



MON	TUE	WED	THU	FRI	SAT	SUN
<p>COMFORT FOOD</p> <ul style="list-style-type: none"> • Buttermilk Fried Chicken with Gravy Book 1 pg 177 • Classic Mashed Potatoes BOOK 1 pg 211 • Kamut Cornbread For The Love of Kamut pg 70 	<p>ITALIAN</p> <ul style="list-style-type: none"> • Three Cheese Manicotti Book 1 pg 71 	<p>FISH + MEATLESS</p> <ul style="list-style-type: none"> • Roast Salmon with Vegetables Book 1 pg 96 	<p>MEXICAN</p> <ul style="list-style-type: none"> • Aunt Sues Nachos - Cut flour Tortillas like a pizza. Fry pieces in oil, drain on paper towels. Place on a baking sheet and cover with grated cheddar cheese. Broil then top with fresh diced tomatoes, black olives, chopped green onions and sour cream on the side. 	<p>PIZZA</p> <ul style="list-style-type: none"> • Kale and Potato Kamut Pizza For The Love of Kamut pg 125 	<p>GRILL</p> <ul style="list-style-type: none"> • Thin Steak with Bearnaise Sauce Book 2 pg 181 	<p>TRADITIONS</p> <ul style="list-style-type: none"> • Croque Monsieur Book 1 pg 56

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<p>COMFORT FOOD</p> <ul style="list-style-type: none"> • Fired Up Macaroni and Cheese Book 1 pg 36 	<p>ITALIAN</p> <ul style="list-style-type: none"> • Creamy Tomato Basil Soup Book 2 pg 82 (Add 2 meatballs to the soup) • Classic Italian Meatballs Book 1 pg 63 • Kamut Beer Bread or Kamut Italian Bread For The Love of Kamut pg 60,64 	<p>FISH + MEATLESS</p> <ul style="list-style-type: none"> • Blueberry Croissant French Toast or Classic French Toast Book 1 pg 99,100 • Lemon Syrup thefoodnanny.com 	<p>MEXICAN</p> <ul style="list-style-type: none"> • Roasted Or Grilled Chicken with Mango Salsa Book 1 pg 124 • Jasmine and Quinoa Book 2 pg 218 	<p>PIZZA</p> <ul style="list-style-type: none"> • Little Italy Pizza Book 2 pg 147 	<p>GRILL</p> <ul style="list-style-type: none"> • Grilled Hamburgers Book 1 pg 150 	<p>TRADITIONS</p> <ul style="list-style-type: none"> • Warm Quinoa Salad with Cashews Book 2 pg 263 (double or triple the recipe)