

# ECITB Working at Heights - WHO1

## Course Description

This course is aimed at any employee or individual required to work at height. Course attendees will gain a broad based training in the basic skills and techniques of working at heights to national standards.

## Course Information

### Full Day Course

- > Working at height practices
- > Ensure work environment and equipment are suitable for the work activities
- > Site exclusion zone, identification and implementation
- > How to select, prepare and check that tools are safe
- > Correct use of communication channels
- > Hazards of working at height
- > Minimising the risk of hazard
- > Referring safety related matter to the appropriate person
- > Working in accordance with regulations
- > Demonstrate working at height practice
- > Monitoring access methods to work safely
- > Secure work area when working at height
- > Re-establish work area upon completing working at height