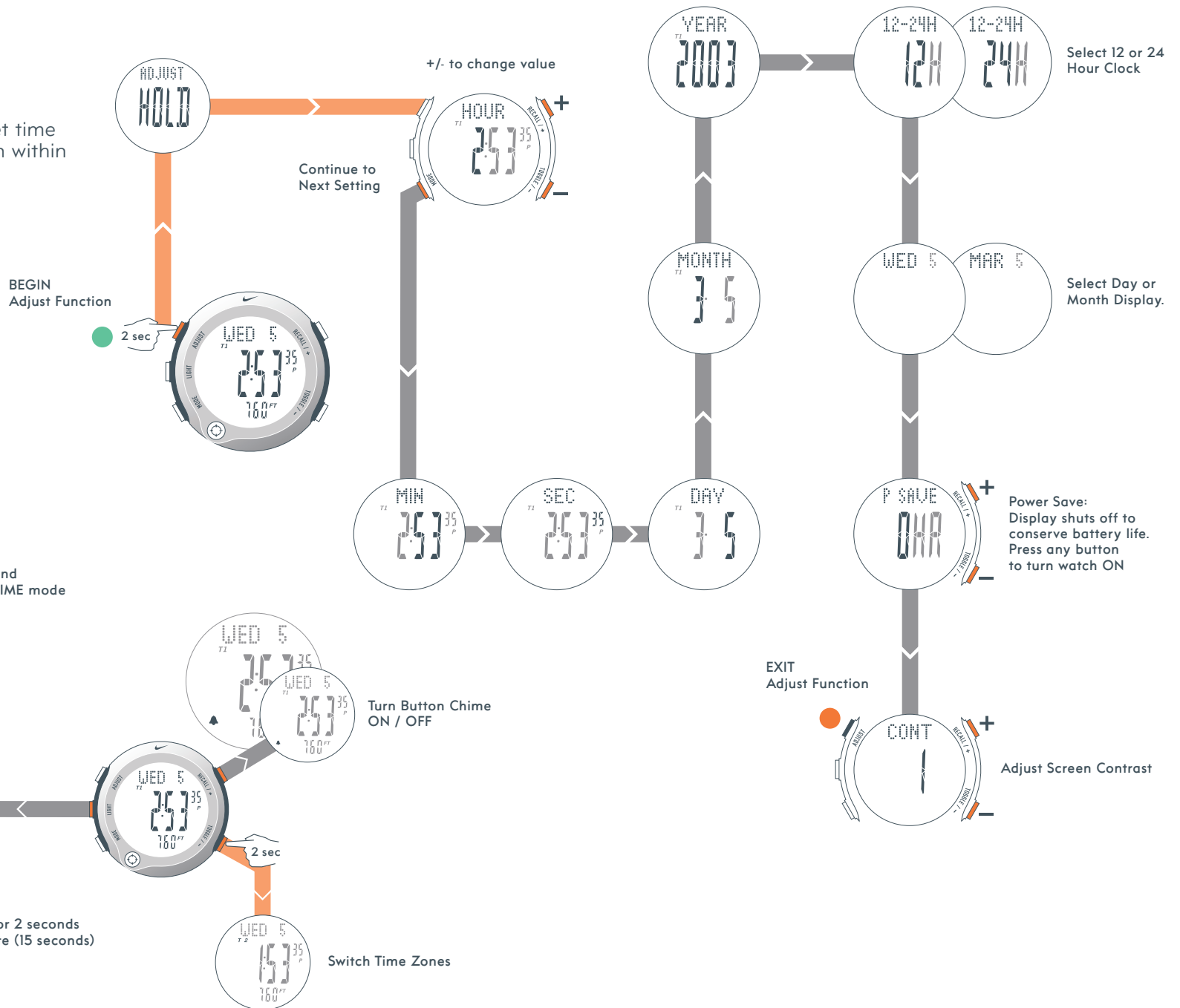


# TIME

In **TIME mode** you can set time and calendar information within two time zones.

