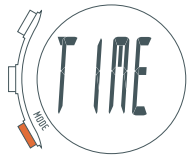
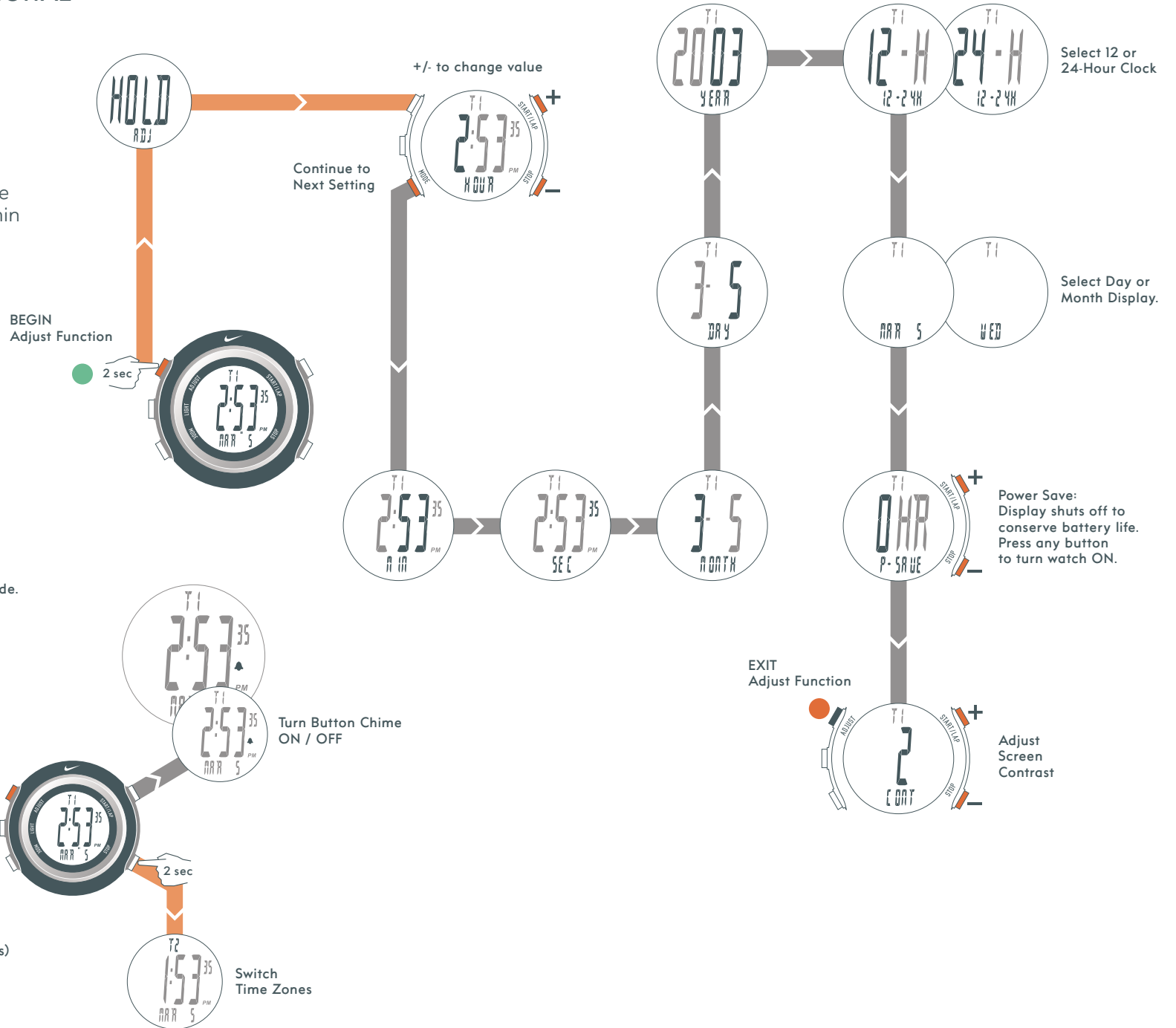


TIME

In **TIME mode** you can set time and calendar information within two time zones.



TIME Warp: Hold for 1 second in any mode to return to TIME mode.



