Your stopwatch mount is made to mount to both 5/8" diameter and 3/4" diameter bars. The top of the mount has two screws. The bottom has four screws.

- Loosen the four screws on the bottom of the mount enough to remove the top of the mount. You don't have to completely unscrew them from the mount.
- Place the mount around your carriage bar. Rotate the mount to see which size hole works best for your size bar. For best results, rotate the top and bottom of the mount together so the screw holes line up in the same holes as they came.
- 3. Gently screw the bottom of the mount to the top of the mount. It works best to tighten the screws evenly (i.e. tighten one screw partway, then the next, and so on until all screws are tight). You can turn the mount upside down initially to make it easier for you to tighten. Once you get closer to being fully tight, turn the mount right side up at the angle you wish before fully tightening. <u>DO NOT OVERTIGHTEN!</u>
- 4. Loosen the two screws from the top of the mount.
- 5. Remove your Optimum Time watch from the black case. It is held securely in the case by a plastic ridge, and it pops out by pushing down on one side of the case.
- 6. Take the elastic wrist band off the watch case. You will not need it with the mount.
- Line up the two holes in the black watch case with the two holes on the top of the watch mount. Screw through the case to the mount. <u>DO NOT OVERTIGHTEN!</u>
- 8. Snap the watch into the case. You can rotate the watch in the case to any angle you wish. You are ready to go!

IVC Carriage Stopwatch Mount









IVC Carriage E9432A SOUTH AVENUE • REEDSBURG, WI 53959 608.393.0598 www.ivccarriage.com • info@ivccarriage.com



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