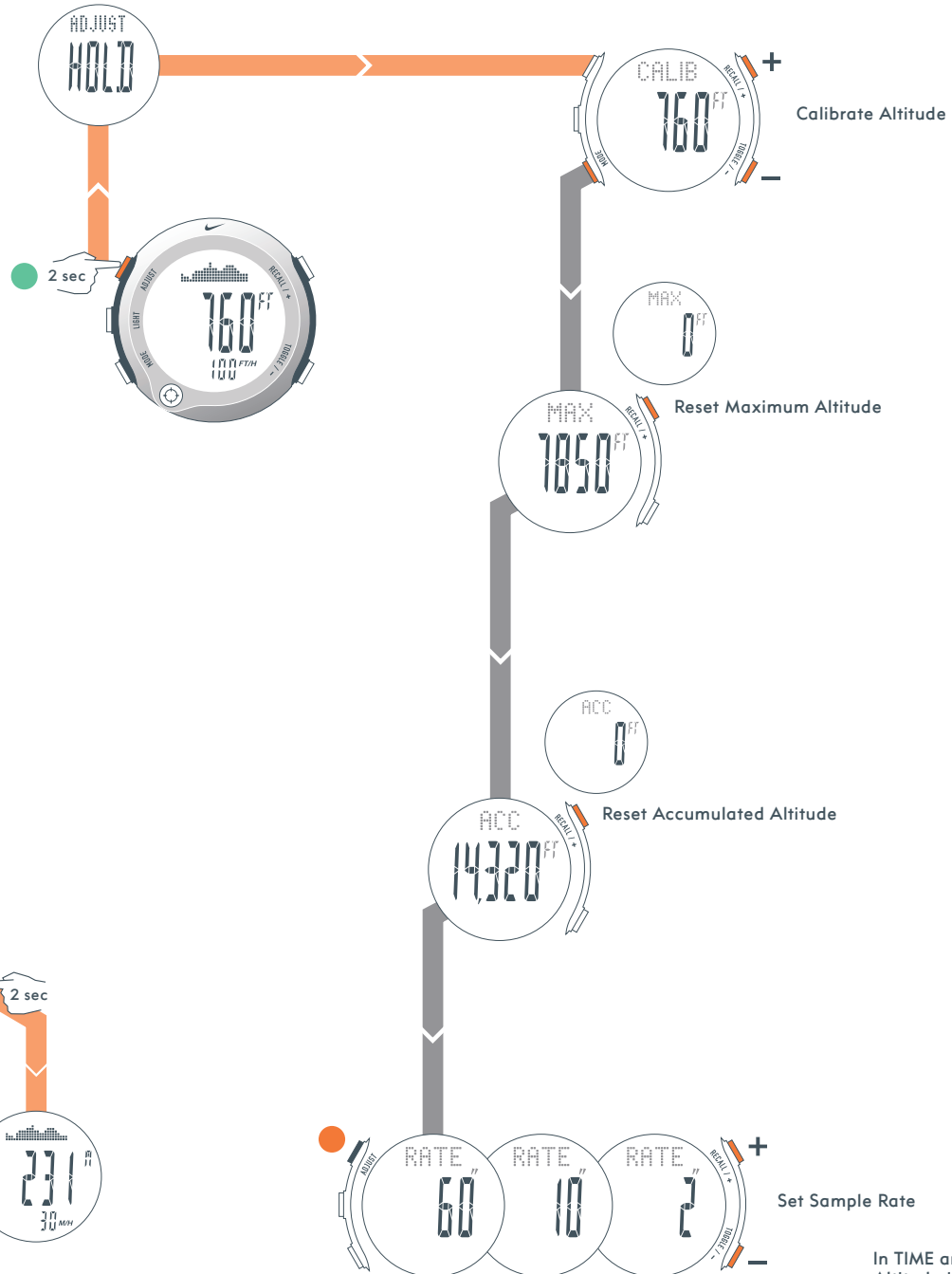


TIME Warp: Hold for 1 second in any mode to return to TIME mode

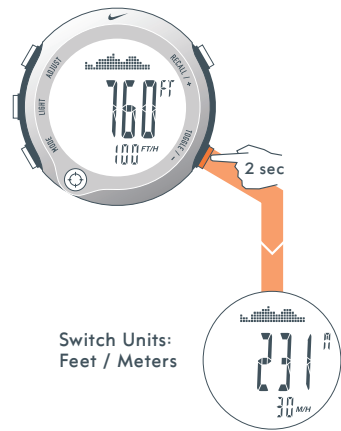
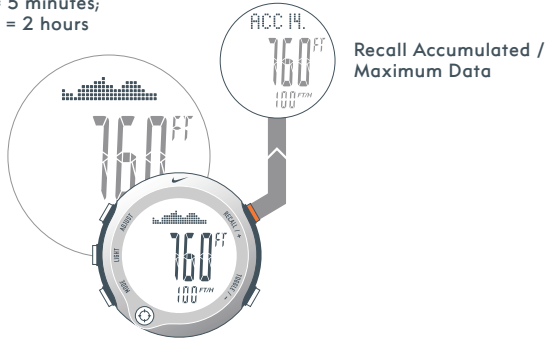


