



Monterey CERT NEWSLETTER

Jan 2021, "Training And News For The Monterey COMMUNITY EMERGENCY RESPONSE TEAM". A citizen based, volunteer emergency response team!

Volunteers don't get paid that's because they're priceless.

We will be resuming CERT refresher training when the current COVID-19 lockdown is over. WE WILL FOLLOW COVID-19 SAFETY PROTOCOLS.

New CERT Classes To Resume In 2021. Monterey CERT plans to resume **classes for new volunteers** next year when the COVID-19 situation allows. FEMA and Cal-OES recommend a modified format that combines interactive, web-based instruction with some outdoor, in-person training. We will follow this format to provide the 24 hours of training. Class size will be limited. All COVID-19 safety protocols will be followed.

Interested persons send an email to: training@montereycert.org



Understanding Your DSW (Disaster Service Worker) Status

If you completed all the requirements of a CERT class, you took a standard Civil Service Worker oath, often given to both paid and volunteer government workers, and completed a DSW, or Disaster Service Worker form. This oath and form is much more than a formality. The oath and form establish you as a disaster volunteer under the jurisdiction of the sponsoring government agency.

The California Disaster Service Worker Volunteer Program (DSWVP) was created as the result of legislation to provide workers compensation benefits to registered Disaster Service Worker (DSW) volunteers who are injured while participating in authorized disaster-related activities, including pre-approved training. Disaster service, as defined for the Program, is designed to aid in the response and recovery phases in a disaster or emergency. Search and Rescue (SAR), large incident firefighter re-habilitation activities and support at vaccination clinics during a pandemic are also covered. The Program provides limited immunity from liability.



Carmel CERT Team Activated To Assist In Evidence Search!

On Saturday, December 19th, the Carmel CERT Team was activated by Carmel Police Department to assist in a search for important evidence in a criminal investigation. **CERT team Zone Captain Wanda Vollmer** followed full COVID-19 safety protocols in signing-in, organizing and assigning equipment to the responding members. Members were briefed by Carmel PD Officers Ken Shen and Rachelle Lightfoot. This represents another outstanding example of how CERT teams serve their communities.



WHAT ARE THE SYMPTOMS OF COVID-19?

Per the Centers for Disease Control and Prevention, these are the symptoms you should watch out for:

- Fever or chills.
- Cough.
- Shortness of breath or difficulty breathing.
- Fatigue.
- Muscle or body aches.
- Headache.
- New loss of taste or smell.
- Sore throat.
- Congestion or runny nose.
- Nausea or vomiting.
- Diarrhea.

This list does not include all possible symptoms. CDC will continue to update this list as they learn more about the virus.

The CDC says to look for emergency warning signs for coronavirus. If someone is showing any of these signs, seek emergency medical care immediately:

- Trouble breathing.
- Persistent pain or pressure in the chest.
- New confusion.
- Inability to wake or stay awake.
- Bluish lips or face.

This list is not all possible symptoms. Call your medical provider for any other symptoms that are severe or concerning to you. Call 911 or call ahead to your local emergency facility: Notify the operator that you are seeking care for someone who has or may have COVID-19.

Who is most at risk for coronavirus?

Anyone can have mild to severe symptoms of COVID-19, according to the CDC.

Older adults and people who have severe underlying medical conditions like heart or lung disease or diabetes seem to be at higher risk for developing more serious complications from the virus.

CERT volunteers from across the Monterey Peninsula, including teams in Monterey, Pacific Grove, City Of Carmel, The Santa Lucia Preserve, Carmel Valley Village and Big Sur provide a valuable, large emergency response and search & rescue force to assist whenever necessary in service to our communities.

Free COVID-19 Testing

STATE SUPPORTED COVID-19 TESTING SITE

Seaside High School

2200 Noche Buena Street
Room S1*

Tuesday - Saturday
8 a.m. - 8 p.m.

* Park under the solar panels
by the gymnasium. Follow
signage to Room S1.

** Pre-registration is encouraged
to obtain your patient ID number
for walk-ins.



Please follow all social distance guidelines while on school grounds.
Protect yourself and others against infections.

IMPORTANT UPDATE

Appointments Recommended**
from 8am - 4pm | 7pm - 7:30pm

Pre-Register:
LHI.CARE/COVIDTESTING
or call 1-888-634-1123

Walk-Ins Accepted
from 4 - 7pm

CLOSED FOR BREAK
12-12:30pm & 5-5:30pm

FREE