

Disaster and Emergency Readiness Training for Power Outages

Supplementary Materials and Ideas for Trainers

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Draft- For Discussion Only

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[Note: The contents herein are beta (draft) versions and have been developed exclusively for educational purposes.]

Opener: Think-Pair Share Expand

[Think-pair-share-expand is a collaborative learning strategy where learners work together to solve a problem or add to solutions. This strategy requires learners to (1) think individually about a topic the instructor wants to raise; and (2) share ideas with a single colleague, and then the group.]

There are a number of reasons why power outages may occur more frequently in the future. Strong storms that down electric wires seem to be increasing with climate change. Longer droughts and bigger wildfires cause havoc on the electric grids. Power infrastructures are aging. Power companies are becoming more eager to shut off the power, so they don't get blamed for the wildfires that do occur.

For these and other reasons, it is becoming increasingly important for people to know how to cope with power outages. Some of the things that people need to learn about include

- (1) Learning how to keep refrigerated food from spoiling as long as possible,**
- (2) Learning how to get power for durable medical equipment used in the home in a timely fashion.**
- (3) The above are only a couple of the things people need to know about when coping with outages. On the back of this page, please jot down a couple of other items you would want to cover when teaching your clients about outages**

Power Outage Videos

Five hacks: Shows you five hacks to get you through a power outage to help you be prepared <https://www.youtube.com/watch?v=1ZTDtBvNrXw>

Simple Hacks For Getting Through A Power Outage (longer)

Turn your washing machine into a cooler? Turn your dishwasher into a waterproof safe? Solar outdoor lights indoors? The Today Show shows you clever hacks that make life a little easier during an outage.

<https://www.youtube.com/watch?v=tARqdu97bdc>

How to Effectively Prepare for Power Outages and Long Term Blackouts!

16 minutes Due to the ever-changing climate, massive power failures are expected to increase in the coming years due to the higher level of storms. More and more storms are going to affect the power grid, and we have to prepare ourselves for a long-term blackout this Video, talks about the best ways to prepare for a short and long-term power outage

https://www.youtube.com/watch?v=pc_zEW4hYjM

DOWNLOADABLE BOOKLETS, HANDBOOKS, AND OTHER MATERIALS

Free booklet *Home Use Devices: How to Prepare for and Handle Power Outages for Medical Devices that Require Electricity* This booklet, when completed by you, will help you have an established plan to obtain and organize your medical device information, take necessary actions so that you can continue to use your device, have the necessary supplies for the operation of your device, and know where to go or what to do during a power outage

<https://www.fda.gov/media/80782/download>

The government of Canada *Power Outages: What To Do?* During a power outage, you may be left without heating/air conditioning, lighting, hot water, or even running water. If you only have a cordless phone, you will also be left without phone service. If you do not have a battery-powered or crank radio, you may have no way of monitoring news broadcasts. In other words, you could be facing major challenges. E <https://www.getprepared.gc.ca/cnt/rsracs/pblctns/pwrtgs-wtd/pwrtgs-wtd-eng.pdf>

Fillable Forms

Home Use Devices: How to Prepare for and Handle Power Outages for Medical Devices that Require Electricity This booklet contains forms to fill out in advance to provide you with a way to organize your medical device information. When completed by you, will help you have an established plan to obtain and organize your medical device information, take necessary actions so that you can continue to use your device, have the necessary supplies for the operation of

your device, and know where to go or what to do during a power outage
<https://www.fda.gov/media/80782/download>

Possible Outage Sub-Topics

- How to keep food from spoiling.
- How to prepare to shelter without power: heat, light, food, etc.
- How to deal with needed medical equipment that is power dependent
- How to keep your cell phone charged
- What is the water supply cuts off?
- How to get advance notices of power shutoffs
- How to apply for PG&E's Medical Baseline Program

Attachment A: What is a Public Safety Power Shutoff?

In order to keep communities safe, your local energy company may need to turn off power during extreme weather or wildfire conditions. They call this a “Public Safety Power Shutoff”.

What can I do to prepare for a Public Safety Power Shutoff?

The effects of climate change are making California’s wildfire season longer and more intense, threatening our homes, our lives and our economy. That’s why it is important to prepare an emergency plan in advance in the event your family is affected by a power shutoff – or any other emergency.