# ALT 1

In **ALTITUDE mode** you can view and calibrate your current altitude; view and reset your maximum and accumulated altitudes.



Altitude Graph:  
Each Bar = 5 minutes;  
Full Graph = 2 hours

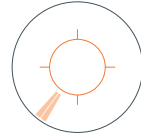


In **TIME** and **CHRON** mode,  
Altitude is automatically  
sampled every 2.5 minutes

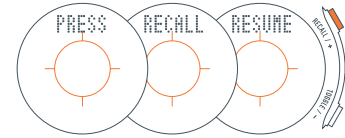
# COMPASS

**COMPASS mode** displays a digital compass that points to the magnetic north pole. It can be adjusted to point to True North.

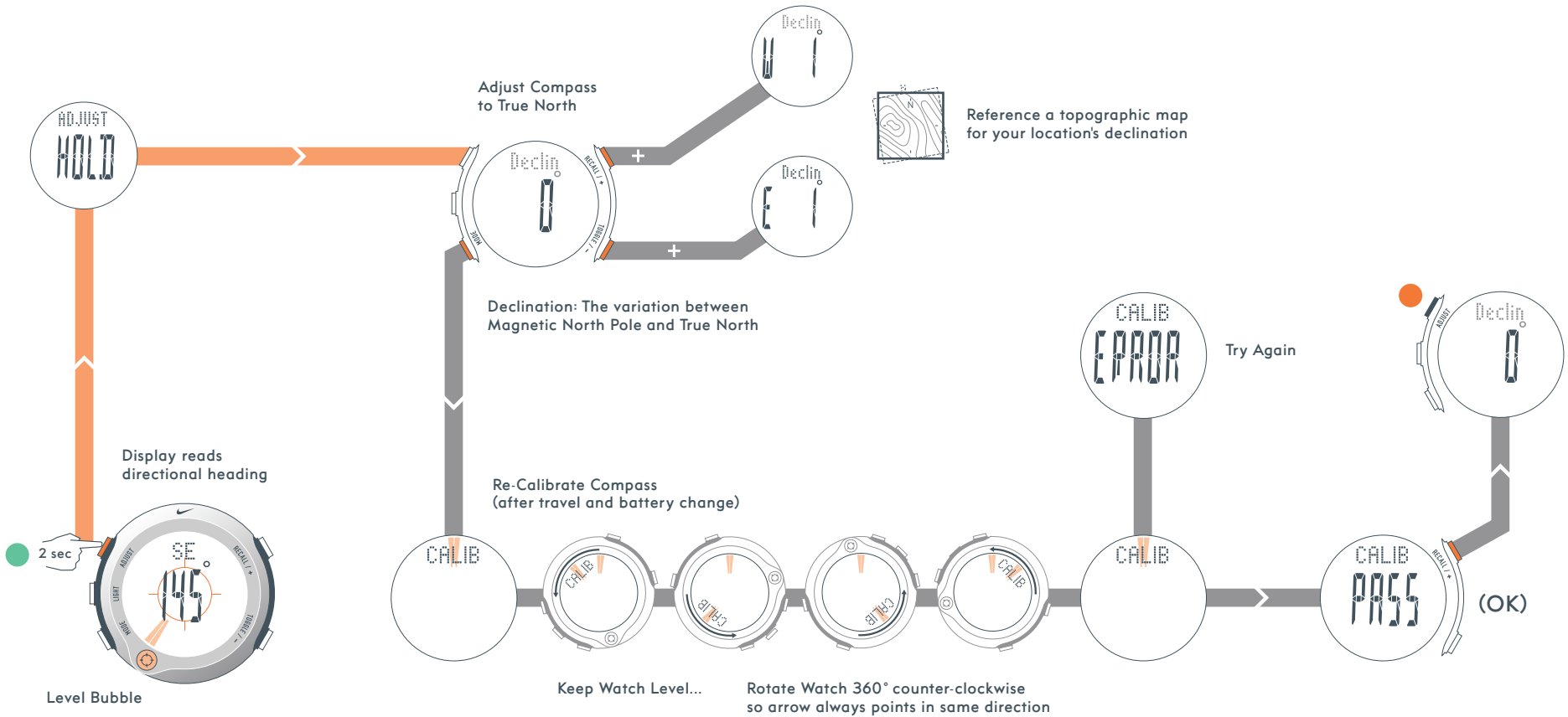
COMPASS mode not included on NIKE OREGON SERIES ALTI



