

# HOW TO FIT YOUR COMPETITOR VEST

To ensure your Tipperary body protector offers the optimum level of protection, it is important that it fits correctly.

## WHAT YOU NEED

- A soft fabric measure tape with inches or centimeters. Don't have one? You can download and [make your own here](#). All you need is a pair of scissors and clear tape.
- A friend to help.
- Wear a T-shirt.

## HOW TO MEASURE

This vest requires measurements of the chest, waist and spine. Remember, the Competitor vest is designed to be adjustable.

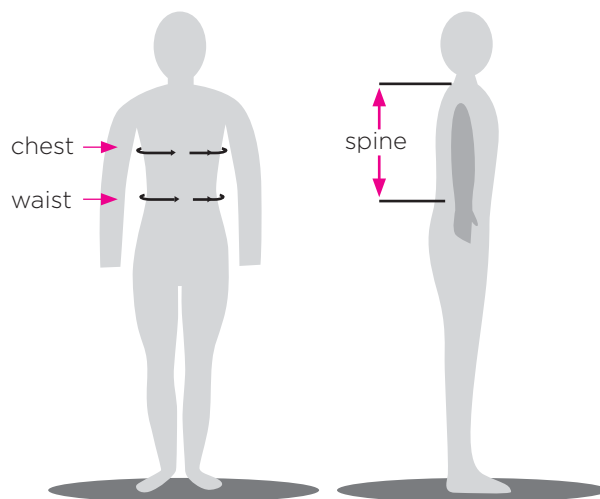
**Chest:** Under the arms at the widest part across the chest.

**Waist:** At natural waist.

**Spine:** Measure from the base of the neck to where your belt would sit.

**Note that the "long" version of the vest adds approximately 2" or 5cm to the FRONT of the vest.**

**Note this vest is NOT designed to cover the tailbone.**



## PUTTING ON YOUR VEST

- Each time you put on your Competitor vest, make sure all the Velcro® straps at the sides are loose to prevent undue stress on the zipper.
- Make sure the zipper is seated well and do it up.
- Adjust the straps to ensure a snug fit.

For more assistance, please contact:

### Customer Care

T: 888.313.8842 toll free

T: 905.738.9944

E: [info@tipperaryequestrian.com](mailto:info@tipperaryequestrian.com)

COMPETITOR						
SIZE	CHEST		WAIST		SPINE	
	IN	CM	IN	CM	IN	CM
REGULAR						
XS	28-30	71-76	24-26	61-66	14 1/4	36
S	32-34	81-86	28-30	71-76	15 3/4	40
M	36-38	91-97	32-34	81-86	17 1/4	44
L	40-42	102-107	36-38	91-97	18 3/4	48
XL	44-46	112-117	40-42	102-107	20 1/4	51
LONG*						
LONG XS	28-30	71-76	24-26	61-66	14 1/4	36
LONG S	32-34	81-86	28-30	71-76	15 3/4	40
LONG M	36-38	91-97	32-34	81-86	17 1/4	44
LONG L	40-42	102-107	36-38	91-97	18 3/4	48
LONG XL	44-46	112-117	40-42	102-107	20 1/4	51

\* Lengthened front by 2"/2.5 cm for added rib cage protection.



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