



MON	TUE	WED	THU	FRI	SAT	SUN
<p>COMFORT FOOD</p> <ul style="list-style-type: none"> • Chicken Fajita Soup Book 1 pg 52 	<p>ITALIAN</p> <ul style="list-style-type: none"> • Meat Ball Sandwiches Book 1 pg 63 Use Italian Bread for the rolls • Kamut Italian bread For The Love of Kamut pg 64 or buy soft hoagie rolls • Simple Sauce Book 2 pg 55 	<p>FISH + MEATLESS</p> <ul style="list-style-type: none"> • Kamut Buttermilk Waffles For The Love of Kamut pg 103 	<p>MEXICAN</p> <ul style="list-style-type: none"> • Quick And Easy Honey Lime Enchiladas Book 2 pg 117 	<p>PIZZA</p> <ul style="list-style-type: none"> • Little Italy Pizza Book 2 pg 147 	<p>GRILL</p> <ul style="list-style-type: none"> • West Virginia Hot Dogs Book 2 pg 163 	<p>TRADITIONS</p> <ul style="list-style-type: none"> • Crock Pot Turkey Breast Book 2 pg 205 Mashed Potatoes Gravy Green Beans Cranberry Sauce

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<p>COMFORT FOOD</p> <ul style="list-style-type: none"> • Fired Up Mac and Cheese Book 1 pg 36 	<p>ITALIAN</p> <ul style="list-style-type: none"> • Minestrone Lovers Soup For The Love of Kamut pg 80 	<p>FISH + MEATLESS</p> <ul style="list-style-type: none"> • Quiche Lorriane Book 2 pg 87 	<p>MEXICAN</p> <ul style="list-style-type: none"> • Chicken Tacos Book 1 pg 110 • Santa Fe Lime Rice Book 1 pg 123 	<p>PIZZA</p> <ul style="list-style-type: none"> • Choose a Flavor Pizza Book 1 pg 138 	<p>GRILL</p> <ul style="list-style-type: none"> • Grilled Salmon Book 1 pg 159 	<p>TRADITIONS</p> <ul style="list-style-type: none"> • BBQ Beef Sandwiches Book 1 pg 175