Digital Arrow points North

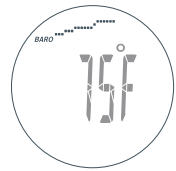


Recall Compass

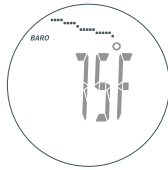


# WEATH

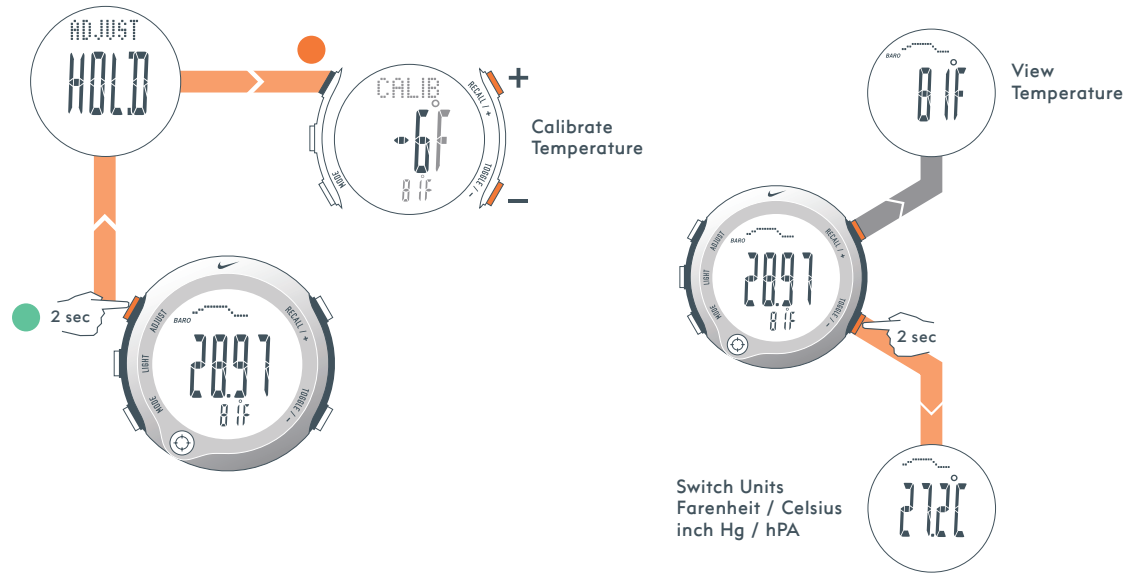
**WEATHER mode** provides a barometer, thermometer, and barometric weather forecaster.