- **Have a personal safety plan in place** for every member of your household (including pets).
- **Plan for any medical needs** like medications that need to be refrigerated or devices that require power.
- **Build or restock your emergency supply kit**, including food, water, flashlights, a radio, fresh batteries, first aid supplies and cash.
- **Identify backup charging methods** for phones.
- **Learn how to manually open** your garage door.

- If you own a backup generator, **ensure it is ready to safely operate.**

Be sure that you are familiar with all the applicable safety guidelines and manufacturer instructions for backup power sources or other emergency kit supplies. It is important not to put yourself or your family at risk by using these items improperly.

What if I'm dependent on electricity for a medical device?

During a Public Safety Power Shutoff, ALL customers serviced by an affected power line will have their power shut off. If you rely on electric or battery-dependent medical technologies such as breathing machines, a power wheelchair or scooter, and home oxygen or dialysis, it is critical that you have a plan in place for an extended power outage.

Your plan should include the following:

Keep emergency phone numbers handy

Have a backup location where you can go

Make sure your energy company is aware of your medical device

Consider a safe backup power source, such as a generator or uninterruptible power supply

Establish multiple people you can contact for help who know how to operate your equipment and backup systems

Residential customers who have special energy needs due to qualifying medical conditions should sign up for the Medical Baseline Program through their energy company. In addition to a lower rate on your monthly energy bill, this program can help by providing extra notifications in advance of a Public Safety Power Shutoff.

Do you depend on electricity for medical needs?

Be ready to act if PG&E notifies you that a shutoff is possible. Keep emergency phone numbers handy and consider staying with a friend or relative during an outage. Check with local authorities regarding available resources.

If you or someone in your household does require the use of a medical or life support device to treat ongoing medical conditions, apply for PG&E's Medical Baseline Program. If your device qualifies for the program, you'll receive a lower rate on your monthly energy bill and receive extra notifications in advance of a Public Safety Power Shutoff.

TAKE THESE STEPS BEFORE AN OUTAGE

- Confirm or update your contact information with PG&E. We'll send notifications to the contacts we have on file in advance of a shutoff, when possible.
- Create a safety plan for all members of your family, including pets. A Public Safety Power Shutoff can happen at any time of day or night, due to changing weather conditions.
- Prepare an emergency supply kit. Include enough water and nonperishable food to last your household one week. Be sure to refresh your kit once a year.
- Determine if your landline will work during an outage. Keep a mobile phone as backup.
- Keep mobile phones and other devices charged.
- If you have a generator, make sure it's ready to operate safely.
- Have flashlights available for your household. Avoid using candles.
- Have a battery-powered or crank radio.
- Stock up on the right batteries for items you rely on. Include two extra sets in various sizes.
- Keep cash on hand and a full tank of gas. ATMs and gas stations may not be available during an outage.
- Learn how to manually open your garage or any other door that operates with electricity.
- Talk with your building manager if you live or work in a building that has elevators or electronic key card access to understand how they will deal with a possible multi-day outage.

TAKE THESE STEPS DURING AN OUTAGE

- Unplug or turn off appliances, equipment and electronics to avoid damage caused by surges when the power is restored.
- Leave a single lamp on to alert you when the power returns. Then, turn your appliances on, one at a time.
- Typically, your refrigerator will keep food cold for about 4 hours and a full freezer will keep its temperature for about 48 hours--as long as the freezer and refrigerator doors are kept closed. Consider using coolers with ice to keep food cold and safe.

- Be sure to use generators, camp stoves or charcoal grills outdoors only. Do not use a gas stove for heat.
- Check on your neighbors.

Attachment B: SAVING FROZEN AND REFRIGERATED FOOD DURING A POWER OUTAGE

The U.S. Department of Agriculture makes several recommendations for saving frozen and refrigerated food:

- **Keep refrigerator doors closed.** Every time you open your refrigerator during a blackout, precious cold air will escape — and it will be replaced by warmer room temperature air.