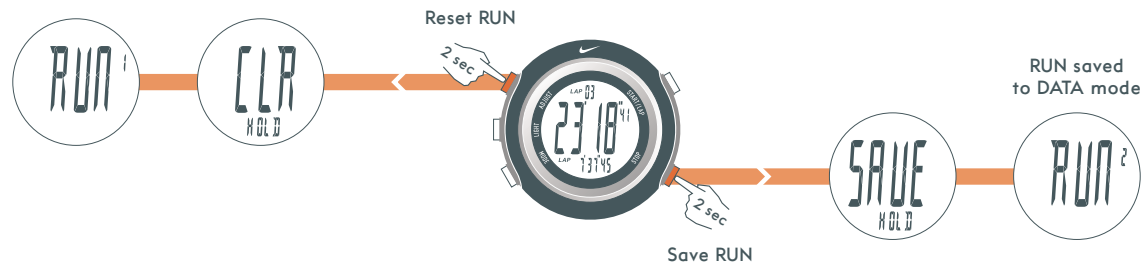
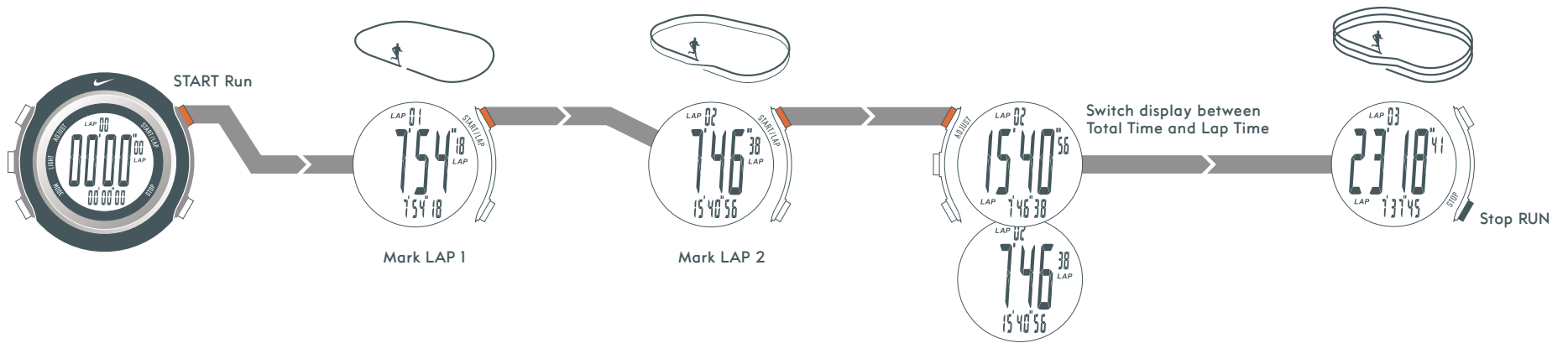
Electrolite ON

Hold LIGHT button for 2 seconds for a longer Electrolite (15 seconds)

Switch Time Zones

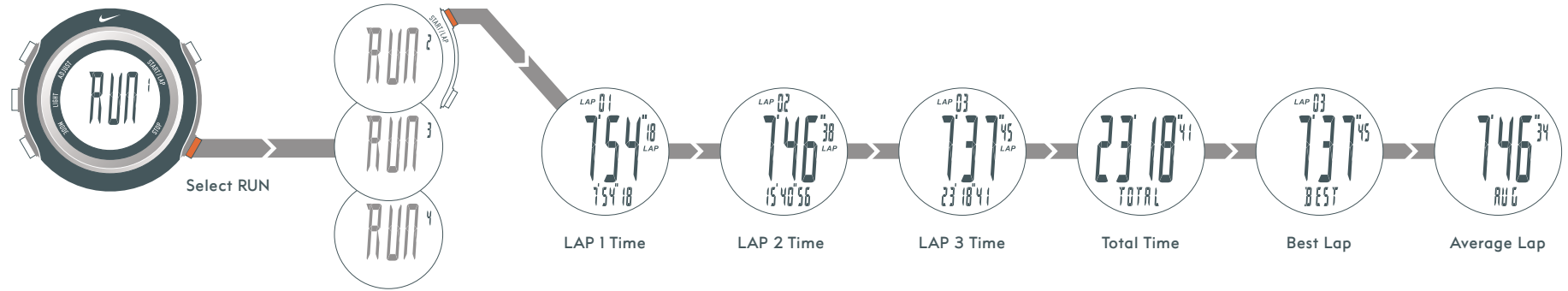
CRON

CHRONOGRAPH mode can be used to capture lap and total time data down to 1/100th of a second.