Rising Pressure:  
Clear weather likely

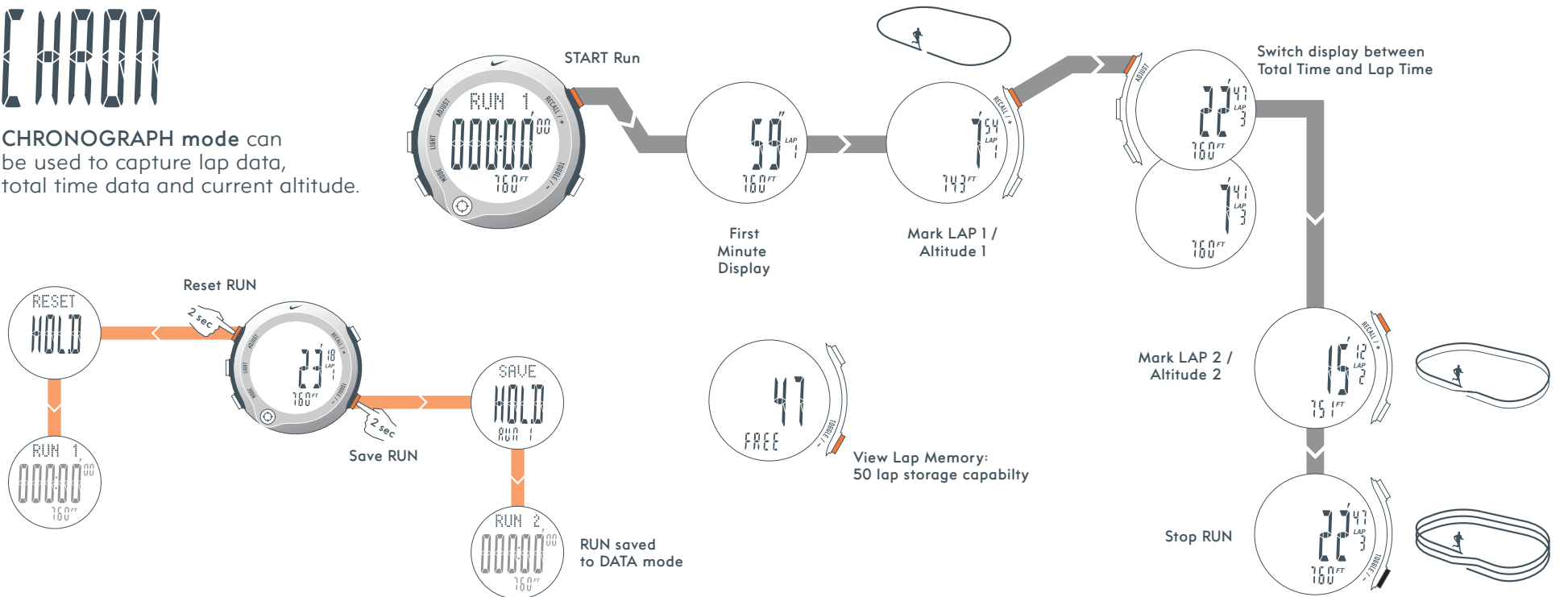


Falling Pressure:  
Clouds / Precipitation likely



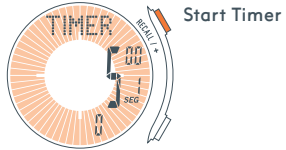
# CHRON

**CHRONOGRAPH mode** can be used to capture lap data, total time data and current altitude.

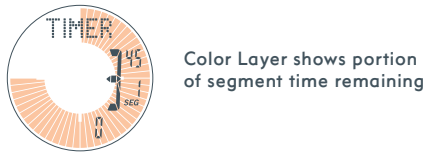


# TIMER

In **Timer Mode** you can setup to 5 repeating segments for customized interval training.