- **Remember to keep beef and poultry separated in the freezer, such as on trays or in Tupperware, to prevent cross contamination of thawing juices.**

- **A fully-stocked freezer will keep food frozen for 48 hours. To extend the freezer life when the power fails, always keep some 2-liter plastic bottles with water in your freezer. The thick ice created inside the bottles will help extend the “Cold Life” of the freezer during power failures. Keep in mind, ice expands as it freezes, so leave some extra space in bottles when filling them with water.**

- **Turn the refrigerator thermostat controls down to the lowest temperature settings. This can help everything stay colder, longer.**

- **Keep SOME ready-to-eat foods that don't require cooking or cooling**

- **Having a generator to power your refrigerator is an option, BUT there are several considerations. A refrigerator can draw 10-12 amps or more when the compressor motor kicks on, so your generator must have minimum 20- amp circuits and a recommended 5000 watts or more. ALSO, you need to supply power from the generator to the refrigerator with a heavy-duty cord as there is power loss in extension cords. A thin extension cord can ruin your refrigerator. A 10-gauge cord no longer than 50' is often recommended, BUT first check with the refrigerator manufacturer.**

• **USE A GENERATOR IN A WELL-VENTILATED AREA. DO NOT RUN A GENERATOR INSIDE, EVEN IN YOUR GARAGE, AS THE CARBON MONOXIDE EXHAUST CAN PENETRATE INTO YOUR HOUSE.**

Note: You CANNOT get reimbursed from PG&E for any food spoilage resulting from planned power outages.

Attachment C: Extended Power Outages

Extended power outages may impact the whole community and the economy. A power outage is when the electrical power goes out unexpectedly. A power outage may:

- Disrupt communications, water, and transportation.
- Close retail businesses, grocery stores, gas stations, ATMs, banks, and other services.
- Cause food spoilage and water contamination.
- Prevent use of medical devices.

PROTECT YOURSELF DURING A POWER OUTAGE:

- Keep freezers and refrigerators closed.
- Only use generators outdoors and away from windows.
- Do not use a gas stove to heat your home.
- Disconnect appliances and electronics to avoid damage from electrical surges.
- Have alternate plans for refrigerating medicines or using power-dependent medical devices.
- If safe, go to an alternate location for heat or cooling.
- Check on neighbors.

HOW TO STAY SAFE WHEN A POWER OUTAGE THREATENS:

Prepare NOW

- Take an inventory of the items you need that rely on electricity.
- Talk to your medical provider about a power outage plan for medical devices powered by electricity and refrigerated medicines. Find out how long medication can be stored at higher temperatures and get specific guidance for any medications that are critical for life.
- Plan for batteries and other alternatives to meet your needs when the power goes out.
- Sign up for local alerts and warning systems. Monitor weather reports.
- Install carbon monoxide detectors with battery backup in central locations on every level of your home.
- Determine whether your home phone will work in a power outage and how long battery backup will last.
- Review the supplies that are available in case of a power outage. Have flashlights with extra batteries for every household member. Have enough nonperishable food and water.

- Use a thermometer in the refrigerator and freezer so that you can know the temperature when the power is restored. Throw out food if the temperature is 40 degrees or higher.
- Keep mobile phones and other electric equipment charged and gas tanks full.

Survive DURING

- Keep freezers and refrigerators closed. The refrigerator will keep food cold for about four hours. A full freezer will keep the temperature for about 48 hours. Use coolers with ice if necessary. Monitor temperatures with a thermometer.
- Maintain food supplies that do not require refrigeration.
- Avoid carbon monoxide poisoning. Generators, camp stoves, or charcoal grills should always be used outdoors and at least 20 feet away from windows. Never use a gas stovetop or oven to heat your home.
- Check on your neighbors. Older adults and young children are especially vulnerable to extreme temperatures.
- Go to a community location with power if heat or cold is extreme.
- Turn off or disconnect appliances, equipment, or electronics. Power may return with momentary “surges” or “spikes” that can cause damage.

Be Safe AFTER

- When in doubt, throw it out! Throw away any food that has been exposed to temperatures 40 degrees or higher for two hours or more, or that has an unusual odor, color, or texture.
- If the power is out for more than a day, discard any medication that should be refrigerated, unless the drug’s label says otherwise. If a life depends on the refrigerated drugs, consult a doctor or pharmacist and use medicine only until a new supply is available.

Associated Content

- [Power Outage Information Sheet \(PDF\)](#)
- [Department of Energy \(link\)](#)
- [Individuals with Disabilities and Others with Access and Functional Needs \(link\)](#)
- [Heat \(link\)](#)
- [Winter Weather & Extreme Cold \(link\)](#)
- [Centers for Disease Control \(link\)](#)
- [Food Safety \(link\)](#)
- [Generator Safety \(link\)](#)

Attachment D: 10 clever hacks to get through a power outage

By Chaffin Mitchell, AccuWeather staff writer

No matter where you live, power outages are likely to happen at some point, because every season brings its set of potential emergencies.

