

MON	TUE	WED	THU	FRI	SAT	SUN
COMFORT FOOD	ITALIAN	FISH + MEATLESS	MEXICAN	PIZZA	GRILL	TRADITIONS
• Chicken Fajita Soup Book 1 pg 52	• Spaghetti and Meat Sauce Book 1 pg 62	• Kamut German Pancakes For The Love of Kamut pg 107	Chicken Chipotle with Brown Rice Book 2 pg 113	• Mediterranean Pizza Book 2 pg 138	• Grilled Salmon Book 2 pg 180	• Asian Fried Dumplings Book 2 pg 187
MON	TUE	WED	THU	FRI	SAT	SUN
COMFORT FOOD	ITALIAN	FISH + MEATLESS	MEXICAN	PIZZA	GRILL	TRADITIONS
• Beef Stroganoff Book 1 pg 46	Baked Chicken and Potatoes Italiano Book 1 pg 80	Classic Tuna Melt Book 1 pg 88	• Mexican Beans and Rice Book 1 pg 122	Kamut Bruschetta Pizza For The Love of Kamut pg 127	• Grilled Marinated Turkey Breast Book 1 pg 156	• Leftovers