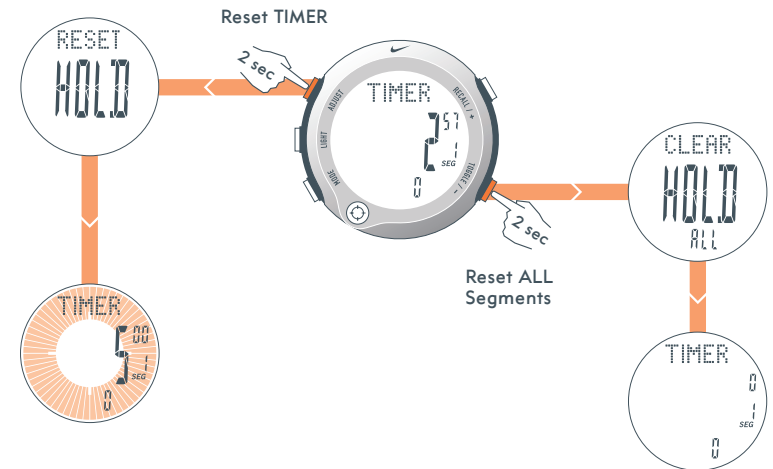
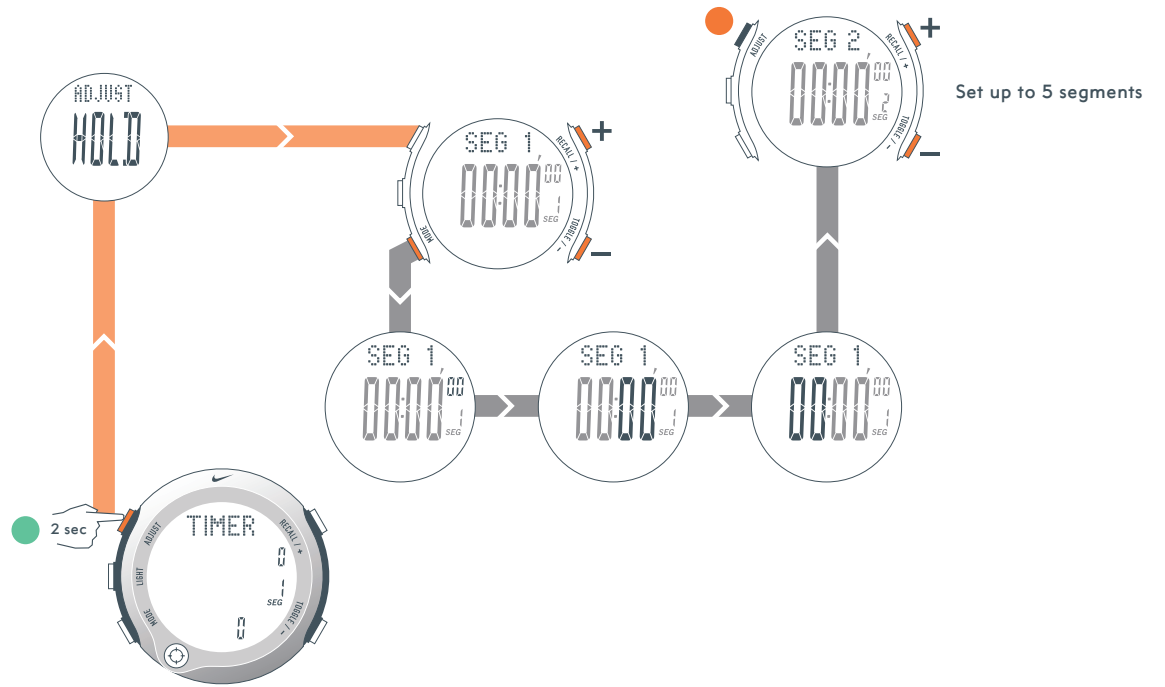
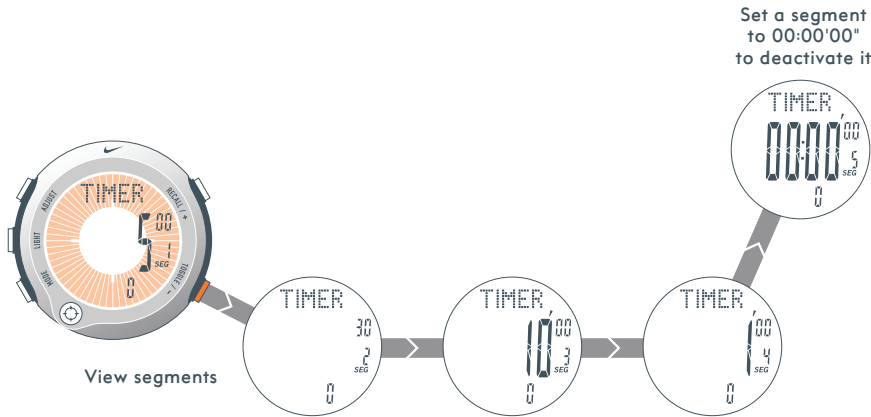
Start Timer