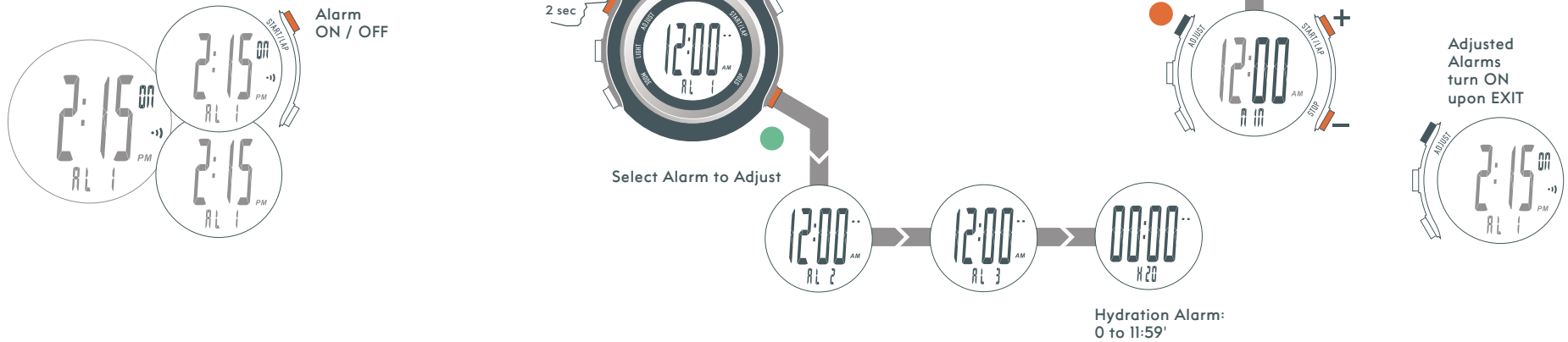
DATA

In **DATA mode** you can review lap and total time data saved from **CHRONOGRAPH mode**.



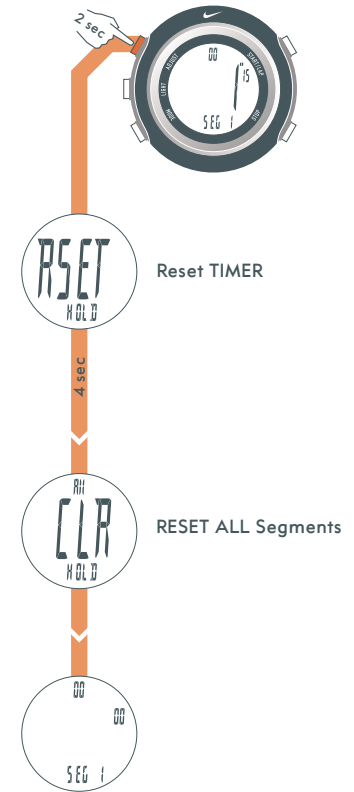
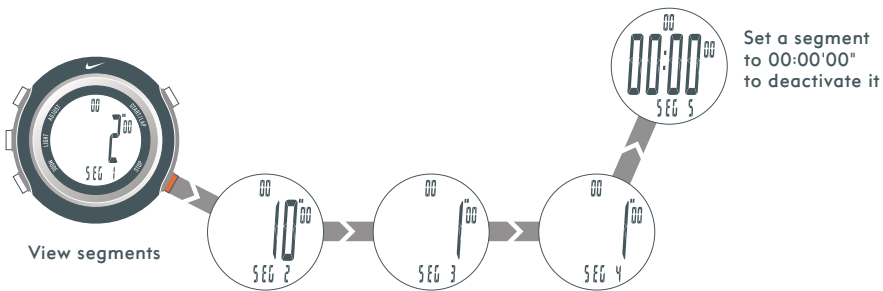
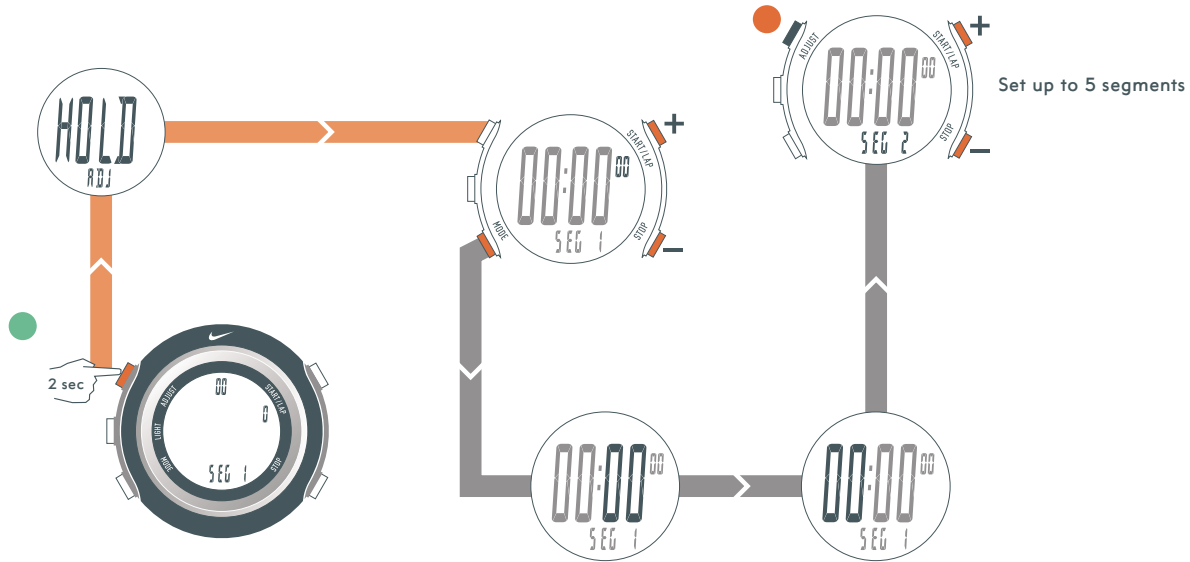
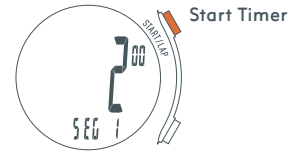
ALARM

