MONTEREY CERT NEWSLETTER


Monterey CERT, open to everyone, is fully funded by the City of Monterey!

Some people go their entire lives wondering if they’ve ever made a difference. CERT volunteers don’t have that problem ….

Practice Your Basic CERT Skills, Saturday March 7th From 12:45-4:30. If it has been more than two years since you’ve completed the CERT basic training program, we urge you to attend the final exercise portion of the current class. Staging is at the EOC. You can join a team and go through the various rotations that practice the Mass Casualty Incident (MCI) and Triage, rescue of an entrapped person, search and a wire down emergency. We also use our radios during these exercises and this gives you an opportunity to hone your communications abilities. These skills are the core abilities that all CERT members must be proficient with.
Training: Setting Up A Medical Treatment Area

As soon as multiple injured survivors are confirmed, CERT responders should begin to set up a medical treatment-transportation area. **This is where we locate victims AFTER they have been assessed and received initial treatment, then provide additional treatment/monitoring until transport occurs.** The location of treatment areas will take into consideration safety for rescuers and survivors, as well as ease of access to resources (e.g., medical supplies, transport services).

Select site and set up treatment area as soon as injured survivors are confirmed. When determining best location(s) for treatment area, consider safety of rescuers and survivors, plus ease of access. I.E. are we in a safe location that can be easily accessed by ambulances, fire, PD, etc?

![Image of CERT members setting up a medical treatment area](image)

*Note how CERT members are in a safe zone, with ambulance access close*

**Designate IMMEDIATE, DELAYED AND MINOR treatment areas with signs, colored tarps or other markings.**

**Fatalities** should be left in the incident area and not moved UNLESS the deceased is hindering our ability to access and rescue surviving victims. If deceased must be moved, only move them as much as necessary to gain access to survivors. Cover the deceased completely with a blanket. Make sure they are triaged “**Deceased**”. 
Radio Drill Monday March 9th at 7 P.M. on CERT 3. Join the monthly radio drill. Make a simulated report from your neighborhood with the address, such as a house fire, collapsed building, broken water main, etc.

New FEMA-CERT Standard For Tourniquet Use. The newly released CERT training standards show the use of a commercially produced tourniquet. These units are easy to use, but require some training and practice for the user to become proficient. **You can practice tourniquet application by attending the final exercise training March 7th, 1245-1630 Staging at the EOC.**

**Controlling Bleeding: Tourniquets**

- Place on injured limb as high as possible
- Pull strap through buckle
- Twist rod until bleeding stops/slow
- Secure the rod
- If bleeding continues, place second tourniquet
- Leave in place until EMS takes over

FEMA recommends the use of the C.A.T. (Combat Application Tourniquet) to stop major bleeding when other methods fail. This is a skill FEMA and Homeland Security recommends for all Americans. These units are now stocked in the CERT trailer and all neighborhood containers.

The tourniquets obtained by Monterey CERT can be purchased at this link: [https://www.reconmedical.com/tourniquets/gen-3-tourniquets/](https://www.reconmedical.com/tourniquets/gen-3-tourniquets/)
Tourniquet GEN3

Assisted Occlusion Strap
AOS Strap designed with finger hole for grip. Finger hole assists in achieving positive tension while implementing device in muddy, wet and bloody environments.

US-Made DuPont® Kevlar® Stitching
Prevents velcro delamination when under extreme tension.

Timestamp
Write down time of application to identify the time limit for potential blood poisoning.

Windlass Clip
Quick and easy windlass lock.

Windlass
Extra strength 6061-T6 aircraft grade aluminum windlass that will not break. Hollow design to save weight.

Single Route Recon Buckle
Fast application with stronger teeth for superior bite and reduced loosening.