Color Layer shows portion of segment time remaining

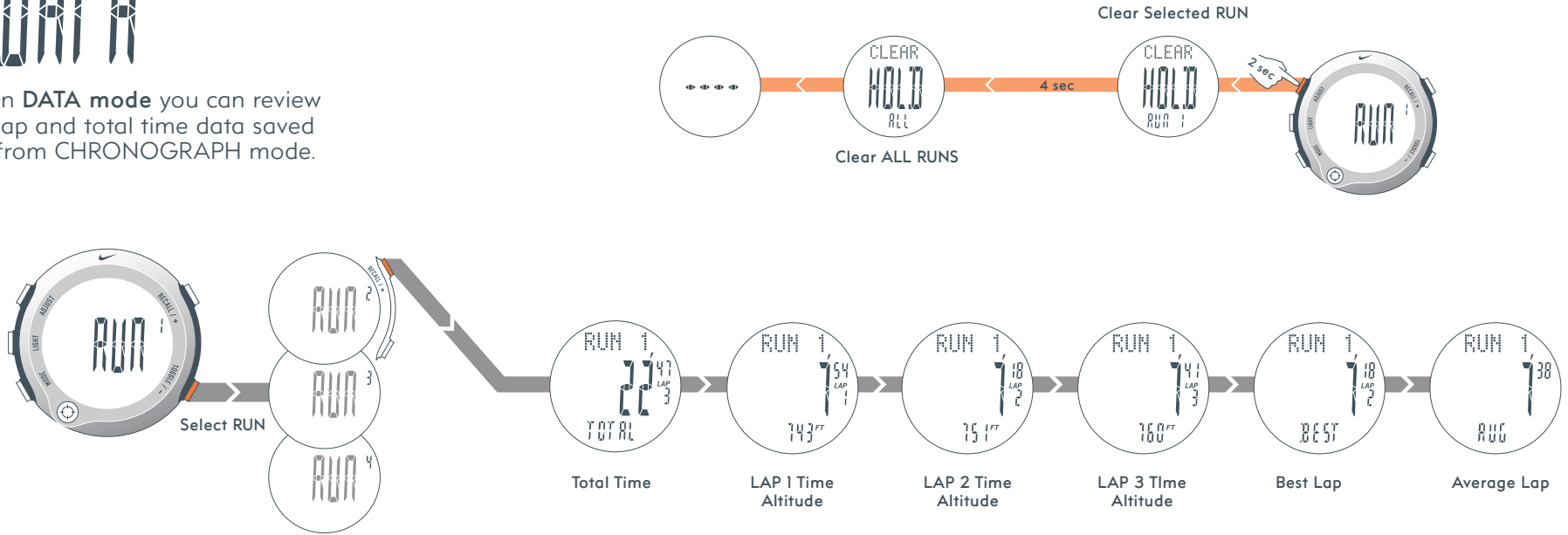


Stop Timer



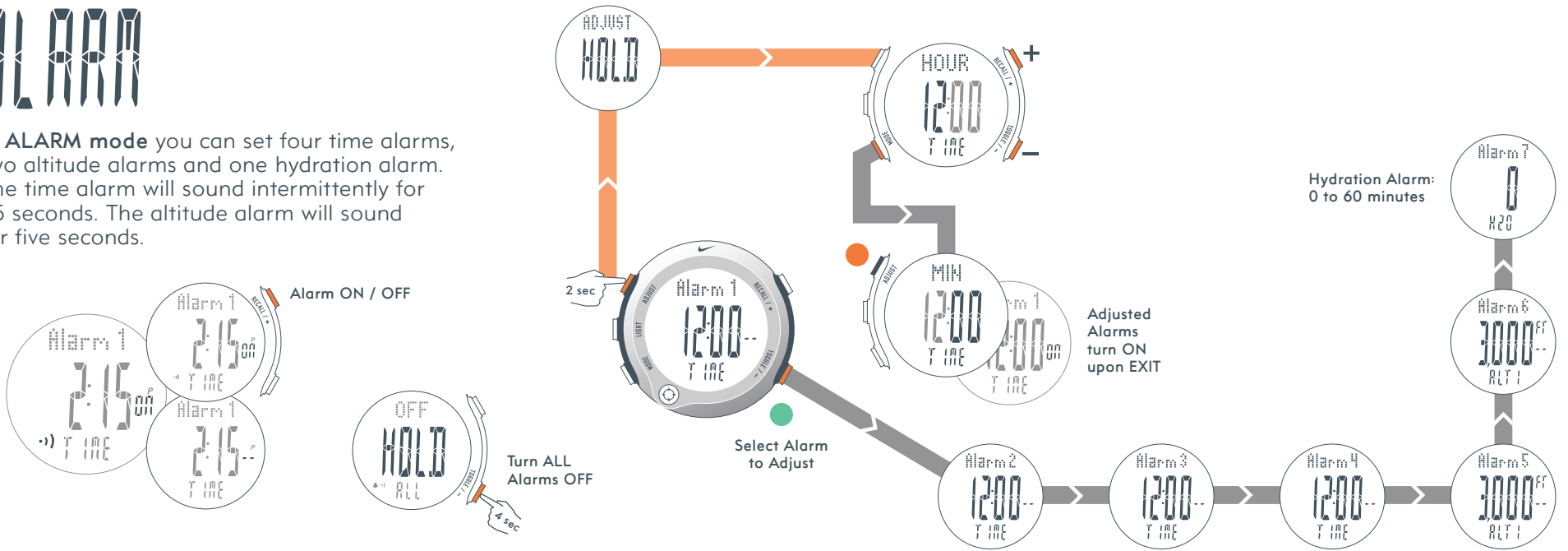
# DATA

In **DATA mode** you can review lap and total time data saved from **CHRONOGRAPH mode**.



# ALARM

In **ALARM mode** you can set four time alarms, two altitude alarms and one hydration alarm. The time alarm will sound intermittently for 55 seconds. The altitude alarm will sound for five seconds.



## H2O RESIST

100m

## OPERATING TEMPERATURE

-5 to 50° Celsius

## Material Specifications

### CRYSTAL

Mineral Glass

### STRAP

Polyurethane

### CASE

Titanium or Aluminum