Even if the power outage lasts for just an hour or two, it is a major inconvenience. Below are 10 ways to breeze through a power outage with ease, no matter how long it is.

Alternative charging methods for your phone

Cellphones are a great way to stay connected and informed during a power outage. Most phones come in handy with a flashlight, a compass and other helpful tools.

First and foremost, make sure your cellphone is on low battery mode and close unused apps and put your phone on airplane mode to save battery life. If your cellphones and back up chargers are out of battery, connect your phone to a laptop that has battery. The laptop won't be usable without WiFi so it is a great way to get a little more battery for your cellphone.

If you still have power but want to charge a phone quickly without using a wall socket, plug it into the USB port on your TV. Most newer TVs have a USB port.

Last case scenario, you can charge your phone in the car.

Take steps to remain cool if it is hot outside

In intense heat when the power may be off for a long time, if it is safe, consider going to a movie theater, shopping mall or "cooling shelter" that may be open in your community. If you remain at home, move to the lowest level of your home, since cool air sinks. Wear lightweight, light-colored clothing.

If there is a community pool, keep in mind if the power is not working in the area, the pool pumps will not be working and cleaning the pool.

Keep a supply of books, board games, playing cards and other items available to keep your family entertained during a power outage.

Put ice in the washing machine

When a freezer doesn't have power, ice melts and food thaws, causing a huge mess. For a temporary freezer, turn your clothes washer into a cooler. Fill it with ice and any other items that need cooling. It will keep the ice cold and drain water when it melts.

Strap a head lamp to a gallon jug of water to fill room with ambient light

Strap the headlamp to the jug, facing the light inward. The water amplifies the light to create a "lantern" to illuminate an entire room.

If you don't have a head lamp, you can tape a flashlight to the top of the opening to a gallon of water.

Amplify light with mirrors

Mirrors can't create light, but they reflect it. Most mirrors are not 100 percent reflective, but they can still help bounce most of the light back and increase the general brightness in a room.

Fill up zip lock bags with tap water

If the weather is cold enough, fill clean plastic milk jugs with water and put them outside to freeze solid. Do the same thing with zip lock bags. Put the bags into coolers, the freezer or the washing machine, which can serve as temporary refrigerators.

GENERATOR SAFETY

Portable Generator

Generator has to be started manually when power goes out



- Before starting your generator, read and follow the manufacturer instructions
- Ensure that total electric load on generator does not exceed manufacturer's rating
- Never run in an enclosed space and always direct exhaust away from your home
- Make sure extension cords are properly sized to carry electric load to avoid overheating
- Before refueling, make sure generator is off and has had a chance to cool

Permanent Generator

Generator automatically turns on when power goes out



- Installation requires a licensed electric contractor and building permits
- Install generator on high ground, where flooding is not likely to be a concern
- Electrical transfer switches safely switch electrical load from PG&E to the generator
- Prevent backfeeding lines by installing a "double-pole, double-throw transfer switch.
- Notify your local utility provider to let them know about your backup system.

If you don't understand how to use your generator or battery, you risk damaging your property, endangering your life and endangering the lives of PG&E employees who may be working on power lines in your community. PG&E has provided tips on how to properly operate portable generators, permanent-standby generators, portable batteries, and home batteries. Find more information at www.pge.com/GeneratorSafety.

Attachment F: Prepare for a Public Safety Power Shutoff (PSPS)

While it is understood that PG&E's Public Safety Power Shutoff (PSPS) measures are intended to protect communities from the threat of equipment-related wildfires, Nevada County recognizes that these measures may cause other negative public health and safety threats, especially to those who rely on power for life-sustaining equipment, treatments and mobility, as well as those with chronic medical conditions.

Stay Informed during PSPS events by following information from the Office of Emergency Services. Updates can be accessed from:

Nevada County Updates: Subscribe for email or SMS (text) at www.MyNevadaCounty.com/StayInformed.

Enter your email at the top of the page and select "Sign In." Afterwards, you can add your phone number if you'd like to subscribe to SMS (text) notifications.

Find "Nevada County Updates" under the "Alert Center" category.

Select the email icon or cell phone icon at the left of "Nevada County Updates" and confirm subscriptions.

