



MON	TUE	WED	THU	FRI	SAT	SUN
<p><b>COMFORT FOOD</b></p> <ul style="list-style-type: none"> <li>Sweet and Sour Meat Balls Book 2   pg 221</li> </ul>	<p><b>ITALIAN</b></p> <ul style="list-style-type: none"> <li>Creamy Tomato Basil Soup Book 1   pg 82</li> </ul>	<p><b>FISH + MEATLESS</b></p> <ul style="list-style-type: none"> <li>Fish Tacos Book 1   pg 95</li> </ul>	<p><b>MEXICAN</b></p> <ul style="list-style-type: none"> <li>Frito Taco Casserole thefoodnanny.com</li> </ul>	<p><b>PIZZA</b></p> <ul style="list-style-type: none"> <li>Kamut Brushetta Pizza For The Love of Kamut   pg 127</li> </ul>	<p><b>GRILL</b></p> <ul style="list-style-type: none"> <li>Tuna Macaroni Salad Book 1   pg 194</li> </ul>	<p><b>TRADITIONS</b></p> <ul style="list-style-type: none"> <li>Grilled Hamburgers Book 1   pg 150</li> </ul>

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<p><b>COMFORT FOOD</b></p> <ul style="list-style-type: none"> <li>Lemon Chicken with Butter Sauce Book 2   pg 34</li> </ul>	<p><b>ITALIAN</b></p> <ul style="list-style-type: none"> <li>Lasagna Soup Book 2   pg 47</li> </ul>	<p><b>FISH + MEATLESS</b></p> <ul style="list-style-type: none"> <li>Breakfast Eggs, Hashbrowns, Kamut Toast or Kamut Buttermilk Pancakes For The Love of Kamut   pg 115</li> </ul>	<p><b>MEXICAN</b></p> <ul style="list-style-type: none"> <li>Baja Fajitas Book 1   pg 115</li> </ul>	<p><b>PIZZA</b></p> <ul style="list-style-type: none"> <li>Choose a Flavor Pizza Book 1   pg 138</li> </ul>	<p><b>GRILL</b></p> <ul style="list-style-type: none"> <li>Grilled Salmon Book 1   pg 159</li> </ul>	<p><b>TRADITIONS</b></p> <ul style="list-style-type: none"> <li>Crunchy Fried Chicken with Gravy Book 1   pg 176</li> </ul>