

Qualsafe Level 3 Award in First Aid at Work (RQF)

Course Description

The QA Level 3 Award in First Aid at Work (RQF) is a regulated and nationally recognised qualification, specifically designed for those who are appointed to act as a first aider in their workplace. It is also ideal for people who have a specific responsibility to provide first aid in voluntary and community activities.

Course Information

Three Day Course

Learners will develop the skills and knowledge needed to deal with a range of first aid situations, including: assessing an incident, managing an unresponsive casualty, CPR, heart attacks, choking, head and spinal injuries, fractures, anaphylaxis and more.

- > This qualification covers the following topics:
 - > Stroke
 - > Choking
 - > Epilepsy
 - > Asthma
 - > Diabetes
 - > Anaphylaxis
 - > Shock
 - > Head and spinal injuries
 - > Chest injuries
 - > Wounds and bleeding
 - > Fractures
 - > Sprains, strains and dislocations
 - > Minor injuries
 - > Burns and scalds
 - > Poisoning
 - > Eye injuries
- > The role and responsibilities of a first aider
- > Assessing an incident
- > Managing an unresponsive casualty
- > CPR and AED use
- > Recovery Position
- > Heart Attack

Candidates will undertake multi-choice, theory and written assessments on days 1 and 3 of the course, the successful completion of which will result in the awarding of a QA Level 3 certificate in First Aid at Work (QCF) which is an Ofqual Regulated Qualification accredited by Qualsafe Awards.