Nevada County OES Facebook: Facebook.com/NevadaCountyOES

Nevada County Sheriff's Office Facebook: Facebook.com/nevadacountysheriffsoffice

Nevada County Facebook: Facebook.com/NevadaCountyCA

Nevada County OES Twitter: Twitter.com/NevCoOES

Nevada County Twitter: Twitter.com/NevadaCountyCA

Nevada County Instagram: Instagram.com/nevadacountyca

A PSPS could lead to the following:

Bottom of Form

Inability to use medical devices such as oxygen concentrators, nebulizers, ventilators, and other devices

Medication and/or food spoilage

Disrupted communications, water access, and heating and air conditioning

Closed businesses such as grocery stores, gas stations and banks

Inability to use electronic gates or garage doors

Please consider the following prior to the PSPS if the circumstance applies to you:

Take inventory of items you need that rely on electricity.

If you have medication that requires refrigeration, have a plan for appropriate storage in the event of a PSPS. If you are unsure about what this may mean, please contact your pharmacist.

If you have essential medical equipment that requires electricity, either have a plan to relocate temporarily to a location that still has power, have a safe backup power source, or plan to use one of PG&E's Community Resource Centers, which are open during daylight hours.

Stock up on batteries, flashlights, and nonperishable foods.

Have a back-up charging device if you are able.

If you are on a well and you lose water when you lose power, then store plenty of water for drinking, cleaning and flushing.

Keep your car fueled up, and if you have an electronic garage door opener, don't park in your garage unless you can easily open your garage door manually.

Be sure to use generators, camp stoves or charcoal grills outdoors only. Do not use a gas stove for heat.

Lastly, we encourage everyone to watch out for your family, friends and neighbors. Reach out to friends and family who you think may need additional information or support.

Additional resources:

Planning in advance for a PSPS: https://www.pge.com/en_US/safety/emergency-preparedness/natural-disaster/wildfires/outage-readiness.page

Preparing for a Power Down: <https://prepareforpowerdown.com/>

Food Safety During a Power Outage: <https://www.foodsafety.gov/food-safety-charts/food-safety-during-power-outage>

Backup Power and Generator Safety: https://www.pge.com/en_US/safety/electrical-safety/electric-generator-safety/electric-generator-safety.page?WT.mc_id=Vanity_backuppower

Potential PSPS Outage Maps: https://www.pge.com/en_US/safety/electrical-safety/electric-generator-safety/electric-generator-safety.page?WT.mc_id=Vanity_backuppower

Medical Preparedness and Access & Functional Needs

If you have essential medical equipment that requires electricity, either have a plan to relocate temporarily to a location that still has power, have a safe backup power source, or plan to use one of PG&E's Community Resource Centers, which are open during daylight hours.

FREED also has access to limited resources to assist individuals who rely on medical equipment that requires electricity. Call 2-1-1 or 1-833-DIAL-211 if you have these specific needs.

Food Safety TipsWith potential electricity shortages facing Nevada County, the County Department of Environmental Health offers the following food safety tips to prevent food-borne illness in the event of power outages:

Keep refrigerator and freezer doors closed. Keep potentially hazardous foods, such as meat or poultry, chilled to 41°F or less.

Do not place hot or unrefrigerated foods in the refrigerator once the power has gone out. It will raise the temperature inside the unit. Chill food with ice baths as needed. Any foods that were prepared prior to the power outage that were not rapidly cooled should be discarded.

If the freezer is not full, group packages together so they will retain the cold more effectively.

Without power, a full freezer will keep everything frozen for about 2 days. A half-full freezer will keep food frozen 1 day.

If you have advance warning of a power outage and if the outage is anticipated to last more than 4 hours move foods that must be refrigerated to the freezer as space will allow.

If necessary, use block ice or bagged ice for supplemental cooling.

Keep meat and poultry items separated from other foods so if they begin to thaw, their juices will not drip on to other foods.

Discard any thawed food that has risen to room temperature and remained there for two (2) hours or more.

Some facilities may need to arrange for temporary refrigerated storage units during a prolonged power outage. (e.g. mobile units/trailers).

Kitchen ventilation units will shut off during power outages. Be advised that there have been reports of smoke, heat and grease emissions setting off alarm and fire suppression systems. Find more information on residential food safety at www.MyNevadaCounty.com/FoodSafety.

Restaurants are approved to open if:

You are approved to go ahead and open if you were on a generator.

