



Monterey CERT

NEWSLETTER

November 2023 *“Training And News For The Monterey, CA COMMUNITY EMERGENCY RESPONSE TEAM”.*
A Monterey citizen volunteer emergency response team funded by the City of Monterey



CERT Calendar of Events:

Winter Preparedness Training Via Zoom, Wednesday November 1st at 7 P.M. We will be reviewing and updating our safety procedures when deploying in winter conditions. Also, we will have several helpful suggestions on how to prepare you and your family to better endure extended winter impacts.

On-air radio drill: Monday November 13th at 7 P.M. on CERT Channel 4. We will be training on our CERT emergency recall procedures.

Next CERT Training For New Volunteers: Feb-March of 2024. The exact dates have not been scheduled. This training will occur over three consecutive Saturdays. To enroll, email: training@montereycert.org

Below: CERT Trainees Learn Skills on Patient Movement Using a Backboard Stretcher



28 Citizens Graduate the October CERT Class! In another outstanding example of community support, 28 citizens have graduated the most recent CERT basic training that was completed in October. These citizens will make excellent additions to our CERT response group. We are also proud to report that four members of the Monterey High School Navy-ROTC program are among these graduates and will greatly strengthen our CERT presence at the High School.



Above: CERT students learn to move a patient using a common blanket for a stretcher. **Below:** Students learn to apply a leg splint.



Training Update: Preparing For Winter



Driving through water, flowing or stationary, is extremely dangerous! Find an alternative route.

Winter storms can last a few hours or several days. They can knock out heat, power and communication services. Older adults, young children and sick individuals are typically at greater risk during this time.

Taking preparedness actions, such as winterizing your home & car and keeping an emergency supply kits in both, can make a big difference in protecting you and your family. Other actions you can take to effectively prepare for winter conditions include:

- Preparing your home to keep out the cold with insulation. Use wrap-around insulation to keep pipes from freezing. Install and test smoke alarms and carbon monoxide detectors with battery backups on every level of your home and in every room where people sleep.

Know your [winter weather terms](#) and pay attention to weather reports and warnings of freezing weather and winter storms. Sign up for your community's warning system. **Register Your Cell Phone To Receive Emergency Alerts At The Link :** [Monterey County Citizen Alert - Sign In \(everbridge.net\)](http://Monterey County Citizen Alert - Sign In (everbridge.net))

- Assemble supplies in case you need to stay home for several days without power. Keep in mind each person's specific needs, including medication. Remember the needs of your pets. **Have sufficient medications!**
- Create an [emergency supply kit for your car](#). Include jumper cables, a flashlight, warm clothes, blankets, bottled water and non-perishable snacks. Keep a full tank of gas and, if possible, have a professional check your battery, anti-freeze and cooling system.



ALWAYS TREAT EVERY WIRE AS THOUGH IT IS ELECTIFIED AND REMEMBER THAT THE GROUND CAN BE ELECTRIFIED SO REMAIN FAR AWAY

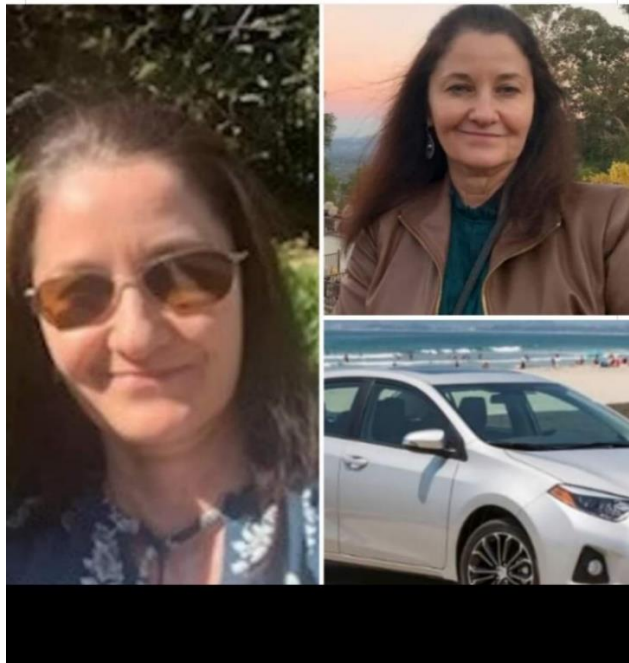
- **Never approach a downed wire**
- **Do not attempt to drive over downed wires**
- **Immediately report a downed wire to 911**
- **If inside your vehicle with any wire on the car, remain INSIDE the vehicle! Call 911 for help.**
- **Know alternate evacuation routes so you can bypass downed wires, trees, mud slides and damaged roads.**

Next Monthly Radio Drill on Monday, November 13th at 7 P.M. on CERT Channel 4. Please participate as we will be training on our emergency CERT recall procedures!

Missing Monterey County Resident

The Salinas Police Department is requesting assistance in the search for missing person, Marcia Pnacek, who has not been heard from since September 28th, 2023. She is possibly driving a silver 2016 Toyota Corolla.

If you have any information about Marcia's whereabouts, please call or text Salinas Police Department Detective Luis Toribio (831)758-7168 or Detective Edwin Cruz at (831)758-7393.



If you see Marcia call 911 immediately!

Volunteers are not paid. That's because they're priceless !!!

Contact Your Zone Captain. Know Your Neighborhood CERT Container Location & Contents

TEAM	LAST NAME	FIRST NAME	E-MAIL
CONA	Byrne-Sellars	Cynthia	cbsellars@gmail.com
CONA	Bell	Karen	karencricketbell@gmail.com
CONA	Rucello	Richard	rrucello@aol.com
Crml	Smythe	Scot	scot@smytheglobal.com
Crml	Vollmer	Wanda	info@peaceofmindpreparedness.com
CV	Profeta	Carolyne	carolyne@forgeintheforest.com
CV	Profeta	Greg	greg@forgeintheforest.com
DMB	Swisher	Gerald	concretescarecrow@gmail.com
DMB	Blackstone	Sarah	sarahblack@aol.com
DV	Hanson	Scott	stanh831@gmail.com
FH	Jones	Sherman L.	shermj831@gmail.com
FH	Ittelson	John	jittelson@mac.com
MV	Alameda	Lisa	alameda738@att.net
NM	Rizzo	Gene	tangorizz@aol.com
OG	Dawson	Mike	mike.dawson.67@gmail.com
OG	Whitney	Lee	lwhitney306@gmail.com
OT	Netzorg	Greg	thezorgs1@comcast.net
OT	Rasmussen	Thor	thor@gotcomms.com
OT	Preti	Isabelle	isapreti@sbcglobal.net
PG	Leon-Guerrero	Glenn	leongg7@gmail.com
PG	Pagnella	Jim	jimpag@att.net
PG	Pagnella	Joe	pgfdjoe@comcast.net
SL	Duke	Dennis	dduke01@sbcglobal.net
SL	Kastros	Demetrius	demekastros@msn.com
CONA	Casanova Oak/Knoll	NM	New Monterey
Crml	Carmel	OG	Oak Grove
DMB	Del Monte Beach	OT	Old Town
DV	Dela Vina	PG	Pacific Grove
FH	Foothill	Sky	Skyline
MH	Monterey High	CV	Carmel Valley
MV	Monte Vista		