### CASEBACK

Stainless Steel

### BUTTONS

Stainless Steel

### BUCKLE

Stainless Steel

## Mode Limits

### CHRONOGRAPH

999:59'59"

### TIMER

99:59'59"

### MAXIMUM ALTITUDE

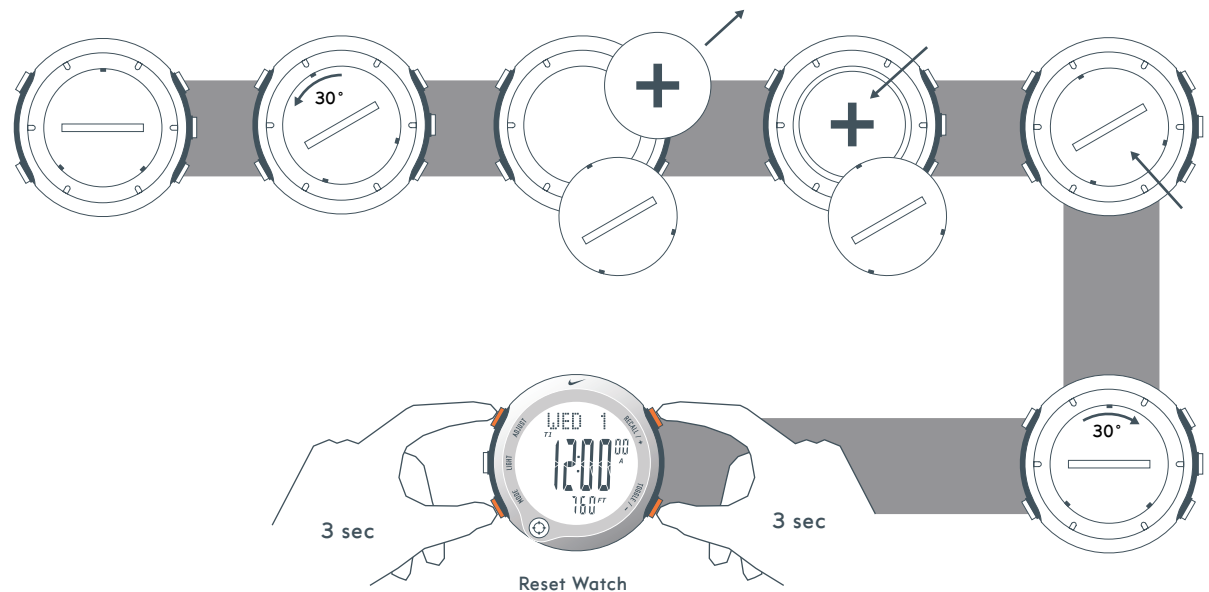
32,800 feet / 10,000 meters

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## BATTERY TYPE

CR2032 3V Lithium

**Note:** Battery replacement must be performed by a certified Nike Service Center to retain a valid warranty.



**Warning!** Keep watch batteries away from children. If swallowed, contact a doctor immediately.

**Warning!** Batteries contain chemical substances. They should be disposed of properly according to local regulations.