You do not need to throw out any of the animal proteins as long as your refrigerator unit was 41° or below the entire time you were without power if you did not have a generator.

Please discard all walk in refrigeration and reach-in refrigeration dairy animal proteins and cut vegetables and fruits.

The Environmental Health Department asks that you sanitize all food contact surfaces before you begin food prep.

Environmental Health has provided a Re-Opening Checklist after Loss of Power (PSPS Event) for food facilities and restaurants at www.MyNevadaCounty.com/RestaurantFoodSafety.

Traffic Signals Be aware and use caution when driving during PG&E PSPS events. Remember, if a traffic signal is out, treat it as a stop sign and be safe. Watch [CalTrans' Power Outage Stoplight Safety Video](#).

Caltrans has been planning for PSPS events for months knowing that power outages would affect traffic signals on rural highways and on- and off-ramp signals in some of the more populated areas. Based on estimated outage area maps, CalTrans is roughly able to determine which signals will be impacted and ordered needed stop signs with barricades or generators for deployment. The Caltrans Maintenance and Electrical teams have been essential in staging signs or generators before PG&E cuts power so that everything is deployed and can be easily implemented when power is cut. The generators are also manned 24/7 by Caltrans staff so they can be refueled without any impacts to signal operation.

In addition, when PG&E announces planned PSPS events, CalTrans staffs additional employees to work shifts, etc. so they always have coverage to keep motorists safe on the roadway.

Prepare for Fire Weather and Red Flag Warning Days Be prepared for the possibility of a public utility power shut off. Have food, lighting, water, and charged batteries that will last for several days.

Prepare for quick evacuation.

Park your vehicle towards the roadway and load your Go Bag.

Know how to open your garage if power is unavailable.

Be sure you have a full tank of gas.

Keep pets nearby.

Have a plan to transport large animals and livestock.

Always check towing equipment and eliminate dragging hazards.

Do not mow or trim dry grass.

Do not use equipment outdoors that may create a spark.

Never park on dry grass.

Never burn on a Red Flag Warning day.

CodeRED Emergency Alerts Sign up for CodeRED Emergency Alerts to be notified of an emergency event. Code Red is a high-speed mass notification system designed to notify residents in the event of an emergency. We recommend you register to receive all possible alert notifications including: SMS/text, email, landline, cell phone, and TTY.

Code Red alerts will display as originating from 866-419-5000 or 855-969-4636 on your caller ID. Please add these numbers to your contacts. If you missed any of the message details, you can also dial the number back to hear the complete message. Encourage everyone in your household to register and make sure these numbers are excluded from your do not disturb settings by adding them to your favorites group (iOS) or with exceptions (Android).

Sign up for CodeRED Emergency Alerts at www.MyNevadaCounty.com/1293/CodeRED-Emergency-Alerts. If you need help signing up with CodeRED Emergency Alerts, please dial 2-1-1 or 1-844-319-4119 to speak with a local 211 call specialist who can help you register.

Hi-Lo Evacuation Sirens

Be familiar with the sound of the HiLo evacuation sirens. If you hear them, they only mean one thing: evacuate. Watch and listen to the sirens

at www.youtube.com/watch?v=QWNxYtcuWDA on YouTube.

Go BagBe ready to evacuate if needed. Find a checklist for assembling your Go Bag on page 15 of Nevada County's 2019 Ready, Set, Go! Guide at <http://MyNevadaCounty.com/ReadySetGoGuide>.

Three-day supply of non-perishable food and three gallons of water per person

Map marked with evacuation routes List of important numbers in case your cell phone is lost

Prescriptions, special medications. Make sure you have at least a week-long supply of prescription medicines, along with a list of all medications, dosages, and any allergies.

Assistive devices or durable medical equipment

Battery-powered radio Extra batteries Pet & service animal supplies (food, water, carrier, leashes)

Change of clothing.

Sturdy shoes for walking

Extra eyeglasses or contact lenses N95 mask

An extra set of car keys

Credit cards, cash, or checks

Flashlight

Sanitation supplies

Copies of important documents (birth certificates, passports, etc.)

Cell phone charging cord and extra battery

Diaper bag

First aid kit

Find a checklist for assembling your Go Bag on page 15 of Nevada County's 2019 Ready, Set, Go! Guide at www.MyNevadaCounty.com/ReadySetGoGuide.