

CERT NEWSLETTER

November 2018 “*Training And News For The Monterey COMMUNITY EMERGENCY RESPONSE TEAM*”. A citizen based, volunteer emergency response team!
CERT OPERATIONS & TRAINING ARE FUNDED BY THE CITY OF MONTEREY!



Prepare as if your life depends upon it, because it does!

**A Closed Door Can Buy You Precious, Live-Saving Seconds
In A Fire. “Close Before You Doze”!**

An infographic comparing the temperatures of a fire and a room. On the left, a black background shows a door with flames and smoke, with the text '1,000°' in large red letters. On the right, a blue background shows a closed door with the text '100°' in large black letters. A vertical thermometer in the center shows a red liquid level at the top (1,000°) and a black liquid level at the bottom (100°), with 'V' and 'S' on either side of the bulb. Below the infographic, the text 'CLISE BEFORE YOU DOZE' is written in black and blue. To the right, the text 'MAKE A 900 DEGREE DIFFERENCE' is in red, followed by 'During a fire, a closed door can mean the difference between 1,000 degrees and 100 degrees.' in black. A UL logo is in the bottom right corner.

CLISE
BEFORE YOU DOZE

MAKE A 900 DEGREE DIFFERENCE
During a fire, a closed door can mean the difference
between 1,000 degrees and 100 degrees.

Make sure you have operating smoke detectors in ALL bedrooms and in the hallways outside bedrooms!!!! Test your detectors monthly and change the batteries when you change your clocks for Daylight Savings. *Conduct home fire escape drills with your family!*

Monterey CERT Graduates Another Outstanding Class! On Thursday, October 18th, the Monterey CERT program graduated another outstanding class of citizens. Like all classes before it, this group represented a cross section of our community with students of all ages and walks of life. We had outstanding support from several of our existing CERT members who assisted with the final instruction, helping to proctor training or serve as victims in the Mass Casualty Incident (MCI) simulation. Over half this class has volunteered to undergo the Police background checks and become a part of our call-out group.



Photos by CERT member Thor Rasmussen

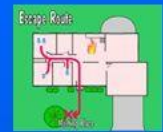
Training Refresher: Create AND Practice Your Home Fire Escape Plan!



Home Fire Escape Drills

Plan Ahead and Practice!

- Establish a safe meeting place.
- Teach your children to crawl on the floor to avoid smoke and heat. Show them how to feel the door with the back of their hand and to not open the door if it is hot to the touch.
- Make sure you have two ways out of every sleeping room, and that the windows can be opened easily. If the primary route is blocked by smoke or fire, you may have to escape through a window.
- Conduct a fire drill at night to determine your child's response, and practice until it becomes routine.
- Practice home escape drills with your family monthly.
- Sleep with bedroom doors closed to provide a barrier of protection from smoke and heat spreading into your bedrooms.



Buying Your Own CERT Radio. While you are certainly under no obligation to do so, several CERT members have purchased their own radios. Please contact us **BEFORE** you purchase a radio. Not all radios on the market are FCC approved for the type of use we have in CERT. Also, your radio needs to be programmed by our radio committee before it can function with the proper frequencies. If you are interested in purchasing your own CERT radio, send an email of interest to: training@montereycert.org

Police Background Checks to Resume For Call-Out Group.

The call-out group is comprised of CERT graduates who have offered to be notified when a large emergency force is required in non-disaster situations, such as searches for missing children, to support firefighters at major incidents, etc. **You must be 18 years of age or older to participate.**

To become a member of the Call-Out Group, members are required to undergo a background check at the Monterey Police Department. This will be an FBI background check in which **your fingerprints are used to conduct the check.** The cost is paid by the CERT program. The actual check is by appointment and takes approximately 15 minutes.

Please notify us immediately if you want to become a part of the call-out group and wish to undergo the background check. **We have a limited number of spaces available.**

If you wish to participate, please notify us by e-mail immediately at: training@montereycert.org

Hurricanes Devastate the Carolinas and Florida! The catastrophic damage from Hurricanes Florence and Michael once again drive home the need to be prepared. It is essential that every household have basic food, water and medications in reserve in order to sustain you and your loved ones not if, but when disaster strikes. **NO AREA OF THE UNITED STATES IS IMMUNE FROM DISASTERS!** The old idea that a 72-hour supply of essential items is sufficient has proven to be very wrong! You need to keep as much as possible to allow you to survive not only a major event, but the aftermath. For help assembling your disaster supplies, consult this link: <https://www.ready.gov/build-a-kit> **BUT REMEMBER, 72 HOURS OF SUPPLIES IS NOT ENOUGH!**

CERT Across America! The Sacramento Metropolitan Fire Department CERT team on scene in September 2018 at the **California Capital Airshow** in Sacramento! The Sacramento Metropolitan Fire District, "Metro Fire," serves a population of over 745,000 in a 359 square mile service area. Metro Fire is the 7th largest fire agency in the State of California.



Sac-Metro CERT Volunteers Staff a tent at the airshow



(Photos by Demetrius Kastros)



Metro Fire covers most of Sacramento County. CERT members have become an invaluable affiliated volunteer arm of Metro Fire and have served in numerous capacities including staffing the Sacramento County Emergency Operation Center, Sacramento County Deployments and as a resource to other Public Safety agencies. Metro Fire CERT members also assist with the deployment of the FEMA Sacramento Urban Search & Rescue Task Force (CA TF-7).