In **ALARM mode** you can set three time alarms and one hydration alarm. The time alarm will sound for 20 seconds.



TIMER

In **Timer Mode** you can set up to 5 repeating segments for customized interval training.



H2O RESIST

100m

OPERATING TEMPERATURE

-5 to 50° Celsius

Material Specifications

CRYSTAL

Mineral Glass

STRAP

Polyurethane

CASE

Polycarbonate

CASEBACK

Stainless Steel

BEZEL

Stainless Steel

BUTTONS

Stainless Steel

BUCKLE

Stainless Steel

Mode Limits

CHRONOGRAPH

99:59'59"

TIMER

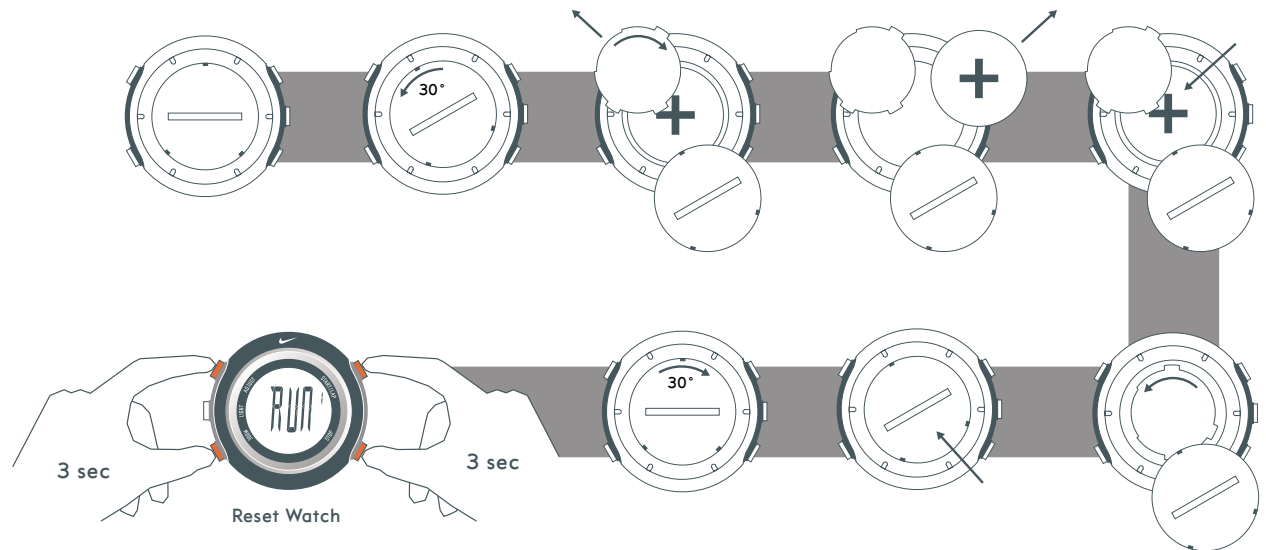
99:59'59"

BATTERY TYPE

super CR2025 3V Lithium

regular CR1620 3V Lithium

Note: Battery replacement must be performed by a certified Nike Service Center to retain a valid warranty.



Warning! Keep watch batteries away from children. If swallowed, contact a doctor immediately.

Warning! Batteries contain chemical substances. They should be disposed of properly according to local regulations.