough	1 - 2 TBS	Eucalyptus & Peppermint are recommended for clearing congestion & treating coughs. (Mix together or use separate)	Bowl Method: Add 1 TBS to a bowl of HOT water. Drape a towel over head & bowl and BREATHE DEEP! Bath Method: Add 2 TBS to a bowl of HOT water. Lay back, Relax & BREATHE DEEP!	COMING SOON
Pets	Varies	Peppermint & Lavender are recommended for dry, itchy hair. Tea tree is recommended for any fungul issues.	Wet animal thoroughly. Squirt soap into hands & lather (amount depends on animal size & hair type). Massage into animal's hair while washing. Rinse thoroughly	COMING SOON



Taylor's Soap Uses (Cheat Sheet) - Page 2

Soap Use	How much	Which Scent / Soap type	Directions	Related Video or Blog
Natural Pad (Household)				
All Purpose Cleaner	4-6 Squirts	Orange or Tea Tree are recommended for household cleaning / OR use Taylor's soap (your favorite blend)	Add 4-6 squirts & 1/4-1/2 cup of Distilled White Vinegar to a spray bottle. Fill with tap water. Shake. Spray away! (See our DIY video)	http://youtu.be/hV8gbvc1Ci8
Floors	1 - 2 Squirts	Orange or Tea Tree are recommended for household cleaning / OR use Taylor's soap (your favorite blend)	Add 1 - 2 squirts AND 1/2 cup of Distilled White Vinegar to a bucket. Fill with tap water. Mix & clean. (See our DIY video)	COMING SOON
Toilets	2 - 3 Squirts	Tea Tree is recommended for toilet cleaning	Use ALL Purpose Recipe (see above) & add 2 tsp. tea tree oil to bottle. Spray on toilet & bowl generously. Apply Baking soda to bowl & scrub. Let sit 10-20 min. before flushing. Spray one last time in bowl with your new cleaner & DO NOT rinse (this sanitizes)	COMING SOON
Dishes	1:12	Orange & Peppermint are recommended for dish cleaning / OR use Taylor's soap (your favorite blend)	Either use a ratio of 1:12 (1 part soap to 12 parts water) or squirt / add to squirt brush & wash away!	COMING SOON
Laundry	1/4 - 1/2 cup	Orange, Peppermint & Lavender are recommended for regular laundry, Lavender & Orange for Baby laundry, & Tea Tree is recommended for heavily soiled laundry	HE: Add 1/4 cup directly into your liquid container Old School / Top Loader: Add 1/2 cup directly into washer ***Optional: Add 1/4 - 1/2 cup distilled vinegar to RINSE cycle	COMING SOON
Windows	2 - 3 Squirts	Orange is recommended for windows	Use ALL Purpose Cleaner (see above). If needed, after cleaning with your new ALL purpose cleaner, use pure club soda.	COMING SOON